



From the Principal

High Talent

Many High boys are celebrating after a strong showing in their winter sports. First grade Football were declared Premiers after an agonising wait for the outcome of another fixture. The win breaks a generational drought for High Football. Our last premiership was in 1995. Congratulations to William Chou (11F), Liam Cowan (12S), Dylan Dutt (11F), Aadi Gupta (11F), Daniel Lee (12E), Lachlan Leung (11E), Praneil Manandhar (c) (12T), James McLoughlin (11R), Aiden McManus (11R), Pradeepan Nadhan (12S), Liam Nottage (11S), Ashwin Rajeswaran (12F), David Sun (11S), Alex Valanidas (12E), Brendan Woo (11E) and Luke Xing (11E). Mr Higgins and his coaching staff have been re-building the football program and this result is a credit to their efforts.

Well
done!

Volleyball first grade earned a hard-fought co-premiership with Scots this year. Since 2003, High first grade teams have been premiers or co-premiers each year except in 2017 – a magnificent record. Well done to Roy Chae (12F), Branson Chan (11F), Karan Dahiya (c.) (12S), Arnav Gupta (12F), Nelson Lee (11R), Owen Li (11S), Athithan Mayuran (10F), Dev Punjabi (12S), Jay Ta (12R), Steven Yin (11E), Jerald Yu (11F) and Andy Zhang (11F). Second grade volleyball were premiers in their competition. Since 2006, High has missed out only twice on securing the premiership at this level. Congratulations to Colin Chen (10M), Aaron Jin (9R), Dash Lam (10R), Frederick Lam (11S), Joseph Lee (11F), Lachlan Lefevre (12E), Xile Xie (12T), David Yoo (10T), Haoran Zhang (12S), Jonathan Zhang (c) (11R), Leo Zhuang (11M).

In Fencing, our season finished very strongly. In U14 *Foil* SBHS won Gold (1st of 7 teams): Xavier Xie (7T), William Tran (8R), Ian Huang (8T), Rayyan Junaid (8R), Isaac Wong (8E), Keiran Tedjasaputra (8F). In *Epee U14*: SBHS A Team won Gold (1st of 10 teams): William Huang (8F), Alexander Howe (9M), Daxton Sor (8M) and Bill Han (8T). In *Epee U16*: SBHS A Team won Gold (1st of 8 teams), Hudson Cai (10M), Daniel Zhu (9R), Ben Wu (10F), Vihaan Rajit (10E). In *U19 Epee*: SBHS Team won Gold (1st of 7 teams), Xavier Perry (11M), Tommy Xu (11E), Jamison Lai (11E). High retained the *Epee Team Premiership Plaque*.

Well done to Ryan Allen (10E) who was equal first in Australia in the *Australian Geography Competition* (54,000 competitors from 600 schools) – an impressive effort! **Erratum** – Apologies to Oliver Buikema (10F) for omitting his first-place performance in the 16 years High jump at the Regional Athletics carnival.

Book Week August 17-23

Book Week celebrates the importance of reading, stories, libraries and community for learning and inspiration. We need more of our boys to be reading more books, more often. To express ourselves well in stage 6, we need to develop a wide vocabulary to choose the right word for the particular context in which we write or discuss sophisticated ideas. Wide reading in stage 4 helps us build up our vocabulary.

**WEAR IT
PURPLE DAY**

Wear it Purple Day August 30

Next Friday we celebrate *Wear it Purple Day*. The aim of the day is to celebrate and support diverse young people and to challenge societal attitudes to help shape a fairer, more humane and just society. We have been involved in this celebration since 2010 to demonstrate hope to young rainbow people, to affirm that there are other people who support and accept LGBTIQA+ youth. This year's theme is '*your passion, your pride*'. It is a rallying cry for young rainbow people to embrace and express their true selves and pursue their dreams.

Young people are encouraged to feel inspired by successful and happy LGBTQIA+ role models. The Department of Education has been rated at silver level in the Australian Workplace Equality Index - the national benchmark for organisational inclusivity. As an organisation, 'Wear it Purple' has key focus areas. It acts as a resource for awareness raising through supporting *Wear It Purple Days* in schools. It provides opportunities for rainbow young people to develop their skills and expand their networks. It provides supportive and safe spaces, both digital and physical, where young rainbow people can feel proud of who they are. *Wear it Purple* also collaborates with other organisations to further the inclusion of rainbow young people in society. Next Friday, let us all celebrate how inclusive a fair-minded country like Australia can be.

Dr K A Jaggar
Principal

HIGH NOTES

As a service to the High Family.

A FULL-PAGE ADVERTISEMENT:

Can be placed for a fee of **\$70.00 (GST incl.)** in two weeks' publication.

Whether it be a business service, educational course/s or something for sale.

Advertisement

Contact:
Rosa Owen
High Notes Editor

P: 9662 9300

Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval



Year 10 Life Ready Program

Year 10 families please be aware that all year 10 students are required to participate in the life ready program at the end of this year. The program will run across 3 days, Monday 16 December - Wednesday 18 December 2024 - last 3 days of the school year. Any student who does not complete this course will be required to complete the 2025 program which will again be in Term 4, therefore, during their 1st term of Year 12. Year 10 students can see the program in their CANVAS – Year 10.

