

G

The Weekly Newsletter of Sydney Boys High School

From the Principal High Talent



Our first grade Volleyball team won the CHS Knockout Competition last week. Congratulations to – Owen Seong, Paul Fang, Eric Lin, Anthony Hwang, Pattrick Wang, Dimitrios Logothetis, John Liu, Karan Dahiya, Justin Chen, Edward Ly and Oswald Xie.

At the Australian Senior Schools Fencing Championships, Dean Johnsun (10F) won equal Bronze in the Individual Boys Foil event; Jack Wang (11M) and Jarrod Su (11R) won equal Bronze in the Individual Boys Epee event; The Epee Team (Nicholas Chen (12M), Jarrod Su (11R), Jack Wang (11M), Jack Huang (11T) won the Gold in the team event; Yu Ming Lee (12T) won Silver in the Individual Boys Sabre event; and The Sabre team (Yu Ming Lee (10S), Samuel (12T), Oscar Shi Hui (10T), Sungmin Choi (11S) won the Gold in the team event. Congratulations to all our fencers! Over the July school holidays, six cadets from SHSCU attended the HQ NSW Australian Army Cadet Brigade 02/22 Cadet Promotion Courses. Congratulations to James Wachsmann, Kenton Liu, Haoran Zhang and Dean Johnsun on



passing the Sergeants Course and to Shaleeta Xia and Sophie Jin on passing the Warrant Officer/CUOs Course. Kavin Maran (11S) has been selected to receive a Highly commended Award as part of the Minister's Awards for Excellence in Student

Achievement for the study of Tamil. Well done, Kavin. Congratulations to Tim Hanna (12R), Archie Wolifson (12R) and Abrar Chowdhury (11F) have been selected to be in the CHS Debating squad.

The Third Wave

Despite our fatigue in the third year of the pandemic, we must be vigilant during August and September as the third wave of the omicron virus sweeps across our community. Infection numbers and deaths are rising to levels that would have scared us during lockdown. Our school community will protect its students and staff by doing two things – keeping up our vaccination rates for second doses and boosters and by wearing masks indoors. Even though mask wearing is not mandatory it is a

strong expectation at High. We want our students at school so they can learn and staff at school so that they can teach them.



Debating, Public Speaking, Rifle Shooting, Cross Country and Fencing Assembly, 2022

Last week we held two assemblies. The second winter sports assembly delivered a stage covered in trophies and triumph for High rifle shooting. My speech to the assembly is reprinted below:

'Special guest Danny Hui (SHS-1998), students, staff and parents, welcome to our annual assembly which at this time each year recognises students and their achievements in debating, public speaking, cross country, rifle shooting and fencing.

High's debating program has been one of our cocurricular strengths for many years. I want to thank Madeleine Rigby for her ongoing dedication to debating as MIC. The last three years have been particularly challenging, given the constraints associated with the pandemic. Thank you to our debating staff - Head Coach Alexander De Araujo (SHS-2018) for ensuring quality coaches were available for each team; Katherine Cheng for coaching first grade; Elly Harcourt for managing the PDC competition for Years 11 and 12; Jeanette Cook for her work with Years 9 & 10 PDC and the FED Competition; Jo Curry for the Year 7 & 8 PDC teams; and Rian Wiramihardja for managing the Eastside competition. Our senior B team won the FED Competition - Nicholas Francis, Mohammed Medlej, Shaun Parasher and Sarvesh Parthiban. The Year 9 team won the Eastside competition – Liam Nottage, Nathan Hu, Andrew Pye, James McLoughlin and Arjuna Thiagalingam. I would like to thank the members of the Debating Supporters Group for their assistance, despite so few face to face events being held in recent years. Our thanks go to Hazel Stephen who managed the Legal Debating program.



Fencing has become a complex but very popular 3-weapon program under the guidance of MIC Dat Huynh. I thank Dat for his efforts and Mimi Wong and Lynnea Stewart for assisting with supervision during the week and support during Saturday competitions. Thank you to the coaching team - Ted Elliott (Epée) and John Tian for his Saturday assistance; Garry Huang (SHS-2016) and Leo Kostic (Sabre); Kevin Chen (SHS-2021) and Lachlan Blaire (Foil). They have been dedicated and inspiring. The Fencing Committee is very active in support of our students during fencing fixtures. Thank you to Cindy Ho, Binh Johnsun, Rosaline Perry, Jaimie Nyam, Helena He and Chamila Jayawardhana for their catering and fund raising efforts in support of the team.



The cross country program continues to thrive under the long term stewardship of Rebecca Dam. Thank you, Rebecca. John Prorellis has also assisted in the program for a long time. Thanks, John. We appreciate the efforts of our Old Boy coaches – Eric Holmstrom (SHS-2019), Thomas Schanzer (SHS-2019) and Rhys Shariff (SHS-2021). Thank you for your work. To all the dedicated parents who gave of their time to help at the High hosted cross country event – thank you so much.

