



From the Principal

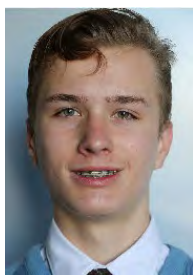
High Talent

Firstly, congratulations to the 1st and 2nd volleyball teams who both won their respective GPS premierships for 2022 last weekend. Well done to the boys and their coaching team for yet another successful season of Sydney High volleyball!



In other sporting news, the 15 years basketball team have also had a successful week, continuing their undefeated run last Monday across in the CHS Sydney East tournament competition. Congratulations boys and we'll be cheering you on in the next rounds!

Another success story this week is Joseph Britton (10S) being accepted into the NSW State Drama Ensemble. He will be participating in school holidays workshops and rehearsals for upcoming performances with the ensemble in late October. We look forward to seeing Joseph's ongoing development in the dramatic arts!



Parent-Teacher survey results

Earlier in the week the school analysed survey results on the use of Zoom for parent-teacher nights. The results clearly indicated that both parents (57.5%) and staff (67.6%) prefer the use of Zoom over face-to-face meetings due to the ease of use, clearer communication than previous interview methods and the convenience of flexible locations for online meetings. With a large number of responses also indicating no preference between Zoom or face-to-face, the school will be continuing with online parent-teacher nights in 2023.

I'd like to thank all those who responded with feedback in these surveys. The comments provided by both parents and staff were also highly valuable to assist in our planning, including remarks on the benefit of face-to-face contact for parents to get to know the teachers better. We will endeavour to refine our processes to ensure that we can best meet the needs of everyone in the school community.



NAPLAN Results

NAPLAN results have recently been released for schools to analyse and plan for student learning. On Tuesday, our Relieving Head Teacher Teaching and Learning, Ms Natalie Luu, led a planning session with our faculty Strategic Improvement Plan (SIP) Leads relating to the Year 7 and 9 NAPLAN results. All faculties discussed the results and determined how we can best support students in grammar and punctuation, reading, spelling and numeracy within their own learning areas.

Writing results analysis is currently underway to examine our next steps to support students in their writing skills. I'd like to thank the work of Ms Luu, the SIP Leads and all the teaching staff involved in developing and implementing strategies to support the boys' growth in literacy and numeracy.

On an individual level, the school will be providing additional support for students with identified specific literacy and numeracy needs observed in the NAPLAN tests. By developing these skills in the early years of high school, we intend to give every student confidence and capability in these areas for their future studies. Hard copies of individual student NAPLAN results will be sent to our school at the end of this month for distribution to parents. These will be provided to the Year 7 and 9 students in the coming weeks to take home. Stay tuned for when this will occur in future High Notes.

Memorial for Mr Bob Outterside AO



At 4:30pm on Wednesday 31st August, a memorial service will be held in the Great Hall for Bob Outterside, ex-Principal of Sydney High. We welcome members of our school community to attend as we celebrate Bob's life and the significant impact he had on so many over his incredible life.

Jamie Kay
Relieving Principal



The Outterside Centre, Abbotsford



Jeans for Genes and Headspace Barbeque

The Community Services Committee (CSC) applied its commitment across two events in Weeks 3 and 4:



The Jeans for Genes collection and Headspace Barbeque. Through the enthusiasm and High Spirit of CSC members and the school community, the committee raised critical funds for youth experiencing genetic disorders and for mental health services.

The Jeans for Genes collection on Friday the 5th of August was hosted in the Martin Place precinct. The turnout of 46 senior students at 6:30 a.m. and their sustained efforts over three hours were commendable achievements. Selling merchandise and asking for donations, the boys raised more than \$1,500 for the Jeans for Genes Foundation. With 1 in 20 kids experiencing birth defects or genetic disorders, the organisation invests donations into finding cures to conditions like cancer and cystic fibrosis. The following Monday the CSC organised the Headspace barbeque. The return of the barbeque signalled a return to High normal and tradition while the enthusiastic turnout indicated the High community's appreciation. Over lunch and recess, the boys earned \$1662.50 in mufti donations and food sales with all funds directed towards Headspace's expansion of mental health services targeted towards youth aged 12-25. Emerging from the seclusion and difficulties of the pandemic, their services are especially important in the wellbeing of students.

The CSC sincerely thanks the teacher supervision and support from Mr Ormsby, Mr Cotton, and Mr Writer during the Jeans for Genes collection, and the Year 8 advisors – Mr Rich and Mr James, along with Mr Kay, Ms Chan, Ms Luu, Ms Jassy, Mr Paul, Mr Higgins and Mr Writer, during the barbeque.

Landrie Zuo (11F)
CSC Executive - Publicity Officer



Year 10 Drama Student Success

Congratulations to Year 10 student Joseph Britton who has been accepted into the NSW State Drama Ensemble. Joseph submitted a successful audition with Iago's "Virtue, A fig!" monologue from Shakespeare's Othello. He will participate in the State Drama school holidays workshops and rehearsals for a series of performances which will take place on the 20th and 21st October. Well done Joe for your wonderful achievement. Break a leg!

