

The Weekly Newsletter of Sydney Boys High School

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From the Principal Welcome or welcome back!

Welcome to all our returning staff and students to what I am confident will be a year of consolidation of our improvement in learning outcomes. I want to welcome our 180 Year 7 students and our 49 new students in Years 8, 9, 10 and 11. I want to assure you of our commitment to foster your rapid and successful integration into the High culture. We have five priority actions. We nurture your academic growth through a wide range of subjects, courses and competitions. We develop you as a whole person through the formal curriculum and a large variety of co-curricular activities. We try to promote in you a sense of belonging to High through encouraging full participation in our six-day programs. We endeavour to develop you as global citizens and future leaders through our community service and school leadership opportunities. We support you in all your activities through our numerous support staff, incorporated associations, committees and governance organisations.



Our focus this year is on essay conscious pedagogy. We want to try and teach sentence building and combining explicitly to enhance the clarity, coherence and quality of our written responses in all years. We have a small set of proven strategies that will be applied across the curriculum to support teachers and students in the collaborative task of improving whole-school literacy through sentence and paragraph building exercises. This year we want to join the pieces together to craft more coherent, insightful and complete essays.



Staff Changes

We welcome also our new staff members for 2025. In Mathematics, Vicki Likourezos is relieving for Angie Ward. Ray Wang is relieving for Robyn Wang and Colleen Nolan is relieving in various positions. In English, Leone Boulle, Scott Robinson and Harry Charlesworth are relieving for various teachers. Sharon Ong is relieving for Sarah Kim in Music. Ying Lou is relieving in LOTE for Rachel Fong.

Properties works maintenance and upgrades.

Teaching spaces: The Junior Library was air conditioned. Blinds were replaced in 12 classrooms and workspaces. Drama room store refurbished. Progressive replacement of staffroom locks. New furniture for Room 402. Mould in the cadet Room was mitigated. Replacement of gym curtain hoist. Public spaces: Block B roofing replaced, and external guttering installed. Additional security cameras installed. The Print Room was air conditioned to keep the paper dry. Our wayfinding project to improve our public-facing information is now complete with internal direction signage. ICT : Relocating and building network switching in Drama storeroom. Grounds: Trees on site pruned and crowned. Asphalting works in Anzac Parade carpark near gate 10 to create parking spaces. Cutler Drive: Tennis Clubroom completed and fitted out. Water mains repaired and pipes and taps installed. Fire diesel generator and pump housing replaced. Data distribution switch and cabinet installed near tennis office. COLA: Roof extended 3.5 metres. Netting replaced. Hollowed out palm tree removed near barbecue shack. Cleveland Street: The LED sign was commissioned and is operating. Asphalt works were completed between gates 1 and 2. Damaged tree removed overlooking gate 2. Future proofed electrical and data capability installed between gates 1 & 2. Boom gate replaced at gate 3. Protection bollards installed around the electrical mains and the LED sign. Excavation works to supply the electrical capacity. needed for air conditioning to classrooms is progressing well. Thank you to Jim Crampton, Daniel Xu and John Prorellis for their work throughout the year to make all these things happen. Dr K A Jaggar Principal



Welcome to the Senior Library 2025! Hello and a warm welcome back to school to all our students and staff! As we step into the new year, we are excited to greet our Year 10s who are joining the senior library for the first time.

A world of knowledge awaits students here, and we are thrilled to support your academic journey in 2025.

Library Opening Hours:

- Monday, Tuesday, Thursday, Friday 8:00 AM 3:15 PM.
- Wednesday: 8:00 AM 12:25 PM.

The senior library is a hub for learning and personal development. Here's how students can make the most of our resources:

- Study: Utilise our quiet spaces for individual or group study.
- Read: Explore our extensive collection of books and study guides.
- Catch Up: If your classes are cancelled, remember you can use the library to catch up on assignments and coursework available on Canvas.

Please remember - to maintain a conducive learning environment, we have a strict no mobile phone and no gaming policy within the library.

We are looking forward to an enriching and productive year ahead with all of you.

Let's make it a great one!

Happy New Year and Happy Learning!

Your Senior Library Team





EARLY LEAVE REMINDER

The school **does not** accept early leave applications via email or telephone.

The procedures for early leave are as follows:

Students must bring a note to the office that has been signed by **both** a **parent AND** a **Deputy Principal BEFORE 8.55am Monday to Thursday and 9.20am Friday**.

The note must contain the student's name, roll class, date, time of departure and reason for leave.

The student then returns to the office at the stated time and collects an early leave pass.

Any student who does not follow the correct process in applying for early leave must remain in their class unless being picked up by a parent from the front office and therefore personally signed out.

Please note: Early leave requests submitted after 8.55am and / or sent via email or telephone will not be accepted or processed by the office.



As a Service to the High Family

A FULL-PAGE ADVERTISEMENT can be placed for a fee of \$70.00 (GST incl.) for a full-page ad in for two weeks' publication.

It can be a business service, educational course/s or something for sale.



P: 9662 9300 Email: <u>highnotes@sbhs.nsw.edu.au</u> N.B. Content is subject to approval



Year 10 Life Ready Program

Dear Parent or Caregiver The life ready program is a mandatory program.

The course aims to prepare and support students to lead, and contribute to, healthy, safe and meaningful lives which promote respect, responsibility, enjoyment, inclusion and social justice for self and others.

The Key Skills:

-Communication and interpersonal skills.

-Decision making, problem-solving and critical thinking skills.

-Building independence and confident transitions.

