

H I G H S C H O O L S



From the Principal High Talent

Well done to our Year 9 Volleyball team who were silver medallists at the Australian Volleyball Schools Championships (Honours Division) held last week on the Gold Coast. Congratulations to our first XI cricket team who competed in the *5 Highs* tournament last week. The boys came home with the *Cecil Rubie Trophy* for annual competition with Melbourne High. Well done to Totoro Nakagawa-Lagisz (8R) who won the Science Teachers' Association Scientific Investigation Award for Year 7-8 Biology, the Rowe Scientific Science Communication Award and was third in the K-12 Sebel Testing Award. Great work, Totoro! Congratulations to Max Russell (11T) on his fine running at the National All-Schools Track and Field Championships held in Adelaide. He won gold in the U18 boys 3000m steeplechase and bronze in the U18 3000m. Thank you to Mr Huynh and his wayfinding team for their signage installation around the school. This was a DT project for William Nguyen (11F) and Ahasan Kabir (11E) who designed the installations. Valuable input was provided by Jim Crampton, Daniel Xu and our IT staff. Congratulations to all involved.

Staff Changes



Lynda Pinnington-Wilson has taken up a CEO position with the Department and has kindly relinquished her position, effective from December 9. Lynda was with us for two of our most turbulent years due to COVID. She ran our curriculum audit, made various contributions to the Literacy program and was instrumental in organising and running several Old Boy reunions, helping us to engage more strongly with our alumni. We all wish Lynda well in her new role. A recruitment process for the DP position will commence in the first week or two of Term 1 next year. George Barris will continue in the relieving DP role until the position is filled. Natalie Luu will continue in the HT Teaching and Learning role until the DP position is filled. Brenda Kilmore (mathematics) is retiring to the Central Coast for a well-earned rest. After 22 years in music at High, Rita is

putting down her baton to take up caring for grandchildren. Steve Marcos has taken up an EOI position as DP at Alexandria Park HS for 2023 and will be replaced by Hannah Jackson as HT Sport. David Smith will be coordinator of PDHPE for 2023. We say farewell also to Isabell St Leon who has taught German to our High Boys for 21 years - Auf Wiedersehen!



The Record Digitised

Joseph Waugh PSM, Old Boy, former President of the SHSOBU, with a day job at the Law Reform Commission, has been working after hours and on weekends for years, to digitise all editions of *The Record*. You can imagine the painstaking process of scanning page after



page of old documents from 150 editions since 1909. Mark Gainford, former editor, rendered great assistance also. Joseph was assisted of late by our archivist Merinda Kavich to complete the project. High owes Joseph a great debt of gratitude for caring enough to confront this Herculean task and prevail. You can access files at <https://sydneyhigh.school/publications/the-record>

Year 10 Drama Production

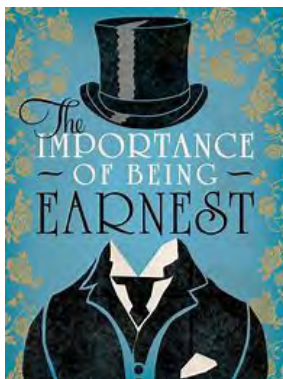
It was a privilege to be entertained by our Year 10 Drama class in their production of *The Importance of Being Earnest*. [A trivial comedy for serious people]. The protagonists in the play perform as actors in their own lives, adopting fictitious personae to manage social situations. While punning on the character Ernest's name,

Drama



the play teaches us the consequences of not being sincere in our relationships. It is an allegory on sincerity infused with irony. The ensemble cast were totally committed to the performance, helping each other on several

occasions to recall lines and actions. Henry Lin, as Algernon, seemed to know everybody's lines by heart. Joseph Britton starred as Jack Worthington in an engaging performance. Gurik Sall stole a few scenes as Lady Bracknell and seemed to inhabit her character. The



female leads, Kridaya Singh and Dev Sood, did enough to convince us of the femininity of their concerns about love and marriage. Bhavesh, Eric, Pradeepan and Jonathan fitted in well in their support roles. The junior boys worked well as waiters with cucumber sandwiches and as stage crew moving sets.

Dr Jassy is to be congratulated for her courageous and ambitious project. She was everywhere – introducing the play, prompting the lines, moving the props. Her energy and commitment flowed through to the players. It was an enjoyable evening.

Final High Notes for 2022



I want to thank all of our staff for their collegial efforts this year to make our school operate efficiently and effectively. Thank you to the editorial staff – Dave, Meredith and Brooke – for pushing out an edition of High Notes each week. We have a large number of contributors each week – staff, students, parents – and much work is required in layout, editing and proof reading. Thank you to everyone who helped make the publication a success.

Dr K A Jaggar
Principal

HIGH STORE



Holiday Opening Times

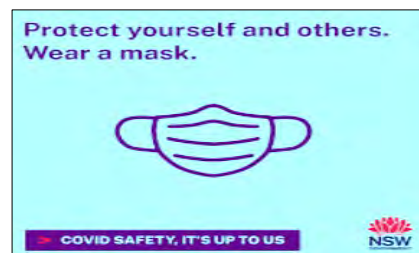
2023

HIGH STORE

Monday 16 January 2023 -Hours 10.30am – 1pm
Friday 27 January 2023 - Hours 10.30am – 12pm
Monday 30 January 2023 - Hours 10.30am – 1pm

NEW Students entering Year 7 or Year 9 or Year 11 in 2023 will not be processed on Monday 16 January 2023.

