

H I G H S C H O O L S



From the Principal High Talent

Congratulations to all our competitors in the *Combined High Schools Sports Association Athletics* carnival held last week in blustery, wet and difficult conditions. High students had some good state-level results. The 14s 4 x100m relay (James Wong, Shawn Handoko, Ilyusha Tsoutsman, Tom Yang) won a silver medal (48.21). Lachlan Leung won a bronze in the 17+ long jump (6.37m). The Year 12s won gold in the 17+ 4 x 100m relay (Dylan Dutt, Lachlan Leung, James McLoughlin and Brenda Woo). The 16s 4 x 100m won silver (Liwen Dang, Tim Chen, Rohan Chan, Mark Yan). Ilya Tsoutsman won silver in the 14s 100m hurdles.

Athletics, Fencing and Rifle Shooting Assembly 2025

My speech to the Athletics, Fencing and Rifle Shooting Assembly is reprinted below:

'Special guests, Jayden and Luke Schofield (SHS-2016), Staff, parents, coaches, GPS athletics, fencing and rifle shooting representatives and students, good morning and welcome to our inaugural combined assembly for winter and spring sports. I acknowledge this morning the Gadigal people of the Eora nation as the traditional custodians of the land, waterways and culture where we meet, and pay my respects to elders past and present and extend that respect to any First Nations people here today. Our purpose is to honour our teams who will compete in our name on Saturday at the GPS Carnival, as well as to introduce and acknowledge our rifle shooters and fencers, who have completed their winter seasons.

Thank you to our Athletics and Cross Country, MIC Mr Kurt Rich, who has guided our athletics program so competently for many years. Kurt is assisted on the track by our ubiquitous Head Coach - Neil Song (SHS-2015), Ms Natalie Luu, Ms Lena Park and our Athletics captain, Dylan Dutt. The team has been tested at the recent CHSSA competition and should be in for a good meet on Saturday.

This morning, we are honouring competitors in three of the pentathlon disciplines – fencing, shooting and running. The other two are swimming and riding. Pentathlon was first contested at the Olympics in 1912. It was Pierre de Coubertin's idea of a replication of a cavalry officer's skill set. Apparently, in Paris, a German athlete, who was leading the point score, in a random draw of horses, drew a horse from the pool that wouldn't jump, and the event cost her the gold medal. It was alleged that her angry

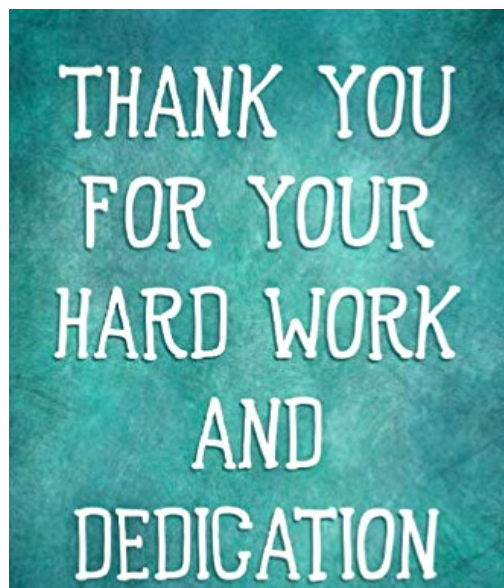
coach punched the horse in retribution. Consequently, for the 2028 Los Angeles Olympics, horse riding will be dropped in favour of an American Ninja Warrior-style obstacle course. The other four disciplines for Los Angeles are freestyle swimming, fencing, laser pistol shooting and cross country running.

In the sport of Fencing, Dat Huynh has served as MIC for more than ten years and has pioneered multi-weapon school competitions. Fencing is flourishing at High as a result. He is assisted by Lynnea Stewart and Richard Wong on Saturdays. Thank you to our coaches, for Sabre – Head Coach Leo Kershaw Kostic with Daniel Iliffe as captain; for Epee -Head Coach Thomas Elliott, captain Hudson Cai; and for foil, Head Coach Lachlan Blair with captain, Lyndon Chow. Thank you so much to our *Fencing Parents' Committee* who make such a difference to the smooth running of the program. In particular, Rebecca Iliffe, Alok Sharma, Emma Pham, Helen He, Richard Ye and Binh Johnsun.

Your support is vital to our sports program.

In rifle shooting, long-serving MIC Daniel Comben has been outstanding in his dedication to the sport. He is taking a break next season, and his role will be taken up by Terry Fong, who is Head Coach along with Nathan Wong. Thank you to Michael Evans (SGHS) also for staff supervision. Thank you to our wonderful parent volunteers who assist so ably at our GPS camp and GPS Competition Days. Thank you to our *Rifle Committee* members, Kurt Dean, Alan Trinh, Paridhi Tyagi and Jocelyn Yem, for their dedication to our sport'.

Dr K A Jaggar
Principal





SBHS P&C



Celebrating 100 Years - P&C - Sydney Boys High School!

Friday 29 August, our school community celebrated a major milestone – 100 years of the Sydney Boys High School P&C Association.

Celebration

The Breakfast event was hosted by the school in the Great Hall and kindly organised by Ms Joanna Chan.

A century of service, commitment, and care. It was a celebration not only of our history, but of the ongoing impact the P&C has on school life today.

Our commitment to the school, the teachers, the coaches, and, most importantly, the students, makes this place extraordinary.

The P&C plays a crucial role in ensuring our school runs smoothly, thanks to our amazing team of volunteers who are so motivated, dedicated and generous.

At Sydney Boys High School, our parents and carers are not just volunteers, they are part of a big family. It is this sense of belonging that continues to make our P&C so successful.

The event was also a great opportunity for volunteers and past committee members to reconnect, reflect, and celebrate. Conversations flowed easily, as old friends shared stories and reflect on the P&C over the years.

