



The Weekly Newsletter of Sydney Boys High School

From the Principal High Talent Henry Lau (10S) scored 39 points against

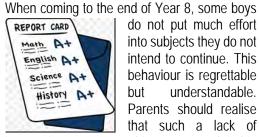


Riverview last Saturday. His performance was in the top five of all time for a High student in first grade basketball since our records began. Congratulations, Henry. Joshua Li (8S) and Eric Scholten (10R) who have been invited to sit the Australian Maths



Trust, Australian Mathematics Olympiad examinations to be held on February 7 & 8 next vear. This examination decides who will be chosen to attend the AMOC Selection School. Congratulations, boys, on your invitations to this prestigious event for school mathematicians. Well done to Andrew Yang (11S) who won a gold medal as Runner-up (by one point) in the Painting section of the Young Australian Art Awards.

Interpreting Year 8 Reports – Semester 2



do not put much effort into subjects they do not intend to continue. This behaviour is regrettable but understandable. Parents should realise that such a lack of

interest in one or two subjects can result in big fluctuations in grades awarded by teachers, and in turn, cause large movements in overall ranks. Such fluctuations will be reflected in ratings on 'skills and participation' by teachers on reports and by comments from the Principal. From one perspective, parents can appreciate better what

sort of learner their son is not. It is better not to persist in a discipline that does not excite you. For other students, doing well in the Yearly examination is their objective. They can turn around their cruising first semester with much more self-disciplined effort in the second half of the year. Elective choice going into Year 9 is very important. Students need to follow their interests in a low-stakes choice environment. Some boys change both electives again in Year 10! We offer a wide range of electives for students to experience different learning contexts, with varying content and required skill sets. By the end of Year 8, the generalist focus for secondary education is completed. That is, compulsory experiences in music, visual arts and technology have now finished. Stage 5 is characterised by learner exploration and enlargement of perspective. Students start to prepare for Stage 6 selections by trialling subjects. Of course, the core subjects are vitally important and students need to be held accountable for their satisfactory progress. Discuss your son's report from the two perspectives - core and future electives. Talk about their selections with them.

Caught doing the right thing

Digonto Roy Chowdhury (11R) exhibits our school values of compassion and respect. I



received the following email from a commuter recently.

'Yesterday around noon I happened to be on a tram with a few of your school students. Among these students was a young boy by the name of Digonto. I

would like to applaud your school on the efforts of chivalry and gentlemanship. As I was getting on the tram, he urged his friend/ peer to relieve his seat so that I could take a seat. Upon reaching the central station, he offered to carry my trolley up the stairs as we were both going on the same platform and departing at Ashfield station. He even helped direct my way to the swimming pool and walked with me almost to the pool as he said he lived nearby. Seeing such acts of kindness on this day was very refreshing and it was indeed a pleasure meeting children from this school which I have been past multiple times. I congratulate the school on its values and

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hope to see more young men act in the same way as one of your students.'



Notice to Year 10 Students and Parents

The *Life Ready* course is **mandatory** for all students in Stage 6. At High, we cover the bulk of the course in the **last few days of Term 4 in Year 10**. The workshops and guest presenters are only available once, and in this time period only. Any student who misses this course will have to work through **25 hours** of DoE materials in his own time, incurring significant extra cost. It is very important for all boys in Year 10 to be at school in the last days of the year.



Scholarship Applications

Applications for scholarships have now closed. The Principal has assessed the applications, consulted with the Head Teacher Wellbeing and the successful applicants have been notified by letter. Thank you to all the students who applied. All were worthy. Decisionmaking was difficult. Congratulations to those receiving scholarships and encouragement awards. I encourage more students in Year 9 who have a track record in school and community service to consider applying for the Sir Roden and Lady Cutler Foundation Scholarship next year.

Dr K A Jaggar Principal

Opal Card Reminder

Please remember to **tap on** and **off** when travelling with a school opal card.





Year 9 Students Senior Uniform

Purchase your senior uniform NOW to avoid long queues. Senior Tie \$32.50 Senior Trousers \$90 Short Sleeve White Shirt 14-22 \$32, 24-28 \$34 Long Sleeve White Shirt 14-22 \$34, 24-28 \$36



Special thanks go to the High Store's wonderful & caring school volunteers who worked continuously to service our new students to the school on Orientation Day. Charmaine Francis, Delia Leung, Jess Tam & Rowena Walker.

HIGH STORE

Holiday Opening Times

Monday 16 January 2023 - Hours 10.30am – 1pm Friday 27 January 2023 - Hours 10.30am – 12pm Monday 30 January 2023 - Hours 10.30am – 1pm

NEW Students entering Year 7 or Year 9 or Year 11 in 2023 will not be processed on Monday 16 January 2023.

MASKS must be worn to enter the High Store.



Meet the Teacher Interview Ms Hannah Jackson



Describe a little bit about yourself and your role at this school.

I have been teaching at SBHS for over 5 years in various roles across the school. Most recently I have been appointed to PDHPE.

