



From the Principal Relieving Roles

After taking an extended period of leave, it was encouraging for me to find on my return that all the planned activities at High had taken place seamlessly under the strong and effective leadership team of Mr Kay as relieving Principal, Ms Luu as relieving Deputy Principal (7,9,11) and Mr Ohlback as relieving Head Teacher (Teaching and Learning). Ms Kim also stepped up to relieve Mr Prorellis as relieving Deputy Principal (Administration) for several weeks. I want to express my sincere thanks to everyone involved. The feedback I have received has been very positive. The depth of our leadership expertise is increased as people have extended experience serving in schoolwide leadership positions or relieving in a faculty leadership role.



High Talent

At the recent Regional Athletics Carnival, our High team performed strongly with 11 first places. Nestor Chan (10R) won the 15 years 800m and 1500m double and was 3rd in the 3000m; Aiden McManus (11R) won the 16 years 800m and placed 3rd in the 400m; Mekaeel Khan (8M) won the 14 years long jump and placed 3rd in high jump; Shawn Handoko (8T) won the 13 years 90m hurdles; Roger He (9E) was 1st in the 15 years long jump and Lachlan Leung (11E) won the 16 years long jump; Nicholas Fung (11E) won the 16 years triple jump and darcy Li (10T) won the 16 years shot put. Our relay teams were successful in the 13 years and 16 years events. Congratulations to the team and to MIC Kurt Rich and his coaches for their mentoring of our athletes. At the recent final of the Legacy Public Speaking Competition, Gurushaan Thanabalasingam (7S), progressed to the regional Final. Well done, Guru! Thank you to Ms Eggleton who organised the Final to be hosted at High. Maurice Wong (11T) was presented with the NSW Young Volunteer of the Year Award (City

of Sydney/Eastern Suburbs). Maurice was recognised for his >300 hours of service in 2023 to St Johns Ambulance NSW. At the recent UNSW 62nd Annual Mathematics Competition Tanish Sarathy (11S) was awarded a prize for 3rd; Eric Scholten (12R) High Distinction; Distinctions went to Andrew Pye (11R), Arthur Qiu (11R) and Jeff Tse (11R); credits were earned by Thomas Cao (11E), Shafayat Hossain (11F), Disen Liu (11E) and Timothy Zhou (11T). congratulations to you all!

Congratulations

Prefect Elections

After a process of application, vetting by the executive and electoral college election, the School Prefects for 2024-25 have been finalised. The Prefects in turn elected their captain Jin Shim, vice-captain Liam Nottage and the Senior Prefect, John Fang. Prefects elect are Thomas Cao, Clinton Chau, Victor Chen, Andrew Ding, Matthias Elgawly, John Fang, Nicholas Fung, Ric Hou, Micah Jouravlev, Jordan Komonen, Matthew Kuskoff, Nelson Lee, James McLoughlin, Akith Perera, Xavier Perry, Brannavan Prabakaran, Andrew Pye, Arthur Qiu, Jeshan Somanader, Nathan Tang, Brendan Woo, James Yang, Andy Zhang, Jonathan Zhang, Oscar Zhang and Timothy Zhou, Congratulations to all!



National Science Week 10 - 18 August

Australia celebrates Science and Technology for a whole week each year. More than 1,000 events are organised across Australia, delivered in universities, research institutions,

science centres, museums, libraries and schools. This year's theme is '*Species Survival More than just sustainability*'. The theme aims to highlight the importance of science and innovation in ensuring the survival of different species in an ever-changing world. There are supporting resources available online, including [National Science Week](#).

Bullying No Way Week - August 12-16.

As a society and as a school community we need collective positive action to grow connections to prevent bullying. This year's theme is '*Everyone belongs.*' When we all feel like we belong, bullying struggles to find a place. It is about embracing who we are, respecting everyone's differences and standing up together against unkindness. We have as our school values, *compassion and respect*, both concepts are antithetical to any form of bullying. We all need to reflect upon the nature of our actions and utterances - spoken, written or on social media. What we say and do should be to avoid harm to someone's feelings or self-respect. To see what is happening, go to:

www.bullyingnoway.gov.au/preventing-bullying/national-week-of-action.