Kurt Rich
Year Advisor



HIGH STORE

Gift ideas for Father's Day!

Golf Umbrella \$44.00

Beanie \$33.00

Mug in Gift Box \$25.00

High Store Staff

OPAL CARD REMINDER

Please remember to **tap on and off** when travelling with a school opal card.



CHES

COMPETITIVE CHES NEWS

This year, for the first time in many, we entered two senior teams in the NSWJCL Inter-Schools' Competition which is played on Friday afternoons in term two and three. We're proud of all our boys and the commitment they make to our program and, particularly of the seniors who have the pressure of their HSC courses and Trial HSC to navigate whilst still devoting time to improving their games and competing at a high level. Our Senior B Team James Law, Clinton Wang, Henry Duong and Brandon Lee made it to the Quarter Finals and our A Team Toby Huey, John Nguyen, Jason Guo, Tanish Sarathy and Kevin Liu will compete in The Regional Finals against The Scots College this coming Friday 3 August.

Our Intermediate A team Quan Nguyen, Nestor Chan, Vedantik Bhattacharyya, Aaron Huang, Lucas Zhang and Kayden Santoso have also made it to the Regional Finals and will play that match against Sydney Grammar this week.

Our Intermediate B team Anay Guatam, Jinda Zhu, Jamie Jin, Mark Sharp, Alexander Howe and two junior teams. Team A - William Tran, Yashnneil Luknauth, Daniel Dai, Jerry Xiao, Tenzin Lama and Team B - Eric Zheng, Derek He, Surya Thatavarthy, Krishna Soundapparaju and Louis Wang played exceptionally well and were knocked out only at the semi-final stage of the competition.

On Saturday 31 August we invite GPS teams back to our school for the annual competition. The competition is run as a round robin and the players come to us from Sydney Grammar School, Shore, Newington, The Scots, The Kings School and Riverview. This year we have our Cup to protect after winning it back from Sydney Grammar in 2023.

Look out for news about the upcoming Terrey Shaw Shield in which this Competition we were placed first last year.

I would like to thank all our players for their commitment and focus to competition and to coaching, our coaches Vladimir Feldman, Maxwell Ponza and John Nguyen - year 11 who filled in across term two when team members were sick and unable to compete.

Rowena Barr
MIC Chess

EARLY LEAVE

EARLY LEAVE REMINDER

The school **does not** accept early leave applications via email or telephone.

The procedures for early leave are as follows:

Students must bring a note to the office that has been signed by **both a parent AND a Deputy Principal BEFORE 8.55am Monday to Thursday and 9.20am Friday**. The note must contain the student's name, roll class, date, time of departure and reason for leave.

The student then returns to the office at the stated time and collects an early leave pass.

Any student who does not follow the correct process in applying for early leave must remain in their class unless being picked up by a parent from the front office and therefore personally signed out.

Please note: Early leave requests submitted after 8.55am and / or sent via email or telephone will not be accepted or processed by the office.

IMPORTANT

CODE OF CONDUCT

Conduct, attitude and appearance are important in public, particularly on all forms of public transport.

At all times, students need to display excellent appearance, manners, courtesy, and thoughtfulness.

Give up your seat, don't take up a seat if adults are standing, let people through, don't push, don't obstruct passageways with bags, especially cricket kits and musical instruments etc.

Don't be boisterous or loud. Be mindful of your language.

Help those who need help.

We ask all senior students to not only set a fine example, but to also actively monitor and remind younger students of appropriate behaviour.

John Prorellis
Deputy Principal
Head Teacher Administration

PUBLIC TRANSPORT

IMPORTANT NOTICE FROM TRANSDEV

Sydney Metro City
Coming soon to a stop near YOU!

Coming soon, and without too much notice, the new metro system will open. Central Station - fully connected with other modes of transport including the light rail! Will be hard to predict how travel patterns will change:

- at the beginning it will probably be quite busy at Central Chalmers stop in the mornings.
- we will monitor the situation with TNSW and make adjustments along the way
- walking to school may be a better option for some in the first few weeks.



transdev

11

Public Transport services might be very busy in the coming weeks.

Walking from Central might be a better option than using the Light Rail.

John Prorellis
Deputy Principal
Head Teacher Administration

IMPORTANT MESSAGE

STAY SAFE

SPORT

All students have access to the injury management protocols regarding sport on the Sport Canvas page.

The school employs both a physiotherapist and exercise physiologist to work with students in the rehabilitation of their injuries. This is provided at no extra charge to parents and can be accessed at any time throughout the season. This service can also be accessed by elite athletes to help them manage their load across their commitments.

INJURIES

It is important that students report their injuries to their coaches/MIC/Sport Administration so the appropriate adjustments can be made. Students can also report their injuries on Monday mornings 7am-9am in Room 901 or in person to sport administration Tuesday-Friday mornings in the Weights Room Office. Students and parents need to send appropriate documentation, X-rays, reports etc to: Absences.Sport@sbhs.nsw.edu.au

We ask that parents/students do not log an absence form for injuries, but instead follow the correct protocols so that students can safely return to play. If students are attending school with an injury, they are required to also attend sport. Like any other class, students with an injury aren't withdrawn from their timetabled session, but have their activity modified to accommodate these special considerations. Our goal at High is to improve the overall health of all students and maintain connectivity through appropriate support.

