



From the Principal

High Talent

Firstly, congratulations to James Carmichael (9R), who has been selected in the Senior State Wind Band and will be performing at the Sydney Opera House later this year. We hope you enjoy the experience of your well-deserved place in this group, James!



In round 2 of the CHS Basketball this week, SBHS won 67-15 against Woollooware High School. Congratulations to the team of Charlie Caro (9T), Rohan Chand (9M), Adam Flocard (9E), Arjit Grewal (9S), Aaron Jin (9R), Jun Kwon (10R), Ethan Liu (9T), Azam Mohamed (10M), Rohan Narushima (9R), Ryan Sharma (9M), Bob Xu (9S) and Daniel Yi (9S) on your big win and good luck in the next round!

There was a lot happening on our school grounds this week, largely due to the introduction of Spirit Week by our prefect body and the variety of activities they ran to create excitement for the boys. It's great to see the senior students so passionate about creating fun opportunities at school. Seeing the boys get excited about everything from push up challenges, inter-school debates, to staff vs students' events is fantastic and really enhances our school culture. Thank you to all those involved for your efforts and providing a platform for these continuing into the future, leaving a lasting legacy on the whole school community.

Parent Teacher Interviews

On Monday night we held the Parent Teacher Interviews for Year 7. By all accounts, this went very smoothly and allowed the parents to gain further understanding of how their sons are progressing in their first semester in the school. Year 10 and 11 parents would have received their invites this week to next term's event. Please notify the front office if you haven't received this email as we don't want anyone missing out on this important part of our school calendar.

This week all Year 10 students met with me to

receive their Semester 1 reports. Unlike the junior school reports, these indicate the score and rank for each individual subject which are used to provide an estimated ATAR for the boys. I highly recommend parents discussing their son's reports with them to see how much they are enjoying and are engaged with each of their subjects.

Towards the end of Term 3, Year 10 will be selecting their course preferences for the Preliminary HSC and this most recent report will provide an excellent guide on what they should be pursuing. The most important considerations in deciding which courses to study for the HSC are a student's performance in the corresponding Year 10 course, as well as his level of enjoyment. The learning behaviours are a great indicator of whether a student is engaged in the course and should be a strong consideration in discussions of whether or not they should continue with this subject into Year 11.



NAIDOC Week

This week we also held our NAIDOC assembly in preparation for NAIDOC Week celebrations from 7 to 14 July during the school holidays. This year's theme is "Keep the Fire Burning! Blak, Loud and Proud" to honour the vitality of First Nations culture. Fire is a symbol of First Nations people's connection to the land, to Country and to each other over many generations. It's important that Australia celebrates the stories, traditions and achievements of Aboriginal and Torres Strait Islander communities through events such as this and it was great to have Dub Leffler here to help raise awareness of its significance.

On Tuesday I spoke with all of Year 11 on various matters, including the need to refine their learning behaviours and get into good habits before they commence the HSC in Term 4. Evidence indicates that when an individual

develops a skill over time, it gradually becomes an activity they don't have to consciously think about and becomes something they automatically do, freeing up their working memory. For example, an individual first learning to ride a bike is only focused on balancing, while an experienced rider's mind would be free to scan for any potential dangers and could simultaneously have a conversation with fellow riders.

Students in all year groups are strongly encouraged to develop their various learning behaviours to create the habit of engaging in class activities, organising themselves, listening to and applying feedback provided, and importantly, knowing how to effectively create written responses. Under examination conditions, automatically being able to recall how to write extended responses rather than deciding at the time how to structure their work, would free up students' working memory and allow them to better apply their knowledge and understanding to the question at hand. I highly recommend the boys begin this process of automaticity from early in their secondary schooling, to ensure that writing effectively becomes as second nature to them as riding a bike, playing an instrument, or adding two numbers together can be through practice.



And on a final note, to wind up Term 2, I'd like to thank all our students for their ongoing engagement in the wide variety of academic and co-curricular activities on offer here at High. Looking over each student's report, the levels of participation by the boys has really lifted this year, providing them with a rich array of experiences that will be highly beneficial to their futures.

To all our teachers who continue to deliver quality learning experiences for the boys, while providing feedback to help each student maximise their performance in the second semester, I'd like to give my personal thanks for your ongoing dedication. Term 2 is always the busiest period of the year, with assessment blocks, reports and parent-teacher nights, so I'm sure they will all enjoy some well-earned rest over the break.