Our Rifle Shooting program was managed very professionally again this year by Daniel Comben (SHS-2003). Thank you to our full bore coaches - Jeremy Chan (SHS-2014), Desmond Chiang (SHS-2015), Jason Feng (SHS-2017), Darren Huang (SHS-2017), James Jiang (SHS-2017), Alex Tan (SHS-2019), Terry Fong (SHS-2013), Nathan Wong (SHS-2017) and evergreen Sam Kremer (SHS-1992). Our thanks go also to our small bore coaches: Wentao Ruan (SHS-2017), Dinan Pingamage (SHS-2019), Evan Han (SHS-2015), Jeffrey Lee (SHS-2021), Ricky Li (SHS-2018), Justin Lum (SHS-2021),

Tom Nguyen (SHS-2021), Dennis Chiang, Andrew Lui and Kieryn Mascarenhas (SHS-2016).Thank you to our parent supporters who looked after everyone so well – Syed Ahmed, Kurt and Kay Dean, Quoc Cuong Luu, Juno, Keiko and Yasuno Narushima, Olga Sukhovskaya, Douglas Tan, Min Xu, Jocelyn Yem, Andrew Young and Sophia Zhang.



Our rifle shooting program made history this year. They won the Fiona Reynolds All Schools match and the Prorak Trophy. High won the second grade GPS Competition. The first grade team won the Rawson Cup, The NRA Shield, The Buchanan Shield and were thus first grade GPS Champions - the first time since 2001. Seven of our team were selected for the Combined GPS team. Since the competition began in 1902, High has never had a clean sweep before, highlighting the depth, expertise and tenacity of this group of High boys. Congratulations to everyone involved.

Legendary football coach Vince Lombardi won 5 NFL premierships and 9 out of 10 play-off games in a long career with a 73% success rate. He said of sports said 'the price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand'. Team sport teaches you to apply the best of yourself to the cause greater than yourself - team success. It is up to you to play your part, do your job to the best of your ability and strive to accomplish the team goals. Your orientation should be towards contribution to the combined effort, not on whether you are personally having a good or bad day. It is the strong collective spirit that overcomes obstacles. We see that spirit in our rifle shooting team. We witness that each time Queensland wins the State of Origin as underdogs. Together we are much greater than the simple sum of our parts, but it takes a positive team psychology to achieve this extra dimension of performance. It all starts with the base preparation that we must do off season or pre-season to get into the physical shape required to build stronger skills in our chosen sport during the season of competition. I want to



congratulate those selected in GPS teams and exhort them to enjoy their season by applying the best of themselves to their competitive sport.

Dr K A Jaggar Principal

DEBATING

Congratulations to Archie Wolifson, Tim Hanna and Abrar Chowdhury for being selected to be part of the Combined High Schools Debating Squad. Well done!

Last week we had a "friendly" against Newington with wins across all years. A great start to the term.

This week is the first round of the GPS competition – again out at Newington. Junior prep starts at 5.30pm and debates at 6.15pm. Seniors prep at 6.30pm and debates at 7.15pm.

A reminder that again there are no suppers for the season and you should collect your son from the schools they are debating at - 6.30pm for juniors and 8.45pm for seniors.

Parents are welcome to watch but most schools ask that you wear masks.

The GPS draw is below. The side listed first is the host.

Week	Date	Debates
2	29 July	Newington v SBHS
3	5 August	SBHS v The King's School
4	12 August	SBHS v Scots
5	19 August	SBHS v St Joseph's College
6	26 August	St Ignatius Riverview v SBHS
7	2 September	SBHS v Shore
8	9 September	Sydney Grammar v SBHS

Madeleine Rigby MIC Debating and Prefects Head Teacher History and Libraries



Year 8 Camp 7-9 September

Notes for year 8 camp went home last week. Copies of the notes can be found on Canvas, on the Year 8 page, or spares are at the front office.

Please complete the medical and dietary information for NSW Sport and Rec via the link below.

https://officeofsport.ungerboeck.com/prod/emc00/registe r.aspx?eid=WUdCcGhmeW1jcmtRcWVKYzFOYSszQT0 90

Payment, permission notes and medical information need to be done by 19 August. Kerryn Ibbott

Coordinator Outdoor Education ibbottk@sbhs.nsw.edu.au

School Photo Orders

School Photos can still be ordered.

To order 2022 Sydney Boys High photographs please go to the school order section of the melbastudios website <u>https://www.melbastudios.com.au/schools/index.php</u>, use the password "SBH".



BASKETBALL PARKING



Fantastic effort by our super basketball parking team. In particular, a big thank you to Rosaline Perry. Ben Hayman MIC Basketball 10 years NBL1



Meet the Teacher - Ms Wong



What do you enjoy about teaching?

As an earnest student in high school, I took up numerous leadership roles. This led to me discovering my passion for guiding and leading younger people in their discovery of knowledge. I admire teaching as I'm able to demonstrate to students that reading and school is more than just learning and about enjoying life.

What are your hobbies?

With juggling being a teacher, I enjoy devoting my spare time to running and going to the gym. I believe it is essential to maintain a healthy lifestyle. I am also an avid cook. I enjoy cooking as it allows me to use my creativity in another aspect of my life and keep connected to my family through the many recipes I have learnt from them.