Jassy Miri

English Teacher



Subject Selections for 2023

All students and parents of Years 8-10 are invited to subject selection presentations held over zoom in the coming weeks.

Each year group has a separate meeting to explain the process of subject selections and answer any questions students or parents may have. Take note of the following details for these sessions:

- **Year 10** (selections for Year 11 2023) – **6pm Tuesday Week 7** (30th August 2022)
<https://sbhs.zoom.us/j/86440923517?pwd=Uk4vMmdQdWZOL2JqbVlsZXkrdlJxQT09>
- **Year 9** (selections for Year 10 2023 & acceleration information) – **6pm Monday Week 8** (5th September 2022)
<https://sbhs.zoom.us/j/82999887464?pwd=N2ZFVVBKZ3B4ZGtlN1ZobDFwazJadz09>
- **Year 8** (selections for Year 9 2023) – **6pm Tuesday Week 8** (6th September 2022)
<https://sbhs.zoom.us/j/82999887464?pwd=V05iRDN1NVp0cVEzNTgra1BuWW1CZz09>

Due to the more straightforward process for Year 7 students in selecting their language choice for Year 8 2023, information will be provided to them in a year meeting later this term.

We look forward to seeing you all online in the coming weeks to explain this exciting next step in the boys' education.

Jamie Kay

Timetable Coordinator



AUGUST SALE

30% OFF

Cricket Academy Polo

Limited Stock

Get in NOW to save on your training top

Normally \$55 NOW \$38.50 until 31 August

LOST PROPERTY

Please label all items clearly with your first **and** last name.

This enables identification and a quick return of your article.



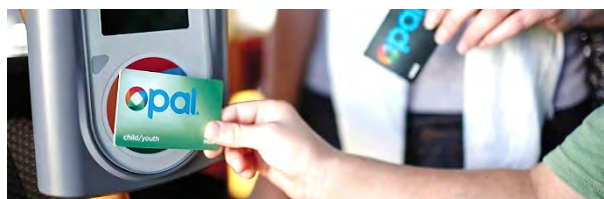
It is the responsibility of students to claim their lost property from the McDonald Wing Office during Lunch 2.

Items are cleared during the last week of each term and will not be available for collection after then.

McDonald Wing Office Staff

Opal Card Reminder

Please remember to **tap on and off** when travelling with a school opal card.



Sydney High School Old Boys Union



Your Son's Life Membership with the Old Boys Union

Dear Year 12 Parents,

Congratulations on your son completing his journey at Sydney Boys High School.

We hope that you will now help him join the Sydney High School Old Boys Union under the Student Life Membership Scheme.

By joining **before** he leaves school, he can secure lifetime membership at a reduced fee. I also joined my son up in 2019 and hope you can as well, as being part of the Old Boys Union has been a great help during my life and career.

Life Membership will provide your son a lifetime of academic, professional, business, social and sporting connections with his old school, his classmates, the other 7,000 old boys in the OBU data base and the alumni of the other GPS schools.

It will provide outstanding networking opportunities in one of the most successful, distinguished and the **oldest** alumni groups in Australia.

Life Membership will also open access to the Old Boys Union's Mentorship Program where a network of young High Old Boys provides one-on-one academic and career advice to students going through university. The Union is also in the process of establishing a job board where students can find jobs during and after University.

Another group, of over 100 more senior Old Boys with experience in many areas of business and the professions, are also available to provide one-on-one mentoring to students finishing university and in the early years of their careers.

Life Membership will be a wonderful memento of your son's time at High and one of the most valuable gifts you can give him as he starts the next stage of his life, now more than ever during these challenging times of COVID19.

If you would like your son to join the OBU and be presented with his Life Membership Certificate and Badge during a special ceremony with named seating, at the Old Boys presentation at the Year 12 Farewell Assembly in September, please pay the discounted fee of \$450. If you have already paid in instalments then only the additional amount is needed. If you are not sure please email membership@shsobu.org.au

* on-line at the [Old Boys web site](#)

If above, Please register under your son's name so his membership is under his name and NOT yours.

* by scanning and emailing this [online form](#) to membership@shsobu.org.au

- By scanning the code



If you have any queries, please contact me on 0411 452 856 or at membership@shsobu.org.au

Kind regards,

Paul Harapin (SHS '83)
President
Sydney High Old Boys Union

Meet the Teacher - Ms Jassy



Describe a little bit about yourself and your role at this school. Describe a little bit about your background in education and how you came to be an English teacher at this school.

I began teaching at SBHS in 2006, teaching Drama and English at SBHS for two years before escaping Australia for a chilli-steeped year travelling around South-East Asia and India. Kevin 07's apology and the GFC Stimulus payments tempted me back Downunder, so I clicked my ruby slippers and returned. During 2010 I taught in Deniliquin, in far west country NSW. This was more like living in Victoria than NSW, because AFL is the followed there as the one true religion. Teaching at Deni High was a memorable experience, particularly when my Year 12 students drove their utes to the swimming carnival.