Ms Chan thought of everything, from a celebration cake and coffee cart to the commemorative mugs. The school media team was on hand to capture the memories. The delicious breakfast food added the finishing touch!

Thank you to our Prefect helpers who arrived very early in the morning, at 7:00am, to help set up the Great Hall and prepare the food. We were also treated to a beautiful performance by our Strings Quartets.

Here's to the next 100 years! Together, we will ensure that Sydney Boys High School continues to thrive with the same care, dedication, and commitment that have brought us this far.

Tania Kirkland
2025 P&C President







P&C News

On Thursday, 11 September, the P&C had the pleasure of hosting the Morning Tea for our school's Open Day.

Sydney experiencing its wettest September day since 1879, but the torrential rain did little to dampen the spirit of our wonderful parent community. With no on-site parking available, many parents braved the weather by catching public transport or navigating flooded streets from Driver Avenue to help make the event a success.

Thank you to the many volunteers who generously gave their time between 7:30am and 12:30pm. Whether they were preparing food in the kitchen, serving with a smile, or warmly engaging with visitors and answering questions about our school, their contributions created a welcoming and memorable experience for all. We would also like to thank parents who supported the event behind the scenes. Their generous food donations, and contributions to the GroupTogether Open Day Fund, helped us put together a delicious spread that brought the Morning Tea to life. The impact of your support was felt by everyone who attended!



A very special thank you to Aiyong Law, our Open Day Morning Tea Coordinator, whose tireless efforts before, during, and after the event ensured everything ran smoothly. From planning logistics to keeping food and drinks flowing throughout the morning, her seamless coordination made a significant impact on the event's success. We were also grateful to Vivian Chen for her delectable homemade treats, and to Terru Gu for his generous donation of boxes of frozen food, which were served warm and enjoyed by our guests on a cold and wet day. Thank you to Binh Johsun, who made an early-morning trip out to Smeaton, despite the weather, to collect the newly printed banners for our sports and co-curricular programs. Binh worked closely with the MICs and the school media team for months to organise the photography and design, ensuring the banners were updated and beautifully presented on the day.

Finally, a big thank you to Stephanie Francis, the school's Open Day coordinator, for her wonderful support throughout the entire planning and execution processes. Her dedication, arriving early, staying back late, and always being available, ensured we had everything we needed to deliver a successful morning tea.



Below are the names of 123 parent volunteers who signed in on Open Day, donated food or contributed to the P&C food fund. We sincerely apologise if any names have been missed from the list, which has been compiled from the Open Day sign-in sheet and GroupTogether records. We look forward to many more opportunities to come together and celebrate the school community that makes our school so special.

Aiyong Law, Alim Fazley, Alisa Si, Annie Wen, Ashlesha Deshpande, B Kothari, Barbara Karakassidis, Becky Zhou, Bill Shui, Binh Johnsun, Carla Zhong, Cassie Cheng, Catherine Upex, Charmaine Francis, Chris Au, Claudia Hsu, Daisy Tan, Delia Leung, Emily Chow, Emily Kuo, Emma Pham, Esther Huang, Eva Pos, Fei Gao, Fiona Yang, Gautam Prem Kumar, Geetha Rajappa, Grace Guan, Hayley Smith, Helena He, Henry Tang, Hester Pan, Hisae Kobayashi, Hong Do, Huyen Le, Iesyen Wijaya, Iva Barraza Nejedla, Jagari Majumdar, Jean Li, Jessica Lim, Jie Gu, Jing Ma, Joyce Yuan, Judy Zhu, Jun, Kate Schliemann, Kelly Ding, Kevin Eadie, Kevin Thai, Kim Chua, Koon Fung Chan, Korawan Poolmee, Krish Subramanian, Krishnan Rajendran, Lei Xiao, Lily Jia, Linda Soo, Ling Chen, Lisa Cheshire, Lorna Deng, Lynn Jiang, Magda Kubicka, Maggie Duan, Maribel Cleary, Marietta Buikema, Matthew Pang, Meena Kaushik, Meilan Gao, Michael Van, Ming Cha, Nandita Lahiri, Nicki Dadic, Nicole Leuning, Norma Lai, Olivia Li, Padam Joshi, Pamela Jolly, Peggy Shang, Penny, Penny Shih, Pooi Yee Lee, Prachi Kankane, Pranjali Karanth, Preeti Govindan, Qi Lin, Qian Shen, Qihua Xu, R L, Rachael Flynn, Rashminder Talwar, Rebecca Bui, Rebecca Iliffe, Rosaline Perry, Salena Nguyen, Sally Park, Sally Yan, Sandra Mak, Sarah Lin, Shweta Doke, Siong Ling, So Yeon Ahn, Sophia Xue, Sweta Shah, Sze Nga Wong, Tania Kirkland, Terry Gu, Thava Subramanian, Thi Le, Thuy Nguyen, Umme Salma, Uthpala Senaviratne, Val Tedjasaputra, Veenu Wagh, Vivian Chen, Vivian Wong, Xuanxia Li, Yafei Zhang, Yiching Chen, Yiqi Li, Yulia Tkachenko, Yun Zhou, Yvonne Van, Zeina Hermas.

Tania Kirkland
2025 P&C President







ENRICHMENT ACTIVITIES

Enrichment Activities

Tournament of Minds Sunday 31 August at Randwick High School

Year 7 Team GO chose the difficult discipline of STEM.

Their solution was creative and sufficiently effective to gain an Honours rating.



Well done to James Lai, Thomas Schliemann, Benjamin Hunter, Max Pang, Sam Brown, Lucas Jin and massive thanks to mum's Di Hunter and Kate Schliemann for their support on the day.