What extracurricular activities do you help organise?

At Sydney Boys, I help facilitate and supervise fencing. I enjoy watching the students compete on the weekend as it reveals a different side to the students - full of passion compared to their more tired counterparts during class. It also allows me to talk to their parents out of class and build relationships out of school.

What is a fun fact about you?

A fun fact about me is that when I have peanut butter on toast, I eat the bread the other way so that the peanut butter does not get on the roof of my mouth.

Owen The

SRC Coordinator



Great Hall Thursday September 1 5:15pm – 7:30pm

SRC Trivia Night

The Student Representative Council is bringing the annual Sydney High Trivia Night back! Given the circumstances of COVID-19 in the past two years, there has been a hiatus to Sydney High's social events. However, in 2022 the SRC is committed to revitalising High Spirit and reinstate High's multifaceted school-life.

The Trivia night will be held at the Great Hall on September 1^{st} from 5:15pm – 7:30pm and is currently open to Year 10s – 12s. Year 7s and 8s do not need to fret, the SRC is looking to host a separate event for you in the future. The registration procedure needs to be followed carefully.

- 1. Find 9 friends and form a table of 10
- Register the group on the Expression of Interest (EOI) form. First come first served and spots are limited.
- 3. Attendees will be given a permission note and will be required to pay \$100 (\$10 per person) at the front office from the notified date
- 4. Show up on September 1st for your chance to win gift cards worth \$200.

There will be challenges, music, food – pizzas, chips, and assorted sweets and treats – and drinks. Each member of the winning table will receive gift cards. Hope to see you there.

Landrie Daming Zuo SRC Executive



Annual Regional Athletics Carnival – 2022

Dear Parent/Guardian

The **Regional Athletics Carnival** will be held at Sylvania Waters Athletics Field, Belgrave Esplanade, Sylvania Waters on Tuesday 2 August (9am – 2:00pm) & Wednesday 3 August (8:45am-2:30pm). The boys will be under the supervision of MIC of Athletics Kurt Rich.

Your son has been selected to represent Sydney East at this carnival, they will be given a singlet to compete in, this singlet must be returned when they have finished competing (Athletes running in a relay will need to wear their Athletics High Singlet in the relay). The school will be providing a bus from school to the venue leaving Tuesday 8am & Wednesday 7:30am and picking the boys up from the venue approximately 2pm after the conclusion of competition. If your son wishes to catch the bus, please inform Mr Kurt Rich before Friday 29 July. Boys may make their own way there and back.

Athletes are encouraged to take their own food and to be cautious with any valuables at this event. Please ensure your son has <u>warm clothes</u> as this venue is open and exposed to cold winds, a minimum of full school tracksuit when not competing is recommended.

If your son places first or second in his event (top 3 in 100, 200 & 400) he will be selected for the CHS championships which takes place from 7th-9th September at Sydney Olympic Athletics Centre.

Boys can check their event times and day(s) on the program on CANVAS

*Note you already signed the permission slip for all CHS Athletics Pathways, this is just a friendly reminder of the upcoming event.

CHS training will be provided in term 3 starting 20 July

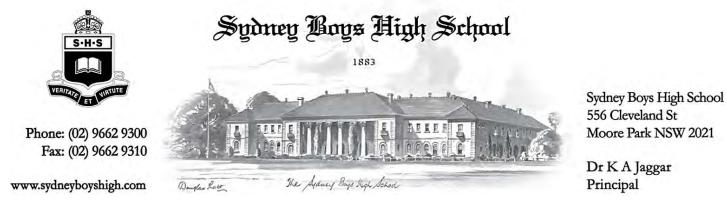
Monday:

PM 3:15-5pm Sprints at MPW

Wednesday:

PM 3:15-5pm Hurdles & Relay training at MPW

Kurt Rich MIC Athletics



556 Cleveland St Moore Park NSW 2021

Dear Student & Parent/Guardian,

The High Tennis program relies on fundraising to function at the High level it currently does. One of the most direct and easiest ways to fundraise is by attending parking duties. I am asking for volunteers both student and parent to attend 1 or more of the following parking duties:

Saturday 30 July 11am - 2:10pm

All parking duties have an experienced paid attendant to assist you.

If you &/or your son can help, please email me richk@sbhs.nsw.edu.au by Monday 25 July

Kurt Rich **MIC Tennis**



Parent Pick Up and Drop-Off



Over the last two years during the peak of Covid times, the school provided flexible arrangements for parents to pick up and drop their sons off at school. We employed additional staff to ensure that these processes were followed for the safety of all students.

As we return to a new normal, commencing the start of Term 3 the school will be reverting to our standard practice prior to 2020. This means that parents will no longer be permitted to drive along Cutler Drive (the image below shows our No Parent Entry sign at the start of Cutler Drive). All parents must also enter the school gates via Cleveland St.

These processes are in place to ensure vehicles are not moving through high pedestrian areas unnecessarily.

