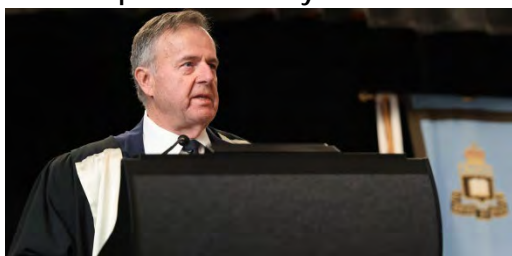




From the Principal High Talent

In the International Mathematical Modelling Challenge (IM2C) the High team 'Calcaholics' have had their entry sent to international judging. Congratulations to Disen Liu (10E), Jeff Tse (10R), Andrew Pye (10R) and Matthia Elgawly (10R). Aarav Mishra (8M) was interviewed and featured in the Sydney Morning Herald for his sketch of the Prime Minister of India Shri Narendra Modi with the caption Jai Hind (victory to India). The Prime Minister's visit has drawn large crowds from our Indian diaspora both from here and interstate. Well done, Aarav! High's 8B Debating team won the final of the Friday Evening Debating Competition (FED). Congratulations to Arnav Kaushik, Ryan Park, Sajan Thiagalingam (from 8T) and Alay Mahidadia (8E). At the NSW Schools Fencing League U14 Individual Epee competition held at St Andrews, Hudson Cai (9M) won Gold and Benjamin Wu (9F) won Silver. A belated special mention to all our Marching Band members and their conductor for representing High once again at the Anzac Day March. Thank you all for your efforts over many weeks.

Winter Sports Assembly 2023



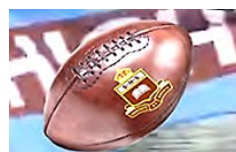
Recently, we held our first Winter Sports Assembly. My speech to the assembly is reprinted below:

'Special guest Ben Whitaker (SHS-1991), parents, staff, students, welcome to our first Winter Sports Assembly, honouring football, rugby and cross country. We gather together before the first official match of the GPS competition – winter season - to introduce some of our winter teams and acknowledge the work of our staff, coaches and committees. Our second assembly next term will complete the process for the other winter sports.



In our Football program, I would like to thank MIC Sam Higgins who has built

up the strength of the Football program at High over the last four years. Our former Football Coaching Coordinator, Dylan Deep-Jones has left us for a full-time gig. I want to acknowledge his work over the years for High Football. Thank you to our Football teaching staff – Jamie Kay, Kurt Rich, Matthew Hood, Jeremy Ohlback and Kety Manolios. We acknowledge and appreciate our coaches-Alexander Barnstone, Oliver Jones, Dean Rong (2019), Alex Loke (2019), Andy Danis (2021), Ohm Bhandari (2021), Mushfique Ahmed (2021), Samir Uddin (2021), Justin Nonis (2021), Jethro Samson (2021), Ajay Verma (2021), Aryan Zaman (2021), Rishi Wig (2021), David Li (2022), Tahmid Choudhury (2022), Albert Giles (2022), Tarrant Williams (2022), Jack Smiles (2022) and Harsh Shirodhar (2022). We appreciate all the support and time offered by our Parent Committee - Kevin Leung, Cynthia Leung, Utpal Baruah, Hui Ching Baruah, Gary Fiene and Luke Nottage. Thank you to you all. Let us hope for another improved season.



I want to thank Vivian Paul for his efforts as Rugby MIC this year. Let's hope this is the start of a rugby risorgimento at High. Thank you to High staff - retiring MIC Matthew Cotton (for stewardship of the program in recent years, mentoring the new MIC, and being an elite, casual referee); John James and Stuart Olsen (for training support and Saturday help); Mr George Barris (for mentoring and support); Hannah Jackson (for support and encouragement of rugby as an option for students). Thank you to our enthusiastic coaches - Jack Bowditch (St Ignatius) and Liam Scolari (Joeys) for the first XV, Vinnie Dorahy (2020), Edison Dorahy (2019), Jivan Naganathan (2021) Adrian Wong (2021), Jordan Wong (2022), Nelson Cheng (2022), James Wei ('22), Leon Chau (2022) and Thomas Britton (2022). Thank you also to the Parents Committee - Greg Gerstl, Yves Stenning, Diana Chan, Mohit Singh, David Britton, Andrew Hybler, Kerrie Greville and Andrew Kuo. We appreciate your time and effort on behalf of the program.