MASKS must be worn to enter the High Store.



Meet the Teacher Interview Ms Miller



This year, we say goodbye to Ms R Miller, a music teacher who has taught at our school for 23 years. As such, we have interviewed Ms Miller for the final Meet the Teacher of this year.

Describe a little bit about yourself and your role at this school.

I am a music teacher at SBHS (until the end of this year), having the responsibility of not only teaching classes, but also helping to look after the music performance program at this school. I also help to supervise the organisation of overseas music tours and the annual music camp. In addition to this, I conduct the Junior Stage Band and Intermediate Concert Band, both of which are part of the music performance program at our school.

Describe a little bit about your background in education and how you came to be a music teacher at this school.

I have always loved music from a young age, and I was strong at the subject during my years at school. After my high school years, I went to the Conservatorium (a part of the University of Sydney) for 4 years and decided to be a music teacher. I started off in Woy Woy High School, where I taught there for 2 years before moving to

Randwick North High School, where I taught for 18 years. After a short break, I took on a casual position at Sydney Girls, before being invited to teach at this school. Since then, I have taught at this school for 23 years.

Given you will be leaving soon, what will you miss about teaching at SBHS?

I will definitely miss teaching the boys. It is such a pleasure to teach boys of all ages, from Year 7 to Year 12, and it is of great sadness to have to say goodbye to them. One other thing that's really special about this school is the way so many old boys come back to be involved with the music program after their graduation - be it conducting or teaching music for the students.

Given you are a music teacher, what is your favourite piece of music, and why?

Whilst I can't really pick a favourite piece (there are so many great pieces out there), one piece of music that I am particularly fond of is Beethoven's 7th symphony. It is a piece I heard a lot of when I was younger, and it's a very beautiful piece in general.

What is a fun fact about you?

My ringtone on my phone is Take Five by Dave Brubeck.

CASH REGISTER CLOSING

Due to the end of school/financial year all student payments for excursions, co-payments, contributions, textbooks etc. must be made by **1.10pm (lunchtime) Thursday 15 December 2022.**



The **online payment system will be closed** from the end of lunch **1.10pm Wednesday 14 December 2022.**

The **Cash registers will be closed** from the end of Lunch **(1.10pm) Thursday 15 December** and will not reopen until school resumes in January 2023.

Please finalise all outstanding items before the register closes.

Thank you

DEBATING

Participating in the Junior State Debating Championships and representing the Sydney region was an honour and an experience I will cherish. Due to the pandemic, JSDC had been cancelled for the past two years, and after this short hiatus, all the regions in NSW were back with their strongest debating teams to compete for the Neil Gunther Trophy. To acquaint myself with my teammates, a training day was organised where we participated in practice debates and bonding activities. Having understood our positions, strengths and weaknesses, we were prepared for the competition, which was being held at the Women's College in the University of Sydney. The competition itself was a unique experience that allowed me to be immersed completely in debating and hone the craft as a result of seven consecutive debates held over three days. Ultimately, Sydney region won four debates and made it to the grand final, however, lost to Western Sydney in a split decision.



I would like to thank my coach Ruby and PDC coordinator Ms Cook for providing me with this opportunity and to Ms Rigby for organising the debating program and ensuring it operates smoothly every week.

Vishruth Anand 10M



STUDIES OF RELIGION

Last Friday, the Studies of Religion II boys headed to the Chau Chak Wing Museum at the University of Sydney. We went on a thorough tour through a vast array of artefacts and exhibits, including (but not limited to) Ancient Egyptian mummies, Ancient Roman figures, and even LEGO replicas. To finish our day, we individually handled actual artefacts and drew them, learning about

archaeology and what sources can tell us. Personally examining the distinct and different impacts of religion in various cultures throughout history solidified our understanding of SOR, and we all appreciated the wealth of knowledge around us. Thanks to Ms Luu, Ms Christodoulou, and Mr Cotton for making it happen.