I'd also like to thank all the support staff across the school, our coaches and volunteers who help us deliver a quality learning environment in various aspects of the boys' learning. There are so many involved in various roles including the office staff, groundskeepers, P&C,

School Foundation, School Council and Co-curricular bodies whose time and efforts are invaluable to the boys' education. The whole school community really appreciate everything you do for the boys.

Have a great holiday everyone!

Jamie Kay
Relieving Principal

EVENT PARKING

From July 1 SBHS will no longer accept cash payments for event parking. Card payments welcome.



Year 10 Life Ready Program

Year 10 families please be aware that all year 10 students are required to participate in the life ready program at the end of this year. The program will run across 3 days, Monday 16 December - Wednesday 18 December 2024 - last 3 days of the school year. Any student who does not complete this course will be required to complete the 2025 program which will again be in Term 4, therefore, during their 1st term of Year 12. Year 10 students can see the program in their CANVAS – Year 10.

Kurt Rich
Year Advisor



LOST PROPERTY

Please label all items clearly with a first **and** last name to enable identification.

It is the responsibility of students to claim their lost property from the McDonald Wing Office during recess. Parents are NOT permitted to collect lost property on their son's behalf.

Items are cleared every fortnight and will not be available for collection after then.

McDonald Wing Office Staff



The following is information on the upcoming parent-teacher night next term. Please note that on the day of all parent-teacher interviews, periods will be shortened, with the school day finishing early. **Boys from all years will be dismissed from class at 2:00pm on each of the dates listed below.** The light rail will run to normal schedules and there will be minimal supervision in the Junior Quad of boys waiting for any services.

The dates of the parent-teacher interviews are:

Years 10 and 11 will take place in Term 3 via Zoom on:

Monday 29 July 2024
2:00pm – 7:30pm

INTERVIEWS

Booking interviews with your son's Teachers

We use a web based electronic scheduling system for arranging interviews. This produces better results for all participants, especially more compact time schedules for both parents and teachers. The system works as follows:

N.B. The following dates are for Year 10 and 11 parents only.

On **Wednesday 3 July**, all parents of boys in **Year 10 and 11** were sent details of the scheduling system and a unique code to be entered via email. This code can only be used for the student allocated.

This scheduling email will be sent to the main family email address currently held by the school for **all Year 10 and 11 students**. If you have not received this email by Term 3 - Week 1, please check your junk mail or any alternative email addresses provided to the school by either parent, otherwise contact the school office.

N.B. The office regularly receives queries about undelivered parent-teacher emails when the email was in their junk mail. Please check there before contacting the school.

If your email address has changed from what had been previously advised, you should notify the school at office@sbhs.nsw.edu.au. Please indicate your son's name and roll call class (or date of birth) so that the information can be forwarded to you.

Following the instructions in the email, on the Edval website you will see your son's teachers listed and you will be able to select those with whom you require an interview (if you hover over a teacher's name, the subject involved will be shown). At the same time, you can indicate your availability between **2:00pm and 7:30pm**. You should provide this information by **9am on Wednesday 24 July**.

The overall schedule will be generated by the school and your individual schedule should be available for you to **download and print from 6pm on Thursday 25 July**.

Interviews should not exceed five minutes' duration. If there is insufficient time, a further appointment may be arranged for a later date.

Similar arrangements will be in place for **all other year group interviews**. Keep an eye on future High Notes for the timing of these processes.

Ms N Luu
Relieving Deputy Principal





Our Canteen remains unique as it is an internally operated canteen, overseen by the Canteen Managers and the Canteen Committee. This allows us to have the flexibility to determine our own healthy food offerings, adaptable to taste and seasons.

Our students are fortunate to have access to such an amazing array of freshly prepared and cooked food choices. All this would not be possible without the continued support of our Canteen volunteering community.

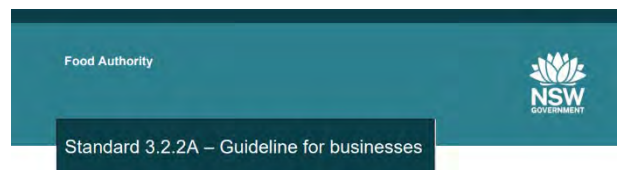


The trial of some new items these past few weeks have been very well received, so the Canteen will look to include these on a more regular basis.

There will also be a special food event held every month – each with a special seasonal theme. Please look out for announcements with more details in future High Notes.

Thank you for all your help and support this term.

“Food is symbolic of love when words are inadequate.” Alan D. Wolfelt.



Standard 3.2.2A of the **Australia New Zealand Food Standards Code** introduces three mandatory food safety management tools for food businesses. School canteens across NSW have until 08 December 2024 to comply.