Studying for my PhD in 2011 reminded me how much I enjoyed teaching, so I returned to SBHS English/Drama in 2013. My favourite experiences were directing a cast of 25 Year 10s in a play called *The Odyssey* and creating the Environment Team. Currently my faculty role is coordinator of Year 12 English Extension 1. My main aim in becoming a teacher was so I would never have to sell anything. Apart from the occasional fundraiser bake sale, I have stood by this ethos.

What do you find unique about teaching at SBHS?

Teaching at SBHS is unique is because students have never, if ever, been interested in knowing much about their teacher's personal lives - until the moment they are asked to write a "Meet the Teacher" column. Students don't appear to care who their teachers are, so long as

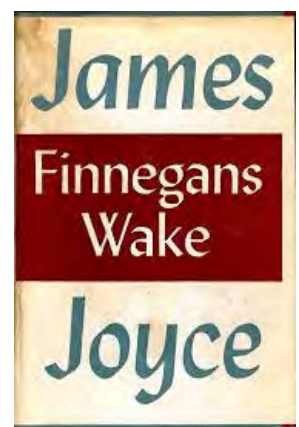
they can deliver them a win at the HSC. In all other schools where I have taught, students operate at an ASIO-level of inquisitiveness.

Given you are an English teacher, what is your favourite book and why?

Given my continuing membership of a *Finnegans Wake* Reading Group since 2004, James Joyce's final book is a forerunner. Among other favourites are the Hilary Mantel trilogy including her sublime work *The Mirror and the Light*, a history of renaissance scholars called 'Swerve' by Stephen Greenblatt, a recent Australian novel called *Sorrow and Bliss* by Meg Mason, anything adventurous by Anthony Doerr, *Elizabeth and her German Garden* by Elizabeth Von Arnem, all of Gabrielle Carey's nonfiction, everything by Elif Batuman, and everything by Rebecca Dinerstein Knight. A great fun read I enjoyed is *The Liar's Dictionary* by Eley Williams, and a brilliant book about language is *The Grammarians* by Cathleen Schine. My favourite book about a teacher is *Ms Hempel Chronicles* by Sarah Shun-Lien Bynum.

What is a fun fact about you?

I am now serving a second term as the President of The Bay Community Garden in Kyeemagh. I once grew a gigantic sunflower which weighed 1.82kg and measured 22.5cm across its glorious golden face.





SYDNEY BOYS HIGH SCHOOL

On-site Open Day

Thursday 8 September 2022 9:30am - 12:00pm

Online Open Day

Thursday 8 September 2022 4:30pm - 5:30pm

Please register <https://sbhs.co/openday>



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556 Cleveland St, Moore Park NSW 2021

sydneyboys-h.schools.nsw.gov.au

Music NOTES

Music Performance Program

It is never too late to join a music ensemble(s) and/or learn a new instrument. If you would like more information or have any questions, please do not hesitate to speak with the Music Department.

Music Storage Room

A reminder to all students in the Music Performance Program:

- *The music storage room is ONLY for instrument(s).
- *Please do NOT block the pathway inside when leaving instrument(s) in the Music Storage Room.
- *Please make sure to place your instrument(s) neatly in the appropriate instrumental bay(s).
- *Please ensure students have a clear name tag with their name/year on their instrument case.
- *Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.
- *Non-music instrumental items/accessories will be removed without any warning.

IMPORTANT – Covid Requirements

*Students who do not feel well should NOT be at school and therefore should not be attending ensemble rehearsals and/or private instrumental lessons.

*Students will need to bring their own instrument(s)/equipment/accessories (e.g. guitar picks/drum sticks/guitar leads etc.) - items will NOT be loaned and/or supplied by the Music Department.

Sydney Symphony Orchestra Young Musicians Workshop

The annual Sydney Symphony Orchestra (SSO) Young Musicians Workshop is back and will now be held at the Santa Sabina College (Strathfield). It is a weekend of inspiring orchestral activities and performance with some of the world-class musicians of the SSO. The workshop also accepts NSW Creative Kids vouchers. For more information, please visit:

<https://www.sydneyphilharmonics.com/learning/young-musicians/young-musicians-workshop>

Applications close Sunday 21st August.

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.



2022 Music Ensemble Schedule

MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Senior Strings Ensemble 7.45am – 8.45am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.45am – 8.45am Room 201	Philharmonic Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203 <i>Terms 1 & 2 only</i>	Marching Band 8.00am – 9.00am MPW/ Room 102 <i>Terms 1 & 4 only</i>
(After School)	(Before School)	(Before School)	(Before School)	(Before School)
Guitar Ensemble 3.20m – 4.20pm Room 201	Percussion Ensemble 3.45pm – 4.45pm Room 201			Jazz Ensemble 3.30pm – 4.30pm Room 201
	Marching Band 3.30pm – 4.30pm Great Hall/ Room 102 <i>Terms 1 & 4 only</i>			

2022 Term 3 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 7C	Monday 29 August – Thursday 1 September	Illuminate, Governors Centre (Times TBC)	HSC Music 1, 2 & Extension Students
Week 8A	Thursday 8 September	SBHS Open Day, 9.00am – 12.30pm	Senior Strings Jazz Ensemble
Week 8A – 9B	Monday 5 – Friday 16 September	HSC Music 1, 2 & Extension Practical Exam, Great Hall, Room 101 Times TBC	HSC Music 1, 2 & Extension Students
Week 9B	Monday 12 September	GPS Athletics Assembly, 9.45am Great Hall	Joshua Tang [10R] Roderick Nguyen [11S]
Week 10C	Monday 19 September	Year 12 Farewell Assembly, 1.30pm	Year 12 Piano Students Senior Strings Ensemble