The year 8 and year 9 Teams entered the Social Science category. The judges found their solutions entertaining and creative, but the teams from Sydney Girls were better prepared on the day and took home the awards.

Great work:

Year 8 students: Vithu Sharmilan, James Young, Ahaan Sharma, Dharav Gohil, Lucas Chen.

Year 9 students: The Thompsons: Vladimir Loukine, Jason Van, Lucas Xu. Anthony Jiang. Ian Huang. Ritaz Alam, Rayyan Junaid.

Meeting of the Minds Tuesday 19 August at Newington College

This event required students to engage in a series of inquires around material relating to Identity, followed by a lecture and demonstration on Consciousness, Mind and Body. It was an intense and engaging day of thinking and collaboration by Junior Philosophy students.



Callum O'Loughlin, Guru Thanabalasingam, Nathan Liu, Kevin Luu, Isaac Hu, Dylan Dang, Sam Brown, Koby Kirkham and Thomas Schliemann were great representatives of SBHS at this event. Well done for sustained engagement and contribution throughout the day.

Free Speakers Forum Rosebank College Monday September 1

SBHS Public Speaking and Philosophy students amalgamated in accepting an invitation to participate in this innovative and contemporary activity which required one student from each school to deliver a 5-minute speech on a controversial and thought-provoking topic in celebration of free speech and thought.

Ryan Allen's speech was celebrated as both original and expansive. He was rewarded by the compliments from audience members. Nine students delivered speeches adjudicated by nominated representatives from each school. Many thanks to Maxi Ibrahim who did a magnificent job representing us in this role. There was an opportunity for audience discussion around each topic. The pros and cons of free speech and individual agency were explored.

The following students attended this all-day event: Matthew Ryder, Adam Barraza Nejedly, Ryan Allen, Kevin Xu, Mohammed Syed, Maxi Ibrahim, Shafayat Khan, Avneet Singh. As you can see, it was a wonderful opportunity to meet and engage with students from a range of educational settings who are like minded in the valuing of Democracy and the opportunities it provides for us in Australia.

Julie Eggleton
Co-ordinator



PUBLIC SPEAKING



Public Speaking News - Sir Robert Menzies Speech Competition

The brief was for a 5-minute Speech delivered via video recording. Six of our Public Speaking group accepted the challenge, which required thorough research, oratory skills and confidence.

'If truth is to emerge and in the long run be triumphant, the process of free debate, the untrammelled clash of opinion must go on.' – Robert Menzies.

How important is respectful debate to the health of a democracy?

You must refer to Robert Menzies's involvement in advancing debate through his actions and policy.

Both Callum O'Loughlin and Guru Thanabalasingam were selected to compete in the Final last Friday evening.



Congratulations

Congratulations Guru for winning the junior section of this prestigious competition. \$500 prize money and airfares for Guru and his mum to travel to Melbourne where he will deliver his speech to a group of academics from Australian universities.



Well Done!



NATIONAL GREEK EXAM

We are delighted to celebrate the outstanding achievements of our Classical Greek students in this year's National Greek Exam, an internationally recognised competition that brings together pupils from schools and universities across the globe. 2025 saw the first time SBHS boys entered the competition.

The success of our boys reflects both their dedication and the strength of our Classics programme, which continues to inspire a love of language, literature, and history.

High Honor - Distinction Awards were achieved by:

Brendan Woo (12E) in Advanced examination.

Dhuryah Sapra (10E) in the Intermediate examination.

Sajan Thiagalingam (10T) in the Intermediate examination.

William Tran (9R) in the Beginning Attic examination.

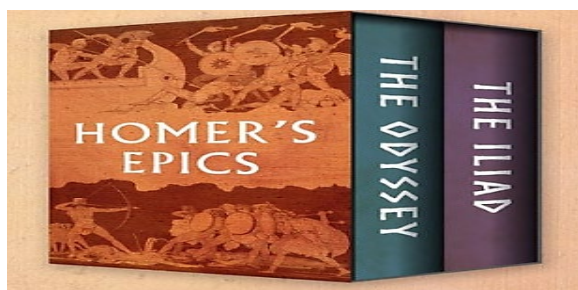
Merit – Bronze Awards were achieved by:

Shoummo Kar (9M) in the Beginning Attic examination.

We congratulate these boys and all who took part, and we look forward to further successes in next year's competition.

Why Greek?

The opportunity to study Classical Greek at high school in Australia is a rare privilege which the boys of SBHS are lucky to have. Learning Classical Greek is not only an academic challenge; it is also a journey into the foundations of Western thought. It gives students access to Homer's epics, Plato's philosophy, and the tragedies of Euripides in the original words. It sharpens analytical skills, enriches English vocabulary, and can help to strengthen performance across the curriculum.



Most importantly, Classical Greek offers students the chance to become part of a living tradition of inquiry and excellence—connecting them to a heritage of stories, ideas, and values that continue to shape our world.

Current Year 7 Latin students who are weighing up their Year 8 language options are warmly invited to choose Classical Greek for study in 2026. With the enthusiasm and success of our current pupils lighting the way, there has never been a better time to join our thriving Classics community!

Mr D Burrow
Teacher of Classics

I would like to congratulate the award winners for their outstanding results and all participants for their effort in studying Classical Greek. My sincere thanks go to Mr. Burrow for leading our boys into the fascinating world of Classics and introducing this competition opportunity.

Mr T Zheng
Head Teacher Languages

ΕΥ-ΧΑΡΙ-ΣΤΩ

(thank you in Greek)





Democracy Day

Last Tuesday September 9, Ms Stephens and the Social Science faculty held Year 9's 'Democracy Day' incursion.

The day was informative and an exciting experience for Year 9's, providing us with a further insight into Australian politics and the workings of our parliament.

Here is what happened on this splendid day:

At the beginning of the day, we took a brief quiz on our understanding of Australia's government system and our knowledge of Australian politics.