The following is the process that the school is reverting to regarding movement of parent vehicles. We appreciate your assistance with this to create a seamless process that also maintains the safety of all students.

Drivers Entering from the West

Use Gate 1 to Enter







Drivers entering from the east

Use Gate 2 to enter



Thank you for your assistance in ensuring vehicle movement at the start and end of the day is as seamless as possible.

Jamie Kay Deputy Principal

THE SYDNEY HIGH 2022 JUDY CASSAB PRIZE FOR PAINTING AND DRAWING

THEME 'WHAT MATTERS'

Students from Sydney Girls and Sydney Boys are eligible to enter **one drawing or painting** for consideration in the Judy Cassab Art Prize. The winner will be announced at the Illuminate Festival opening night on 29 August at the Governors Centre. One prize of two thousand dollars will be awarded to the successful entrant.

ENTER by 15 August here https://sbhs.co/jc22

Conditions:

Only one artwork per entrant Size should not exceed one metre square No HSC artworks The shortlist process and judging is final. Vorks must be collected on Friday 2 September from the Governors Centre.



Term 3 Music Performance Program

ALL music ensembles and private instrumental lessons have resumed since Week 1 this term i.e. *from* Tuesday 19th July (unless advised otherwise by the ensemble conductor and/or private instrumental tutor and/or the Music Department).

Please note:

**Chamber Choir*: No rehearsal Week 1. Rehearsals will resume from Friday 29 July in Room 201 (Week 2).

**Senior Strings*: No rehearsal Weeks 1 & 2. Rehearsals will resume from Friday 5th August in Room 101 (Week 3).

It is never too late to join a music ensemble(s) and/or learn a new instrument. If you would like more information or have any questions, please do not hesitate to speak with the Music Department.

Music Storage Room

A reminder to all students in the Music Performance Program:

*The music storage room is ONLY for instrument(s).

*Please do NOT block the pathway inside when leaving instrument(s) in the Music Storage Room.

*Please make sure to place your instrument(s) neatly in the appropriate instrumental bay(s).

*Please ensure students have a clear name tag with their name/year on their instrument case.

*Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

*Non-music instrumental items/accessories will be removed without any warning.

IMPORTANT – Covid Requirements

*Students who do not feel well should NOT be at school and therefore should not be attending ensemble rehearsals and/or private instrumental lessons. *Students will need to bring their own instrument(s)/equipment/accessories (e.g. guitar picks/drum sticks/guitar leads etc.) - items will NOT be loaned and/or supplied by the Music Department.

Sydney Symphony Orchestra Young Musicians Workshop

The annual Sydney Symphony Orchestra (SSO) Young Musicians Workshop is back and will now be held at the Santa Sabina College (Strathfield). It is a weekend of inspiring orchestral activities and performance with some of the world-class musicians of the SSO. The workshop also accepts NSW Creative Kids vouchers. For more information, please visit:

https://www.sydneysymphony.com/learning/youngmusicians/young-musicians-workshop

Parent/Guardian/Student Communication

<u>Parents and Guardians</u>: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

<u>Students</u> will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.



	TUECDAY		THUDODAY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Before School)	(Before School)	(Before School)	(Before School)	(Before School)
Intermediate Concert	Senior Concert	Junior Stage Band	Intermediate Stage	Senior Strings
Band	Band & Symphony	7.45am – 8.45am	Band	Ensemble
7.45am – 8.45am	Orchestra	Room 101	7.45am – 8.45am	7.45am – 8.45am
Governors Centre	7.45am – 8.45am		Room 101	Room 101
	Governors Centre			
Guitar Ensemble		Senior Stage Band	Philharmonic	Chamber Choir
7.45am – 8.45am		7.45am – 8.45am	Orchestra	8.00am – 9.00am
Room 201		Room 201	7.45am – 8.45am	Room 201
			Room 201	
			Junior Strings	Marching Band
			Ensemble	8.00am – 9.00am
			7.45am – 8.45am	MPW/ Room 102
			Room 203	Terms 1 & 4 only
			Terms 1 & 2 only	-
(After School)	(Before School)	(Before School)	(Before School)	(Before School)
Guitar Ensemble	Percussion			Jazz Ensemble
3.20m – 4.20pm	Ensemble			3.30pm – 4.30pm
Room 201	3.45pm – 4.45pm			Room 201
	Room 201			
	Marching Band			
	3.30pm – 4.30pm			
	Great Hall/ Room			
	102			
	Terms 1 & 4 only			