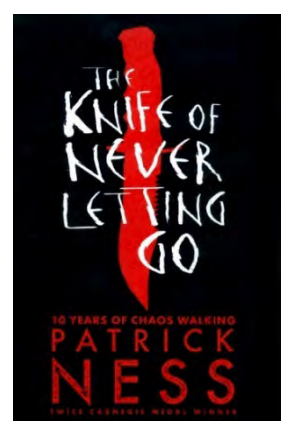
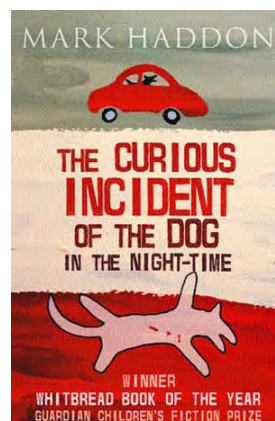
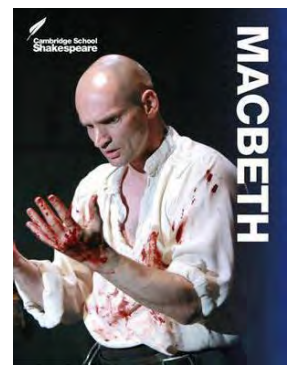
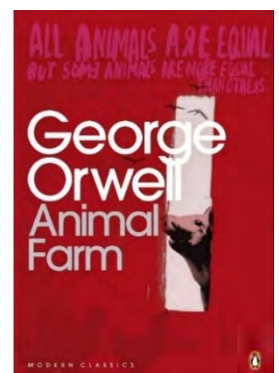
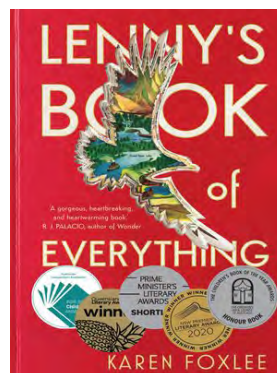
Subhan Mustafa 11M

English Textbooks to Return

At the end of the year, it is important for all students to return every book they have borrowed from English. There are still a large number of books that have not been returned. A few covers of the books to look out for and return are shown here, but anything that has a yellow SBHS barcode on the back cover needs to come back to the school ASAP.

Thank you

English Faculty



2022 Premier's Reading Challenge



NSW Department of Education

2022 NSW Premier's Reading Challenge

Start reading now!

Key dates for students in K-10:
 Challenge opens Monday 28 February
 Challenge closes for student entries Friday 19 August

Artwork by Stephen Michalko

www.premiersreadingchallenge.nsw.edu.au

ePlatform NSW GOVERNMENT

Another year is over for the Premier's Reading Challenge (PRC). Over 430,000 students across NSW participated in 2022. Congratulations to all the High boys who completed this year. The PRC's aim is to instill a life-long love of reading in young people. As a letter from the Premier states, "Reading can offer opportunities to explore the world around us and to imagine new possibilities." Many more students entered than completed, but this year was my first as the coordinator, and I wasn't as coordinated as I could have been, so next year I will be promoting and encouraging and exhorting more than I did this year. Let's try for a record number of completions in 2023!

The 2023 PRC is open to student entries from February 27. Any books that students have read since the end of the 2022 challenge, and books read over the holidays, can count towards the 2023 Challenge, so now is the time to be borrowing for your holiday reading. Parents can help by encouraging students to participate, and by engaging in conversations about books with their sons, asking what they're reading, knowing what genres they like, buying them books for presents, going book shopping together, or taking the family to the local library to engage with books.

This year we had six students receive a medal for their participation in the PRC. These are for students who have demonstrated outstanding commitment to reading by completing the Challenge every year from Year 3 to Year

9. The students also receive a letter from the Premier, Dominic Perrottet, congratulating them on their achievement. This year the recipients were: Dane Hong (9M), Jaden Le (9M), Jake Matthews (9S), Karthik Mydukuru (9T), Louie Zhang (9R), and Oscar Zhang (9F).



In addition to the medal recipients, three students received special awards for their long-standing commitment to the Challenge. Oliver Buikema (8F) received a Gold Award for his fourth successful year in the PRC, and James Nguyen (10S) and Samuel Wen (8T) received Platinum Awards for seven years of continuous involvement.



Well done to all the boys who entered, completed, and received recognition for their efforts. Let's aim to have the best results ever in the 2023 Premier's Reading Challenge!

Dr R Love
 Andrews Junior Library



Music NOTES

THANK YOU

The Music Department would like to THANK students, parents, guardians, the music committee and all music staff involved in the Music Performance Program for their hard efforts this year!

We wish you and your family a MERRY CHRISTMAS and a HAPPY NEW YEAR!

2023 Music Performance Program

* Music Ensembles & Private Instrumental Lessons will resume from Tuesday 7 February 2023 (Term 1 Week 2), unless advised otherwise by the ensemble conductor and/or private instrumental tutor.

* Please ensure students take their instruments home over the break – No access over the break. The music storage room will be locked from Friday 16 December, 3.30pm and will not be open until the start of Term 1 in 2023.

* Please check the 2023 music ensemble schedule on the following page. There are minor changes.

* Students will need to ensure to check the Music Performance Program Canvas page regularly for any updates/changes for 2023.

Semester 2 Music Co-Payment

We only have a few more outstanding payments – we kindly ask parents and/or guardians to check and pay through the Parent Online Payment Portal and/or visit <https://pay.sbhs.net.au/> as soon as possible.

Marching Band 2023

Marching Band will commence from Term 1 Week 5.

There will be two Marching Band workshops in Term 1.

* Tuesday 28 February 2023, 9.00am – 12.35pm (Great Hall/MPW).

* Friday 3 March 2023, 9.30am – 11.40am (Great Hall/MPW).

From Term 1 Week 6 – there will be rehearsals on:

* Tuesday 3.30pm – 4.30pm (Great Hall/MPW).

* Friday 8.00am – 9.00am (Great Hall/MPW).