Dr K A Jaggar
Principal

POSITIVE

Year 10 Life Ready Program

Year 10 families please be aware that all year 10 students are required to participate in the life ready program at the end of this year. The program will run across 3 days, Monday 16 December - Wednesday 18 December 2024 - last 3 days of the school year. Any student who does not complete this course will be required to complete the 2025 program which will again be in Term 4, therefore, during their 1st term of Year 12. Year 10 students can see the program in their CANVAS - Year 10.

Kurt Rich
Year Advisor



Final Legacy Public Speaking Competition Wednesday 7 August 2024

Sydney Boys High had the pleasure of hosting this event.

Students and Teachers from fifteen local State Schools visited us for a morning of energetic and entertaining five-minute prepared speeches followed by impromptu presentations from each student.

Dimitri Tsovolos, M.C and Balhar Athwal sharing Chairing, Timekeeping and Administration duties.

Ryan Allen and Diren Sarachchandra managing the impromptu session.

Ushers and audience: Ilya Tsoutsman, Hector Li, Justin Ip, and Oliver Shui.

Our representatives: Gurushaan Thanabalasingam and Nathan Liu. Congratulations to Guru who has advanced to regional final on Monday 2 September.

Thanks to Eric Scholten for supporting Guru and Nathan in preparing for the event.

Many thanks also to the junior library for providing a venue and to Dr Love and Ms Thomas for helping with the hosting aspects. Also, thanks to the front office for managing the visitor registration process.

Julie Eggleton
Co-ordinator



CAREERS

CAREERS LEARNING SBHS

It is important that you can manage your schoolwork while also achieving a work-life balance. Below are some tips to help guide your journey through the term.

Scholarships

With so many scholarship options out there, deciding which ones to apply for can be a little overwhelming. Applying for multiple is great, as it increases your chances of receiving one; but each application takes time, and deadlines can sneak up quickly. So how do you work out which ones to apply for and which ones to leave?

To find out more about scholarships, click the following link:

<https://studyworkgrow.com.au/scholarships/>

Study Tips

Do you have any upcoming exams?

Here are some tips for you:

1. Identify your optimal study strategy.
2. Learn how to stay motivated.
3. Discover tips to help you build efficient study habits.
4. Balance study with the rest of your life.

FIND OUT MORE

To find out more about study tips, click the following link:

<https://studyworkgrow.com.au/grow/study-tips/>

Ryan Fang 12S
Careers Prefect



EARLY LEAVE

EARLY LEAVE REMINDER

The school **does not** accept early leave applications via email or telephone.

The procedures for early leave are as follows:

Students must bring a note to the office that has been signed by **both a parent AND a Deputy Principal BEFORE 8.55am Monday to Thursday and 9.20am Friday**. The note must contain the student's name, roll class, date, time of departure and reason for leave.

The student then returns to the office at the stated time and collects an early leave pass.

Any student who does not follow the correct process in applying for early leave must remain in their class unless being picked up by a parent from the front office and therefore personally sign out.

Please note: Early leave requests submitted after 8.55am and / or sent via email or telephone will not be accepted or processed by the office.

IMPORTANT

CODE OF CONDUCT

Conduct, attitude and appearance are important in public, particularly on all forms of public transport.

At all times, students need to display excellent appearance, manners, courtesy, and thoughtfulness.

Give up your seat, don't take up a seat if adults are standing, let people through, don't push, don't obstruct passageways with bags, especially cricket kits and musical instruments etc.

Don't be boisterous or loud. Be mindful of your language.

Help those who need help.

We ask all senior students to not only set a fine example, but to also actively monitor and remind younger students of appropriate behaviour.