Music Events are continually added and/or are subject to change

2022 Term 4 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 1A	Tuesday 11 October	Foundation Day Assembly /Prefect Induction, 9.45am Great Hall	TBC
Week 8B	Sunday 4 December	End of Year Concert, 1.30pm Great Hall	All students in music ensemble program
Week 9C	Tuesday 6 December	Annual Music Assembly, 9.45am, Great Hall	TBC Musicians

Music Events are continually added and/or are subject to change



The Sydney Boys High GPS Athletics season officially started on Monday 15th August. The challenging task of getting ready for the biggest annual GPS sporting event in 5 weeks has begun. This season every Monday all athletes will go through a conditioning circuit. The first week saw three stations, skipping and gym mat pushing, body weight strength & hurdles and running skills (photos from this session below). This session is designed to make the athletes more robust as they push themselves to run faster, jump higher/further and throw further.



The boys discovering that skipping is a lot harder than they remembered from primary school. Skipping has been proven as a great way to develop lower limb stability as well as providing great conditioning and co-ordination.

This upcoming Saturday 20 August is the 1st invitational which is a Twilight at SOPAC (Schedule below) all other invitationals will begin at 8am. Each invitational is an opportunity for the athletes to demonstrate their ability in their chosen event(s).

A GPS team will be selected for the final Championship on Monday.



Track			
Time	Event	Age Group	
3pm	3000 m	ALL AGE	
3:20pm	200m	U13 – Open	
3:50pm	800m	U13 – Open	
4:40pm	Hurdles	U13 – Open	
5:20pm	100m	U13 – Open	
6pm	1500m	U13/U14. U15/16, U17/Open	
6:40pm	4 x 100m	U13 – Open	
7pm	400m	U13 – Open	

Field			
3pm		SP	Open(Nth)
		LJ	U16(Nth)
		HJ	U14(Nth)
		SP	U13(Sth)
		LJ	U15(Sth)
		HJ	U17(Sth)
4:15pm		SP	U17(Sth)
		LJ	U13(Sth)
		HJ	U15(Sth)
		SP	U16(Nth)
		LJ	U14(Nth)
		HJ	Open(Nth)
5pm		SP	U14(Nth)
		LJ	Open(Nth)
		HJ	U16(Nth)
		SP	U15(Sth)
		LJ	U17(Sth)
		HJ	U13(Sth)

Please see the training schedule for next week of the season below (full schedule available on CANVAS), if your son is unable to attend a training session please email me richk@sbhs.nsw.edu.au & Absences.Sport@sbhs.nsw.edu.au by 5pm Thursday. If your son cannot attend the Saturday meet, please email before the start of the invitational.

22-Aug	Monday	7-9am	High Jump Training	Gymnasium
22-Aug	Monday	3:15-5pm	All Year Groups Conditioning	MPW
23-Aug	Tuesday	7:30-:45am	High Jump Training	Gymnasium
24-Aug	Wednesday	1-3pm	Senior Athletes	MPW
24-Aug	Wednesday	3:15-5pm	Years 8 & 9	ES Marks
25-Aug	Thursday	1-3pm	Juniors Athletes	MPW
25-Aug	Thursday	3:15-5pm	Senior Athletes	ES Marks
26-Aug	Friday	7-9am	Year 7 Athletes	Gymnasium
27-Sep	Saturday	8am-3pm	Invitational Meet #2	ES Marks

Kurt Rich
MIC Athletics



Half Year Membership

Please be aware that the school's weights room now has a half yearly membership available to purchase until Friday 2 September. The half year membership is \$150 and will last until February 2023.

The weights room is a great place for students to improve their movement competency, confidence and learn a great life skill. The weights room is always supervised, and programs are designed to progressively increase skill, strength & power.

The weights room is open 7-9am Monday – Friday and 3:15-5pm Monday & Wednesday. We also open the weights room up during the school holidays. *When new to the weights room we ask that students arrive no later than 7:15am to allow for a smoother introduction to the weights room.* Boys who have purchased a half yearly membership need to show receipt to weights room coach before starting first session. Students need to arrive on time and introduce themselves to the coach.

Payments can be made at the office in person or online.



Memories from February – Endless lines of overhead squatting
Kurt Rich
Head Strength & Conditioning Coach





SBHS FOOTBALL RECAP – GPS ROUND 7 vs Sydney Grammar

Saturday 13 August

Last weekend's fixtures marked the end of the GPS season, with all teams facing off against Sydney Grammar. Some great wins in the 7ths, 15E's and 15F's. Individual highlights included a hattrick from Jamie Jin (8S) in the 14F's, a great game from Baxter Hosie (8E) in 14D's and a goal from Dylan Dutt (9F) in 1st Grade.

Well done to 6th Grade for remaining undefeated throughout the GPS Season and securing the Dolan Cup for 2022.