Hannah Jackson
Head Teacher Sport

Sport > Modules

Home
Announcements
Pages
Files
Modules
Assignments
Discussions
Marks
People

Collapse All

Sports Central/How to for Students

What to do: If you have an injury

SBHS External Physiotherapist Form.pdf

How to: Lodge and Fix Sport Absences

CAREERS

CAREERS LEARNING SBHS

In recent weeks, we have had students go on work experience within a tertiary institution and gain exciting new knowledge about their future career pathway. Here is a summary of the experiences of Hamzah and Disen at UNSW.

Hamzah Ahmed (Year 10) and Disen Liu (Year 11) participated in a work experience program at the UNSW node of the Centre for Quantum Computation and Communication Technology. The program included lab tours of researchers working on fabrication of these devices using STM lithography, using liquid helium dilution fridges to cool these devices, and the algorithms and mathematical theory behind these systems. They used some of the equipment used to image and prepare the devices for manufacturing as well as using the software frameworks used to control quantum computers. The program concluded with students giving a presentation extending on this knowledge to the researchers.



Hamzah Ahmed



SBHS Careers Info and Weekly Newsletter for all things Careers Related:

<https://parent.sbhs.net.au/careers>

Then sign up for Study Work Grow - Australia's best Careers and Life Design Information. Free to SBHS students and Parents using the link below:
Subscribe to Work Study Grow.



For all Careers Info Senior Students can see their dedicated Canvas Careers Page which is updated with everything they need to know. Especially important is that they read the notifications and familiarize themselves with the home page.

Ryan Fang 12S
Careers Prefect





JUNIOR LIBRARY CHESS TOURNAMENT

Last week saw the finals of our annual knock-out chess tournament in the Junior Library. Last year we had a separate prize for the best amateur contestant (non-school Chess Club), but this year we had separate tournaments for Amateur and Chess Club players. Over seventy students signed up, and we had two weeks of preliminary rounds. With so many contestants, and students having so many commitments at Recess and Lunchtimes, there were a few missed matches and no-shows, but overall, the vast majority of the matches went off without a hitch. The battles for the top four places occurred last Monday 12 August.



In a rematch of last year's final, and a reversal of results, Nestor Chan (10R) beat Quan Nguyen (10E), winning the Chess Club competition 2-0. Quan won in 2022, and 2023, so it was nice to see a slight difference in results! Jamie Jin (10S) secured the number 3 spot, edging out Daniel Dai (7S), but a great result for Daniel in his first year at High.

The Amateur stream of the tournament was won by Ricky Luo (9R), defeating Lokesh Paditham (8R), and James Diao (10S) took third spot, defeating Siddharth Menon (10E).



All 8 winners received Kinokuniya gift vouchers and/or chocolates. The first-place winners received one of each, and the other finalists got to choose the \$20 gift vouchers or chocolates. Well done to all the winners, and thanks to all the boys who participated. We will be hosting the competition again next year, so anyone who missed out can try their luck then.



Also, a big thanks to Nestor Chan and Toby Huey (12S) for volunteering to be the co-ordinators for the competition. They did a great job organising the registration, the brackets, and the adjudication of the games. Thanks to Ms Barr, Chess Club MIC, for lending the chess clocks, and thanks to the Media Team photographers, Nireat Deka, Alexander Lau and Avneet Singh.

Dr R Love
Andrews Junior Library



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Borrowing eBooks & Audiobooks has never been so easy

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ePlatform Digital Libraries
Your eLibrary starts here

2 Find our library and log in using your library ID

3 Browse and borrow to read or listen on your device



ePlatform
digital libraries

Music NOTES

Friends in Harmony Recital

Past HSC music student Andrew Wu (OB 2016) performed Chopin's Grande Polonaise Brillante at a music recital last Sunday afternoon at The Killara Music Room along with many of his friends. It is so wonderful to see old boys continue their journey in music regardless of their chosen career paths. Andrew will be travelling to London at the end of the month to start his Master's degree in AI and Machine Learning. We wish him all the best in his studies and future endeavours.



Andrew Wu



Ryan Kirkland

Sydney Eisteddfod

Congratulations to Ryan Kirkland (Year 11) placing 3rd in the Sydney Eisteddfod last Wednesday in the highly demanding Australian Piano Work Opens Category. Ryan performed his technically challenging HSC Mandatory piece; Morceau de concours by Roger Smalley composed in 2017.

Music Ensemble Photos

ALL Music Ensemble photos will take place on Wednesday 4 September at 8am on the Basketball Courts. Please be ready in your FULL School Uniform as photos need to be completed by 9am and we have many ensembles to photograph. The order of ensembles will be posted on CANVAS in Music Performance Program.

Music Ensemble Attendance

It is a requirement for all students in the Music Performance Program to attend their weekly ensemble rehearsals unless otherwise communicated with the Music Department and Ensemble Director. Failure to do so will jeopardise your award scheme points. Punctuality and preparedness is imperative in ensuring that rehearsals run smoothly, we appreciate your ongoing commitment and cooperation.