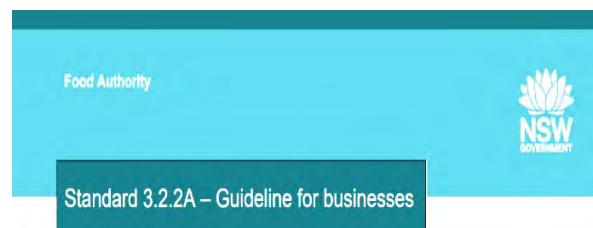
Mr J Prorellis

Deputy Principal / Head Teacher Administration



Our Canteen remains unique as it is an internally operated Canteen, overseen by the Canteen Managers and the Canteen Committee. This allows us to have the flexibility to determine our own healthy food offerings, adaptable to taste and seasons.

Our students are fortunate to have access to such an amazing array of freshly prepared, cooked food choices. All this would not be possible without the continued support of our Canteen Volunteering Community. Thank you to all our wonderful parents and Canteen Staff who help to feed our boys each day!



Standards 3.3.2A of the **Australian New Zealand Food Standards Code** have introduced new mandatory food safety guidelines which will be enforced from 8 December 2024. As part of these new regulations, volunteers at our school canteen are required to demonstrate that they have appropriate skills and knowledge of food safety and hygiene.

One direct route for our volunteers to meet these food handler training obligations is by completing the NSW Food Authority's free online Food Handler Basics training course. This interactive short course covers the basic knowledge required and should take no more than an hour to complete. We would like to encourage all our volunteers to complete this course to assist our SBHS Canteen in complying with the new regulations. The course can be accessed here:

<https://www.foodauthority.nsw.gov.au/training/food-handler-basics-training>

For those who prefer languages other than English, an almost identical, free, online course is offered by the Victorian Health Authority with full translations available in Chinese, Arabic, Vietnamese, Korean, Nepali, Hindi and Punjabi, and can be accessed here:

<https://dofoodsafely.health.vic.gov.au/index.php/en/>

At the end of the course, participants can test their knowledge with a short quiz. Once the quiz is completed with all questions answered correctly, participants receive a personalised, digital certificate of acknowledgement. We kindly request that certificates be emailed to: sbhscanteenvolunteers@gmail.com

For those who require assistance with the course modules or quiz, Vivian Chen has compiled together an amazing Chinese translation of all learning modules in the NSW Food Handler Basics course, as well as a reference bank of questions that can be consulted if needed. If you have further questions or require any assistance with the course, please feel free to reach out to Joyce Yuan or Vivian Chen via the email above, or PM through the Canteen Volunteers WhatsApp group.

Thank you so much to all the volunteers who have already completed the course and emailed their certificates - your support is deeply appreciated!



Lunch Orders

We encourage students to place their lunch orders between 8:30am and 9:00am in person at the Canteen or anytime online via the Flexischools app or at flexischools.com.au.

By ordering lunch, you avoid missing out on your favourite foods, **especially on days where there are special items on offer**, decrease waiting times at recess and lunch, as well as help reduce food wastage.

Please remember to pick up your orders. **Any uncollected items will be sold, and unfortunately, refunds will not be provided** unless there is a valid reason.



If you or a family member have time to spare on a regular or ad hoc basis, please reach out by any of the following means so we can assist with registering you as a Canteen Volunteer. All parents, grandparents, carers are welcome to register as a Canteen Volunteer.

- fill out the [Canteen Volunteer Registration](#) form.
- send an email to canteen@sbhs.nsw.edu.au
- call us on (02) 9662 9350.

Heartfelt THANKS TO OUR VOLUNTEERS!

Thank you very much to the following parents for volunteering in the Canteen during the past few weeks.

Thursday 01 August: Rosaline Perry, Xi Yu, Lei Zhang.

Friday 02 August: Jitendra Khanna, Svetlana.

Monday 05 August: Linan Tao, Grace Guan, Huanying Pan.

Tuesday 06 August: Katherine Cowan, Cecilia Chan.