Why do you teach PDHPE and what do you enjoy about it?

I have been teaching PDHPE at SBHS now for a year. I love seeing students in a completely separate environment to the classroom and it's always a bonus to teach in the sunshine! To see students moving, organising and thriving within a team to improve themselves and their teammates always makes teaching PDHPE exciting.

What do you find unique about teaching at SBHS?

I love how committed students are to their education, with some travelling long distances to attend the school. Students are always kind and conscientious and it's an absolute joy being around them.

What is a fun fact about yourself?

I am the youngest of 8 children and have travelled to over 50 countries. Some of these include Cuba, Colombia and Spain.

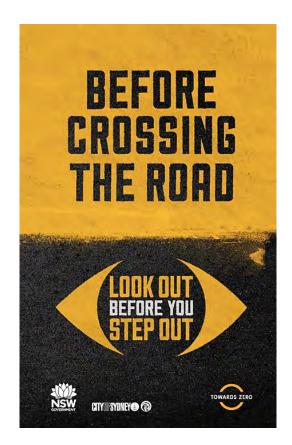
School Photo Collection



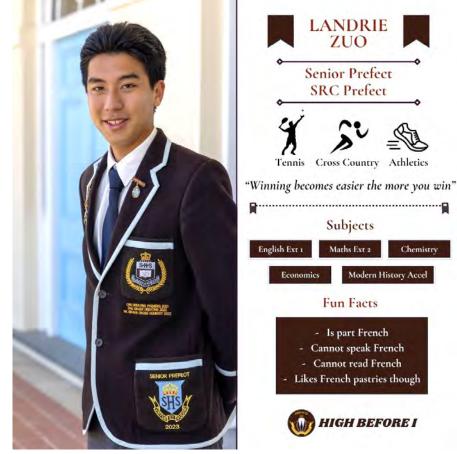
School Photos can be collected on the Gym Gallery steps (outside 901) Week 9 at recess and lunch. Please view table for year groups allocations for collection.

Day	Date	Year Group(s)
Monday	5/12/22	Year 7
Tuesday	6/12/22	Year 11
		(Recess only)
Wednesday	7/12/22	Years 8
Thursday	8/12/22	Year 10
Friday	9/12/22	Year 9

Kurt Rich Photo Coordinator



Meet The Prefect



What defines life at High?

The High boy succeeds in the classroom as a scholar and triumphs on Saturday as a sportsman. The High experience is hence distinguished by its concurrent intellectual and physical fulfilment. Through the combination of passionate staff and elite facilities, High provides its students the facilities for syllabus and co-curricular exploration, discovery, and achievement. While each High boy is an individual, we are united by the High spirit that transforms the quotidian experience into a meaningful endeavour for joint success that commences when we are clapped into the Great Hall in Year 7. At regattas, carnivals, and inside the Great Hall, we all "jump up Sydney High".

What are your objectives as a prefect body?

The prefect body of 2023 shares a united prioritisation of tradition. The disruptions of the pandemic have threatened to reduce our once palpable 'High Spirit' to an idealised notion. In 2018, our athletes, swimmers, and rowers competed with the cheers of two hundred High boys, and regardless of triumph or defeat, they were supported by their peers. Beyond the excitement and hysteria of the carnivals, ambition and camaraderie were instilled in the junior spectators: The dream that in four years, they too can row, run, and swim to the High clap. The task of revitalising a culture is insurmountable

individually as, like its founding, it requires a collective. Through the sum of our 28 prefects, we hope next year we will once again rally around the boys young and old.

How has high influenced you as a person?

Effective leadership demands a certain character of tenacity, honesty, and most critically, compassion. While these qualities are not inextricably inherent in me, my leadership roles at High have driven me to strive to display such idealised characteristics. Throughout my years at High and experiences in sport, I have learnt to empathise with the struggles of others, to listen rather than judge, to aid rather than criticise. The consecutive afternoon training sessions, morning fixtures at the Kings School, and interminable academic goals have instilled the perseverance and desire I hold today. Above all, High has shown me the value of camaraderie and friendship as after an exam, race, or match, the only constant is the people around me.

Landrie Zuo Senior Prefect & SRC Prefect



JUNIOR LIBRARY VIP READER PRIZE DRAW On Monday this week we held the draw for the VIP Readers gift voucher prizes. The VIP Readers are those who have borrowed more than ten books from the library this year.



There were two gift vouchers of \$20 each from Kinokuniya for each year group. After I drew out the names of the two winners from each year, I had a \$20 and two \$10 vouchers left which I drew from the names of all the students who had entered.





Our winners were: Mathias Elgawly (9R), Tariq Moollan (9F), Kevin Dong (8R), Leo Varthakavi (8F), Totoro Nakagawa-Lagisz (8R), Ethan He (7S), Thomas Zheng (7F), Kenzie Yuan (7S), and Charles Chen (7S).