Music Instrumental Storeroom

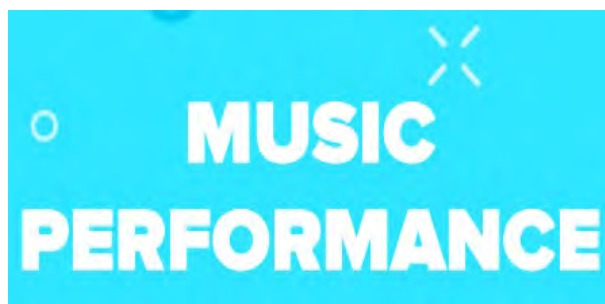
A reminder to ALL students, please ensure you place your instruments in the correct areas in the music storeroom and leave a clear pathway of access as instruments left lying on the floor are a trip hazard.

2MBS Fine Music 102.5 FM

The SBHS Piano Trio featuring Jason Yu (Violin), Isaac Wang (Cello) and Ryan Kirkland (Piano) will have their performance of Smetana's Piano Trio in G minor (1st movement) played on 2MBS Fine Music station on **Saturday 31 August at 5pm** on the **Class Act** segment. Last year, Benjamin Pirom (OB 2023) had his music extension composition featured on this segment.

Suzanna Lim

Music Teacher



2024 Music Ensemble Schedule

MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Symphonic Strings 8.00am – 9.00am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.15am – 8.15am Room 201	Symphony Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior and Senior String Quartet 7.45am – 8.45am Room 202	Marching Band 8.00am – 9.00am MPW Terms 1 and 4 only
			Junior Strings Ensemble 7.45am – 8.45am Room 203 Terms 1 and 2 only	
			Philharmonic Orchestra 7.45am – 8.45am Room 204	
(After School)	(After School)	(After School)	(After School)	(After School)
Guitar Ensemble 3.20pm – 4.20pm Room 201	Marching Band 3.20pm – 4.20pm GH/MPW Terms 1 and 4 only	Percussion Ensemble 3.20pm – 4.20pm Governors Centre		Jazz Ensemble 3.20pm – 4.20pm Room 201



Armidale



The annual Armidale Trip exemplifies what High spirit is. It's an opportunity for High students to showcase what they have been working towards in their individual sports and to attend each other's games, supporting from the sidelines. In this year's trip, close to 200 students represented High in the seven-sport competition against The Armidale School for the Harris and Hannon Cup. Arriving on Friday afternoon, the students were greeted with an afternoon training session, followed by a short welcome speech from TAS. Not long after, the competition began with football, volleyball and basketball competing in the evening ending in two comfortable victories for High.

The next morning, the remaining fixtures took place, with additional victories from both the junior and senior tennis teams, the 14s football team, and rifle shooting. Throughout the day, our rugby teams contested Armidale with notably close matches from the 14s and 15s rugby teams. After more rugby matches, High tied up the competition with a closely fought victory in the relay race.

Finally, the widely anticipated First XV Rugby fixture took place. For the 60-minute game, tries on both sides were scored; with a final score of 20-10 TAS emerging as victors. I commend all the students, no matter the outcome of their fixtures, for participating and representing High. An extended thank you to Mr. Paul, Ms. Jackson, Mr. Rich, Mr. Comben and the other teachers who were involved in the 2024 Armidale Trip. In anticipation of next year's fixtures, training waits for each individual sport as we take on The Armidale School again in 2025.

Jun Shim 9F



A background image showing a physiotherapist in a white coat assisting a male student. The physiotherapist is on the left, looking down at the student's leg. The student is on the right, looking down at his leg. The background is a blurred gym setting.

**PHYSIOTHERAPIST SERVICE FOR
SYDNEY HIGH ATHLETES**

School Physio

**SBHS Gym Gallery
outside Room 901
School Term Mondays
7am-9am
Free of charge**

No need for an appointment
Priority given to 1st and 2nd Grade Athletes



SBHS Athletics Season Week One

After a lot of anticipation, pre-season training and CHS pathways meets, the GPS Athletics season has officially kicked off with our Monday all Athlete conditioning session. During this session all Athletes are involved in a 4-station rotation consisting of:

Skipping – designed to develop co-ordination, enhance conditioning and ensure lower limbs are robust.

Hurdle drills – performing these drills helps develop mobile hips and enhanced body control.

BW Strength – speed and power cannot exist in the absence of strength.

Running drills – by the end of the season, all members of the program will have improved running technique to maximise efficiency. Most of these drills can be viewed on ClickView, for easy access go to CANVAS – Sport – Athletics.

During their sport time and additional training session, students will be involved in more event specific training. Athletes involved in multiple events will need to communicate with all their event coaches to help develop weekly plans.

At Saturday invitational meets, Athletes will compete in their specific event's. They need to arrive at least one hour before their event to allow time to warm up and marshal. Once the schedule is released, I will publicise to students on CANVAS – Sport. All Athletes will be required to attend the championship Saturday 21 September from 8am-4pm.

Students are responsible for getting their event results and reporting them to Luke McLoughlin (year 9) in the stands.