Rebecca Dam, MIC cross country, has organised an efficient and seamless sporting program for our boys. Thank you again, Rebecca and to John Prorellis for his long term support for cross country, assisting Rebecca. Thank you again to our coaches, Thomas Schanzer (SHS-2020), Rhys Shariff (SHS-2021) and Kane Shields (SHS-2022). Also, thank you to the twenty cross-country parents who volunteered to help on the High GPS Cross Country Host event at Centennial Park.



Sydney Boys High School has a long and proud rugby history. We have had some great rugby internationals as Old Boys– Peter Johnson, Chris Whitaker, Peter Crittle, Keith Cross, Syd King, John Brass – but none more influential than John Thornett. He was School Captain in 1951, played in the first XV and rowed in the first VIII for two years. He held school records in breaststroke U13s to U16s. He represented NSW in Water Polo. He was Captain of Australia in 16 tests and 47 tour matches during eight international tours with the Wallabies. He was the second player to play 100 games for his country. Claimed by some as Australia's greatest ever rugby captain, he 'was solid, dependable, unwavering, a man of undoubted modesty' – 'a man of sterling character and high ethics'. In his



long career (1955-1967) John played 37 test matches and 77 representative fixtures in the Australian team. He was inducted into the Wallabies Hall of Fame in 2005. As a person and a player, John Thornett was a

fine sporting role model who made history at High and served his country proudly. Check out his blazer and portrait next to Mr Kay's office. All you representative players have an opportunity this season to add to the High story and tradition. It is not so much the score that counts as how you played the game – as sportsmen...with courage, integrity and dedication. I congratulate our GPS representative players on their selection into the first and second grade teams of our winter sports and wish that all our boys who have made GPS teams grow as competitors and as people during the season, whatever the outcomes of their contests may be'.



Year 10 assessments commence in Week 7 from Monday June 5 to Friday June 9. Reports will be finalised for

students with completed Clearance Forms to discuss with the Principal from June 27. Year 12 Assessments commence on Friday June 9 and continue until Friday June 16.



Sentence Combining

Practising sentence combining effectively teaches grammar and usage; encourages students to produce more complex sentences; enables students to see various options for crafting sentences; exposes students to varied writing structures and enhances syntactic flexibility; helps students focus on what is important to include in a sentence; and improves fluency in writing. Give students a series of short declarative sentences and have them find various ways of combining those sentences into one longer, complex sentence. E.g. The topic was black holes. The teacher explained the physics well. I found it hard to understand. *Even though the teacher explained the physics of black holes well, I found the topic hard to understand.*

Dr K A Jaggar
Principal

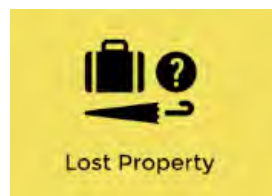
Half Yearly Reports - Clearance Forms – Year 11

Clearance forms for report collection will be online during the coming weeks. Please ensure outstanding payments and due book returns are received **before** the clearance form is generated.

Sharon Kearns
SAM

LOST PROPERTY

Please label all items clearly with a first **and** last name to enable identification.



It is the responsibility of students to claim their lost property from the McDonald Wing Office during recess. Parents are NOT permitted to collect lost property on their son's behalf.

Items are cleared every fortnight and will not be available for collection after then.

McDonald Wing Office Staff



The Canteen Committee is responsible for monitoring the operations of the canteen, and implementing and reviewing canteen policy. The Committee is also responsible for employing staff, authorising major purchases for the canteen and changes to the menu.