2022 Music Ensemble Schedule

2022 Term 3 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 2C	Thursday 28 July	Composition Music Workshop, 8.30am – 3pm MLC (Burwood)	Year 10 & 11 Elective Music Students
Week 3B	Thursday 4 August	HSC Music 2 Composition Recording, 9.00am – 4.00pm Rooms 101 & 201	HSC Music 2 students
Week 4C	Monday 8 - Tuesday 9 August	Trial HSC Music 1, 2 & Extension Practical Exam, Great Hall & Room 101	HSC Music 1, 2 & Extension students
Week 4C	Wednesday 10 August	Trial HSC Music 1 Aural Skills Paper, 12.00pm – 2.00pm Room 201	HSC Music 1 students
Week 4C	Friday 12 August	Trial HSC Music 2 Aural & Musicology Paper, 12.30pm – 2.30pm Room 201	HSC Music 2 students
Week 8A	Thursday 8 September	SBHS Open Day, 9.00am – 12.30pm	Senior Strings Jazz Ensemble
Week 8A – 9B	Monday 5 – Friday 16 September	HSC Music 1, 2 & Extension Practical Exam, Great Hall, Room 101 Times TBC	HSC Music 1, 2 & Extension Students
Week 10C	Monday 19 September	Year 12 Farewell Assembly, 1.30pm	Year 12 Piano Students Senior Strings Ensemble

Music Events are continually added and/or are subject to change



LASTING FRIENDSHIPS- HIGH SPIRIT-PASSION – RESPECT – TEAMWORK – DISCIPLINE – INTEGRITY

High vs. St Ignatius

1st XV: 0-33L MOTM: Saxon GerstI

Rugby Report:

Despite every other game being cancelled on Saturday, the 1st XV journeyed out to Lane Cove to play Riverview in the worst conditions we've seen this season. Warming up in the mud, we all locked in for our biggest game so far this year as the rain began to pour down. The start to the game was brutal, with some of the boys like Quan and Sudhish putting in big hits to set the tone for the match. Our first half was massive, with strong goal line defence and counterattack that saw us stick to our structures and keep pushing forward. That pressure led to a disallowed try for Jack Mulder on a close call as we kept Riverview



inside their 22. We pushed hard for the rest of the game, conceding the bulk of the points only in the last 10 minutes after holding a close deficit for a long time. Covered in mud at the end, the boys were both proud of the grit and fight shown against Riverview, and proud that the hard work put in

especially over these last 6 weeks of the mid-season break is paying off. All of 1st grade is looking to keep building in anticipation for our last games against King's and Grammar. Special mentions go to Saxon Gerstl, Edward Brownlie, James Matthews, Jack Mulder, Sudhish Bheemreedy and all of the boys who dug deep on the weekend. We've come such a long way since the start of the season and we're looking to capitalise on that as the season comes to its end. **Thomas Britton (12S)**



Junior & U23 National Weightlifting State Championship

On Friday evening 1st July (Last day of Term 2) Nelson



Cheng competed in the NSW JUNIOR (U20) & U23 Championship. It was a short turnaround (4 weeks) since his Silver medal performance at the Youth Nations. Nelson Snatched 82kg in his final snatch attempt (he was successful in all 3 snatch attempts – 76 – 79 - 82) and went into the C&J with a 1kg lead. He opened his Clean & Jerk

with a successful 100. However, missing his 105kg clean

& jerk on the 2nd lift. As his coach I increased his weight to 106kg, forcing his nearest competitor to either follow and attempt the same weight (he also missed 105kg) or take on more weight. The other competitor and coach decided to go back out and attempt 105kg and was successful. Nelson Cheng went out to attempt 106kg on the Clean & Jerk which would secure the win, a miss would mean Silver. He was successful and won the Junior & U23 State Championships in the 67kg division with 82kg Snatch & 106kg Clean and Jerk.

His main training focus now will be on the Junior & U23 Nationals which will take place in Perth at the end of August. Well done Nelson!

Kurt Rich

Head Strength & Conditioning Coach



Nelson Cheng at the bottom (receive/catch) of the 82kg Snatch



Volleyball Results SHS vs SIC/TSC/NC Saturday 23 July (Term 3 Week 1) 2022

1sts, 2nds, 3rds, 16A, 15A, 14B and 13B all vs SIC @ SIC. 16B vs NC @ SBHS. 15B, 15C, 14A and 13A vs TSC @ SBHS.

ALL Teams had a 3-0 Win on Saturday.

1st: 25-15; 25-12; 25-22. 3-0 Win. 2nd: 25-13; 25-20; 25-16. 3-0 Win. 3rd: 25-5; 25-10; 15-4. 3-0 Win. 16A: 25-17; 25-15; 25-8. 3-0 Win. 16B: 25-16; 25-11; 25-13. 3-0 Win. 15A: 25-8; 25-7; 25-7. 3-0 Win. 15B: 25-11; 25-21; 25-14. 3-0 Win. 15C: 25-14; 25-8; 25-12. 3-0 Win. 14A: 25-6; 25-11; 25-22. 3-0 Win. 14B: 25-15; 25-7; 25-20. 3-0 Win. 13A: 25-8; 25-9; 25-7. 3-0 Win. 13B: 25-14; 25-18; 25-14. 3-0 Win.