Team selections for the Championships are based on the following criteria:

High Athletes must attend 3 sessions per week including their sport time session. Any training exemptions must be approved.

High Athletes must compete in events they are training for or told to by the coach/MIC at each invitational meet. Exemptions to this, need to be made by Sydney Boys High Athletics coach/MIC.

High Athletes must strive to represent their school with their utmost effort, respect and pride at every session and meet. Failure to do this can result in ban from High Athletics.

Attendance at the AAGPS Carnival and the ceremony after is compulsory for athletes regardless of if in the competition squad or not.

All registered athletes will be given the same level of respect and attention by the Coaches and MIC regardless of talent. High has boasted the largest number of athletes in the GPS for several years and we intend to keep it that way.

If all these standards are kept, all athletes can expect to improve their fitness throughout the program. A final competitive team will be selected for the final competition; however, everyone is a valued member of the squad. The program is designed to develop all participants into the best Athletic version of themselves. All Athletes are expected to do each drill to their best of their ability and take on board all coaching advice.

I would like to acknowledge the current year 12's who are involved in the Athletics program. They are always an integral part of the program and I appreciate their dedication to High as they finish trials and move into the last few weeks of high school.

Kurt Rich
MIC Athletics

2024 SBHS Athletics Student Leaders:

Justing Nguyen
Captain
Garry Liu
Vice-Captain



Athletics

SCHEDULE 2024

This schedule is available for students to view on CANVAS – Sport – Athletics – Training Schedule.

All relevant sessions for each athlete should be on their Clipboard. Students with any issues are to see me asap.

Kurt Rich

MIC Athletics

GPS Athletics Season 2024					
School week	Date	Day	Time	Session	Location
	24-Aug	Saturday	8am-3pm	Invitational Meet 1	ES Marks
6	25-Aug	Monday	3:15pm-5pm	All Year Groups Conditioning	Gymnasium, Outdoor Courts and MPW
	27-Aug	Wednesday	1pm-3pm	Senior Athletes	MPW
	27-Aug	Wednesday	3:15pm-5pm	Years 8 and 9	MPW and Gymnasium
	28-Aug	Thursday	1pm-3pm	Juniors Athletes	MPW
	28-Aug	Thursday	3:15pm-5pm	Senior Athletes	MPW and Gymnasium
	29-Aug	Friday	7am-9am	Year 7 Athletes	Gymnasium, Outdoor Courts and MPW
	30-Aug	Saturday	8am-3pm	Invitational Meet 2	SOPAC
7 No sport time session due to summer sport trial	2-Sep	Monday	3:15-5pm	All Year Groups Conditioning	Gymnasium, Outdoor Courts and MPW
	4-Sep	Wednesday	3:15-5pm	Years 8 and 9	ES Marks
	5-Sep	Thursday	3:15-5pm	Senior Athletes	ES Marks
	6-Sep	Friday	7am-9am	Year 7 Athletes	Gymnasium and Outdoor Courts
	7-Sep	Saturday	8am-3pm	Invitational Meet 3 Hosting Track	ES Marks
8	9-Sep	Monday	3:15pm-5pm	All Year Groups Conditioning	Gymnasium and Outdoor Courts
	11-Sep	Wednesday	1pm-3pm	Senior Athletes	ES Marks
	11-Sep	Wednesday	3:15pm-5pm	Years 8 and 9	ES Marks
	12-Sep	Thursday	1pm-3pm	Juniors Athletes	ES Marks
	12-Sep	Thursday	3:15pm-5pm	Senior Athletes	ES Marks
	13-Sep	Friday	7am-9am	Year 7 Athletes	Gymnasium and Outdoor Courts
	14-Sep	Saturday	8am-3pm	Invitational Meet 4	SOPAC
9	16-Sep	Monday	3:15pm-5pm	All Year Groups Conditioning	Gymnasium and Outdoor Courts
	18-Sep	Wednesday	1pm-3pm	Senior Athletes	ES Marks
	18-Sep	Wednesday	3:15pm-5pm	Years 9	ES Marks
	19-Sep	Thursday	1pm-3pm	Juniors Athletes	ES Marks
	19-Sep	Thursday	3:15pm-5pm	Senior Athletes	ES Marks
	20-Sep	Friday	7am-9am	Year 7 Athletes	Gymnasium and Outdoor Courts
	21-Sep	Saturday	8am-3:30pm	All Athletes	SOPAC



SBHS FOOTBALL RECAP GPS ROUND 7 vs SCOTS COLLEGE Saturday 17 August 2024

A massive congratulations to 1st Grade for securing the GPS Premiership with an excellent victory last Saturday 17 August. This marks the first premiership for Sydney High Football since 1995, a fantastic achievement. Well done to our Captain of Football, Praneil Manandhar (12T) and our 1st Grade Coach, Alexi Barnstone for leading us to premiership glory.

A big thank you to all Year 12 students for their commitment to GPS Football over the past 6 years and all parents and supporters who have cheered on all our teams throughout the year. I hope you have enjoyed your time playing for Sydney High Football.