This was followed by a discussion on the political spectrum and the values of a different political ideology.

Following this, we had a trivia quiz regarding our knowledge about the Houses of Parliament and the roles of the different levels of government. There were several groups who performed very well!

We then held a mock-election for real representatives of our local electorate – Wentworth. We learnt about how laws are passed through the House of Representatives and the Senate.

After recess, we participated in an activity about creating solutions for contemporary issues in our world, such as pollution and cyberbullying. There were several groups who shared their impressive work in front of the whole grade. Soon after, these groups shared their contributions. We then had a surprise visitor - Ms Allegra Spender MP. Ms Spender answered some of our questions and watched one of the presentations, which was on Artificial Intelligence.

As the day came to an end, we had a debate over a housing bill in a mock-parliament. The bill proposed increased interest rates on investment properties to solve the housing crisis. Both sides presented compelling arguments for and against, but the votes against significantly outweighed the votes in favour.

We thank Ms Stephens and the Social Science faculty for this great opportunity. It was an educational and engaging experience for all our grade.

Aditya Sharma 9T



NEW Music Group - Indian Music Ensemble

The Indian Music Ensemble directed by Advaita Ilavajhala (OB 2024) had their first rehearsal on Friday afternoon, 12 September in the Governors Centre. We welcome all interested students to come along and have a listen at 4pm in the GC green room. Current instruments in the ensemble include tabla, mridangam, harmonium and voice.

Manly Jazz Festival

Sydney Boys High Senior Stage Band have been selected to perform at the Manly Jazz Festival this year. The band will have a 45min set on **Sunday the 21 September at 12pm on the Jazz Stars of the Future Stage**. The Jazz ensemble featuring Marley Masya on keys, James Carmichael on trumpet, Andrew Dong on tenor sax, Ayhen Haque on bass and Bach Nguyen on drum kit will also perform some charts in the set. We have renowned jazz trumpeter Bob Coassin directing the Senior Stage and up and coming jazz tenor player Justin Yeo working with the Jazz Group. We welcome you to enjoy a weekend of high energy performances featuring some of our talented young musicians.

2027 European Music Tour

An exciting music tour is underway with plans to travel to Prague, Salzburg and Vienna. The tour will be open to orchestral instrumental players with a cap of 40 students and 4 staff.

Our first information evening is in week 10 Thursday 25 September at 6:30pm.

Considering the high interest, the meeting location has been moved to **The Great Hall** where further details will be provided and expressions of interest taken.

Please let the music staff know if you are unable to make the evening and interested in the tour and leave your email/contact details to forward on the information.

Music Ensembles

All music ensembles are back and busy preparing for the **end of year music concert** in the Governors Centre on **Saturday 6 December**. This year we will be bringing back our **Jazz in the Courtyard concert on Sunday 7 December**, where families and friends can bring along a picnic and enjoy some wonderful music by our jazz ensembles on the lawn.



Our Guitar Ensemble Director and music tutor Aaron Flower is raising funds for the Leukaemia Foundation this month with a goal of \$3000 in memory of musician Chris O'dea. Please support this wonderful cause:
Link:

<https://fundraise.leukaemia.org.au/fundraisers/aaronflower>

Suzanna Lim
Music Teacher

2025 Music Ensemble Schedule

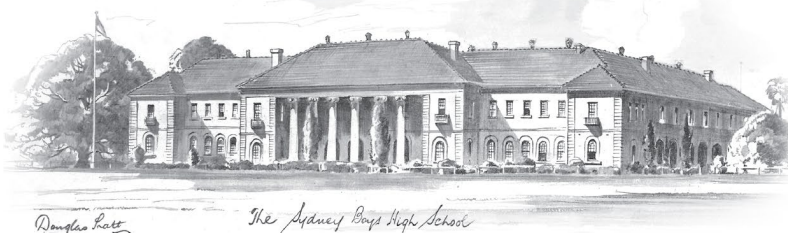
MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.30am – 8.30am Governors Centre	Senior Concert Band 7.30am – 8.30am Governors Centre	Symphonic Strings Ensemble 7.45am – 8.45am Room 204		Marching Band GH/MPW Scheduled Sessions Term 1
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.45am – 8.45am Room 201	Symphony Orchestra 7.45am – 8.45am Room 201	Chamber Choir Ensemble 8.00am – 9.00am Room 201
Philharmonic Strings Ensemble 7.45am – 8.45am Room 101	Junior and Senior String Quartet 7.45am – 8.45am Room 101	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	
(After School)	(After School)	(After School)	(After School)	(After School)
Guitar Ensemble 3.15pm – 4.15pm Room 201				Jazz Ensemble 3.15pm – 4.15pm Room 201
				Percussion Ensemble 3.30pm – 4.30pm Governors Centre
				Indian Music Ensemble 4.00pm – 5.00pm Governors Centre Green Room



Phone: (02) 9662 9300
Fax: (02) 9662 9310
sydneyhigh.school

Sydney Boys High School

1883



Sydney Boys High School
556 Cleveland St
Moore Park NSW 2021

Dr K A Jaggar OAM
Principal

2027 European Music Tour (Budapest, Vienna, Salzburg & Prague)

Dear Parents, Guardians and Students,

The Music Department is pleased to announce an upcoming European Music Tour in 2027 to Budapest, Vienna, Salzburg and Prague. This is an exciting opportunity for students in Years 7-10 from the Music Performance Program to represent Sydney Boys High School at an international platform and perform in world class venues.

A request and tentative application to the Department of Education (DOE) has already been submitted, however, it is still subject to and pending formal approval (DOE review and assessment will occur at the start of 2026).