Statistics for the 1st and 2nd Grade teams are shown in the table below:

Area (/3) A score of 3 means the hit was a kill or the pass was perfect	First Grade	Second Grade
Serving	Anthony HWANG - 2.00 (12) Paul FANG - 1.89 (9)	Roy CHAE - 2.40 (5) Patrick LEE - 2.08 (13) Jaden YI - 1.86 (7)
Serve Reception	Anthony HWANG - 2.63 (8) Paul FANG - 2.36 (11) Sean LIM - 2.29 (14)	Roy CHAE - 2.67 (3) Sean LIM - 2.39 (18) Dev PUNJABI - 2.25 (4)
Freeball Passing	Paul FANG - 3.00 (1) Sean LIM - 2.50 (2)	Oswald XIE - 2.67 (3) Sean LIM - 2.50 (2) Adison CHEN - 2.50 (2)
Outside and Opposite Hitting	Oswald XIE - 2.57 (7) Edward LY - 2.33 (12)	Roy CHAE - 2.08 (12) Jerald YU - 1.91 (11)
Middle Hitting	John LIU - 2.80 (10) Karan DAHIYA - 2.44 (9)	Jack DING - 2.43 (7) Jaden YI - 2.00 (6)
Setting	Patrick WANG - 2.62 (29) Owen SEONG - 2.58 (19)	Nelson LEE - 2.50 (28) Arnav GUPTA - 2.31 (16)

<u>Mr Coan</u> <u>Coach</u>



SBHS Fencing Report

For full results, please visit: https://sbhsfencing.com/2022-results/

More photos from the events can be found here: https://sbhsfencing.com/2022-photos/

Saturday 23 July 2022:

Australian Schools Senior Championships Foil Events:

Our boys represented the school in both the Individual and Team events. Fencing in the individual competition were James Pullinger (10T), Jack Wang (11M), and Dean Johnsun (10F). The senior school foil team was comprised of Alvin Liu (12S), Jack Wang (11M), Henry Lin (10S), and Dean Johnsun (10F).

It began with the pool round where there were 6 groups of round robins to determine our preliminary rankings. Only going to five points, these bouts were short and intense but fierce, every point counted. By the end of this stage, all three of the SBHS fencers advanced to the direct elimination with a seeding in the top half of competitors. The direct elimination rounds were longer and more challenging. This round required both skill and strategy to win. The SBHS fencers all won their first matches with relative ease. However, the second round with the top 16 is when things got much tougher. Jack was matched against one of the top fencers in the competition and was defeated 15-3. James and Dean were matched against each other and in an extremely tight match, Dean managed to scrape through with a score of 15-14. We were in a tough spot, eliminating two of our fencers in the top 16. In the round of 8, Dean managed to win 15-4 to qualify for the semi-finals, where he was unfortunately defeated 15-3. Overall, all three SBHS fencers performed well with Jack achieving a final rank of 13th place, James in 10th place and Dean an equal 3rd place from a group of 36 competitors.

Immediately after the individual event, the school team competition began and went immediately into the Direct Elimination round. SBHS were put up against quite a strong team and there was no room for error. The boys fought hard to the end but unfortunately, we lost the match with a score of 34 to 45.

Overall, we all had a lot of fun and learned a lot from our experiences. We learned that there is always more to improve on, and just how much harder we must train if we

want to win at this level. A huge thank you to MIC Mr Huynh, and our coaches, Kevin Chen, and Lachlan Blair, for helping us improve our skills throughout the season. Dean Johnsun (10F)





Sunday 24/07/2022:

Australian Schools Senior Championships Epee Events:

On the 24th of July, the SBHS first grade epee squad competed in the Australian Senior Schools Championships, with members entering both the Individuals as well as the Teams competitions. Excellent results were achieved in both, with Jarrod Su and Jack Wang coming in tied bronze while Nicholas Chen and Brendan Alcorn took 6th and 8th respectively, all commendable results considering the participation of previous national champions. The SBHS Senior Epee team comprised of Nicholas Chen (12M), Jarrod Su (11R), Jack Wang (11M), Jack Huang (11T) as the reserve and Brendan Alcorn (12M) on standby, with the entire team all contributing to the victory over Newington in the finals. We would like to give special thanks to MIC Mr Huynh, coach Ted for his invaluable lessons, coach Kevin Chen for his support on the day as well as all the other parents who attended for their unwavering support throughout the events, supplying snacks as well as motivation. As this is Nicholas and Brendan's last Senior Schools Nationals, we would like to acknowledge their dedication to the fencing program, their immense contributions to our continual success and wish them all the best moving forwards. Jack Wang (11M)



Australian Schools Senior Championships Sabre Events:

On Sunday, the Senior Sabre squad had some extraordinary and outstanding results. It was the National Fencing Competition for both the Individual and Team events. Coming up to the biggest competition for the season, the Senior Sabre squad trained particularly hard in the days and weeks leading up to last weekend. Our hard training paid off with our fencers achieving incredible results in the competition. Despite fencing against challenging, high-level fencers from across the nation, our fencers didn't lose their confidence or focus. Our results for the individuals were Yu Ming Lee (12T) with a silver medal, Oscar Shi (10S) ranking 7th and Samuel Hui (10T) ranking 12th. The Senior Sabre team also received an extraordinary result, bringing home the gold medal for the 8th consecutive year! The Senior Sabre team consisted of Yu Ming Lee (12T), Oscar Shi (10S), Samuel Hui (10T) and Sungmin Choi (11S). Our outstanding results were a product of the brilliant coaching of Leo, the efforts of our fencing MIC, Mr Dat Huynh, and the tireless efforts of our fencers every training session. The Senior Sabre squad is determined to train hard for the rest of the season and in the off-season to come back next season to achieve even better results. **Sungmin Choi (11S)**







Mr Dat Huynh MIC Fencing



FACT SHEET FOR PARENTS, GUARDIANS AND CARERS

WHAT IS THE NCCD?