Wednesday 07 August: Jikai Xie, Xi Yu.

Thursday 08 August: Jessy Tandani, Meixi Yan, Vivian Chen.

Friday 09 August: Yan Yu, Yan Jiang.

Monday 12 August: Grace Guan, Huanying Pan.

Tuesday 13 August: Jiayin Roberts, Qihua Xu.

Wednesday 14 August: Yongmei Jin, Clare Yang.

J. Yuan

On behalf of the SBHS Canteen Committee





Term 3 Music Performance Program

All music ensembles and private lessons have commenced; please ensure you attend your ensembles and learn your parts to better prepare for rehearsals, score available on Canvas Music Performance Program.

Music Instrumental Storeroom

A reminder to ALL students, please ensure you place your instruments in the correct areas in the music storeroom and leave a clear pathway of access as instruments left lying on the floor are a trip hazard.

2MBS Fine Music - 102.5 FM

The SBHS Piano Trio featuring Jason Yu (Violin), Isaac Wang (Cello) and Ryan Kirkland (Piano) will have their performance of Smetana's Piano Trio in G minor (1st movement) played on 2MBS Fine Music station on **Saturday 31 August at 5pm** on the *Class Act* segment. Last year, Benjamin Pirom (OB 2023) had his music extension composition featured on this segment.

Suzanna Lim

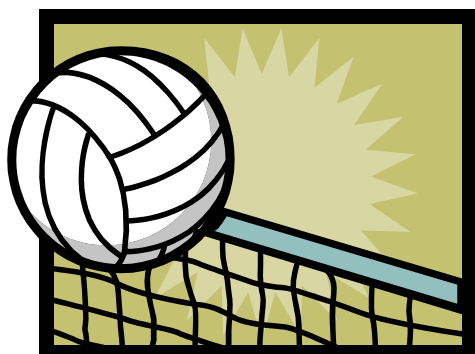
Music Teacher

2024 Term 3 Music Events Calendar

WEEK	DATE/TIME	EVENT	MUSIC STUDENTS INVOLVED
4A 5B	Thursday 15 August Tuesday 20 August	HSC Music Trials	HSC Music Elective Students
	Saturday 31 August 5pm	2MBS Fine Music - Class Act segment	Mandem Piano Trio

2024 Music Ensemble Schedule

MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Symphonic Strings 8.00am – 9.00am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.15am – 8.15am Room 201	Symphony Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior and Senior String Quartet 7.45am – 8.45am Room 202	Marching Band 8.00am – 9.00am MPW Terms 1 and 4 only
			Junior Strings Ensemble 7.45am – 8.45am Room 203 Terms 1 and 2 only	
			Philharmonic Orchestra 7.45am – 8.45am Room 204	
(After School)	(After School)	(After School)	(After School)	(After School)
Guitar Ensemble 3.20pm – 4.20pm Room 201	Marching Band 3.20pm – 4.20pm GH/MPW Terms 1 and 4 only	Percussion Ensemble 3.20pm – 4.20pm Governors Centre		Jazz Ensemble 3.20pm – 4.20pm Room 201



Volleyball Notes

Volleyball Results SHS vs SGS Saturday 10 August Term 3 Week 3 2024

All Matches vs SGS at SBHS.

16B, 15B and 13B had a 3-0 Win. 1sts and 2nds had a 3-1 Win.

15A and 14A had a 2-0 Win. 16A had a 2-1 Win.

3rds 1-1 Loss on Pts. 4ths and 14B had a 1-2 Loss. 13A had a 0-2 Loss.

1st: 25-23; 25-18; 21-25; 25-16. 3-1 Win. 2nd: 25-14; 22-25; 25-15; 25-18. 3-1 Win.

3rd: 25-23; 19-25. 1-1 Loss on Pts. 4th: 25-11; 24-26; 9-15. 1-2 Loss.

16A: 27-25; 25-17; 16-19. 2-1 Win. 16B: 25-19; 25-22; 20-8. 3-0 Win.