A reminder that the Annual Football Dinner is back in 2022 and will feature a banquet dinner, raffle draw and trophy presentation. Limited tickets available, so get in quick.

A big thank you to all parents and supporters of the SBHS Football Program. A massive thank you to Andrew Williams, Michael Girdis, Hui Ching Baruah, Utpal Baruah, Gary Fiene and Kevin Leung for their work with the Football Committee. Also, a thanks to all parents of 1sts and 2nds who helped create some fantastic after game functions this season.

Mr S Higgins
MIC Football

Football			
Team	Opponent	Result	Score
1st	Sydney Grammar	L	1-5
2nd	Sydney Grammar	L	0-4
3rd	Sydney Grammar	L	1-2
4th	Sydney Grammar	L	0-2
5th	Sydney Grammar	L	0-7
6th	Sydney Grammar	-	-
7th	Sydney Grammar	W	8-0
8th	Sydney Grammar	D	2-2
16A	Sydney Grammar	-	-
16B	Sydney Grammar	-	-
16C	Sydney Grammar	-	-
16D	Sydney Grammar	-	-
16E	Sydney Grammar	-	-
16F	Sydney Grammar	-	-
15A	Sydney Grammar	L	1-3
15B	Sydney Grammar	D	1-1
15C	Sydney Grammar	D	1-1
15D	Sydney Grammar	D	3-3
15E	Sydney Grammar	W	2-0
15F	Sydney Grammar	W	7-0
14A	Sydney Grammar	L	0-1
14B	Sydney Grammar	L	0-5
14C	Sydney Grammar	L	1-4
14D	Sydney Grammar	L	1-2
14E	Sydney Grammar	L	0-2
14F	Sydney Grammar	D	3-3
13A	Sydney Grammar	L	0-3
13B	Sydney Grammar	L	0-7
13C	Sydney Grammar	L	2-3
13D	Sydney Grammar	L	0-3
13E	Sydney Grammar	L	0-9

Sydney Boys High School Football Dinner 2022



After a brief hiatus, the SBHS Football Dinner is back for 2022. All coaches, players and parents are warmly invited to celebrate the 2022 football season. The Football Dinner is an opportunity for all players, parents and coaches to acknowledge the season and meet other friendly faces in the HIGH Football Community. The night will involve a talk from the MIC of Football and each coach will present their teams with awards for Most Valuable Player and Most Improved Player.

When: Saturday, 27th August 2022
Time: 6:00pm – 8:30pm
Where: The Great Hall, Sydney Boys High School
Cost: Adults \$45 per person, Students/Children u/12 \$25 per person.
RSVP: Wednesday 24th August, 2022
Dress: All students must wear full school uniform

All money raised from the dinner will be used towards the SBHS Football program. Your support of the program is greatly appreciated.

PLEASE RETURN THIS FORM TO THE FRONT OFFICE ONCE PAYMENT IS MADE

Sydney Boys High School Football Dinner 2022

STUDENT NAME: _____ **ROLL CLASS:** _____

Type of payment: Cash/Cheque ☐ Credit card (in person) ☐ POP (online) pay.sbhs.net.au ☐

Please note: credit cards cannot be accepted over the phone

Number of Tickets: _____ @ \$45 per ticket Number of Tickets (Students/Children): _____ @ \$25 per ticket

Total Amount Paid: \$ _____

Contact Phone: _____

Please complete the following to assist with table allocation:

Student Name/s: _____

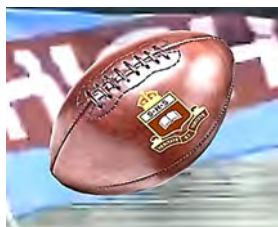
Team/s _____ e.g. 15F

Number of Adults: _____ Number of Students: _____

Number of Under 12s: _____

Do you have any dietary requirements? _____

Number of alternative meals required _____



LASTING FRIENDSHIPS – HIGH SPIRIT PASSION – RESPECT – TEAMWORK DISCIPLINE – INTEGRITY

High vs. Kings

1st XV: 0-43L

16s: 0-38L

15s: 17-5W

14s: 0-52L

13s: 12-41L

Rugby Report

The Grammar Game is special for every High boy who plays any sport, especially for Rugby. It's the test of how far you have come as a player and as a team by the end of the season, an opportunity to show how good you are, how much will you have, and the pride you have wearing the brown and blue for Sydney Boys High. Every year we are able to play not against another 3rd grade side, but against Grammar's 1st XV, their fifteen best players against ours. It doesn't get any better. It's my last year at High this year and last Saturday was my final game for High Rugby. Arriving early in the morning to watch the 13's and 16's play, all I could do was soak it in. Remembering past games I had played at Weigall and McKay, clashes with Grammar over the years, it was almost overwhelming. There's nothing better than spending a day at the footy cheering on the boys in their first game at Grammar, your younger brother playing in the 16's, seeing all the coaches and Old Boys and teachers who have dedicated so much time to continue to improve the Rugby program. Going into the change rooms and putting on the jersey for the last time was surreal. Running out of the tunnel for the last time, feeling boys slapping you on the back and cheering you on, shaking hands with the opposition. It's something I'd done so many times but still felt strange and new. As the game began, all thoughts left my head as we played. Run, breathe, tackle, run, pass, listen, hear the cheers, keep running, keep tackling, keep breathing, keep fighting. It was a blur. I tried to take it all in, but it was too much. At the end of the game I was still running high on adrenaline, wishing I could go for another half, another play, that I wouldn't have to take the jersey off. But all good things must come to an end, and reflecting on this season, and the last 6 years, I couldn't be prouder. I couldn't be