The Nationally Consistent Collection of Data on School Students with Disability (NCCD) takes place every year.

The NCCD is a collection that counts:

- the number of school students receiving an adjustment or 'help' due to disability
- the level of adjustment they are receiving to access education on the same basis as other students.

Students are counted in the NCCD if they receive ongoing adjustments at school due to disability. This 'help' allows them to access education on the same basis as a child without disability. The NCCD uses the definition of disability in the *Disability Discrimination Act 1992*.

Schools provide this information to education authorities.

Go to **What is a reasonable adjustment?** below to learn about adjustments.

WHY IS THIS DATA BEING COLLECTED?

All schools in Australia must collect information about students with disability.

The NCCD:

- ensures that the information collected is transparent, consistent and reliable
- provides better information that improves understanding of students with disability
- allows parents, guardians, carers, teachers, principals, education authorities and government to better support students with disability.

Student with disability loading

THIT III

Funding from the Australian Government for students with disability is based on the NCCD through the student with disability loading.

Students with disability who are counted in the top three levels of the NCCD (extensive, substantial and supplementary) attract the loading. Funding is based on a per-student amount at each of the three levels of additional support. The amount of the loading reflects the level of support students with disability need to participate fully in school, with higher funding for those who need higher levels of support.

Australian Government recurrent school funding is provided as a lump sum to school authorities including state and territory governments, which can then distribute the funding to their member schools according to their own needs-based arrangements.

The Government expects schools and school systems to consider their funding from all sources (ie Australian Government, state and territory and private) and prioritise their spending to meet the educational needs of all of their students, including students with disability.

WHAT ARE THE BENEFITS OF THE NCCD FOR STUDENTS?

The information collected by the NCCD helps teachers, principals, education authorities and governments to better support students with disability at school.

The NCCD encourages schools to review their learning and support systems and processes. This helps schools to continually improve education outcomes for all students.

Supported by the Australian Government Department of Education. © 2019 Education Services Australia Ltd, unless otherwise indicated. Creative Commons BY 4.0, unless otherwise indicated.





Australian Government Department of Education



WHAT MUST SCHOOLS DO FOR STUDENTS WITH DISABILITY?

All students have the right to a quality learning experience at school.

Students with disability must be able to take part in education without discrimination and on the same basis as other students. To ensure this, schools must make reasonable adjustments if needed for students with disability. Educators, students, parents, guardians, carers and others (eg health professionals) must work together to ensure that students with disability can take part in education.

The **Disability Discrimination Act 1992** and the **Disability Standards for Education 2005** describe schools' responsibilities.

WHAT IS A REASONABLE ADJUSTMENT?

An adjustment is an action to help a student with disability take part in education on the same basis as other students.

Adjustments can be made across the whole school (eg ramps into school buildings). They can be in the classroom (eg adapting teaching methods). They can also be for individual student need (eg providing personal care support).

The school assesses the needs of each student with disability. The school provides adjustments in consultation with the student and/or their parents, guardians and carers.

Schools must make reasonable adjustments if needed. The Disability Standards for Education 2005 define 'reasonable adjustment' as an adjustment that balances the interests of all parties affected.

WHO IS INCLUDED IN THE NCCD?

The definition of disability for the NCCD is based on the broad definition under the *Disability Discrimination Act 1992*. The following students are examples of those who may be included in the NCCD if they need monitoring and adjustments:

mpunpunpun

- students with learning difficulties (such as dyslexia)
- students with chronic health conditions (such as epilepsy or diabetes).

WHO COLLECTS INFORMATION FOR THE NCCD?

Schools identify which students will be counted in the NCCD. They base their decisions on the following:

- adjustments provided for the student (after consultation with the student and/or their parents, guardians and carers)
- the school team's observations and professional judgements
- any medical or other professional diagnoses
- other relevant information.

School principals must ensure that information for the NCCD is accurate.

WHAT INFORMATION IS COLLECTED?

A student is counted in the NCCD if they receive reasonable adjustments at school due to disability.

Each year, schools collect the following information about the student, including:

- their year of schooling
- the level of adjustment received
- the broad type of disability.

For students who have more than one disability, the school uses professional judgement to choose one category of disability. They choose the category that most affects the student's access to education and for which adjustments are being provided.

A high level summary of the NCCD data is available to all Australian state and territory governments to improve policies and programs for students with disability.