Many students gathered for the prize draw, but the biggest disappointment was that six out of the eight winners weren't there for the draw, so next year I think the rule might have to be that the students need to be at the draw to claim their prizes. I think that would

create more excitement for the boys who are there. There might also be the rule that students get to put an entry in for every ten books they have borrowed, so the students who have borrowed more books get a higher chance of winning.

The point of the prize draw is to encourage and highlight reading at the school, and hopefully next year we will get many more students entering. Dr R Love Andrews Junior Library Year 9 Drama perform

IN REAL LIFE

By Anna Barry

Wednesday 14th December, 7pm

Drama Room, SBHS

Gold Coin Donation

SBHS Year 10 Drama Presents A performance of Oscar Wilde's The Importance of Being Earnest

Starring

Joseph Britton, Henry Lin,

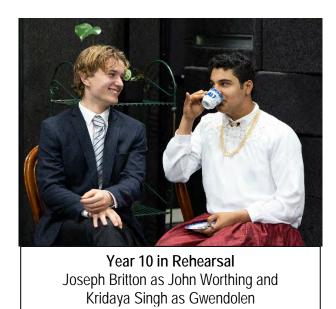
Kridaya Singh, Gurik Sall,

Bhavesh Khotapali,

Eric Scholten,

Dev Sood, Pradeepan

Nadhan, Jonathan Lin



CREW (AV) Raiyyan Ahmad, Dean Johnsun, Xavier Perry, Oscar Zhang, Chris Roussos

(Stagehands) Anay Gautam, Ethan Hong, Om Kothari, Lucas Breckon, Archie Wijaya, Akith Perera, Tuy Van Mui, Siripak Wateesatoglej, Maxwell Ma, Vivaan Wadhwad

THURSDAY - December 8, 2022 at 7pm

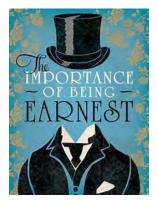
Community Audience: Parents welcome.

Reserve your complimentary tickets now!

Email cucumberhandbag22@gmail.com to reserve your seats for the evening show.



Year 10 in Rehearsal: Henry Lin as Algernon Moncrieff





Year 10 in Rehearsal: Kridaya, with Bhavesh Kothapali as Cecily Cardew



SYDNEY BOYS HIGH SCHOOL PRESENTS

END OF YEAR MUSIC CONCERT

Sunday 4th December, 1.30pm, Great Hall



GOLD COIN ENTRY



2022 End of Year Music Concert – SAVE THE DATE! ALL WELCOME!!!!!

* Sunday 4 December, 1.30pm, Great Hall.

* All music ensembles will be performing

* Students are required to perform in school uniform (white shirt, blazar not required).

* Mandatory attendance is required for all students in music ensemble(s).

* Gold coin entry.

[Please note: Students performing are required to remain till the end of the concert].

2022-2023 Music Performance Program

* There will be no more music ensemble rehearsals after the "End of Year Concert."

* Private Instrumental lessons will continue till the end of Term 4 unless advised otherwise by the instrumental tutor.

* In 2023, all music ensembles and private instrumental lessons will resume from Tuesday 7 February 2023 (Term 1 Week 2)

Changes - Term 4 Marching Band Rehearsals & 2023 Thank you to students who practised and attended all three marching band rehearsals.

*Tuesday 29 November, 3.30pm – 4.30pm (Great Hall) will be the last rehearsal for the term.

Mandatory attendance is required for all students who are in the school's concert and stage bands (woodwind and brass players only) and selected percussion students (no piano or guitar players required).

There will a few rehearsal changes in 2023 and will be communicated through SZapp, High Notes, MPP Canvas very soon.

2023 Percussion Ensemble

In 2023, the Percussion Ensemble will be reverting back to rehearsing on Wednesdays after school, 3.30pm – 4.30pm (Governors Centre Auditorium).

Semester 2 Music Co-Payment

Thank you to parents and/or guardians who have completed and submitted the Semester 2 Music Co-Payment.

We now have only a few more outstanding payments – we kindly ask parents and/or guardians to check and pay through the Parent Online Payment Portal and/or visit <u>https://pay.sbhs.net.au/</u> as soon as possible.

Music Storage Room

*Please ensure students have a CLEAR NAME TAG on their personal music instrument(s) (including instrumental accessories e.g. leads etc.).

*Please ensure instrument(s) are placed in correct bay(s) and not left on main walkway/pathway inside the music storage room.

*Non-music related items will be removed immediately.

*Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

IMPORTANT – Covid Requirements

*Students who do not feel well should NOT be at school and therefore should not be attending ensemble rehearsals and/or private instrumental lessons.