Some great individual performances included a superb solo effort from Dylan Dutt (11F) to seal the win for 1st Grade, a brace for James Kok (9T) in the 15C's and a terrific freekick goal from Michael Yip (8F) in the 14B's.

The annual football dinner will be held on Saturday 31 August at 6pm in the Great Hall. We look forward to celebrating the season with players and parents. Tickets are capped, so please make sure to secure your spot.

Mr S Higgins
MIC Football

Football			
Team	Opponent	Score	Result
1st	Scots	3-0	W
2nd	Scots	0-2	L
3rd	Scots	3-5	L
4th	Scots	1-0	W
5th	Scots	2-2	D
6th	Scots	-	-
7th	Scots	-	-
8th	Scots	7-0	W
9th	St Patricks	-	-
10th	Newington	0-3	L
16A	Scots	1-6	L
16B	Scots	0-3	L
16C	Scots	1-2	L
16D	Scots	1-1	D
16E	Scots	5-2	W
16F	St Patricks	-	-
15A	Riverview	2-3	L
15B	Scots	2-1	W
15C	Scots	4-1	W
15D	Scots	2-0	W
15E	Scots	1-3	L
15F	Kings	3-5	L
14A	Scots	0-1	L
14B	Scots	2-2	D
14C	Scots	1-0	W
14D	Scots	0-1	L
14E	Scots	1-2	L
14F	Shore	1-4	L
13A	Scots	-	-
13B	Scots	-	-
13C	Scots	-	-
13D	Scots	-	-
13E	Scots	-	-



Sydney Boys High School Football Dinner 2024



All coaches, players and parents are warmly invited to celebrate the 2024 football season. The Football Dinner is an opportunity for all players, parents and coaches to acknowledge the season and meet other friendly faces in the HIGH Football Community. The night will involve a talk from the MIC of Football, a raffle draw with an array of prizes and each coach will present their teams with awards for Most Valuable Player and Most Improved Player.

- When:** Saturday, 31 August 2024.
- Time:** 6:00pm – 8:30pm - Doors open at 5:30pm.
- Where:** The Great Hall, Sydney Boys High School.
- Cost:** \$55 per person.
- RSVP:** Wednesday 28 August 2024.
- Dress:** All students must wear full school uniform.

Dietary requirements can either be entered after purchasing a ticket on the form below or online via link or QR Code here: <https://forms.gle/Qu3ZxJAgS9KWCRdQ7>

All money raised from the dinner will be used towards the SBHS Football program. Your support of the program is greatly appreciated.



PLEASE RETURN THIS FORM TO THE FRONT OFFICE ONCE PAYMENT IS MADE

Sydney Boys High School Football Dinner 2024

STUDENT NAME: _____ **ROLL CLASS:** _____

Type of payment: Cash / Cheque ☐ Credit card (in person) ☐ Online - [pay.sbhs.net.au](https://forms.gle/Qu3ZxJAgS9KWCRdQ7) ☐

Please Note: credit cards cannot be accepted over the phone

Number of Tickets: _____ \$55 per ticket

Total Amount Paid: \$ _____

Contact Phone: _____

Please complete the following to assist with table allocation:

Student Name/s: _____ Team/s _____ e.g. 15F

Number of Adults: _____ Number of Students: _____ Number of Under 12s: _____

Do you have any food allergies? _____ Number of alternative meals required _____

Co-Curricular and Representative Photos

Wednesday 4 September 2024

Students are to bring their **ID card** and meet to change into their sport gear at outdoor courts **15 minutes** prior to photo time. If raining the photos will be taken in the Gymnasium.

Period	Time	Football 14's 6 - Teams
0	8am	Music Ensemble
		1. Junior String Quartet
		2. Senior String Quartet
		3. Junior String Ensemble
		4. Senior String Ensemble
		5. Philharmonic Orchestra
		6. Chamber Choir
		7. Percussion Ensemble
		8. Guitar Ensemble
		9. Intermediate Concert Band
		10. Senior Concert Band
		11. Marching Band
		12. Symphony Orchestra
		13. Intermediate Stage Band
		14. Jazz Ensemble
		15. Junior Stage Band
		16. Senior Stage Band
1	8:50am	Cadets - 6 Photos
	9:25am	1st Grade Photos- Basketball, Cricket, Cross Country, Debating, Fencing, Football, Rifle Shooting, Rugby, Sailing, Volleyball, Water Polo
	9:50am	GPS and CHS Representatives
	9:50am	Rifle Shooting 2nd Grade and Summer Smallbore group
		Debating
2	10:05am	Debating 7-12 - 4 Photos
	10:15am	Debating 2nd - 4th Grade
	10:20am	Debating Legal
	10:25am	Public Speaking
	10:30	Chess - 5 Teams
	10:45	GPS Athletics Juniors

	10:55	GPS Athletics Intermediates
	11:00	GPS Athletics Seniors
Recess	11:05am	Tea/Coffee and Biscuit Break
3	11:25am	u14 Foild Squad, u14 Epee Squad, u14 Sabre Squad
	11:35am	u16 Foild Squad, u16 Epee, u16 Sabre Squad
	11:45am	u19 Foil Squad, u19 Epee Squad, u19 Sabre Squad
	11:55am	Community Services
		Da Vinci Decathlon
		Environment Team
		Equality Committee
		Media/Record Team
		PAWS
		Peer Mediation
		Peer Support
		Philosophy Group
		Public Speaking
		Theatre sport
		Junior
		Theatre sport Senior
		SRC
		Wellbeing Ambassador Team