prouder of all the boys in 1st grade this year who I've had the opportunity to form a brotherhood with. To all the junior boys who come week in and week out to learn and come to love this incredible game. To everyone who works so hard to make this community what it is. I also have to thank the work of Mr Cotton, our tireless MIC, who loves the sport and this Rugby program more than anything.

Thanks to all the parents who work in the canteen and drive boys to games and cheer on the sidelines. To the coaches who give their time to deal with often unruly boys, and a massive thank you to Jack Bowditch and Liam Scolari who coached not only 1st grade but stepped in to help every team this year. The work they have both done to begin rebuilding High Rugby is nothing short of immense so far and we can already see the results. And thank you to all the boys. Don't stop now. You've jumped into the deep end and you have all come so far. Don't stop. There's always more to improve and staying committed to this sport is the first and most important step.

I am sad to see my playing days at High end, but I cannot wait to see what you will all be able to achieve. I left everything out on the field last Saturday in my final game and I was able to do that because I knew every other boy on that field wearing the same jersey was giving it their all too. That's something truly special. These six years have been an incredible journey and Rugby has been a core part of that journey and something I will always look back on with a smile. Congratulations on a season that every boy should be proud of.

Thomas Britton (12S)



1st XV huddle after the game

SYDNEY BOYS HIGH SCHOOL ANNUAL RUGBY DINNER 2022



Help celebrate another great year of High Rugby

WHEN?	Friday 26th August 2022. 6.00 pm
WHERE?	Great Hall, Sydney Boys High School.
WHO?	All players, parents, coaches, friends and supporters. <i>Players to wear school uniform. Adults smart casual please.</i>
WHY?	To acknowledge the commitment and achievements of all our players, the parents and coaches who have worked so hard all year for our boys, and because friendships made through High Rugby last a lifetime.
COST?	\$45 per person and \$30 for U12's. Any profit is put directly back in to SBHS Rugby. Payable to the school office by Monday 22 nd August 2022 Maximum seating 180. <i>Soft drinks and mineral water provided.</i>

PLEASE RETURN THIS FORM TO THE FRONT OFFICE ONCE PAYMENT IS MADE

Sydney Boys High School RUGBY Dinner 2022

STUDENT NAME: _____ ROLL CLASS: _____

Type of payment: Cash/Cheque ☐ Credit card (in person) ☐ POP (online) pay.sbhs.net.au ☐

Please note: credit cards cannot be accepted over the phone

Number of Tickets: _____ @ \$45 per ticket Number of Tickets (under 12yo): _____ @ \$30 per ticket

Total Amount Paid: \$ _____

Contact Phone: _____

Please complete the following to assist with table allocation:

Student Name/s: _____

Team/s _____ e.g. 15F

Number of Adults: _____ Number of Students: _____

Number of Under 12s: _____

Do you have any dietary requirements? _____

Number of alternative meals required _____



Volleyball Notes

Volleyball Results SHS vs SGS Saturday 13 August (Term 3 Week 4) 2022

All matches vs SGS. All Opens, 16A, 16B & 15A @ SGS. 13A, 13B, 14A, 14B, 15B & 15C @ SBHS.

1st: 3-1 Win. 2nd: 3-1 Win. 3rd: 2-0 Win. 16A: 3-0 Win. 16B: 2-0 Win. 15A: 3-0 Win.

15B: 25-11; 25-19; 25-17. 3-0 Win. 15C: 25-16; 25-9; 15-3. 3-0 Win.

14A: 25-17; 22-25; 16-13. 2-1 Win. 14B: 25-14; 25-14; 25-12. 3-0 Win.

13A: 25-22; 25-16; 15-12. 3-0 Win. 13B: 24-26; 25-23; 25-12. 2-1 Win.



1st Grade Undefeated GPS Volleyball Champions 2022
with the Michael Kay Shield

GPS Volleyball 2022 - Season Summary

Division	Wins	Losses	Points	Runner-Up	Runner-Up Points	Season Result
1 st Grade	9	0	27	TSC	22	Undefeated Champions
2 nd Grade	9	0	27	SGS	23	Undefeated Champions
3 rd Grade	8	0	24	SGS	14	Undefeated Champions
16A	8	0	24	SGS	16	Undefeated Champions
16B	7	0	21	SGS	11	Undefeated Champions
15A	6	0	18	SGS	16	Undefeated Champions
15B	5	0	15	SGS	9	Undefeated Champions
15C	2	0	6	SGS	2	Undefeated Champions
14A	4	0	12	SGS	10	Undefeated Champions
14B	5	0	15	SGS	14	Undefeated Champions
13A	4	0	12	SGS	8	Undefeated Champions
13B	5	0	15	SGS	13	Undefeated Champions



2nd Grade Undefeated GPS Volleyball Champions 2022
with the Trinh Loi Shield.