The Canteen Committee have assessed the rules and find the Canteen is able to demonstrate compliance in most areas, with the exception being the food handler training, due to our large, diverse number of volunteers.

The NSW Food Authority has developed a free online Food Handler Basics training course to help businesses meet their food handler training obligations which can be accessed via <https://www.foodauthority.nsw.gov.au/training/food-handler-basics-training>.

Next term, the Canteen Committee will be requesting that all volunteers complete either the NSW Food Authority training or one of the in-house courses (under development), to be made available in other languages where possible.

More news will be provided on helping us achieve compliance to this standard next term.



Lunch Orders

We encourage students to place their lunch orders between 08:30 and 09:00 in person at the Canteen or anytime online via the Flexischools app or at flexischools.com.au.

By ordering lunch, you avoid missing out on your favourite foods (especially on days when there are special items on offer), decrease waiting times at recess and lunch as well as help reduce food wastage.

Please remember to pick up your orders. **Any uncollected items will be sold, and unfortunately, refunds will not be provided** unless there is a valid reason.

Snack Window

Please line up at the designated "snack" window when purchasing drinks and snacks. This will ensure you are served faster and reduce queues at the other service windows.



If you or a family member, have time to spare on a regular or ad hoc basis, please reach out by any of the following means so we can assist with registering you as a Canteen Volunteer: All parents, grandparents and carers are welcome to register as a Canteen Volunteer.

- fill out the [Canteen Volunteer Registration](#) form.
- send an email to canteen@sbhs.nsw.edu.au
- call us on (02) 9662 9350.

Thank you very much to the following parents for volunteering in the Canteen during the past few weeks.

Heartfelt THANKS TO OUR VOLUNTEERS!

Thursday 20 June: Caroline Liu, Sandra Jouravlev, Vivian Chen.

Friday 21 June: Sureka Thiagalingam.

Monday 24 June: Grace Guan, Huanying Pan, Jessica Tam, Yongmei Jin.

Tuesday 25 June: Katherine Cowan.

Wednesday 26 June: Joyce Yuan.

Thursday 27 June: Meixi Yan, Vivian Chen.

Friday 28 June: Helen Wang, Qian Shen.

Monday 01 July: Grace Guan, Yanping Zhong, Yongmei Jin.

Tuesday 02 July: Eric Cheung, Katherine Cowan, Lai Kwan Lee.

Wednesday 03 July: Becky Zhou.

Wishing you all a safe and happy school holiday break.

A Dao

On behalf of the Canteen Committee



Music NOTES

2024 Music Camp and Music Camp Concert

What a fantastic night it was at our Music Camp Concert last Thursday evening 27 June!

We hope you enjoyed the fantastic line up of music performances from all our talented and amazing music ensembles.

We thank all parents and guardians for your support of the students and the Music Performance Program.

The Music Department would like to express our deep appreciation to all our wonderful Year 12 students for their unwavering dedication and support of our music program over the past six years. We wish our Year 12 students the best of luck for their upcoming Trial HSC and HSC exams, as well as for their future endeavours.

The Music Department would like to CONGRATULATE and THANK all students who attended the 4-day intensive music camp and performed MAGNIFICENTLY last Thursday evening. THANK YOU!!!!

2024 Music Performance Program Term 2 and Term 3

No music ensemble rehearsals in Week 10 - Term 2. Private Instrumental lessons will continue until the end of Term 2.

From Term 3, all Junior Strings members (rehearsing on Thursday mornings with Mr Ing) will now move up to and rehearse with the Philharmonic Orchestra on Thursday mornings, 7.45am in Room 204 with Mr Nguyen.

Please note: Junior Strings only runs in Semester 1 Term 1 and 2.

Students must ensure to take their instruments home from the music storage room over the Term 2 break. The music storage room will be locked over the Term 2 break and will re-open when Term 3 resumes.

Both music ensembles and private instrumental lessons will resume in Term 3 from Week 1 (i.e. from Tuesday 23 July).

Music Storage Room

*The music storage room is ONLY used to store music instrument(s)

*Please do NOT block the pathway inside when leaving instrument(s) in the Music Storage Room.

*Please make sure to place your instrument(s) neatly in the appropriate instrumental bay(s).

*Please ensure students have a clear name tag with their name/year on their instrument case.

*Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

*Non-music instrumental items/accessories will be removed without any warning.

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via Clipboard, Music Performance Program CANVAS page and during ensemble rehearsals. Students are responsible for keeping updated of any Music Performance Program related events/material on a regular basis. If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email Ms Kim.