*Students will need to bring their own instrument(s)/equipment/accessories (e.g. guitar picks/drum sticks/guitar leads etc.) - items will NOT be loaned and/or supplied by the Music Department

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

<u>Students</u> will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis



2022 Music Ensemble Schedule				
MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre Guitar Ensemble 7.45am – 9.45am	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101 Senior Stage Band	Intermediate Stage Band 7.45am – 8.45am Room 101 Philharmonic Orchestra	Senior Strings Ensemble 7.45am – 8.45am Room 101 Chamber Choir
7.45am – 8.45am Room 201		7.45am – 8.45am Room 201	7.45am – 8.45am Room 201	8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203 Terms 1 and 2 only	Marching Band 8.00am – 9.00am MPW/ Room 102 <i>Terms 1 and 4 only</i>
(After School)	(Before School)	(Before School)	(Before School)	(Before School)
Guitar Ensemble 3.20m – 4.20pm Room 201	Percussion Ensemble 3.45pm – 4.45pm Room 201			Jazz Ensemble 3.30pm – 4.30pm Room 201
	Marching Band 3.30pm – 4.30pm Great Hall/ Room 102 <i>Terms 1 and 4 only</i>			

2022 Term 4 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 8B	Sunday 4 December	End of Year Concert, 1.30pm Great Hall	All students in music ensemble program
Week 9C	Tuesday 6 December	Annual Music Assembly, 9.45am, Great Hall	Moshi Tao (11M) Ivan Zhai (11T) Senior Stage Band

Music Events are continually added and/or are subject to change

2023 Term 1 Music Events Calendar

WEEK	DATE/TIME	EVENT	MUSIC STUDENTS INVOLVED
1	Friday 3 February, 10.05am	Welcome Year 7 and Summer Sports Assembly, Great Hall	TBC Elective Piano Students
2	From Monday 6 February	ALL private instrumental lessons and music ensembles resume rehearsals	Music Performance Program
2	Thursday 9 February, 6.30pm	Music Recruitment Night, ZOOM	Year 12 Music Prefects
3	Tuesday 14 February, 9.45am	Years 10, 11 and 12 Awards Assembly, Great Hall	TBC Elective Piano Students
3	Tuesday 14 February, 7pm	Presentation Night, Governors Centre	Senior Strings TBC Elective Piano Students
3	Wednesday 15 February, 9.45am	Years 7, 8 & 9 Awards Assembly, Great Hall	TBC Elective Piano Students

Music Events are continually added and/or are subject to change

Bring Your Own Device 2023

PRODUCT OPTIONS

Our recommended devices are designed to simplify your choices and purchasing processes. A range of devices in a range form-factors are available. All meet the school's Device Specification. All have specifications chosen to ensure reliability and all are backed by a multi-year warranty where the school will act as warranty agent on your behalf. Sydney Boys High School has partnered with JB Hi-Fi Education to make our recommended devices available:

Lenovo Yoga L13 G3

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 8GB RAM + 256GB Storage
- **Coming Soon**

•

\$1294

Conventional laptop form-factor

3 Year warranty, school-supported.

360 degree rotating hinge

Windows 11

Windows 11

- 3 Year warranty, school-supported
- New Microsoft Surface Laptop
- Multi-touch with full keyboard
- 2256 x 1504 pixel screen
- 8GB RAM + 256GB Storage

Microsoft Surface Pro

- Multi-touch with keyboard cover
- 2800 x 1920 pixel screen
- 8GB RAM + 256GB Storage

\$1961

- Detachable keyboard cover
- Windows 11
- 3 Year warranty, school-supported

Apple MacBook Air

- processor
- 2560 x 1600 pixel retina screen
- 8GB RAM + 256GB Storage

- Laptop with Apple's M1/M2

\$1356

- macOS 13 'Ventura'
- 3 Year warranty available, school-supported (you must select the 3 year warranty to receive support from the school)

HOW TO BUY

- Visit the JB purchasing portal at https://sbhs.co/bbuy
 - Log in with code **SBHS2023**



Nurturing scholar-sportsmen since 1883

SOLUTIONS











SYDNEY BOYS HIGH SCHOOL

Nurturing scholar-sportsmen since $1883\,$

Sydney Boys High School 556 Cleveland Street Moore Park NSW 2021 p: 02 9662 9300 w: sydneyhigh.school office@sbhs.nsw.edu.au

Incursion Information and Consent Form

Life Ready Course

Dear Parent/Guardian,

Students in Year 10 plus some year 12 Students will be going on an incursion in School on Wednesday 14/12/2022, Thursday 15/12/2022 & Friday 16/12/2022.

Year 12 students will be provided with information about what sessions they are required to attend closer to the date of the incursion.

This incursion is planned to support and supplement the following being done in school: Mandatory Life Ready Program being delivered as an incursion.

The cost of the incursion is **\$80.00** which is used to cover the cost of the presenters. Please note the last date for payment is 13/12/2022.