An Information Evening will be held for interested students and their parents/guardians as follows:

Date: Thursday, 25 September 2025 (Term 3, Week 10)

Time: 6:30pm

Venue: Senior Library

This tour will be limited to 40 students and is open to only orchestral instrument players. Please see list of eligible instruments below:

- Strings: *Violin, Viola, Cello, Double Bass*
- Woodwind: *Flute, Oboe, Clarinet, Bassoon*
- Brass: *Trumpet, French Horn, Trombone*

We strongly encourage all interested students to attend this meeting accompanied by at least one parent or guardian. The Information Evening will cover information, including the proposed itinerary, audition/selection process, costs, and other essential details.

To assist with planning the information night, please confirm your attendance by submitting an **RSVP** by **Thursday 18 September** via the link or QR code provided below:

<https://forms.gle/g928RBtWS4gQEGyR8>



We look forward to seeing you at the Information Evening. Please feel free to bring any questions about the Music Tour, as others may have similar queries and could benefit from the discussion. If you have questions about the Information Evening, please do not hesitate to contact Ms Sarah Kim (KimS@sbhs.nsw.edu.au).

Sincerely,

Music Department
Sydney Boys High School

*(Please note: To receive news and notifications regarding the Music Tour, please download **SZapp** from the Apple App Store or Google Play and subscribe to MUSIC. Installation guide can be found on the following page)*

PHOTOS

Ordering - Sport Photos

To order individual, cohort, sport and co-curricular photos please go to:

<https://www.melbastudios.com.au/>

Select "SCHOOLS"

Use password "HIGH"

<https://bit.ly/SBHS2025>

Photo Coordinator
Kurt Rich



REMINDER

LOST PROPERTY

Please label all items clearly with a first and last name to enable identification.

It is the responsibility of students to claim their lost property from the **McDonald Wing Office** during recess.

Parents are NOT permitted to collect lost property on their son's behalf.

Items are cleared every fortnight and will not be available for collection after then.

McDonald Wing Office Staff

Year 11

Half Yearly Reports - Clearance Forms – Year 11

Clearance forms for report collection will be online during the coming weeks. Please ensure outstanding payments and due book returns are received **before** the clearance form is generated.

Sharon Kearns
SAM

IMPORTANT

Student Leave Requests – Reminder

There is a Department of Education and school policy on **Student Leave of Absence – Extended Leave Travel** requests. This applies to leave that is **five school days or more** in duration. Parents are reminded that as a matter of policy leave may not be processed or approved unless **four weeks'** notice has been given. Also, **cogent reasons** for travelling during school term need to be supplied. No travel should be booked during the assessment or examination blocks affecting your son. The effect of this decision is that all leave requests that involve the last four weeks of term should have been lodged with Dr K A Jaggar for approval by **the end of week 6, each term**. If you are planning to travel during the school term you need to download, complete and submit the form for approval to Dr K A Jaggar.

STUDENT ABSENCE

If your son is absent from school, please email absences@sbhs.nsw.edu.au to explain the absence.

STUDENT LATE ARRIVAL

If your son is going to be late for school, please ensure that he scans in on arrival outside the main office. The scanner will generate a late slip that can be presented to the teacher on arrival to class.

EARLY LEAVE

Students must bring a note that has been signed by **both a parent AND a Deputy Principal** to the office **BEFORE** 8.55am. The note must contain the student's name, ID number, roll class, date, time of departure and reason for leave. The student then returns to the office at the stated time and collects an early leave pass. **Please note:** Early leave requests sent via email or telephone will **not** be accepted. It is the student's responsibility to bring the note and submit with signatures before 8.55am Monday to Thursday and 9.25am Friday.

PAWS – Saint Grey Exhibition Excursion

On Friday 22 August, students from the PAWs group attended Elliot Fox's Saint Grey Exhibition at the M2 Gallery, Surry Hills.

Fox, a mixed media artist based in Canberra, draws on his lived experiences and advocacy for greyhounds to create thought-provoking and soulful works. His debut solo exhibition, Saint Grey, challenges audiences to reconsider how greyhounds are seen in Australian society.



In the exhibition, Fox divided the gallery into two distinct halves. On the left side of the gallery, he displayed artworks which celebrated Greyhounds, their characters and personalities. This was contrasted on the right, where he presented more darker and confronting works which highlighted the harsh reality of the Greyhound Racing Industry which strips these animals of their dignity, reducing them as commodities. As well as displaying 18 new original works, Fox also hosted a Rescue Greyhound Group Exhibition, which featured artworks from various artists and perspectives.

Throughout the excursion, members of the PAWs committee were able to view and interact with several multi-media artworks, from sculptures, paintings, and screen prints, we were able to see how Elliot was able to engage audiences to showcase Greyhound's characters and personalities as family members, as well using subtle messaging and symbolism to stimulate conversation about the commodification of animals for gambling exploitation.

Saint Grey, the exhibition's centerpiece, is a life-size sculpture that reimagines a patron saint for greyhounds and all dogs, offering protection and guidance through life and death. Inspired by the legend of Saint Guinefort, a 13th-century French greyhound venerated as a saint after saving a child, the work is crafted from discarded materials, including costume and pillow feathers. This artwork aims to remind the audience that exploitation and death are often easily overlooked when paired with apathy and ask the audience to reflect on how other animals are often abused and discarded.

This life-size greyhound sculpture is enveloped in paper currency from the five regions where commercial greyhound racing remains legal (Australia, New Zealand, Ireland, England, and West Virginia, USA). By presenting the dog's form entirely in money, the work challenges viewers, prompting reflection on where value lies in profit, or in compassion.



This interactive sculpture invites viewers to place their hands inside a glass cube, connecting with another person across from them. Depicting human hands holding greyhound paws, it poses a poignant question: Are dogs any less worthy of receiving the love that we share with others and expect ourselves? The glass used to convey this message also serves as a reminder of the fragility of life and the importance of compassion.