Congratulations to all Volleyball players for a most successful season.

Mr Coan
 Coach



ILLUMINATE

CELEBRATING STUDENTS WHO
ARTICULATE CREATE INNOVATE

Monday August 29 2022

The Governors Centre, Sydney High School

5:30pm Exhibition Viewing

6:30pm Official Opening by Chris Fong
followed by performances
Judy Cassab Prize Giving

Arakan Martial Art



Power | Focus | Confidence

For Men, Women and Children



Arakan Martial Art is a dynamic, street effective style, adapted for the modern world.

Our goal is to empower you to become...

Physically... more dynamic, powerful, flexible, fitter, faster, stronger and healthier.

Mentally... calmer and more disciplined. Your ability to focus and concentrate will improve dramatically.

Emotionally... empowered and more confident. You will develop greater levels of self awareness and understanding.

Spiritually... connected with your inner self and learn to be present in the moment.

We tailor our private lessons to suit all ages, shapes, sizes, fitness, experience and confidence levels. All you need is an open heart and mind. It's our pleasure to help you / your children achieve your desired outcomes.

FREE No Obligation Private Introductory Lesson

1300 13 23 11 www.arakan.com.au





2022 schedule

eSafety's free webinars provide parents and carers with the knowledge, skills and tools to support children to have safe, positive online experiences.

Our live webinars for parents and carers attracted record attendance numbers in 2021. To meet the growing demand, our education and training team is expanding the program in 2022 to include more dates and topics to support school communities.

Each month, we will present either a new webinar topic or a video with simple tips to keep young people safe online.

2022 Parent and carer education topic schedule

January Can't make it to a webinar? You can watch this short video on Cyberbullying and online drama . (Suitable for parents and carers of young people aged 11 to 18 years old).	February Webinar: Helping kids thrive online (Suitable for parents and carers of young people aged 5 to 12 years old). 8th February – Safer Internet Day 2022 #SID22	March Webinar: Cyberbullying and online drama (Suitable for parents and carers of young people aged 11 to 18 years old).
April Can't make it to a webinar? You can watch this short video on Online sexual harassment and image-based abuse . (Suitable for parents and carers of young people aged 13 to 18 years old).	May Webinar: Parental controls (Suitable for parents and carers of young people aged 4 to 13 years old).	June Webinar: Online gaming (Suitable for parents and carers of young people aged 13 to 18 years old).
July Can't make it to a webinar? You can watch this short video on Parental controls . (Suitable for parents and carers of young people aged 4 to 13 years old).	August Webinar: Popular apps (Suitable for parents and carers of young people aged 8 to 13 years old).	September Webinar: Online sexual harassment and image-based abuse (Suitable for parents and carers of young people aged 13 to 18 years old). National Child Protection Week #NCPW22
October Webinar: Digital technologies and mental health (Suitable for parents and carers of young people aged 10 to 18 years old).	November Webinar: Guide to the holidays (Suitable for parents and carers of young people aged 8 to 13 years old).	December It's December! You can check out our annual Gift Guide here.

Subscribe to [eSafetyNews](#) for dates and registration details or visit esafety.gov.au/parents/webinars.

Stay up to date with SZapp

Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

Installation Instructions



1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**.
Download and install SZapp. **Install is Free.**



2. FIND OUR SCHOOL

Select Region: Asia Pacific
Sydney Boys High School

3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.



4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.



5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.

For any further information see:

<http://www.schoolzineplus.com/app-faq>



SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship

Closing Date: **30 November 2022**



Nurturing scholar-sportsmen since 1883

Applications available at: **sbhs.co/scholarships**

556 Cleveland St, Moore Park NSW 2021 | Ph: **9662 9300**

SYDNEY BOYS HIGH SCHOOL

Sir Roden Cutler and Lady Cutler Foundation

Scholarship



Nurturing scholar-sportsmen since 1883

Applications available at: sbhs.co/scholarships

Closing Date: **30 November 2022**

556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300



NATIONAL
ART
SCHOOL

National Art School

Future Makers: School Holiday Programs 2022

The NAS Future Makers is for ages 6-16. Structured art workshops on-campus and online in school holiday periods across the year.

Mini Makers 6-8 years
Art Adventurers 9-12 years
Young Creatives 13-16 years

Winter School Holiday Workshops

4 - 15 July

Spring School Holiday Workshops

26 September - 7 October

Art Club: After School Weekdays and Saturdays

15-17 years

Term 3

18 July - 10 September

Term 4

11 October - 3 December



National Art School is a registered activity provider for the Creative Kids Program.

Parents, guardians and carers can apply for a voucher with a value of up to \$100 per calendar year for each student aged 4.5 to 18 years old enrolled in school.



Scan the QR code or
head to nas.edu.au
to book.