Photos will become available via:

www.melbastudios.com.au

Select: School Orders

Password: High

Kurt Rich
MIC Athletics



Ordering Sport Photos

To order your sons sport and co-curricular photos please go to:

<https://www.melbastudios.com.au/>

Select "SCHOOLS"

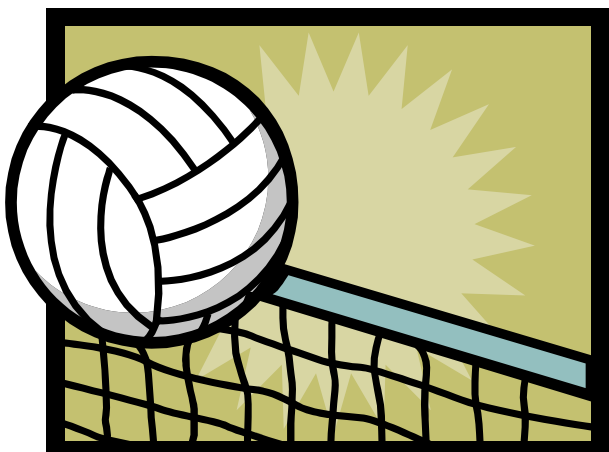
Use password "HIGH"

PLEASE NOTE: Freight by default shows as % of the order total, however we manually adjust this to \$5 for folder photos, \$10 for TMN, and \$20 for courier framed items.

If paying by credit card the office will manually adjust after the order is placed, if paying by PayPal a refund will be made to your PayPal account.



Kurt Rich
Photo Coordinator



Volleyball Notes

Volleyball Results SHS vs TSC - Saturday 18 August Term 3 Week 4 2024

All Teams vs TSC at SBHS

2nds, 16B, 15A, 15B, 14A, 14B, 13A and 13B all had a 3-0 Win. 4ths had a 2-0 Win.

16A had a 2-1 Win. 4ths had a 1-1 Win on Points. 1sts had a 1-3 Loss.

1st: 19-25; 21-25; 27-25; 19-25. 1-3 Loss. 2nd: 25-21; 25-19; 25-23. 3-0 Win.

3rd: 18-25; 25-19; 11-5. 1-1 Win on Pts. 4th: 25-15; 25-22; 18-17. 2-0 Win.

16A: 22-25; 25-16; 14-8. 2-1 Win. 16B: 25-9; 25-20; 25-8. 3-0 Win.

15A: 25-13; 25-13; 24-8. 3-0 Win. 15B: 25-8; 25-11; 25-8. 3-0 Win.

14A: 25-11; 25-22; 17-10. 3-0 Win. 14B: 28-26; 25-10; 19-12. 3-0 Win.

13A: 25-16; 25-21; 17-14. 3-0 Win. 13B: 25-6; 25-7; 25-17. 3-0 Win.

Mr Coan
Teacher



SYDNEY BOYS HIGH SCHOOL

Sir Roden Cutler and Lady Cutler Foundation

Scholarship



Nurturing scholar-sportsmen since 1883

Applications available at: sbhs.co/scholarships

Closing Date: **29 November 2024**

556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300



SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship

Closing Date: **29 November 2024**



Nurturing scholar-sportsmen since 1883

Applications available at: **sbhs.co/scholarships**

556 Cleveland St, Moore Park NSW 2021 | Ph: **9662 9300**

SHSCU PASSING OUT PARADE



4.30pm - 5.30pm

Tuesday 27th August 2024

Basketball Courts, Sydney Boys High School



Unit parade to farewell the Old Guard and to commemorate the end of five years' service by our Year 12 students.



SYDNEY HIGH SCHOOL CADET UNIT
REQUESTS THE PLEASURE THE COMPANY OF

NCOs, Parents, SHSCU Staff &
Ex-SHSCU Cadets

AT THE

SHSCU Passing Out Supper

TUESDAY

27
AUGUST
2024

5.30PM - 7PM

THE GREAT HALL, SYDNEY BOYS HIGH SCHOOL

Cost: \$15 per person

Please scan QR Code to RSVP and
pay by Sunday 18th August 2024.



Or [CLICK HERE](#) to RSVP & Pay.

Light Rail Safety

SAFETY

Whether you're walking, riding, driving or catching public transport, it's important we all know the rules and play our part to stay safe around light rail.

Top 5 Light Rail Safety Tips

1. Know and obey the rules for when you are using the road around the light rail corridor.
2. Stay alert and aware of your surroundings - trams are quiet and unable to stop quickly.
3. Always follow traffic signals and signs.
4. When crossing the tracks on a bicycle, in a wheelchair, or with a pram, keep your wheels at right angles to the track so that they don't get stuck in the track.
5. Pedestrians should cross at designated crossings and intersections where available, and always look both ways.