Students can access and download Marching Band Sheet Music via the Music Performance Program Canvas page > Files > Music Ensembles > Marching Band. Students are required to practise the following pieces / *Am Australian*, *Tipperary March* & *Waltzing Matilda*.

Mandatory attendance is required for all students who are in the school's concert and stage bands (woodwind and

brass players only) and selected percussion students (no piano or guitar players required).

Music Parking; Sunday 8 January 2023

We have an upcoming parking event to collect essential funds for the SBHS Music program. We really appreciate the help, and the boys will get award points for participating. If you are in Sydney, please consider signing up as a lot of people will be away during this time.

Cricket - DAY 5 Test Match Australia vs South Africa

Date: Sunday 8 January 2023

All day event: 1 shift 8:00 am to around 12 Noon

We need 4 parents and 4 boys (or could use 3 and 5). Please note that as this is a Day 5 Cricket Test Match, there is a chance that it won't go ahead, so we will make sure to keep all volunteers informed prior to the day!

To sign up, please enter your details into the following Google Doc:

https://docs.google.com/spreadsheets/d/14MKv51ybKOL_T8vUk-VfDotG00GSxSlcw8ndlla7o7OK/edit#gid=0

We'll be checking the music email address below over the holidays, so please send any questions to sbhsmusic@gmail.com

Thank you!

2022 Music Parent Committee

Music Storage Room

* Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

* Please ensure students take their instruments home over the break.

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.

2022 Music Ensemble Schedule

MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Senior Strings Ensemble 7.45am – 8.45am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.45am – 8.45am Room 201	Philharmonic Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203 <i>Terms 1 and 2 only</i>	Marching Band 8.00am – 9.00am MPW/ Room 102 <i>Terms 1 and 4 only</i>
(After School)	(Before School)	(Before School)	(Before School)	(Before School)
Guitar Ensemble 3.20pm – 4.20pm Room 201	Percussion Ensemble 3.45pm – 4.45pm Room 201			Jazz Ensemble 3.30pm – 4.30pm Room 201
	Marching Band 3.30pm – 4.30pm Great Hall/ Room 102 <i>Terms 1 and 4 only</i>			

2023 Term 1 Music Events Calendar

WEEK	DATE/TIME	EVENT	MUSIC STUDENTS INVOLVED
1	Friday 3 February, 10.05am	Welcome Year 7 and Summer Sports Assembly, Great Hall	Daniel Su (11E) Joshua Tang (11R)
2	From Tuesday 7 February	ALL private instrumental lessons and music ensembles resume rehearsals	Music Performance Program
2	Tuesday 7 February	Welcome Evening for New Parents, Governors Centre, 6.00pm	Thomas Chen (11S) Andy Huang (11E) Ethan Hybler (11R)
2	Thursday 9 February, 6.30pm	Music Recruitment Night, ZOOM	Year 12 Music Prefects: Harrison Francis (12R) Benjamin Pirom (12F)
3	Tuesday 14 February, 9.45am	Years 10, 11 and 12 Awards Assembly, Great Hall	TBC Elective Piano Students
3	Tuesday 14 February, 7pm	Presentation Night, Governors Centre	Moshi Tao (12M) Ivan Zhai (12T)
3	Wednesday 15 February, 9.45am	Years 7, 8 and 9 Awards Assembly, Great Hall	TBC Elective Piano Students

Music Events are continually added and/or are subject to change



Bring Your Own Device 2023

PRODUCT OPTIONS

Our **recommended** devices are designed to simplify your choices and purchasing processes. A range of devices in a range of form-factors are available. All meet the school's Device Specification. All have specifications chosen to ensure reliability and all are backed by a multi-year warranty where the school will act as warranty agent on your behalf. Sydney Boys High School has partnered with JB Hi-Fi Education to make our recommended devices available:



Lenovo Yoga L13 G3

\$1294

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 8GB RAM + 256GB Storage
- 360 degree rotating hinge
- Windows 11
- 3 Year warranty, school-supported.



New Microsoft Surface Laptop

Coming Soon

- Multi-touch with full keyboard
- 2256 x 1504 pixel screen
- 8GB RAM + 256GB Storage
- Conventional laptop form-factor
- Windows 11
- 3 Year warranty, school-supported



Microsoft Surface Pro

\$1961

- Multi-touch with keyboard cover
- 2800 x 1920 pixel screen
- 8GB RAM + 256GB Storage
- Detachable keyboard cover
- Windows 11
- 3 Year warranty, school-supported



Apple MacBook Air

\$1356

- Laptop with Apple's M1/M2 processor
- 2560 x 1600 pixel retina screen
- 8GB RAM + 256GB Storage
- macOS 13 'Ventura'
- 3 Year warranty available, school-supported (you must select the 3 year warranty to receive support from the school)

HOW TO BUY

- Visit the JB purchasing portal at <https://sbhs.co/bbuy>
- Log in with code **SBHS2023**
- Purchase using a credit card, BPAY or on interest-free terms
- Click and collect from your local JB Hi-Fi store



SYDNEY BOYS HIGH SCHOOL

Nurturing scholar-sportsmen since 1883

JB HI-FI SOLUTIONS
FOR EDUCATION



Tennis Update Week 10

I wish you all a very Merry Christmas and a Happy New Year. I hope it is an enjoyable time for you all, with potentially a family game of tennis or two. Tennis is a unique sport in that you can play versus various opponents and pairings. The SBHS Tennis program has a large emphasis on development and improving performance, however, fun and long-term physical activity remain a core component of the school program.