The course addresses six learning contexts:

- · Independence
- · Mental health and wellbeing
- · Respectful relationships
- · Sexuality and sexual health
- · Drugs and alcohol
- · Safe travel



*Note – these skills have been addressed in but not limited to the PDHPE program and Values Education.

The program will run across 3 days, Monday 15 December 2025 – Wednesday 17 December 2025 - during the last week of the school year.

Any student who does not complete this course will be required to complete the 2026 program which will again be in Term 4, therefore during their 1^{st} term of year 12.

Payments will need to be made in 2025.

More details will come out closer to the end of the year.

Kurt Rich Life Ready Coordinator



Weights **ROOM**

Weights Room Trial and Membership Offer

We are excited to announce that the school's weights room is now open for free trials until March 26th. This is a fantastic opportunity for students to enhance their movement skills, build confidence, and develop a valuable life skill. The weights room is fully supervised, and all programs are designed to gradually increase strength, skill, and power.

Weights Room Hours:

- Monday to Friday: 7:00 am 9:00 am
- Monday and Tuesday: 3:15 pm 5:00 pm
- We also open during the school holidays.

For first-time users, we ask that students arrive no later than 7:15 am to ensure a smooth introduction to the weights room. There is no formal booking process for trial sessions—students simply need to arrive on time and introduce themselves to the coach.

Membership Fees:

- For 2024, a full year's membership costs just \$315. To receive this rate, students must register and pay by March 26, 2025.
- Year 7 students only: If you have already qualified for an early bird discount by paying your invoices in full, you can enjoy a special introductory offer for a full year's membership at only \$190! Don't miss out on this fantastic deal.



Payments can be made easily online through the parent portal.

We look forward to seeing students benefit from this excellent facility!



2025 Weights Room Opening Schedule

Please be aware that Wednesday afternoon has been changed to Tuesday in 2025.

Monday	Tuesday	Wednesday	Thursday	Friday
7am-am	7am-9am	7am-9am	7am-9am	7am- 9am
3:15pm- 5pm	3:15pm- 5pm			



Year 7 Chin-Up Champion A big congratulations to Ilya Tsoutsman, who dominated with 14 solid chin-up reps to claim the Year 7 title for 2024! Kurt Rich

Head Strength and Conditioning Coach





Coach: Nelson Cheng – 2024 Champion - Ilya Tsoutsman and Weights Room Prefect - Jordan Komonen



SYDNEY HIGH TENNIS Start of Year Message

Welcome back to another year and the continuation of the GPS Summer Sporting Season.

A big welcome to the new families of Sydney Boys High. Our 1st and 2nd Grade sides struggled against the top of the GPS Tennis, the Shore School. These matches highlighted the essential need for our students to become more autonomous with their health and fitness. Despite the rapid improvements after months of training during term 3 and 4 last year, our boys were as a team not prepared.



All students will have a fixture this upcoming Saturday 8 February except for the new year 7's. A few key details to remember:

- All Tennis Athletes have 2 court sessions 1 being their sport time and 1 speed and agility session ahead of their weekly fixtures.
- 1st and 2nd Grade Athletes have more sessions to help prepare them for their longer fixtures.
- If your son cannot attend a session, please lodge it via the parent portal/Portal services/report sport absence.
- Training and Fixtures can be seen on Clipboard. Saturday fixtures should be visible by Wednesday
- When it is raining the morning Tennis training will be on in the gymnasium gallery steps.



SAVE THE DATE

END OF SEASON SOCIAL DINNER

Date: Saturday 22 March

Time: 2pm-6pm

Location: School Tennis Courts



Cost: \$20 per person or \$50 for family of 3 or more - money goes towards food, drinks, court hire and prizes.

Paid in cash to Kurt Rich by Thursday 13 March 2025.

David Deep and Kurt Rich invite and encourage all tennis parents, siblings, coaches and players to its annual end of season social.

The night is a casual celebration of the 2024-2025 season including a season review, prizes, food, drinks and Games - e.g. Jumbo Tennis, Challenge the Coach/Senior player.

The future success of the tennis program depends on the enjoyment of the boys and parental support.

The School Tennis staff are looking forward to this event, it will be a great chance for everyone to meet and get involved. We look forward to seeing you there.

Kurt Rich MIC Tennis





SCHOOL ZONES Understanding the rules

School zones operate between 8am - 9.30am and 2.30pm - 4pm during school term. A speed limit of 40km/h as well as increased fines and demerit points apply during these hours.

NO STOPPING

- Stopping is not permitted at any time
- Dropping off or picking up passengers is not permitted
- Minimum penalty \$352 and 2 demerit points

NO PARKING

- Drivers may stop to drop off or pick up passengers for a maximum of 2 minutes
- Drivers must remain within 3 metres of vehicle
- Vehicle must not be left unattended
- Minimum penalty \$196 and 2 demerit points

BUS ZONE

- Stopping is not permitted in a bus zone
- Dropping off or picking up passengers is not permitted
- Minimum penalty \$352 and 2 demerit points



DOUBLE PARKING

- Stopping next to legally parked vehicles is not permitted
- Dropping off or picking up passengers is not permitted



 Minimum penalty \$352 and 2 demerit points

DRIVEWAYS & FOOTPATHS

 It is illegal to park on or across a driveway, footpath or



any other vehicle access

 Minimum penalty \$352 and 2 demerit points

MOBILE PHONES

- It is illegal to use mobile phones while driving
- \$469 penalty and 5 demerit points



School zone rules are for your child's safety. Please drive carefully and park legally.



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