A number of positions are still available. If you would like more information about the canteen committee's work, to join the committee or to visit the canteen to see our exceptional managers and volunteers in action, please email canteen@sbhs.nsw.edu.au.

Heartfelt
THANKS
TO OUR VOLUNTEERS!

Appreciation

Thank you to the following parents for volunteering in the canteen during the past few weeks.

Monday 15 May: Monica Tian, Carol Han
Tuesday 16 May: Wei Chen, Taslima Chowdhury
Wednesday 17 May: Cicong Chen
Thursday 18 May: Cecilia Chan
Friday 19 May: Sureka Thiagalingam, Meilan Gao
Monday 22 May: Yan Liu
Tuesday 23 May: Grace Guan, Delia Leung, Wenying Guan, Hong Zhao, Cecilia Chan
Wednesday 24 May: Qihua Xu, Jiayin Roberts, Qing Guo
Thursday 25 May: Renee Lin, Xiaozhen Liao, Ming Xia
Friday 26 May: Ka Man Chan, Katherine Cowan

Also, thank you very much to our Prefects and SRC boys for helping out at the Canteen. We would not be able to manage without them, and greatly appreciate their assistance.

We require 3 – 4 volunteers each day to ensure the canteen functions smoothly. We are highly flexible and will gratefully accept any time you can donate to the canteen and the students. If you have time to spare on a regular or ad hoc basis, please get in touch with us by any of the following means:



- fill out the Canteen Volunteer Registration form
- send an email to canteen@sbhs.nsw.edu.au
- call us on (02) 9662 9350

Lunch Orders

We encourage students to place their lunch orders between 08:30 and 09:00 in person at the Canteen or anytime online via the Flexischools app or at flexischools.com.au.

By ordering lunch, you avoid missing out on your favourite foods, decrease waiting times at recess and lunch as well as help reduce food wastage. Please remember to pick up your orders. Any uncollected items will be sold, and unfortunately, refunds will not be provided unless there is a valid reason.

Alison Dao

On behalf of the Canteen Committee





CAREER LEARNING at SBHS

This year's guest speaker series is going strongly with some of the speakers outlined below and more being added as we go. UNSW, USYD and the Cadetships and Scholarships were hugely popular, with well over fifty students at each.



Careers Expo for all Year 12

Thursday 1 June 2023

Details to come.

A guest speaker from UAC came to provide important and useful information on ATAR and university selection. She spoke on the difference between selection rank and ATAR, and described how HSC scaling affects your raw mark and ATAR. She explained that you cannot choose subjects and scaling to increase your ATAR as it is deliberately designed to ensure a level playing field.



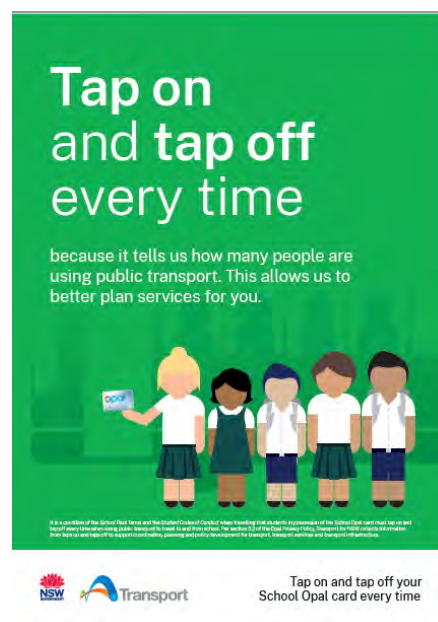
On 23 May, a speaker from UTS came to the senior library to present key information on university opportunities and applications.

SBHS Careers Information and Weekly Newsletter for all things Careers Related

<https://parent.sbhs.net.au/careers>

Sign up for Study Work Grow - Australia's best Careers and Life Design Information. (Free to SBHS students and Parents) using this link: [Subscribe to Work Study Grow](#)

For all Careers Information - Senior Students can see their dedicated Canvas Careers Page which is updated with everything they need to know. Especially important is that they read the notifications and familiarize themselves with the home page.