Greyhounds, the second fastest land mammal after cheetahs, can reach speeds of up to 77 km/h (48 mph). While humans receive extensive safety measures at these speeds, the wellbeing of racing greyhounds is far less protected, leaving them at constant risk of catastrophic injury or death. In Australia, one greyhound dies on the track every three days, and over 30 are injured daily, despite claims of "world-class" racetrack safety. The artwork's Broadway-style font echoes public safety posters, highlighting the stark contrast between human concern and animal neglect.

Many thanks to Elliot for sharing his work with us, and to Ms. Stephens (PAWs MIC) for organizing the excursion.

To explore more of Elliot's artworks, visit <https://www.elliottfox.art/>

Artworks from the Saint Grey exhibition can also be viewed or bid on via - <https://app.galabid.com/saintgrey/items>

Ryan Park 10T



Chinese

學 中 文



Year 8 Chinese Excursion: Nine Dragons Restaurant - Chinese Garden of Friendship

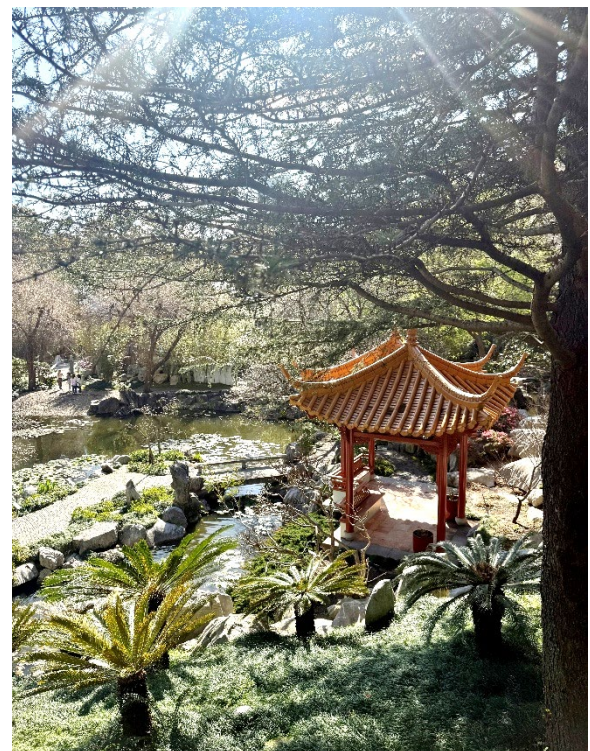
On Tuesday, September 2, our Year 8 Chinese students had an exceptional opportunity to engage in Chinese culture during an excursion to the Nine Dragons Restaurant and the Chinese Garden of Friendship in Chinatown, filled with great food, education and experiences.

We started the day with a terrific traditional lunch at Nine Dragons in Chinatown, where we were able to experience a range of authentic dishes. We had dumplings, noodles, rice, and a special variety of tastes offered in traditional Chinese cuisine. For many of us, we were able to try dishes we had never eaten before, which was both an exciting and amazing opportunity.

After lunch, we travelled for about 10 minutes to the Chinese Garden of Friendship, a tranquil oasis in the middle of the city. Walking along curved paths, crossing stone bridges and discovering the detailed pavilions, we learned about the significance behind some parts of the garden's design. There was a display of features, including rocks, plants, water and structures that all contribute to a sense of balance, harmony and many other fundamental ideas in Chinese philosophy. The peacefulness of the environment allowed us to enjoy the beauty of nature, reflect on the world around us and appreciate the artistry in traditional Chinese gardens.

This excursion was both an enjoyable and important educational opportunity. It allowed us to integrate our study of language and culture with real-life observations. We would like to thank Ms Zhang and Ms Fong for arranging such an unforgettable day and looking after us the entire trip. The excursion was truly fantastic, and we will always remember it.

Harold Jiang 8M







SBHS Athletics

Week 4 Summary - GPS Athletics Season

As we approach the Athletics Championships at SOPAC this Saturday, 20 September, it is important to acknowledge the outstanding efforts and performances of our athletes. All GPS athletes, including reserves, are reminded to prioritise being an athlete this week - ensuring 8 hours of sleep each night, staying well-hydrated, and maintaining both the quality and quantity of their nutrition.

All athletes and reserves must be at SOPAC by 8:00am to check in with their event coaches, with some required to arrive earlier depending on their scheduled warm-up times. I encourage every boy in the program to approach each event with the mindset of performing at their best, free from distraction by external factors. Although an athlete may step onto the track or field alone, he is never truly on his own—the entire squad stands behind him, supported by our student leaders, coaches, and the cheers of our supporters in the stands.

Just last week, from Wednesday 10 to Friday 12 September, 32 of our students proudly represented the school at the CHS Athletics Championships.

CHS Athletics Championships Wrap-Up:

Across three days the team battled challenging conditions to claim **1 Gold, 3 Silvers, and 1 Bronze**, with many top 8 finishes.

Relays were a standout, capped by the seniors' golden run in the 17+ 4x100m. Further results - [SBHS Athletics](#).



Friday Morning FUNdamentals continues this year in the Athletics program with every year 7 boy being shown how to perform various athletics skills, pictured – learning how to receive a baton in a relay.



It was a pleasure to once again attend the GPS Athletics MIC and Captains Dinner.

The Guest of Honour was Nick Andrews (The King's School), who dominated GPS athletics in 2014, setting three records (U17 200m, U17 hurdles and Open hurdles).

Nick went on to become a dual U20 hurdles National Champion, one of Australia's fastest-ever junior hurdlers, and a World Championships representative with a 110m hurdles PB of 13.59s.

Worth noting, since 2007, The King's School has won at least one division (Junior, Intermediate or Senior) every single year—a testament to their incredible depth and program strength.