Photo: Peter Morgan

SYDNEY BOYS HIGH STORE & CLOTHING POOL
SPRING / SUMMER PRICE LIST 2022 - 2023

SCHOOL UNIFORM			SPORT UNIFORM		
BLAZERS	6 weeks delivery from date of order		PE / HOUSE SPORT	PE Polo	\$40.50
	From	\$310		Black Short with logo	\$40.50
				Sport Socks	\$9.90
PANTS	Trousers - Junior, Dark Grey	\$90.00			
	Trousers - Senior, Light Grey	\$90.00			
SHORTS	Grey College	\$65.00	TRACKSUITS (sold as separates)		
				Jacket	\$110.00
BELTS	Black Leather	\$22.00		Pant	\$75.00
SHIRTS	Sky Blue & White, Short Sleeve with Crest				
	Sizes 10 - 14	\$30.00			
	Sizes 16 - 22	\$32.00	BASKETBALL	Singlet	\$60.50
	Sizes 24 - 28	\$34.00		Short	\$60.50
				Warm Up Hoodie	\$65.00
	Sky Blue & White, Long Sleeve with Crest			Sport Socks	\$9.90
	Sizes 10 - 14	\$32.00			
	Sizes 16 - 22	\$34.00			
	Sizes 24 - 28	\$36.00			
			CRICKET	Shirt with SHS Crest	
JUMPERS	Up to Size 14	\$98.00		Short Sleeve Playing Shirt	\$45.00
	Sizes 16 - 22	\$100.00		Long Sleeve Playing Shirt	\$49.50
	Sizes 24 - 26	\$105.00		Academy Training Shirt	\$55.00
SOCKS	Anklet SHS Colours	\$9.90			
	Knee High SHS Colours	\$15.00			
	Sport Socks	\$9.90	ROWING	Zoot Suit	\$80.00
				L/S Rowing High Top	\$55.00
TIES	Junior	\$29.50		Socks	\$20.00
	Senior	\$32.50			
	Prefect	\$29.50			
	SRC	\$33.00			
	OBUS	\$27.50	SWIMMING	High Trunk	\$55.00
	GPS	\$40.00			
CAPS	SHS Cap	\$25.00			
BAGS	Backpack with Lap Top Section	\$99.00	SAILING	Singlet	\$49.50
	Hav-a-Sak	\$36.00			
	Sports Bag	\$75.00			
ART	Progressor 2B Pencil	\$5.50	TENNIS	Top	\$55.00
	Progressor 4B Pencil	\$5.50		Socks with SHS Colours	\$9.90
	Visual Art Diary A3	\$11.00		Training Top - 1st & 2nds only	\$40.00
	Visual Art Diary A4 60 page	\$6.60			
DESIGN & TECHNOLOGY			WATER POLO	HIGH Trunk	\$55.00
	DT Apron	\$12.00		Water Polo Shirt	\$68.00
MATHS	Calculator	\$38.50			
	Compass	\$1.75			
	Grid Book 96 page	\$2.95	ATHLETICS	Singlet	\$55.00
	Protractor	\$0.75			
MUSIC	Music Book	\$2.95			

SYDNEY BOYS HIGH STORE & CLOTHING POOL

SPRING / SUMMER PRICE LIST 2022 - 2023

CRESTED MEMORABILIA

Bridge Scorer	\$11.00	Letter Opener	\$6.50
Car Number Plate Cover	\$39.95	Mug (gift boxed)	\$25.00
Car Sticker	\$4.50	Pencil Case	\$12.50
Coasters - wooden (box of 4)	\$27.50	Spoon	\$5.50
Cufflinks (stainless steel)	\$66.00	Sticker	\$1.10
Drink Bottle (Stainless Steel)	\$20.00	USB (wood)	\$16.50
Golf Umbrella	\$38.50	Wine Glasses (set of two - boxed)	\$44.00

OLD BOYS MEMORABILIA

Cufflinks (stainless steel)	\$66.00
OBU Tie	\$27.50
GPS Tie	\$40.00
Sydney High Hoodie Grey Marle	\$77.00

CLOTHING POOL

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

PAYMENT

Cash, Eftpos, Mastercard or Visa

GOODS & SERVICES TAX (GST)

GST is included on all prices listed

BLAZERS

GPS Pocket	\$35.00
Music Pocket	\$35.00
Prefect Bottom Pocket	\$55.00
Prefect Top Pocket	\$35.00
Service Charge to replace 1 pocket	\$40.00
Service Charge to replace 2 pockets	\$55.00
Service Charge to replace 3 pockets	\$70.00
Dry Cleaning	\$18.50
Full Braiding	\$120.00
Embroidery Line	\$25.00
Embroidery Line Removal	\$33.00
Crossed Rifles or Swords	\$38.50
House Badge (cloth)	\$12.50

BADGES

Basketball (metal)	\$7.70
Cricket (metal)	\$7.70
Debating (metal) with attachment	\$8.95
Fencing (metal)	\$7.70
Orchestra (metal)	\$4.40
Rifle (metal)	\$7.70
Rowing (metal)	\$7.70
SBH Lapel Pin (metal)	\$2.75
SHS (metal)	\$7.70

OPENING TIMES

Open During School Terms Only

Monday, Tuesday, Wednesday & Friday 10.30am to 1.30pm

Telephone 9662 9360