Additional information

Start	Wed 14/12/2022 9:00am,
Finish	Fri 16/12/2022 3:00pm,
Transport	
Dress Code	Full school uniform
Coordinator	K Rich

The last date for payment is 13/12/2022

Life Ready Course INCURSION CONSENT FORM

	I give permission for my child to participate in the Life Ready Course incursion on 14/12/2022
	I consent to my child receiving medical treatment in case of emergency
	I acknowledge that this event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at this event. I confirm that my child will not attend if displaying any symptoms of illness, and/or if directed to isolate under public health orders.
	My child has special needs for this excursion – please provide full details and include and relevant medical details:
responsible necessary medication	Then a medical practitioner has prescribed medication (including emergency medication) that will need to be administered during the activity, parents are le for: bringing this need to the attention of the school, ensuring that the information is updated if it changes, supplying the medication and any 'consumables of for its administration in a timely way and for collaborating with the school in working out arrangements for the supply and administration of the prescribed in for the duration of the excursion. The medication should be well within its expiry date. For some excursions the school will ask you to supply the medication and way to what has been already been agreed to by school. You may be asked to supply an additional adrenaline autoinjector, for example.
	IT/GUARDIAN SIGNATURE:

Rifle Shooting Luncheon



Celebrate the most successful year in the history of the Sydney High School Rifle Club with your friends, coaches, and family. Trophies, medals, and awards for smallbore and fullbore shooters from both the summer and winter seasons will be presented. We are having a buffet catered by Al Aseel with fifteen dishes to enjoy!

12:15pm – 3:30pm, Saturday 17th December 2022 The Great Hall Sydney Boys High School

- Make payment <u>before Tuesday 6th December</u> via the school Payment Portal or at the front office. Tickets are \$45 each.
- ✓ Return the form below to the school office.
- ✓ Join us at the luncheon wearing full school uniform or smart casual for guests.
- ✓ The Rifle Shooting P&C AGM will be held in the Great Hall at 11am. All parents are welcome. Fullbore parents are strongly encouraged to attend this meeting.

PLEASE RETURN THIS FORM TO THE FRONT OFFICE ONCE PAYMENT IS MADE

Sydney Boys High School Rifle Shooting Luncheon 2022			
STUDENT NAME:	ROLL CLASS:		
Type of payment: Cash/Cheque Credit card (in person) Please note: credit cards cannot be accepted	POP (online) <u>pay.sbhs.net.au</u>		
Number of Tickets: @ \$45 per ticket			
Total Amount Paid: \$ Contact Phone:			
Please complete the following to assist with planning:			
Student Name/s:	Team/se.g. 15F		
Number of Adults: Number of Students: Do you have any dietary requirements?	Number of alternative meals required		



Dining-In Night 2022

Cadet Under Officer J. Daga and Officers of Sydney High School Cadet Unit request the pleasure of the company of SHSCU Cadets, Parents & Guardians at the SHSCU Dining-In Night to be held at Great Hall, Sydney Boys High School on Tuesday 13th December 2022.

> When: 5pm - 10pm, Tuesday 13th December 2022 Where: Great Hall, Sydney Boys High School Dress Code: Smart Casual Cost: \$65 per person

Please pay (cash, credit card or POP) & submit the Permisson Slip to Sydney Boys High School Front Office by Monday 5th December 2022.

PLEASE RETURN THE FORM BELOW TO T	HE SBHS FRONT OFFICE ONCE PAYMENT IS MADE
2022 SHSCU Dini	ng-In Night Permission Slip
STUDENT NAME:	ROLL CLASS:
SCHOOL: 🗌 Sydney Boys High School	Sydney Girls High School
Type of payment: Cash/Cheque (in person only at SBHS Front Credit Card (in person only at SBHS Front O POP at pay.sbhs.net.au (SBHS students only)	ffice, no over the phone credit card payment)
Number of Tickets: Qty	•
Total Amount Paid: \$	ान उद्धप्रद्वन्ति (स्त
Parent Full Name:	
Parent Contact Phone:	Dietary Requirements by scanning/clicking on this QR Code:



Tennis Update Week 8

Some very dominant performances over the weekend verse Riverview. As we head into the last week of competition for the term, boys are reminded that they are still required to maintain training attendance and positive attitude. After this week, training sessions will be reduced to the schedule below, starting Monday 5 December.

Tennis training schedule below, if your son is unable to attend a training session please email me at

A reminder that when it is raining the morning Tennis training will be on in the gymnasium gallery steps.

Term 4 Week 9 - 10 All Tennis Athletes are to attend 1 speed and agility in addition to their court sessions Tuesday Group Monday Wednesday Thursday Friday School 7:15-1st-3rd 8:45am School 1-3pm School 7:15-9am Moore Park 4-8th 1-3pm Moore Park / 16's School 1-3pm Moore Park/School 15's 1-3pm Moore Park / 14's School 1-3pm Development Development Squad are to train with their age grade Squad

Speed & Agility Sessions:

Speed & Agility	Monday	Tuesday	Wednesday	Thursday
	Year 9	Year 7 and 11	Year 8	Year 10

richk@sbhs.nsw.edu.au and Absences.Sport@sbhs.nsw.edu.au by 5pm Thursday. If your son cannot attend his Saturday fixture, please email before the start of the match. Training & Fixtures can now be seen on Clipboard which is a new sports operating system that the school is now implementing. If your son identifies any error regarding their clipboard schedule have him contact me asap.