DEBATING

Last week saw the Grand Finals for the FED and Eastside Competitions.

We hosted the FED Grand Final here at High and there was a great atmosphere with people from all different schools attending.

Congratulations to the 8B FED team who brought home the trophy for their Division with a strong debate on the topic "That we should allow doctors to overrule parents in the medical treatment of children".

In the Eastside competition at SGHS, Year 9 represented High but unfortunately did not win on the night. They did well to get to the Grand Final.

That is the end of the Friday night competitions for this term. Coaching will continue (except for the Friday before the long weekend, 9 June).

Next term will be the GPS Competition.

Thanks to all the students who competed in FED and Eastside and to the parents who came along to support them.

A special "thank you" to Jeanette Cook who managed the entire FED Competition so well, to Viv Paul for supervising the Eastside student on Friday night and to Jessica Christadoulou for helping out with the FED Quarter Finals and Grand Finals.

Madeleine Rigby
MIC Debating



8B FED Team with their trophy



8B FED



9 Eastside Runners Up



PREMIER'S READING CHALLENGE BOOKS IN THE JUNIOR LIBRARY

For the month of June, I'm devoting our new bay of themed display shelves to books that are on the Premier's Reading Challenge (PRC) booklists. I will be including books from the 7-9 and the 9+ lists, but junior students can also read books from the 5-6 lists. A complete list of PRC books in the library can be found through the library catalogue, so please ask if you're not sure. And, of course, any books in the library can be added to your Reading Record as Personal Choice books, but you need to read 10 books on the PRC booklists.

I will be giving students an idea of the wide range of books that are on the booklists, including a number of picture books, and some thin books for people who find opening a very thick book too daunting! I see many popular series (Alex Rider, Percy Jackson, Hunger Games) coming up in multiple students' Reading Records, and I am trying to encourage a variety of texts. Try a new author, or a new genre. If you liked an author's YA books, try their books for adults. The PRC is a Challenge, so challenge yourself!

The PRC closes on August 18, so there are still 2½ months to read books and add them to your Reading record. Don't forget that any books that were read in term 4 last year, the summer holidays, term 1 this year, the Easter holidays, and term 2 can all be included. This also includes texts that were read in English class, as well as non-fiction books. We have already had 30+ boys complete this year's challenge, reading and adding 20 books to their Records. We have over 200 students signed up this year, and I want as many as possible to complete the Challenge!

Dr R Love
Teacher - Librarian
Andrews Junior Library





SGHS P&C & SBHS P&C 2023 Joint Forum

MANAGING PERFECTIONISM IN TEENS

**Thursday 15 June 2023
6.30-8.00pm**

Presented by:

Dr Jaimie Northam - Lecturer and Clinical
Psychologist at the University of Sydney

Perfectionism:

- What it is, how to recognise it
- How to help: formal strategies for treatment, practical suggestions, when to get professional help

ONLINE ONLY

1 hour presentation
followed by 30min Q&A



[Register Here](#)

Legally Blonde the Musical

Last week, Sydney Boys put on another highly successful co-production with Sydney Girls, Legally Blonde the Musical. This was the inaugural school musical in The Governors Centre, allowing us to finally demonstrate the full capabilities of the venue after unfortunately missing out in 2021. The quality of the facility was there for not only the audience in the auditorium and the foyer, but the students loved the space backstage, including the dressing rooms and live-streaming of the stage to know when to prepare for their scenes.

Legally Blonde is considered one of the more challenging musicals to run due to the highly complex score for the musicians, fast-paced songs with a large vocal range, and quick changes required for lighting and set. However, everyone who witnessed the show commented on the quality of the production, a credit to all those involved. The show was highly acclaimed by everyone who had the pleasure of seeing it, from the Year 7 preview on Wednesday, through to all the families and friends of the two school communities who saw the three evening performances or the Sunday matinee.