A few messages to be aware of ahead of the new year.

- Years 7, 11 and 12 return to school on Tuesday 31 January (that is Year 7 next year, parents of boys currently in Year 7 your boys are going into Year 8, growing up fast).

- Years 8, 9 and 10 return to school on Wednesday 1 February 2023.
- Amongst the Year 9 cohort will be the Year 9 opportunity class consisting of 30 boys. Current Year 8 parents please be aware that these new students will be given the opportunity to choose and trial for a sport of their choosing.
- The schedule starting in the first week (No morning session for the 16's & 13's in the first week):

Term 1 Week 1 - 7					
All Tennis Athletes are to attend 1 speed & agility session a week					
Group	Monday	Tuesday	Wednesday	Thursday	Friday
1st-3rd	School 7-8:45am		School 1-3pm	Jnr 1st & 2nd Grade Eastcourts 1-3pm	School 7-9am
4-8th		School 7:15-8:45am	Moore Park 1-3pm	School 7:15-8:45am	
16's	Moore Park 7:15-8:45am		Prince 1-3pm		
15's			School 7:15-8:45am	Prince Alfred Park 1-3pm	
14's			Moore Park 7:15-8:45am	Moore Park 1-3pm	
13's		Moore Park 7:15-8:45am		School 1-3pm	
Development Squad	Development Squad are to train with the 4-8th grade in the mornings and their age groups during Sport Time. They will also have a session every Saturday at Moore Park 12-2pm				

Speed & Agility	Monday	Tuesday	Wednesday	Thursday
	Year 7 and 10	Year 8 and 12	Year 9	Year 11

- There is a Saturday fixture the first week back – Saturday 4 February 2023.
- Monday 6 February (Week 2) is the school swimming carnival, only 1st - 3rd grade will train in the morning, no speed & agility session in the afternoon or morning session for the 16's.
- The last Saturday tennis fixture will be on 18 March 2023.

Kurt Rich
MIC Tennis



WEIGHTS ROOM

Weights Room Holiday Opening Times

Like many of you I am looking forward to being able to have some time to relax over these holidays. However, it is important to maintain physical activity. There is a reason why the PDHPE program tests the 1.6 after the holidays, it reinforces the concept that physical health is more than just getting fit for sport, it is about living a quality healthy life. The weights room will remain open to its members during the holidays re-opening on Monday 9 January. It will be open every Monday, Wednesday and Friday 7-9am until school resumes.

Students who are not members will have the opportunity to trial the weights room when school returns.

Congratulations to Leo Yang for winning the Year 7 Chin Up Championship of 2022 with 16 chin Ups. This was the most intensely contested Year 7 Chin Up championship since its 2015 inception. Multiple boys surpassed 12 chin ups, well done to this group of Year 7's who have worked tirelessly. Special mention to Tom Ye who passed all 6 mandatory programs and is now moving on to an individualised program designed in consultation between Head Coach and athlete.

Kurt Rich
Head Strength & Conditioning Coach

Year 7 Chin Up Champion





SBHS SAILING

Overview

On Wednesday we sailed out of the comfort of Rose Bay into the outskirts of Sydney Harbour, where rough waves paired with unreliable winds which tested our abilities. Unfortunately the junior session was cancelled on Thursday due to dangerously high winds. However, spirits remained high with excitement for the annual Sailing Christmas Party held this Saturday.



Christmas Party

The party began with an amazing feast where each family



brought some food, ranging from mini burgers to chicken wings to Swiss rolls. We then sailed leisurely around the bay, with a few parents even switching in to experience sailing firsthand. Overall, the Christmas Party this Saturday was a great conclusion to the year.

Finally, I would like to thank the parents' committee for organising this event, coaches Hugo Leeming and Sam Steinberg for their excellent help and advice over the years, and MIC Mr Cotton for his unwavering support for the sailing program.

Zhitian Mai 11F



Back to Sheds Day High Notes Report

The Back to the Sheds Day and the shed race has always



been a highly anticipated event in the season calendar, and last Saturdays was the first time in three years it hasn't been hindered by the pandemic or bushfires. The day had a highly successful turnout of Old Boys including the 6 seat of 1957 Head of the River winning crew and vice-captain John! Three Vllls of different ages raced each other with the two old boy crews mostly made up of rowers from the class of 2019 and 18 who reinvigorated their old racing spirits. Each crew took it right to the line with the current High Eight narrowly beating out the less tired old boys, hopefully reminding them of better times during school. The preceding shed race also contained many highlights and impressive performances, specifically the First VIII overcoming a minute deficit to inch out the Second VIII at the end. This year's shed race was also the first in some years to have SGHS crews racing with the High crews. Their rowers later arrived at our sheds for the delicious morning tea which was particularly appreciated by the famished rowers.

A massive thank you to every parent involved in making this year's Back to the Sheds Day possible. This day was a certified success.