Ms Sarah Kim

MIC Music Performance Program



MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Symphonic Strings 8.00am – 9.00am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.15am – 8.15am Room 201	Symphony Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior and Senior String Quartet 7.45am – 8.45am Room 202	Marching Band 8.00am – 9.00am MPW Terms 1 and 4 only
			Junior Strings Ensemble 7.45am – 8.45am Room 203 Terms 1 and 2 only	
			Philharmonic Orchestra 7.45am – 8.45am Room 204	
(After School)	(After School)	(After School)	(After School)	(After School)
Guitar Ensemble 3.20pm – 4.20pm Room 201	Marching Band 3.20pm - 4.20pm GH/MPW Terms 1 and 4 only	Percussion Ensemble 3.20pm – 4.20pm Governors Centre		Jazz Ensemble 3.20pm – 4.20pm Room 201

2024 Term 2 Music Events Calendar

WEEK	DATE/TIME	EVENT	MUSIC STUDENTS INVOLVED
9B - 10C	Friday 28 June – Friday 5 July	No Music Ensemble Rehearsals	All music ensembles
10C	Friday 5 July	NAIDOC Assembly, 10.00am, Great Hall	Lennard Suen (9E) Terence Yan (9S)

Music Events are continually added and/or are subject to change.

2024 Term 3 Music Events Calendar

WEEK	DATE/TIME	EVENT	MUSIC STUDENTS INVOLVED
1A	From Tuesday 23 July	All music ensembles and private instrumental lessons resume	Music Performance Program

Music Events are continually added and/or are subject to change.





Sydney Boys High School Fencing

Sydney Boys High and Newington College Friendly Exchange

Year 7 Teams - Saturday 22 June 2024.

The inaugural Year 7 High and Newington friendly took place at Newington College and to great response. The first inter-school friendly aimed at providing valuable competition experience fostering competitive skills, pressure management, teamwork, and competition etiquette. The High spirit was infectious at this event with boys cheering, celebrating, and visualising the value of shared support of one another leading to wins but, more importantly, a growth of connections amongst our fencers.

Despite this being many of the fencers' first competition, they exemplified High morals, always acting with sportsmanship, inclusivity and always trying to improve with fencers even staying after the competition to fence longer. We as a school would like to thank Newington for their graciousness in providing a venue, facilitating this competition, and offering food, water and medical supplies for the fencers - their generosity is greatly appreciated. This competition was a great success in delivering a valuable experience for our young fencers, building inter-school connections, and strengthening High's fencing program over all ages.



More details and photos can be found here:
<https://sbhsfencing.com/2024-results/>

Daniel Iliffe 11R
Senior Sabre Captain



CHSSNSW CROSS COUNTRY TEAM 2024

CONGRATULATIONS to the students below who will compete at the State Championships Wednesday 24 July 2024.



Boys 12 Years

Name

Anton Bolofer

School

Sydney Boys HS

Boys 15 Years

Name

Nestor Chan

School

Sydney Boys HS

Boys 16 Years

Name

Max Chen

Lucas Zhang

School

Sydney Boys HS

Sydney Boys HS

Boys 18 Years

Name

Christopher Lau

Kiren Nayager

School

Sydney Boys HS

Sydney Boys HS

Rebecca Dam

MIC Cross Country

Best of Luck!

10 tips to successfully completing online consent for school vaccinations:

1. Make sure you are using the link provided to you by the school, **engage.health.nsw.gov.au**
2. It is recommended that you use a laptop or desktop computer with a Chrome browser.
3. Follow the prompts to log in, using your Service NSW account. If you do not have a Service NSW account, you will need to create one to provide online consent.
4. The first time you log in, you will be prompted to fill in **your personal details** before you can complete consent for your child.
5. Enter your name as it appears on your Medicare statement rather than how it appears on the card. Please enter any middle names in full, as initials may not be accepted.
6. Use **dashes** to separate the **DD-MM-YYYY** in yours and your child's date of birth.
7. Ensure you select the vaccines you want your child to receive. To receive both you must consent to both. Information about each vaccine is in the Parent Information Sheet.
8. Consent can be edited up to 24 hours prior to your child's school clinic. If you wish to change or withdraw consent after this time, please contact your child's school to advise them.
9. The consent site can get busy as it is used statewide. If its not working right away please come back and try again later.
10. If you're still having difficulties with providing consent please get in touch with South Eastern Sydney Public Health Unit, 02 9382 8333.



Scan the QR code for more detailed instructions on how to provide, edit and withdraw consent

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