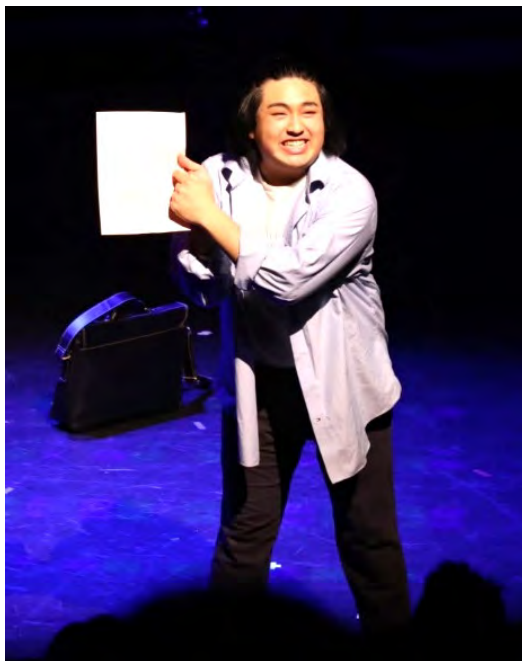
Congratulations to all students in the cast, orchestra and crew for putting on a performance that had the audience laughing out loud and providing loud applause for them all. As the culmination of seven months of work by the staff and students of both schools since the auditions back in Term 4 of last year, the effort was well worth it.

Jamie Kay

Producer

Legally Blonde the Musical









Music NOTES

Annual Music Camp

All students in the school's music ensembles program will be attending a 4-day Music Camp at "Stay KCC" (119 Cliff Drive, Katoomba NSW 2780) from Tuesday 20 June – Friday 23 June 2023.

A Music Camp Concert will be held on Friday 23 June, 6.30pm Great Hall. ALL WELCOME!!!!

Mandatory attendance is required by all students in the school's music ensembles program: Intermediate Concert Band, Senior Concert Band, Junior Stage Band, Intermediate Stage Band, Senior Stage Band, Junior Strings Ensemble, Symphonic Strings, Philharmonic Orchestra, Chamber Choir, Guitar Ensemble, Percussion Ensemble, Jazz Ensemble

Please note: There will be no music ensemble rehearsals in Week 10 this term.

Junior and Senior String Quartet – AUDITIONS

Thank you to students who registered for the Junior and Senior String Quartet Auditions.

Students who have registered for an audition have been sent their audition time and day via student SGHS email. Students must arrive at least 5-minutes prior to their allocated audition time.

Term 2 Music Performance Program

It is never too late to join a music ensemble(s) and/or learn a new instrument!

Please contact the music department for more information.

Jordan Chung (SBHS Ex-student) – Jazz Night

Jordan Chung (SBHS 2017 ex-student) will be holding a Jazz Night performance on Saturday 1 July at Gracepoint Christian Church (1355 Botany Road, Botany). Entry via donation. All welcome!

Jordan Chung completed his HSC Music 2 and Extension studies as an accelerated Year 11 student. He went on to studying a Bachelor of Music Performance (Jazz Studies) at the Sydney Conservatorium of Music.

Jordan regularly performs in many different forms of jazz ensembles (solo piano, jazz trios and quartets) and has great experience in a wide range of jazz genres including swing, Latin, Blues and contemporary Jazz.



2023 Semester 1 Music Co-Payment

We only have a very small handful of payments left. Thank you to parents and/or guardians who have already completed and submitted the Semester 1 Music Co-Payment.

We kindly ask and remind parents and/or guardians to check and pay the Semester 1 Music Co-Payment through the Parent Online Payment Portal and/or visit <https://pay.sbhs.net.au/> as soon as possible.

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via Clipboard, Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis. Students will also be notified of any music related events during ensemble rehearsals.