Best Ways to Stay Informed:

Training, where and when - [Clipboard](#).

Saturday Invitationals - [Athletics](#).

Summary of Results and Publications - High notes and [SBHS Athletics](#).

Results - [2025 SBHS Athletics Results](#).

Videos and photos - [@performathigh](#) (Instagram).

MIC Athletics
Kurt Rich





Dear Parent or Caregiver

The Life Ready program is a mandatory program. The course aims to prepare and support students to lead, and contribute to, healthy, safe and meaningful lives, which promote respect, responsibility, enjoyment, inclusion and social justice for self and others.

The Key Skills:

Communication and Interpersonal skills.

Decision making, problem-solving and critical thinking skills.

Building independence and confident transitions.

The course addresses six learning contexts:

Independence.

Mental Health and Wellbeing.

Respectful Relationships.

Sexuality and Sexual Health.

Drugs and Alcohol.

Safe Travel.

***Note – these skills have been addressed in but not limited to the PDHPE program and Values Education.**

IMPORTANT

The program will run across 3 days:

From Monday 15 December 2025 to Wednesday 17 December 2025.

During the last Week of the School Year 2025!

Any student who does not complete this course will be required to complete the **2026 program** which will again be in Term 4 - **therefore during their 1st Term of Year 12.**

Kurt Rich

Life Ready Coordinator



ALL KILL YOU FOR THIS SIMON GASCOYNE THE MAN
HIGH DRAMA PRESENTS
WEARING A DARKISH SUIT WITH A LIGHTISH SHIRT. HE IS O
MEDIUM HEIGHT AND BUILD WHERE'S HIGGS YOU CAN
STAR WITH A PAUSE THE FACT IS I GENUINELY BELIEV
HER PERFORMANCE TO BE BUSINESS IM HERE WH
DUNNIT I'LL KILL YOU FOR GASCOYNE WHERE
GOD? ONE OF YOU IS THE IT INTO
COMPLETE FARCE
SPRING? ARE YOU CHASTISING A MAN OF MY SCRIV
KILLER M...
RADIO AND RESUMED HER CLEANING. SHE DOES NOT SE

THE REAL INSPECTOR HOUND

BY
TOM
STOPPARD

The Governors Centre

25th September 6PM

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Dear Students and Parents,

Just to remind you that our school is a subscriber to the study skills website www.studyskillshandbook.com.au including the Study Samurai video library.

This website will help you develop essential skills for academic success.

There are units of work on improving time management skills, how to study, research skills, summarising, technology use, brain and memory as well as many wellbeing topics in the Study Samurai Library.

Everything you need to know about becoming a more powerful learner and improving your marks at school can be found on this site.

For example, learn how the colour of your room affects your ability to study, what the best study techniques are for your type of brain, how to improve your handwriting and useful software and Apps to block yourself from technology distractions.

You will also see lots of useful handouts, grids and planners at the bottom of the THINGS TO PRINT page.

To access the handbook, go to www.studyskillshandbook.com.au and login with these details:

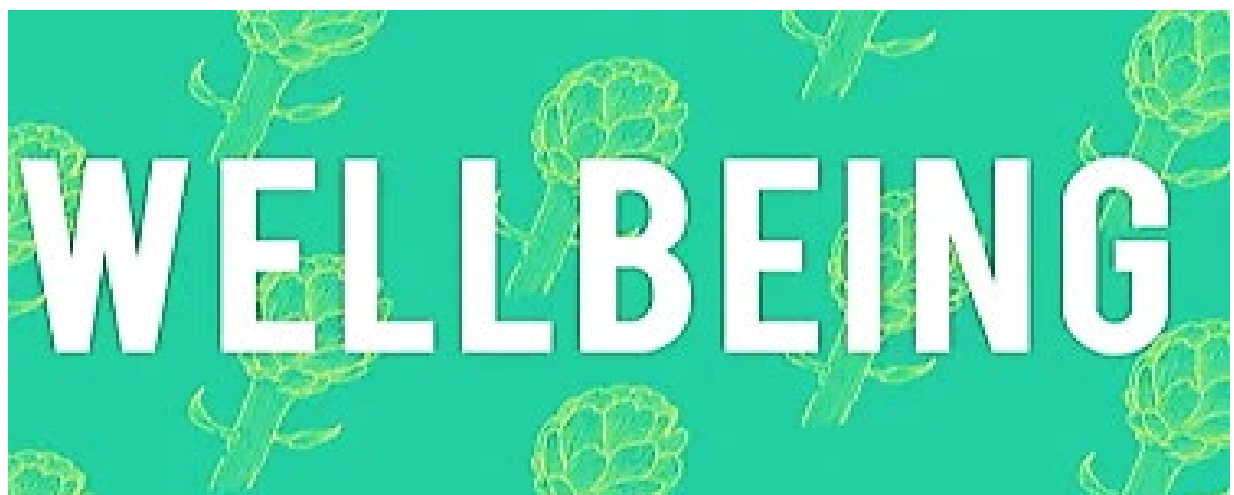
username: sydneyboys

password: sydneyboys

OR, through the Student Portal, go to My Library then Online Databases, scroll down to the Study Samurai.

The more of this website you can work through, the more you will set yourself up for academic success.