15A: 25-17; 25-18; 15-15. 2-0 Win. 15B: 25-22; 25-11; 18-16. 3-0 Win.

14A: 25-15; 25-23; 9-3. 2-0 Win. 14B: 20-25; 25-21; 8-17. 1-2 Loss.

13A: 16-25; 22-25; 5-4. 0-2 Loss. 13B: 25-12; 25-22; 25-20. 3-0 Win.

Mr E Coan

Teacher

Statistics for 1st and 2nd Grade Teams

Area 3	First Grade	Second Grade
Serving	Arnav GUPTA – 2.00 (4) Athi MAYURAN – 1.88 (8)	Dash LAM – 1.91 (21) Leo ZHANG – 1.86 (14)
Serve Reception	Karan DAIHYA – 3.00 (1) Steven YIN – 2.67 (3) Owen LI – 1.96 (25)	Colin CHEN – 2.06 (18) David YOO – 1.71 (7)
Freeball Passing	Jay TA – 3.00 (3) Dev PUNJABI – 3.00 (3) Andy ZHANG – 3.00 (1)	Dash LAM – 3.00 (3) Haoran ZHANG – 2.00 (2)
Outside and Opposite Hitting	Karan DAIHYA – 1.86 (14) Roy CHAE – 1.80 (20) Dev PUNJABI – 1.75 (4)	Frederick LAM – 3.00 (2) Colin CHEN – 2.05 (21)
Middle Hitting	Athi MAYURAN – 2.25 (12) Andy ZHANG – 2.00 (5)	Xile XIE – 3.00 (3) Frederick LAM – 2.50 (6)
Setting	Arnav GUPTA – 2.65 (26) Nelson LEE – 2.64 (39)	Jono ZHANG – 2.54 (26) Axel LAM – 2.40 (10)

REGIONAL

Regional Athletics Results

Over the course of two days, Tuesday 6 and Wednesday 7 August, sixty-two students, from Sydney Boys High competed at the Annual Regional Athletics Carnival at Sylvania Waters Athletics Track. It was great for our boys with many impressive performances ahead of our GPS Athletics season starting on Monday 19 August.

Below are boys who placed 3rd or better. Top two go through to state and highlighted 3rd place have hit the qualifying standard to go through to State.

Liam Rajab 3rd u12 100m.

Owen Trinh 3rd u14 100m and 200m.

James McLoughlin 2nd u16 100m 1st 110m Hurdles.

Dylan Dutt 3rd 17 and 100m 2nd 200m.

Mark Yan 3rd u15 400m.

Aiden McManus 3rd u16 400m 1st 800m.

Nestor Chan 1st u15 800m and 1500m 3rd 3000m.

Shawn Handoko 1st u13 90m Hurdles.

Lyoyd Zeng 2nd u14 100m Hurdles.

Tom Ye 3rd u15 100m Hurdles.

Nicholas Fung 2nd u16 110m Hurdles 3rd High Jump 1st Triple Jump.

Brendan Woo 3rd u16 110m Hurdles.

Mekaeel Khan 3rd u14 High Jump 1st Long Jump.

Rohan Chand 3rd u15 High Jump.

Oliver Buikema 1st u16 High Jump.

Roger He 1st u15 Long Jump.

Lachlan Leung 1st u16 Long Jump.

Darcy Li 1st u16 Shot Put.

ATHLETIC

Relays - 4x100m

U13 Songyu Yang, Shawn Handoko, James Wong and Joshua Chen 1st.

U14 Owen Trinh, Mekaeel Khan, Lloyd Zeng and Sayyan Doka 2nd.

U15 Roger He, Mark Yan, Rohan Chand and Tim Chen 2nd.

U16 Brendan Woo, Nicholas Fung, Lachlan Leung and James McLoughlin 1st.

Kurt Rich MIC Athletics



Well Done

Athletics

This schedule is available for students to view on CANVAS – Sport – Athletics – Training Schedule.