Attention Music Ensemble Students: If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email the Music Department: music@sbhs.nsw.edu.au



2023 Music Ensemble Schedule

MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Symphonic Strings 8.00am – 9.00am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.45am – 8.45am Room 201	Philharmonic Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203 <i>Terms 1 & 2 only</i>	Marching Band 8.00am – 9.00am MPW/ Room 102 <i>Terms 1 & 4 only</i>
			Junior & Senior String Quartet 7.45am – 8.45am Room 202 <i>From Term 2</i>	
(After School)	(After School)	(After School)	(After School)	(After School)
Guitar Ensemble 3.20pm – 4.20pm Room 201	Marching Band 3.30pm – 4.30pm GH/MPW/ Room 102 <i>Terms 1 & 4 only</i>	Percussion Ensemble 3.30pm – 4.30pm Governors Centre		Jazz Ensemble 3.30pm – 4.30pm Room 201

Please note:

- * The above schedule is subject to change. The Music Department will inform students asap via the CANVAS Music Performance Page and the school's daily notices if there are any changes.
- * Guitar Ensemble: Students who are unable to attend one of the rehearsals can join the alternate session.
- * Marching Band: Rehearsals only run in Terms 1 and 4 only. Compulsory attendance is required for students in Concert Band, Stage Band and selected Percussion Studently (no piano + guitar students).
- * Students must schedule private instrumental lessons at a different time to music ensemble rehearsals.
- * An attendance rate of 80% is required per semester to obtain Award Scheme Points.
- * Music Pocket: Attendance of 5 full years is required. New students in Years 8-11 will need to speak with the Music Department.

2023 Term 2 Music Events Calendar

WEEK	DATE/TIME	EVENT	MUSIC STUDENTS INVOLVED
9A	Tuesday 20 June – Friday 23 June	Annual Music Camp, Stay KCC	All music ensembles
9A	Friday 23 June	Music Camp Concert, 6.30pm Great Hall	All music ensembles
10B	Thursday 29 June	NAIDOC Assembly, 10.05am Great Hall	TBC Elective Piano Students

Music Events are continually added and/or are subject to change.

SYDNEY BOYS HIGH SCHOOL
presents

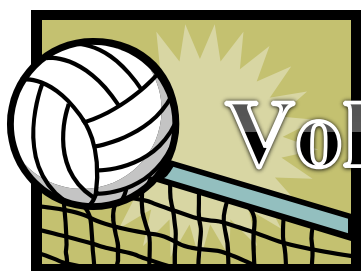
MUSIC CAMP CONCERT



Friday 23rd June, 2023 | 6.30pm

SBHS GREAT HALL

*****ALL WELCOME*****



Volleyball Notes

Volleyball Results SHS vs TSC Saturday 27 May (Term 2 - Week 5) 2023

Opens, 16A, 16B & 14A v TSC at SBHS. 13A, 13B, 14B, 15A & 15B v TSC at TSC.

All Teams had a Win. 14A had a 1-1 Draw, but a Win on points.

1st: 25-22; 25-20; 19-25; 25-19. 3-10 Win.

2nd: 26-24; 22-25; 23-25; 25-23; 15-12. 3-2 Win. 3rd: 25-20; 25-17; 15-9. 3-0 Win.

16A: 25-21; 25-8; 25-11. 3-0 Win. 16B: 25-22; 25-13; 20-16. 3-0 Win.

15A: 25-12; 25-18; 25-13. 3-0 Win. 15B: 25-10; 25-12; 25-15. 3-0 Win.

14A: 25-18; 25-14. 2-0 Win. 14B: 25-16; 22-25; 14-14. 1-1 Win on points.

13A: 26-24; 25-22; 8-8. 2-0 Win. 13B: 27-25; 27-25; 22-9. 3-0 Win.

Statistics for the 1st and 2nd Grade teams for this Round 5 are shown below.