Term 4 Week 7 Results			
S-H-S	Total Matches Won	Total Matches Lost	Winning Percentage
1st Grade	2	7	22%
2nd Grade	7	2	78%
3rd Grade	2	4	33%
4th Grade	5	1	83%
5th Grade	5	1	83%
6th Grade	6	0	100%
7th Grade	6	0	100%
8th Grade	5	1	83%
16 A	6	0	100%
16 B	4	2	67%
16 C	6	0	100%
16 D	2	4	33%
15 A	5	1	83%
15 B	5	1	83%
15 C	6	0	100%
15 D	6	0	100%
14 A	4	2	67%
14 B	4	2	67%
14 C	6	0	100%
14 D	5	1	83%
13 A			
13 B			
13 C			
13 D			
Total	97	29	77%
Total	9/	29	11%

Kurt Rich MIC Tennis



1st Grade Water Polo Report

In the final game of the tournament, the boys were matched up against a very tough St. Joseph's team. As the boys rallied together for the last game of the tournament, we started off strong but failed to convert our early chances. We were later punished for our mistakes by the opposition, as they scored some easy goals through a basic counter down the pool. Despite our valiant efforts, St. Joseph's relentless counterattacks saw us with some catching up to do in the second half. The second half saw a repeat of the events which had occurred in the first half, as we failed to capitalise on some pivotal chances, which was later punished by the the ball being put in the back of our net. However, the boys didn't back down without a fight and we managed to salvage a goal back. Unfortunately, we were just short of being able to achieve somewhat of a comeback and lost to St Josephs placing our team 8th in the tournament. **Brian Ahn 10M**



Cricket Results – 2022 Term 4 Week 7

GPS Cricket 2022/23 vs. St Ignatius College and The Scots College

	Score	Result	Highlights
1 st XI	SBHS 10/93 def. by SIC 0/94	Loss	
2 nd XI	SBHS 10/101 def. by SIC 2/104	Loss	
4 th XI	SBHS 6/114 def. by SIC 4/115	Loss	
16A		No Game	
15A	SIC 10/78 def.by SBHS 4/79	Win	T. Choudhary 3/0 (hat-trick)
15B	TSC 10/78 def. by SBHS 6/79	Win	
14A	SBHS 10/82 def. by SIC 4/85	Loss	
14B	SIC 4/183 def. SBHS 10/25	Loss	

1st XI Report

Looking to bounce back, High lost the toss and were sent into bat. Outstanding bowling from Riverview saw High with no answers losing two crucial wickets in the first over. High continued to lose wickets in clumps being 6 for 50 at drinks. A strong effort from the tail proved vital bringing Highs total to 93 after 30 overs. A great effort from Ayaan Hafiz who's 21 runs anchored the innings for High. After lunch, the boys were looking to take ten wickets. Despite various chances, Highs bowling wasn't enough and Riverview chased down the runs in 30 overs with ten wickets to spare.

Raunak Roy 11S 1st XI Captain

2nd XI Report

After a comfortable win against Newington, we were looking to ride the wave of momentum into our fixture against St Ignatius College. Unfortunately, with the loss of many players due to other commitments, we went into the game as a completely new squad, nevertheless, with the desire to shoot up the table with another win. We went into bat first on what was a tricky deck, with many batsmen chipping in here and there to get our score into the 3 digits. After yet another great lunch by the High parents, we began our bowling innings with a wicket in the first over. However, the game slipped away as the overs went by, which sealed the win for the opposition. Nevertheless, next Saturday, after a week away from GPS cricket for all the lads, there's no doubt that our batteries will be recharged, and we will be hungry for our next win.

Ranaveer Thorat 10M 2nd XI Captain

Team of the week 15A's Report

We lost the toss but were happy with the decision to bowl. Due to the pitch being green and the weather being overcast, we had good low bounce and a lot of turn and swing. We bowled exceptionally well, taking back-toback wickets over after over whilst restricting them to low runs. Towards the end of their innings, Tafheem Choudhary took a hat-trick to hold them back to under 80 runs. Going in confidently to bat, our openers had a great partnership and capitalised on the bad deliveries with the opponents giving us many sundries. After our opener and one down got out Adhruth Anand and Abhinav Inala held a great partnership with Nehan Hossain coming in to finish the game off before drinks. **Abhinav Inala 8M**

15A's Captain

Team of the week 15B's Report

We went into the game, trying to bounce back from a terrible loss to Newington. However we lost the toss and we were sent to field. Scots found the fence quickly, but an important breakthrough from Nehan saw their opener gone. I was able to dismiss their other set batsmen, the runs could not flow for them and we restricted them to 78.

We went into bat and runs started to come but a mini collapse saw us lose 3/2 and put us on the back foot. Luckily, Alex and Nehan combined for a 36 run partnership to bring us closer to the target and Briz finished it off with some clean hitting for our 3rd win this season!

Vedantik Bhattacharyya 8S 15B's Captain

Sumanth Bodidi 11M Cricket Prefect 2022/2023



Year 7 Chin Up Championship

The Year 7 Chin Up champion will be decided during lunch, Monday on 12 December. All Year 7 weights room members need to attend to compete and / or support as well as be in the Year 7 weights room photo.