All relevant sessions for each athlete should be on their Clipboard. Students with any issues are to see me asap.

Kurt Rich

MIC Athletics

GPS Athletics Season 2024					
School week	Date	Day	Time	Session	Location
5	19-Aug	Monday	3:15pm-5pm	All Year Groups Conditioning	Gymnasium, Outdoor Courts and MPW
	21-Aug	Wednesday	1pm-3pm	Senior Athletes	MPW
	21-Aug	Wednesday	3:15pm-5pm	Years 9	MPW and Gymnasium
	22-Aug	Thursday	1pm-3pm	Juniors Athletes Except Y8	MPW
	22-Aug	Thursday	3:15pm-5pm	Senior Athletes	MPW and Gymnasium
	23-Aug	Friday	7am-9am	Year 7 Athletes	Gymnasium, Outdoor Courts and MPW
	24-Aug	Saturday	8am-3pm	Invitational Meet 1	ES Marks
6	25-Aug	Monday	3:15pm-5pm	All Year Groups Conditioning	Gymnasium, Outdoor Courts and MPW
	27-Aug	Wednesday	1pm-3pm	Senior Athletes	MPW
	27-Aug	Wednesday	3:15pm-5pm	Years 8 and 9	MPW and Gymnasium
	28-Aug	Thursday	1pm-3pm	Juniors Athletes	MPW
	28-Aug	Thursday	3:15pm-5pm	Senior Athletes	MPW and Gymnasium
	29-Aug	Friday	7am-9am	Year 7 Athletes	Gymnasium, Outdoor Courts and MPW
	30-Aug	Saturday	8am-3pm	Invitational Meet 2	SOPAC
7 No sport time session due to summer sport trial	2-Sep	Monday	3:15-5pm	All Year Groups Conditioning	Gymnasium, Outdoor Courts and MPW
	4-Sep	Wednesday	3:15-5pm	Years 8 and 9	ES Marks
	5-Sep	Thursday	3:15-5pm	Senior Athletes	ES Marks
	6-Sep	Friday	7am-9am	Year 7 Athletes	Gymnasium and Outdoor Courts
	7-Sep	Saturday	8am-3pm	Invitational Meet 3 Hosting Track	ES Marks
8	9-Sep	Monday	3:15pm-5pm	All Year Groups Conditioning	Gymnasium and Outdoor Courts
	11-Sep	Wednesday	1pm-3pm	Senior Athletes	ES Marks
	11-Sep	Wednesday	3:15pm-5pm	Years 8 and 9	ES Marks
	12-Sep	Thursday	1pm-3pm	Juniors Athletes	ES Marks
	12-Sep	Thursday	3:15pm-5pm	Senior Athletes	ES Marks
	13-Sep	Friday	7am-9am	Year 7 Athletes	Gymnasium and Outdoor Courts
	14-Sep	Saturday	8am-3pm	Invitational Meet 4	SOPAC
9	16-Sep	Monday	3:15pm-5pm	All Year Groups Conditioning	Gymnasium and Outdoor Courts
	18-Sep	Wednesday	1pm-3pm	Senior Athletes	ES Marks
	18-Sep	Wednesday	3:15pm-5pm	Years 9	ES Marks
	19-Sep	Thursday	1pm-3pm	Juniors Athletes	ES Marks
	19-Sep	Thursday	3:15pm-5pm	Senior Athletes	ES Marks
	20-Sep	Friday	7am-9am	Year 7 Athletes	Gymnasium and Outdoor Courts
	21-Sep	Saturday	8am-3:30pm	All Athletes	SOPAC



Jaizi Chen 10T

Congratulations to Jiazi Chen in Year 10 who qualified for the Swimming NSW Sharks Squad. Selection into this Squad is based on strict time criteria based on the top times in the state. The Squad provides comprehensive support to athletes at different stages of their swimming careers. Each Squad aims to enhance athletes' skills, readiness, and personal growth to excel in swimming at various levels of competition. Jiazi spent a weekend at the AIS in Canberra learning from some of the state's top coaches and whilst competing against NSW's top athletes. Congratulations on this tremendous achievement.