Area (/3)	First Grade	Second Grade
Serving	Oswald XIE – 1.44 (9) Anthony HWANG – 1.4 (10) Nelson LEE – 1.36 (11)	Branson CHAN – 2.0 (13) Ross ZHOU – 1.67 (9) Jono ZHANG – 1.6 (10)
Serve Reception	Edward LY – 2.3 (10) Sean LIM – 2.25 (4)	Haoran ZHANG – 2.63 (8) Roy CHAE – 2.36 (11)
Freeball Passing	Jerald YU – 3.0 (5) Karan DAHIYA – 3.0 (2)	Dev PUNJABI – 3.0 (9) Branson CHAN – 2.25 (8)
Outside and Opposite Hitting	Jerald YU – 2.12 (25) Edward LY – 2.115 (26) Anthony HWANG – 2.05 (19)	Roy CHAE – 2.5 (16) Jay TA – 2.4 (5) Branson CHAN – 2.06 (18)
Middle Hitting	Andy ZHANG – 2.6 (5) Karan DAHIYA – 2.33 (9)	Jinho MOON – 2.83 (6) Ross ZHOU – 1.67 (6)
Setting	Arnav GUPTA – 2.67 (6) Nelson LEE – 2.66 (85)	Jono ZHANG – 2.28 (58)

Mr Coan
Coach



Stan Jones Cup

The Stan Jones Cup is a CHS Tennis Team tournament. This year the tournament is not a series of multi fixture events over a few days, but rather individual fixtures arranged by representing schools.

On Friday 26 May, Sydney Boys hosted Caringbah High School for the Semi-final (the school scheduled to play us in the round before forfeited). Sydney High was successful, winning 5 matches, special mention to Tanish Sarathy for filling in and competing. Full results below –

Position	Name	Score
1 doubles	Angus Khu+ Lucas Chen	6-1
2 doubles	Tanish Sarathy + Isaiah Goh	6-0
1 singles	Angus Khu	6-7
2 singles	Tanish Sarathy	6-2
3 singles	Isaiah Goh	6-4
4 singles	Lucas Chen	6-0

Our next fixture will be the final versing Endeavour Sports High School.

Tennis at Armidale

On Friday 19 May, 200 plus boys went up to The Armidale School on 5 buses for the sporting exchange in competition for the annual Harris and Hannon Cup. Eight boys (4 junior and 4 senior) tennis boys played in tennis fixtures as well as other sports. Our boys performed exceptionally well in both teams winning. Seniors 6 sets to 0 and the Juniors only losing 1 singles.

Senior Team

Isaac Wang, William Moe, Clinton Chau and Raymond Qi

Junior Team

Eamon Wu, Roger He, Eddie Shen & Luca Dadic

Kurt Rich

MIC Tennis

A big thanks to the boys for their dedication and exceptional behaviour.





SBHS FOOTBALL RECAP – GPS ROUND 1 vs Newington

Saturday 27 May

Last weekend marked the start of the first GPS round with a great day out with the sun shining. Each game was contested in great spirit despite a tough matchup against some strong Newington teams.

Some great wins for the 16D's, 16E's, 15D's and 15E's. Some great goals from Moshi Tao (12M) and Ryan Woo (12F) in 1st Grade, as well as a game winning goal from Matthew Liang (10M) in 16E's and goals from Lucas La (9S) and Leo Le (9S) in 15E's.

A congratulations to Hikun Nguyen (12E) for his selection in the GPS Combined XI, as well as Dylan Dutt (10F) and Aiden McManus (10R) for their selection in the U/16 GPS Combined XI.

Next week's fixtures will be against The Kings' School.

Mr S Higgins
MIC Football



Football			
Team	Opponent	Score	Result
1st	Newington	0 - 3	L
2nd	Newington	2 - 5	L
3rd	Newington	0 - 4	L
4th	Newington	0 - 1	L
5th	Newington	0 - 2	L
6th	Newington	0 - 0	D
7th	Newington	0 - 4	L
8th	Newington	3 - 3	D
16A	Newington	0 - 3	L
16B	Newington	0 - 3	L
16C	Newington	0 - 3	L
16D	Newington	2 - 0	W
16E	Newington	1 - 0	W
16F	St Aloysius	2 - 4	L
15A	Newington	0 - 4	L
15B	Newington	0 - 1	L
15C	Newington	0 - 3	L
15D	Newington	2 - 1	W
15E	Newington	2 - 0	W
15F	Reddam	1 - 1	D
14A	Newington	0 - 5	L
14B	Newington	0 - 6	L
14C	Newington	0 - 3	L
14D	Newington	0 - 7	L
13A	Newington	2 - 4	L
13B	Newington	0 - 6	L
13C	Newington	2 - 6	L
13D	Newington	0 - 13	L