Zhangbo Wang 11R

Captain of Boats

Season Schedule:

https://docs.google.com/spreadsheets/d/18DinR3sXfasR1wqheJvoxy4x6hqEtyEQSGt_1P9QVO/edit?usp=sharing



Individual training schedule

Available through the student/parent portal:

<https://portal.clipboard.app/sbhs/>

Holiday Training Schedule:

Week beginning January 9, 2023	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior A			Row - 7-9am	Row - 7-9am	Row - 7-9am	Row - 7-9am
Senior B					Row - 7-9am	Row - 7-9am
Year 10 Vllls				Row - 7-9am	Weights for weights room members - 7am	Row - 7-9am
Year 9 Quads			Weights for weights room members - 7am		Weights for weights room members - 7am	
Year 8 Quads			Weights for weights room members - 7am		Weights for weights room members - 7am	
Week beginning January 16, 2023	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior A			Row - 7-11am	Row - 7-11am	Row - 7-11am	Row - 7-11am
Senior B					Row - 7-9am	Row - 7-9am
Year 10 Vllls	Weights for weights room members - 7am		Row - 7-9am	Row - 7-9am	Weights for weights room members - 7am	Row - 7-9am
Year 9 Quads	Weights for weights room members - 7am		Weights for weights room members - 7am		Weights for weights room members - 7am	
Year 8 Quads	Weights for weights room members - 7am		Weights for weights room members - 7am		Weights for weights room members - 7am	
Week beginning January 23, 2023	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior A	Row - 7-11am	Row - 7-11am	Row - 7-11am		Row - 7-11am	Row - 7-11am
Senior B	Row - 7-9am	Row - 7-9am	Row - 7-9am		Row - 7-9am	Row - 7-9am
Year 10 Vllls	Row - 7-11am	Row - 7-11am	Row - 7-11am		Row - 7-9am	Row - 7-11am
Year 9 Quads	Row - 7.15-9.15am	Row - 7.15-9.15am	Row - 7.15-9.15am		Row - 7.15-9.15am	Row - 7.15-9.15am
Year 8 Quads	Row - 7.15-9.15am	Row - 7.15-9.15am	Row - 7.15-9.15am		Row - 7.15-9.15am	Row - 7.15-9.15am





Back to the Sheds 2022

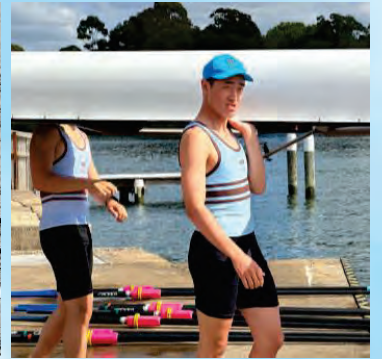
Annual event for Old Boys to connect with current rowers at Outterside Centre





Back to the Sheds 2022

Annual event for Old Boys to connect with current rowers at Outterside Centre





High Cricket



Cricket Results – 2022 Term 4 Week 10 Australian 5-Highs

Sydney High's first Australian Five Highs team in 2 years travelled to Perth to play Adelaide, Brisbane state and Melbourne high hosted by Kent Street.

Day 1 vs Adelaide High School

At the start, the team were nervous playing their first game on Day 1 against a strong Adelaide team, however two beautiful deliveries by Udey got us up and firing. The team's strong start was combatted by an equally strong Adelaide batting line-up resulting in us conceding 229 runs after the 50 overs. Even though the boys suffered a huge loss through Raunak's dislocated finger during the bowling innings there was still optimism around the camp. With Sumanth (49) continuing his strong GPS form and Aayush (59) firing on all cylinders, the two batsmen were able to put up a brilliant 86 run partnership before Adelaide hit back. Following some quick wickets, High launched a counterattack with Duvindu (29), Kavin(28) and Ramin(7*) all chipping in before eventually falling short.

Day 2 Bye

On Day 2 it was the teams rest day and so Mr Smith and Michael (coach) took the boys on an excursion to Fremantle. With the sun blazing the boys enjoyed their day off and bonded as a team, going to the beach and coming back to watch the sunset in the city.

Day 3 vs Kent Street Senior High School

On Day 3 we versed the hosts in Kent Street. A formidable opponent winning both their games prior to this matchup. At the beginning of the match Jordan Quiggin ripped through our batting line up till Duvindu (25) and Aayush (33) managed to bring the collapse to a standstill however only achieving a total of 107 for Kent Street to chase. In return an economical spell by Nish and Udey, who once again got an early wicket, gave the team the slightest hope of winning. However, after some good batting by Kent our score proved too little to defend.

Day 4 vs Brisbane State High School

On Day 4 High faced Brisbane State, who despite having one win on the board this was a very winnable game. Immediately the team felt the pressure with a very solid partnership of 168 by the Brisbane opening partnership,

however a spirited performance by the bowling attack with Udey claiming another three wickets, Ashwin taking 1 as well as Zayn, Kavin and Atharv bowling economical spells. Brisbane were kept to 277 runs, a very chaseable score on a small ground. Immediately Pranav's flashy start, hitting a majestic 6 allowed the batting line up to take the momentum. Following this, Udey's breathtaking 69, scoring his first 50 in his career, alongside Aayush and Raunak's 41 and 43 respectively, allowed us to be in a very strong position going into the final overs. However, Atharv's late heroics proved a little too late as once again the team fell short by a margin of 16 runs.