Jake Rowlands
MIC Swimming

A background image showing a physiotherapist in a white coat and stethoscope working on a student's leg. The student is lying down, and the physiotherapist is focused on the task. The image is slightly blurred to make the text stand out.

**PHYSIOTHERAPIST SERVICE FOR
SYDNEY HIGH ATHLETES**

School Physio

**SBHS Gym Gallery
outside Room 901
School Term Mondays
7am-9am
Free of charge**

No need for an appointment
Priority given to 1st and 2nd Grade Athletes

SYDNEY BOYS HIGH SCHOOL

Sir Roden Cutler and Lady Cutler Foundation
Scholarship



Nurturing scholar-sportsmen since 1883

Applications available at: sbhs.co/scholarships

Closing Date: **29 November 2024**

556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300



SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship

Closing Date: **29 November 2024**



Nurturing scholar-sportsmen since 1883

Applications available at: **sbhs.co/scholarships**

556 Cleveland St, Moore Park NSW 2021 | Ph: **9662 9300**

SHSCU PASSING OUT PARADE



4.30pm - 5.30pm

Tuesday 27th August 2024

Basketball Courts, Sydney Boys High School



Unit parade to farewell the Old Guard and to commemorate the end of five years' service by our Year 12 students.



SYDNEY HIGH SCHOOL CADET UNIT
REQUESTS THE PLEASURE THE COMPANY OF

NCOs, Parents, SHSCU Staff &
Ex-SHSCU Cadets

AT THE

SHSCU Passing Out Supper

TUESDAY

27
AUGUST
2024

5.30PM - 7PM

THE GREAT HALL, SYDNEY BOYS HIGH SCHOOL

Cost: \$15 per person

Please scan QR Code to RSVP and
pay by Sunday 18th August 2024.



Or [CLICK HERE](#) to RSVP & Pay.

Light Rail Safety

SAFETY

Whether you're walking, riding, driving or catching public transport, it's important we all know the rules and play our part to stay safe around light rail.

Top 5 Light Rail Safety Tips

1. Know and obey the rules for when you are using the road around the light rail corridor.
2. Stay alert and aware of your surroundings - trams are quiet and unable to stop quickly.
3. Always follow traffic signals and signs.
4. When crossing the tracks on a bicycle, in a wheelchair, or with a pram, keep your wheels at right angles to the track so that they don't get stuck in the track.
5. Pedestrians should cross at designated crossings and intersections where available, and always look both ways.



Staying Safe - Light Rail

Pedestrians

- Take extra care around trams and tram tracks - remember trams can't always see you.
- Don't cross directly behind a tram as other road users may not be able to see you.
- Cross at designated pedestrian crossings where available.
- Don't be distracted by mobile phones and remove headphones before crossing the road.
- Always look left and right and check twice for trams before you cross the road.

Bicycle Riders

- Take extra care around trams and tram tracks - remember trams can't always see you.
- If you need to ride across tram tracks, keep your wheels at right angles to the track so that they don't get stuck in the track.
- Make yourself visible by wearing bright, light or reflective clothing.
- Look out for other road users, particularly in shared zones or on shared paths, and avoid making sudden movements.
- Give hand signals when changing lanes or turning left or right.
- Always follow the road rules, including traffic signals, and ride with care.

Drivers and Motorcycle Riders

- Never queue across tram tracks or intersections.
- Always follow traffic signals and signs.
- Never turn in front of a tram.
- Always follow the road rules and drive or ride with care.