2017 Winner Nelson Cheng with 2020 Winner Dylan Dutt

Congratulations to Year 12 student Nelson Cheng who has received a Sydney East Blue as well as a NSWCHSSA blue. Nelson has also received a scholarship opportunity at ACU – Elite Athlete and Performer Program Scholarship. Throughout Year 12 he was in 1st Grade Rugby, 1st 8 Rowing and GPS Athletics. During this time he also competed in Olympic weightlifting achieving the following in the u67kg category:



- Youth (u17) State champion
- Youth National Silver medalist
- Junior (20) & 23 State champion
- Junior (20) & 23 National Silver medalist

Nelson Cheng at a competition

Clean & Jerking 113kg 3 days after completing his HSC. In combination with an 88kg Snatch his total was 201 which put him into 'F' category. This is equivalent to being eligible to represent the nation at the Youth Oceania Championships.

Kurt Rich

Head Strength & Conditioning Coach



SBHS SAILING

Overview

Last week, emphasis was placed on training the juniors how to adequately rig the boats in not only a timely manner but also as safely as possible. It is always important that we not only improve our own skills, but also that of those who will succeed us, so that they maintain the proficiency the program regularly demands.

Saturday Results

For the duration of the morning session, the strong breeze allowed for a decent downwind course, though frequent hiking was needed while sailing close-hauled. There was a noticeable pin-favour throughout the morning, which allowed for vigilant skippers to gain speed. Additionally, Mr. Cotton tried his hand at crewing and skippering with the help of Ryan Fang.

The afternoon session saw the wind fluctuate between gusts and knocks, due to the wind shifting 30-40 degrees. High 1 had significantly more success than High 2, winning all three races, whilst the latter lost all three. **Neil Ghosh 10F**







First Camp and Regatta

Our first race of the season was days away and we had an upcoming camp that would help improve our racing while providing an enjoyable experience. It was our first shed camp, and the 1st and 2nd Year 9 Quad were given an opportunity to go. The experience was new, but we had all heard great things and were super excited. On Thursday we did normal sport training and focused on doing sets at race pace. When we got back, we selected bunks and got to chill out for a bit before our next session. For the next session we did a band and core workout followed by stretches. After that tough and tiring day, we were all looking forward to dinner. Thanks to the parents' dinner was amazing and left no one feeling hungry. For some of us we had chores after dinner. We worked guickly and were able to clean the kitchens in record time. We then had time to relax before lights out. The following morning, we woke up at the crack of dawn (5:00) and changed into clothes for a morning row. It was a tiring row, but we were more confident and were feeling better. We ate breakfast, and the rest of the chores were completed.



The bus then arrived and picked us up for school. The next day it was our Regatta, and we were all nervous. We had been training hard, but it was still our first race of the season. We got our boat on the water and started our warmup. We then practiced race starts until we got within 20 minutes of our marshalling time. We lined up and as we waited for the race to start, I felt anticipation and apprehension. Then the starter yelled 'ROW!' and we executed our race start with little upset. We were away! We were chasing down the 1km and were rowing well together. It was a tough row, but we were determined to finish and powered through. We ended up coming last, but we were proud with there being nothing else we could have done. We rowed back to the sheds lightly and that brought about the conclusion to our first race! Leo Varthakavi - Year 9 1st Quad Stroke







Season Schedule:

https://docs.google.com/spreadsheets/d/18DinR3sXfasR 1wqheJvoxym4x6hqEtyEQSGt_1P9QVQ/edit?usp=shari ng

Individual training schedule: Available through the student/parent portal: https://portal.clipboard.app/sbhs/



$\stackrel{-}{\underline{\mathsf{SYDNEY BOYS HIGH SCHOOL}} } \\ \stackrel{+}{\underline{\mathsf{BACK}}} \\ \stackrel{+}{\underline{\mathsf{TOTHE}}} \\ \stackrel{+}{\underline{\mathsf{SHEDS'}}} \\ \stackrel{-}{\underline{\mathsf{2022}}} \\ \stackrel{-}{\underline{\mathsf{SYDNEY BOYS HIGH SCHOOL}} \\ \stackrel{-}{\underline{\mathsf{SYDNEY SCHOOL}} \\ \stackrel{-}{\underline{\mathsf{SYDNEY SCHOOL}} \\ \stackrel{-}{\underline{\mathsf{SYDNEY SCHOOL}} \\ \stackrel{-}{\underline{\mathsf{SYDNEY SCHOOL}}} \\ \stackrel{-}{\underline{\mathsf{SYDNEY SCHOOL}} \\ \stackrel{-}{\underline{\mathsf{SYDNEY SCHOOL} \\ \stackrel{-}{\underline{\mathsf{SYDNEY SCHOOL}} \\ \stackrel{-}{\underline{\mathsf{SYDNEY SCHOOL} \\ \stackrel{$

SHS Rowing would like to extend a special invitation to the Sydney Boys High Old Boys, Sydney High School Foundation, SGHS Rowing Committee and High Rowing community and their families to come 'back to the sheds'.