This year SBHS is participating in the Push Up Challenge, an event run by the Push for Better Foundation. The goal of the challenge is to do 3,144 push-ups (or a similar exercise) either as a team or alone throughout the month of June, whilst raising money for charities supporting those struggling with mental health. This year at High, our aim is to raise \$3,000 for Lifeline, a charity organisation providing 24-hour access to crisis support and suicide prevention for those in need. Additionally, we want to raise awareness of mental health within the school community and create a more supportive environment where students in need can seek help without prejudice. Whether you're a student, teacher, parent, old boy, or any other member of our school community, you can support us by donating to our school Push Up Challenge page using the QR code below / link (<https://www.thepushupchallenge.com.au/fundraisers/StudentsofSydneyHigh>), or by signing up to do the challenge alongside us.

Ryan Allen 9E
Wellbeing Crew Team



EARLY LEAVE REMINDER

The school **does not** accept early leave applications via email or telephone.

The procedures for early leave are as follows:

Students must bring a note to the office that has been signed by **both a parent AND a Deputy Principal BEFORE 8.55am Monday to Thursday and 9.25am Friday.**

The note must contain the student's name, roll class, date, time of departure and reason for leave.

The student then returns to the office at the stated time and collects an early leave pass.

Please note: Early leave requests submitted after 8.55am and / or sent via email or telephone will not be accepted or processed by the office.

Please resubmit your request using the procedures above.

THE PUSH-UP CHALLENGE



STARTING JUNE 1 - 23

HOW DO I PARTICIPATE?

DOWNLOAD THE PUSH FOR BETTER APP

JOIN **THE STUDENTS OF SYDNEY HIGH** HERE



PARTICIPATE TO SUPPORT
MEN'S MENTAL HEALTH



#pushforbetter



THIS YEAR'S GOAL IS
3,144 PUSH UPS.



ILLUMINATE

CELEBRATING STUDENTS WHO
ARTICULATE CREATE INNOVATE

SAVE THIS DATE

MONDAY 28 AUGUST 2023

The Governor's Centre, Sydney High School

5:30pm Exhibition viewing

6:30pm Judy Cassab Prize and Official Opening

Special Guest

Ramesh Mario Nithiyendran

The High Store now accepting



These vouchers expire by 30 June 2023.

To get the vouchers, log into Services NSW web site. If you don't have a login into Services NSW web site, please go to the following link for instructions:

<https://www.service.nsw.gov.au/transaction/apply-for-back-to-school-vouchers>

- High Store is open 4 days a week - Monday, Tuesday, Wednesday, Friday - from 10:30am to 1:30pm •
- Profits made by High Store are put back into the school •
- High Store has many SBHS memorabilia such as ties, hoodies and more •





PLEASE DONATE TO SBHS

FOOD DRIVE

Celebrating World Environment Day 2023

Please help us collect non-perishable foods for Oz Harvest. This food drive serves many families in need within our community.

FOODS WE ACCEPT:

Pasta, rice, whole grain cereal

Canned fruit and veg, tuna, salmon, chicken, beef stews (ring pull)

Long life milk products, breakfast cereals, tea/coffee

Biscuits (sweet and savoury)

DROP-OFF LOCATION:

Before School & During Recess

Outside Room 306

Monday 5 June to Tuesday 13 June 2023



Stay up to date with SZapp

Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

Installation Instructions



1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**.
Download and install SZapp. **Install is Free.**



2. FIND OUR SCHOOL

Select Region: Asia Pacific
Sydney Boys High School

3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.



4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.



5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.

For any further information see:





<http://www.schoolzineplus.com/app-faq>




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