Day 5 vs Melbourne High School

While being gutted everyone was motivated to get this final win against Melbourne and to take home the Cecil Rubie Trophy on the final day of the trip. On the last day the tension was in the air, a huge rivalry had been built between Melbourne and Sydney High as both teams were yet to get a win. Pranav and Sumanth began the batting innings brilliantly with a 66 run stand. Pranav then continued onwards putting pressure on the bowlers and attacking when needed to and carried the team to a well-earned 61. Aayush and Ayaan both scored important 30s to get the team over the 200 mark putting a very good total on the board. The Boys immediately put the pressure on the Melbourne batting line up with 2 quick run outs putting High on top. However with their Vice Captain and Captain at the crease they were able to make it to drinks with wickets in hand. However, brilliant economical bowling by Raunak picking up 4 wickets and an all-round effort by the bowling line up got High their first win of the season and the most important one as we retained the Cecil Rubie trophy.

Raunak Roy 11S

1st XI Captain

The 5 Highs trip was one to remember with many memories created along the way. One of the most important things on the trip was that we left everything on the field. On the field we were opponents with other teams, but off the field, we were all mates. It was good to see all of us exchanging shirts and taking photos with players from the other teams, building friendships and connections. Ramin Hossain and I were lucky enough to catch up with our Brisbane High School billets from East coast cup all the way back in Year 7, who stayed in our homes for 3 days. Overall the trip was a memorable one not just because of the cricket but the experiences we had off the field as well. A big thank to Mr Smith and Mr Quinn for taking us on the 5 High Carnival.