Watch the old boys crews compete against current High 1st VIII and enjoy a scrumptious morning tea after the races.

DATE: Saturday 10th December 2022

TIME:

8 am - Shed Race

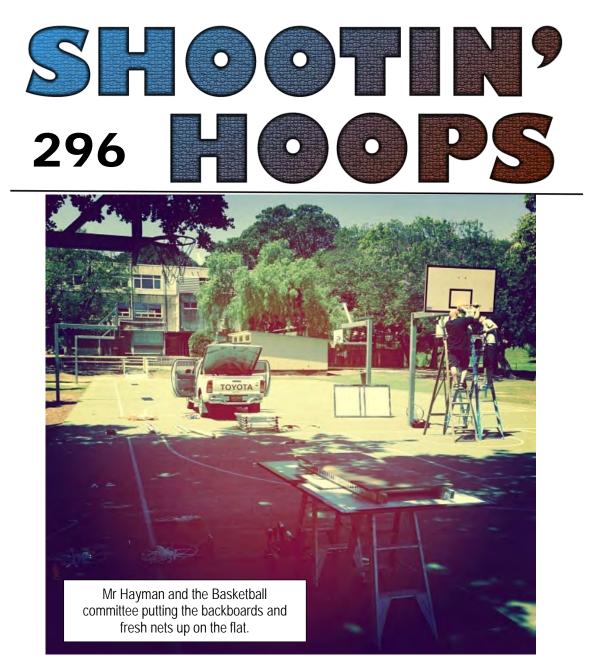
9 am - SBHS Old Boys & Special Guests Arrival
9:30 am - SBHS Old Boys vs SBHS 1st VIII Race
11 am - Boat Naming Ceremony & Morning Tea
12 pm - Back to the Sheds Day concludes

VENUE:

Outterside Centre 5 Teviot Ave, Abbotsford

PLEASE RSVP BY: Saturday 3rd December 2022 by clicking HERE

For more information, please email Binh Johnsun at: bjohnsun@bigpond.net.au



In the penultimate GPS round of the year, High had a great round against Saint Ignatius' College. The first grade side had a close, 5 point loss to Saint Ignatius' first grade side. The captain of High's first grade team, Filip Spanovic had a phenomenal game scoring 12 points with an efficiency of +19. Henry Lau had a whopping 38 points, shooting 16/19 on free throws and really stepping up and doing High proud. Henry also had an amazing chase down block off the backboard. The 16A's had a great win on the weekend against a tough Saint Ignatius side, 38-22. This is a big win for them and lets hope they can do it again next week. Other High teams that got the win on the weekend were the 9th and 10th grade side, the 16 C,D,E and F teams and the 15 C's and D's. Over the past couple weeks the High Basketball Community has done a great job on parking duty, thanks to all the people

who helped out with that. The USA tour group has three team on FIRE!! The basketball canteen has also been thriving throughout the season so massive thanks to everyone who has been helping. Special mention to Ben Hayman, who has been putting in extra work behind the scenes to make the High Basketball program shine. Go High!

In NBA news, players and teams are already breaking records, with the Boston Celtics leading the Eastern Conference, with their best start to a season in franchise history, with a record of 16-4 after their first 20 games of the season. During the Lakers vs. Spurs game Los Angeles Lakers guard Russell Westbrook had to be escorted away by Lebron James after a brawl broke out in the final few minutes of the third quarter. After picking

up a loose ball, Westbrook rose back up but was met heavily by San Antonio Spurs big man Zach Collins. Collins threw a right arm down on top of Westbrook, and the force of the blow opened a large gash on top of the guard's head.

Despite the fact that blood was streaming down his face, Westbrook charged at Collins as the two men came face-to-face, and teammates from both sides rushed in to quickly separate the two players. Officials reviewed the footage and gave Collins a flagrant 2 foul, ejecting him from the game, and gave Westbrook a technical foul, for ensuing the brawl. In other NBA news, many individual players are having record-breaking seasons, like Stephen Curry, who is currently having the most efficient season of any 'perimeter' player in modern NBA history, with a 69.8% true shooting percentage, while averaging 31.4 points per game.



National Championship team coached by Mr Hayman 2010 and 2011

Go HIGH! Play Hard, Play Smart and Play Together! Thanks to everyone who makes Shootin' Hoops possible. Brought to you Yves Rinaldi and Charlie Caro.



NATIONAL ART SCHOOL

Kids and Teens Programs 2023

Creative art workshops in school holidays for ages 6-16 and school terms for ages 15-17.



School Holiday Workshops

Summer

9-13 January 2023 16-20 January 2023

Autumn

FIND OUT

MORE

11-14 April 2023 17 - 21 April 2023 Art Club After school weekdays

Term 1 - Drawing and Painting 6 February -31 March 2023

Term 2 - Drawing and Printmaking 24 April -16 June 2023