For added information, please visit:

<https://roadsafety.transport.nsw.gov.au/stayingsafe/light-rail/index.html>



10 tips to successfully completing online consent for school vaccinations:

1. Make sure you are using the link provided to you by the school, **engage.health.nsw.gov.au**
2. It is recommended that you use a laptop or desktop computer with a Chrome browser.
3. Follow the prompts to log in, using your Service NSW account. If you do not have a Service NSW account, you will need to create one to provide online consent.
4. The first time you log in, you will be prompted to fill in **your personal details** before you can complete consent for your child.
5. Enter your name as it appears on your Medicare statement rather than how it appears on the card. Please enter any middle names in full, as initials may not be accepted.
6. Use **dashes** to separate the **DD-MM-YYYY** in yours and your child's date of birth.
7. Ensure you select the vaccines you want your child to receive. To receive both you must consent to both. Information about each vaccine is in the Parent Information Sheet.
8. Consent can be edited up to 24 hours prior to your child's school clinic. If you wish to change or withdraw consent after this time, please contact your child's school to advise them.
9. The consent site can get busy as it is used statewide. If its not working right away please come back and try again later.
10. If you're still having difficulties with providing consent please get in touch with South Eastern Sydney Public Health Unit, 02 9382 8333.



Scan the QR code for more detailed instructions on how to provide, edit and withdraw consent

Canteen Price List 2024

Breakfast		Lunch and Recess Items			Hot Food			
Ham & Egg Muffin	\$4.00	*So you don't miss out on what you want for lunch, make sure you ORDER it before school			Butter Chicken - Homemade	\$6.00		
					Wings & Wedges (only on Monday)	\$6.00		
Toast - Cheese	\$2.50				Chicken Burger	\$5.50		
Toast - Cheese & Ham	\$3.00	Sandwiches / Rolls / Wraps	S/W	ROLL				
Toast - Cheese & Tomato	\$3.00				Chicken Fingers	\$3.00		
		Cheese & Tomato (v)	\$3.00	\$4.00				
		Cheese & Salad (v)	\$3.50	\$4.50	Chicken Mayo Sandwich (hot)	\$4.50		
Hot Chocolate (Term 3 only)	\$2.00	Egg & Lettuce (v)	\$3.50	\$4.50				
		Ham & Tomato	\$3.50	\$4.50				
Fruit / Snacks					Falafel Wrap	\$5.50		
Assorted Snacks @ Various Prices					Garlic Bread (v)	\$2.50		
		*sandwiches made to order for lunch & recess orders.						
Banana Bread	\$2.00							
		THIS IS A P&C CANTEEN. REMEMBER, ALL PROFITS GO BACK TO YOU BOYS!!!						
Fruit - Apple/Orange/Banana	\$1.20						Noodles In A Cup	\$3.00
Fruit Salad	\$3.50							
							Pasta - Homemade - Small	\$5.00
Drinks								
							Pide - Sausage, Chicken/Mushroom	\$4.50
Chill - Aloe Vera or Ice Tea	\$4.00						Pide - Spinach/Cheese (v)	\$4.50
							Pie -roadie (sauce + 30c)	\$5.80
Juice	\$2.50							
Juice Bomb	\$2.50							
		Salads						
Milk Flavoured 300ml	\$3.00	Salad Box (meat) - Small		\$5.00	Sausage Roll	\$4.50		
Milk Plain 600ml	\$3.00	Salad Box (meat or egg) - Large		\$7.00	Spinach Ricotta Roll (v)	\$4.50		
Milk Flavoured 500ml	\$4.50	Salad Box (plain)		\$6.00	Sweet Chilli Chicken Wrap	\$5.50		
Up & Go	\$2.50	Sushi & Rolls			Teriyaki Don, Noodles etc - Homemade	\$6.00		
		Sushi - Homemade		\$3.50	Miscellaneous			
Water - Spring	\$1.50	prawn extra \$0.50			Spoons / Forks - supplied free with meal purchase	\$0.10		
Waterford	\$3.00							
		Nachos - Wednesdays & Fridays			Tissues	\$1.00		
Special Orders					Seasonal Foods			
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.		Nachos - Homemade		\$6.00	**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.			

2024 PRICE LIST

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

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