Sumanth Bodidi 11M

Cricket Prefect



The boys after winning the Cecil Rubie Trophy



Team photo in Perth city after a long day out



Sumanth Bodidi catching up with his billet

Photo with hosts Kent Street High School



Ramin Hossain catching up with his billet



Raunak Roy with the leading run scorer of the tournament



Pranav Sampath with one of the Brisbane boys

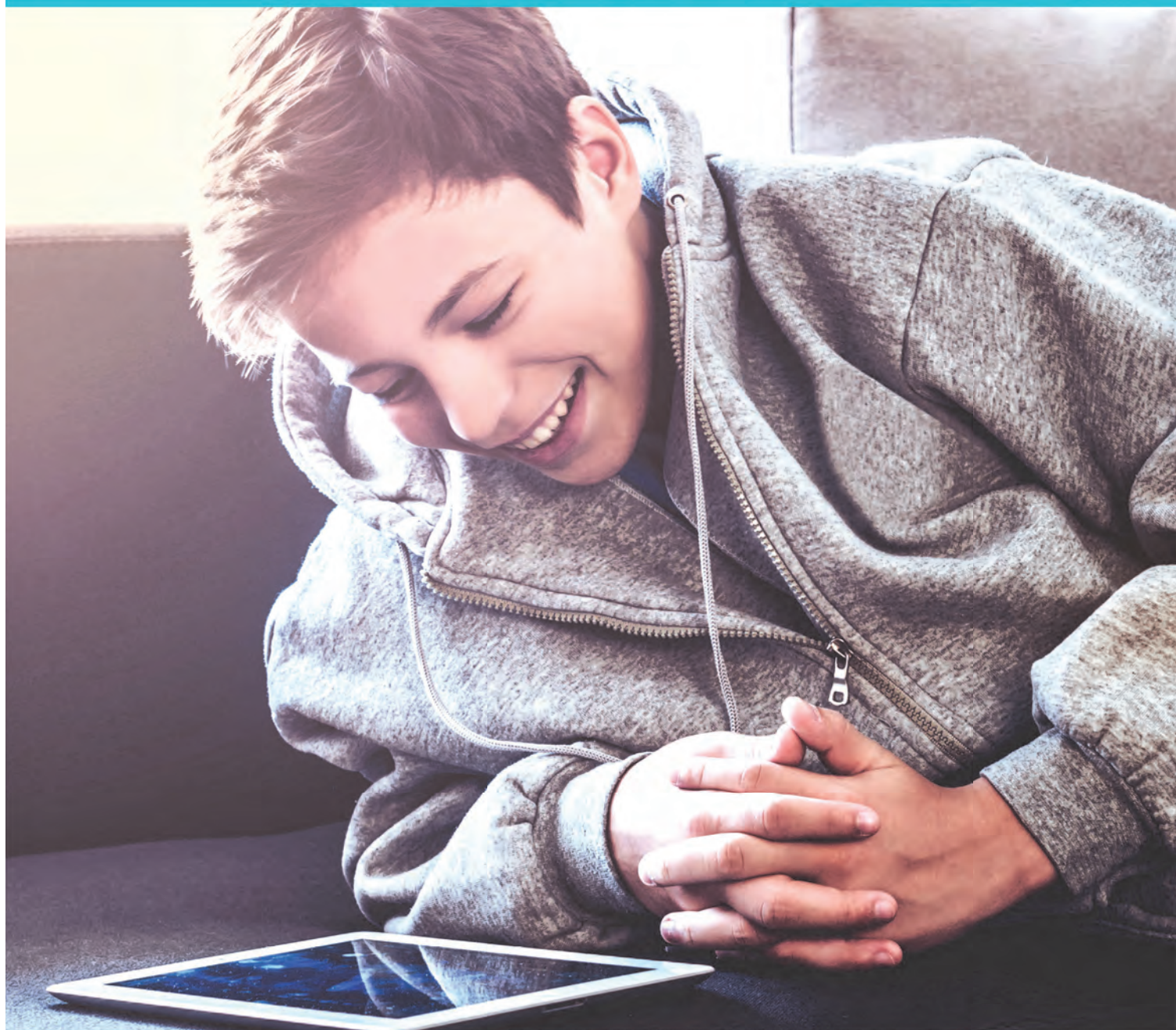


Aayush Madan with the leading wicket taker of the tournament

David Smith
MIC Cricket

Sumanth Bodidi 11M
Cricket Prefect 2022/2023

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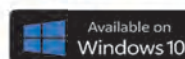
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Your role

Volunteer just 1 hour of your time each week, for 10 weeks, with a means-tested student. You can take part from the comfort of your own home as all lessons are virtual. Through tuition and mentoring you can make a huge difference.



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Meet Jason and learn about the difference you could make!



Jason* is a Year 12 student attending his local High School, based in Western Sydney. He recently joined Ethical Education and was paired with Azam, who tutors him in Chemistry and speaks to him about his personal development and attending university. Before hearing about Ethical Education, Jason was paying for tutoring classes through casual work at McDonalds.

Jason says: "I really appreciate what you guys are doing, this is the best thing that has ever happened for a Year 12 like me."

Change-making is accessible. Sign up and make education more accessible.

**pseudonym used for student safety*

Find out more and join our cause...



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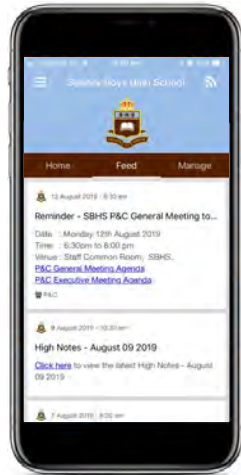
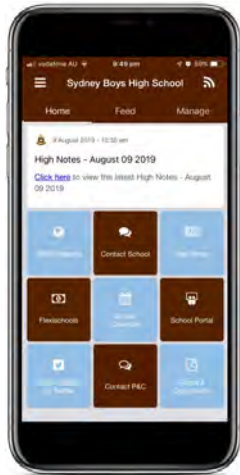
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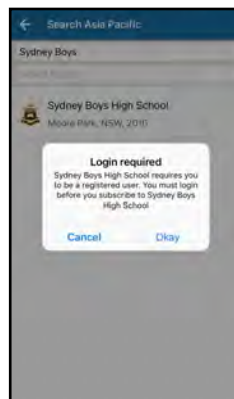
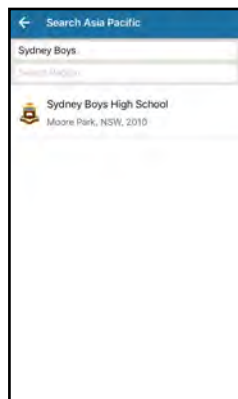
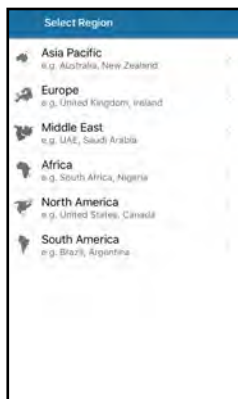
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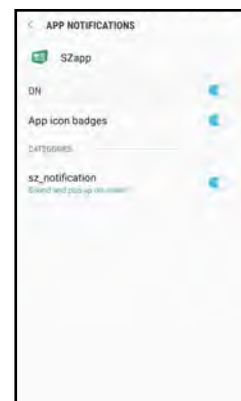
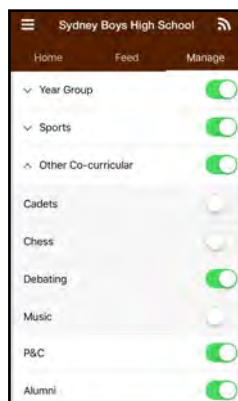
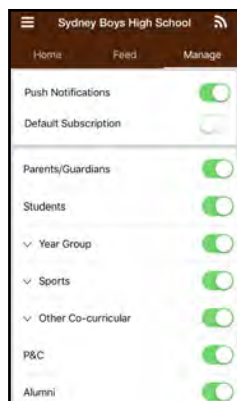


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Kids and Teens Programs

2023

Photo: Cecilia Jackson

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School Holiday Workshops

Summer

9-13 January 2023

16-20 January 2023

Autumn

11-14 April 2023

17 - 21 April 2023

Art Club

After school weekdays

Term 1 - Drawing and Painting

6 February -

31 March 2023

Term 2 - Drawing and Printmaking

24 April -

16 June 2023