Staying Safe - Light Rail

Pedestrians

- Take extra care around trams and tram tracks - remember trams can't always see you.
- Don't cross directly behind a tram as other road users may not be able to see you.
- Cross at designated pedestrian crossings where available.
- Don't be distracted by mobile phones and remove headphones before crossing the road.
- Always look left and right and check twice for trams before you cross the road.

Bicycle Riders

- Take extra care around trams and tram tracks - remember trams can't always see you.
- If you need to ride across tram tracks, keep your wheels at right angles to the track so that they don't get stuck in the track.
- Make yourself visible by wearing bright, light or reflective clothing.
- Look out for other road users, particularly in shared zones or on shared paths, and avoid making sudden movements.
- Give hand signals when changing lanes or turning left or right.
- Always follow the road rules, including traffic signals, and ride with care.

Drivers and Motorcycle Riders

- Never queue across tram tracks or intersections.
- Always follow traffic signals and signs.
- Never turn in front of a tram.
- Always follow the road rules and drive or ride with care.



For added information, please visit:

<https://roadsafety.transport.nsw.gov.au/stayingsafe/light-rail/index.html>



10 tips to successfully completing online consent for school vaccinations:

1. Make sure you are using the link provided to you by the school, **engage.health.nsw.gov.au**
2. It is recommended that you use a laptop or desktop computer with a Chrome browser.
3. Follow the prompts to log in, using your Service NSW account. If you do not have a Service NSW account, you will need to create one to provide online consent.
4. The first time you log in, you will be prompted to fill in **your personal details** before you can complete consent for your child.
5. Enter your name as it appears on your Medicare statement rather than how it appears on the card. Please enter any middle names in full, as initials may not be accepted.
6. Use **dashes** to separate the **DD-MM-YYYY** in yours and your child's date of birth.
7. Ensure you select the vaccines you want your child to receive. To receive both you must consent to both. Information about each vaccine is in the Parent Information Sheet.
8. Consent can be edited up to 24 hours prior to your child's school clinic. If you wish to change or withdraw consent after this time, please contact your child's school to advise them.
9. The consent site can get busy as it is used statewide. If its not working right away please come back and try again later.
10. If you're still having difficulties with providing consent please get in touch with South Eastern Sydney Public Health Unit, 02 9382 8333.



Scan the QR code for more detailed instructions on how to provide, edit and withdraw consent

Canteen Price List 2024

Breakfast		Lunch and Recess Items			Hot Food		
Ham & Egg Muffin	\$4.00	*So you don't miss out on what you want for lunch, make sure you ORDER it before school			Butter Chicken - Homemade	\$6.00	
					Wings & Wedges (only on Monday)	\$6.00	
Toast - Cheese	\$2.50				Chicken Burger	\$5.50	
Toast - Cheese & Ham	\$3.00	Sandwiches / Rolls / Wraps	S/W	ROLL			
Toast - Cheese & Tomato	\$3.00				Chicken Fingers	\$3.00	
		Cheese & Tomato (v)	\$3.00	\$4.00			
		Cheese & Salad (v)	\$3.50	\$4.50	Chicken Mayo Sandwich (hot)	\$4.50	
Hot Chocolate (Term 3 only)	\$2.00	Egg & Lettuce (v)	\$3.50	\$4.50			
		Ham & Tomato	\$3.50	\$4.50			
Fruit / Snacks					Falafel Wrap	\$5.50	
Assorted Snacks @ Various Prices					Garlic Bread (v)	\$2.50	
		*sandwiches made to order for lunch & recess orders.					
Banana Bread	\$2.00						
		THIS IS A P&C CANTEEN. REMEMBER, ALL PROFITS GO BACK TO YOU BOYS!!!					
Fruit - Apple/Orange/Banana	\$1.20					Noodles In A Cup	\$3.00
Fruit Salad	\$3.50						
						Pasta - Homemade - Small	\$5.00
Drinks							
						Pide - Sausage, Chicken/Mushroom	\$4.50
Chill - Aloe Vera or Ice Tea	\$4.00					Pide - Spinach/Cheese (v)	\$4.50
						Pie -roadie (sauce + 30c)	\$5.80
Juice	\$2.50						
Juice Bomb	\$2.50						
					Pizza Wrap	\$5.00	
		Salads					
Milk Flavoured 300ml	\$3.00	Salad Box (meat) - Small		\$5.00	Sausage Roll	\$4.50	
Milk Plain 600ml	\$3.00	Salad Box (meat or egg) - Large		\$7.00	Spinach Ricotta Roll (v)	\$4.50	
Milk Flavoured 500ml	\$4.50	Salad Box (plain)		\$6.00	Sweet Chilli Chicken Wrap	\$5.50	
Up & Go	\$2.50	Sushi & Rolls			Teriyaki Don, Noodles etc - Homemade	\$6.00	
		Sushi - Homemade		\$3.50	Miscellaneous		
Water - Spring	\$1.50	prawn extra \$0.50			Spoons / Forks - supplied free with meal purchase	\$0.10	
Waterford	\$3.00						
		Nachos - Wednesdays & Fridays			Tissues	\$1.00	
Special Orders					Seasonal Foods		
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.		Nachos - Homemade		\$6.00	**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.		

2024 PRICE LIST

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

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