Miss Joanna Chan
Head Teacher Student Wellbeing





The Study Samurai Library includes:

1. THE ELES ONLINE STUDY SKILLS HANDBOOK WEBSITE

Working Better At Home Units

1. Home Study Environment
2. Organisation and Filing
3. Time Management Skills
4. Managing Workload
5. Dealing with Distractions
6. Overcoming Procrastination
7. Developing Motivation
8. Goal Setting
9. Lifestyle and Balance
10. Managing Stress

Improving Your Skills Units

1. Reading Skills
2. Writing Skills
3. Mathematical Skills
4. Science Skills
5. Foreign Language Skills
6. Assignments Skills
7. Research Skills
8. Presentation Skills

Improving How You Study Units

1. Summarising
2. Active Studying
3. Preparing for Exam Blocks
4. Test-Taking Techniques
5. After Tests & Exams

Working Better At School Units

1. Will we ever use this?
2. Using Classtime
3. Asking for Help
4. Dealing with Conflict
5. Groupwork Skills

Using Technology Units

1. Technology Tools
2. Basic Computer Skills
3. Be CyberSmart
4. Useful Apps for iPads
5. Microsoft OneNote

Skills for Specific Stages Units

1. Preparing in Primary
2. Starting Secondary School
3. Mastering Middle School
4. Becoming a Senior Student
5. Studying at University

Tools for Managing Challenges Units

1. Strategies for Dyslexia
2. Remote Home Learning
3. Living Across Two Houses
4. Bullying: Issues and Strategies
5. Managing Part-Time Jobs
6. Educational Kinesiology
7. Your Brain and Memory
8. Live Your Best Life
9. Tips for Parents
10. Tips for Teachers and Schools

NOTE: A subscription to the Study Skills Handbook includes all topics in this first section.

The Study Samurai Library includes everything on this whole page including all the handbook topics.

2. THE HUMAN CONNECTIONS ONLINE WELLBEING RESOURCE

- Module 1: What is stress?
- Module 2: Stress and peak performance
- Module 3: Positive Psychology, what determines happiness
- Module 4: Quick relaxation & wellbeing tips
- Module 5: Learning how to relax, progressive muscle relaxation
- Module 6: Meditation
- Module 7: Mindfulness
- Module 8: Stress and the way you think
- Module 9: Changing your thinking
- Module 10: Turning negative thinking into positive thinking
- Module 11: Breathing techniques
- Module 12: Changing your focus
- Module 13: Pressure points to help you relax
- Module 14: Time management
- Module 15: Self-image beliefs
- Module 16: How to create positive habits

3. THE STUDY SAMURAI LIBRARY VIDEO LESSONS BY DR PRUE SALTER & ROCKY BIASI (20-30 MINS EACH)

Performance:

Achieve personal best performance

- Neuroplasticity (ROCKY)
- Brain Rules (ROCKY)
- 7 Motivation Strategies (ROCKY)
- What Drives Human Behavior (ROCKY)
- How to Set Goals (ROCKY)

- Maximising Classtime (PRUE)
- Practice Methods (ROCKY)
- Mental Practice (ROCKY)
- Practice Principles (ROCKY)
- Getting in the Flow (ROCKY)

- Your Brain and Memory (PRUE)
- Finding Help (PRUE)
- Aligning Goals To Values (ROCKY)
- Model Masters (ROCKY)
- Sustain Progress Develop Mastery (ROCKY)

Study Skills:

Know how to make learning easy

- Study Notes 1 (PRUE)
- Mind Maps (PRUE)
- How to Study (PRUE)
- Test-Taking Techniques (PRUE)
- Common Study Mistakes (PRUE)

- Study Notes 2 (PRUE)
- Learning Preferences (PRUE)
- Improving Reading Skills (PRUE)
- Improving Handwriting (PRUE)
- After Tests & Exams (PRUE)

- Study Notes 3 (PRUE)
- Subject Specific Study (PRUE)
- Advanced Memory Techniques (PRUE)
- Preparing for Exam Blocks (PRUE)
- Essay Writing Skills (PRUE)

Time Management: Become organised, efficient and productive

- Home Study Environment (PRUE)
- Organisation and Filing (Paper) (ROCKY)
- Organisation and Filing (Digital Resources) (PRUE)
- Independent Learning (PRUE)
- Managing Workload (PRUE)

- Time to Allocate to Schoolwork (PRUE)
- Creating Afternoon Routines (PRUE)
- Dealing with Technology Distractions (PRUE)
- Dealing with Other Distractions (PRUE)
- Overcoming Procrastination (PRUE)

- Prioritising Techniques (PRUE)
- Managing Workload 2 (PRUE)
- Planning Holiday Study (PRUE)
- The One Thing (ROCKY)
- 80/20 Rule (ROCKY)

Mindset:

Develop a growth and success mindset

- When will we ever use this? (PRUE)
- How Winners Think (ROCKY)
- Identity Beliefs (ROCKY)
- Fixed and Growth Mindset (ROCKY)
- Vision and Purpose (ROCKY)

- Senior School Mindset (PRUE)
- How to Change Negative Thinking (ROCKY)
- Problem Solving Questions (ROCKY)
- Mental Mindset of Champions (ROCKY)
- Focus (ROCKY)

- Keeping Things in Perspective (PRUE)
- The Power of Failure (ROCKY)
- 5 Steps To Get Your Head Right For Senior School (ROCKY)
- Changing Your Thinking ABC (ROCKY)
- Strategies for a Growth Mindset folder (ROCKY)

WellBeing:

Have energy and motivation

- Lifestyle Factors (PRUE)
- Power Poses (ROCKY)
- Positive Psychology (ROCKY)
- Starting Your Day For Success (ROCKY)
- Creating Positive Habits (ROCKY)

- Sleep and Study (PRUE)
- Stress and Anxiety Relief with The Tapping Technique (ROCKY)
- Accessing The Emotions You Want (Anchoring) (ROCKY)
- Asking Better Questions to change your mental focus (ROCKY)
- Healthy Mind Platter (ROCKY)

- Nourishing Body and Brain (PRUE)
- Meditation and Mindfulness (ROCKY)
- Happiness Advantage (ROCKY)
- Wellbeing Factors (ROCKY)
- Progressive Muscle Relaxation (ROCKY)

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