Supported by the Australian Government Department of Education. © 2019 Education Services Australia Ltd, unless otherwise indicated. Creative Commons BY 4.0, unless otherwise indicated.









HOW IS THIS DATA USED?

The NCCD data informs funding and work by schools and sectors. It ensures that support for students with disability becomes routine in the day-to-day practice of schools. The NCCD also supports students in the following ways.

- The NCCD helps schools better understand their legislative obligations and the Disability Standards for Education 2005.
- Schools focus on the individual adjustments that support students with disability. This encourages them to reflect on students' needs and to better support students.
- The NCCD facilitates a collaborative and coordinated approach to supporting students with disability. It also encourages improvements in school documentation.
- The NCCD improves communication about students' needs between schools, parents, guardians, carers and the community.

The Australian Curriculum, Assessment and Reporting Authority (ACARA) annually publishes high-level, nonidentifying NCCD data.

WHEN DOES THE NCCD TAKE PLACE?

The NCCD takes place in August each year.

IS THE NCCD COMPULSORY?

Yes. All schools must collect and submit information each year for the NCCD. This is detailed in the *Australian Education Regulation 2013*. For more information, ask your school principal or the relevant education authority.

HOW IS STUDENTS' PRIVACY PROTECTED?

Protecting the privacy and confidentiality of all students is an essential part of the NCCD.

mpmpm

Data is collected within each school. Personal details, such as student names or student identifiers, are not provided to federal education authorities. Learn more about privacy in the **Public information notice**.

FURTHER INFORMATION

Contact your school if you have questions about the NCCD. You can also visit the NCCD Portal.

There is also a free **e-learning resource** about the *Disability Discrimination Act* **1992** and Disability Standards for Education 2005.

This document must be attributed as *Fact sheet for parents, guardians and carers*.

Supported by the Australian Government Department of Education. © 2019 Education Services Australia Ltd, unless otherwise indicated. Creative Commons BY 4.0, unless otherwise indicated.







Arakan Martial Art



For Men, Women and Children



Arakan Martial Art is a dynamic, street effective style, adapted for the modern world.

Our goal is to empower you to become...

Physically... more dynamic, powerful, flexible, fitter, faster, stronger and healthier.

Mentally... calmer and more disciplined. Your ability to focus and concentrate will improve dramatically. *Emotionally...* empowered and more confident. You will develop greater levels of self awareness and understanding. *Spiritually...* connected with your inner self and learn to be present in the moment.

We tailor our private lessons to suit all ages, shapes, sizes, fitness, experience and confidence levels. All you need is an open heart and mind. It's our pleasure to help you / your children achieve your desired outcomes.

FREE No Obligation Private Introductory Lesson 1300 13 23 11 www.arakan.com.au



PHYSIOTHERAPIST SERVICE FOR SYDNEY HIGH ATHLETES

School Physio

SBHS Gym Gallery outside Room 901 School Term Mondays 7am-9am Free of charge

No need for an appointment Priority given to 1st and 2nd Grade Athletes



National Art School

Future Makers: School Holiday Programs 2022

The NAS Future Makers is for ages 6-16. Structured art workshops on-campus and online in school holiday periods across the year.

Mini Makers 6-8 years Art Adventurers 9-12 years Young Creatives 13-16 years

Winter School Holiday Workshops 4 - 15 July

Spring School Holiday Workshops 26 September - 7 October

Art Club: After School Weekdays

and Saturdays

15-17 years

Term 3 18 July - 10 September

Term 4 11 October – 3 December



National Art School is a registered activity provider for the Creative Kids Program.

Parents, guardians and carers can apply for a voucher with a value of up to \$100 per calendar year for each student aged 4.5 to 18 years old enrolled in school.



Scan the QR code or head to nas.edu.au to book.



		Canteen Price	e List 2	022			
Breakfast		Lunch and Rece	ess Ite	ems	Hot Food		
Ham & Egg Muffin	\$3.20	*So you don't miss out on what you sure you ORDER it befo		nch, make	Butter Chicken - Homemade	\$5.50	
Toast - Cheese	\$2.00				Chicken Burger	\$5.00	
Toast - Cheese & Ham	\$2.50	Sandwiches / Rolls / Wraps	S/W	ROLL			
Toast - Cheese & Tomato	\$2.50	Buttered Roll		\$1.50	Chicken Fingers	\$2.50	
Toast - Cheese Spinach & Tomato	\$2.50	Cheese & Tomato (v)	\$2.50	\$2.80	Chicken Mayo Roll (hot)	\$5.00	
		Cheese & Salad (v)	\$3.20	\$3.60	Chicken Mayo Sandwich (hot)	\$4.00	
Hot Chocolate (Term 3 only)	\$1.20	Chicken & Coleslaw	\$4.00	\$4.60	Chicken Schnitzel Roll	\$5.00	
		Chicken & Lettuce	\$4.00	\$4.60			
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Falafel Wrap	\$5.00	
Assorted Snacks @ Various	Prices	Curried Egg & Lettuce (v)	\$3.20	\$4.00	Garlic Bread (v)	\$2.00	
Donono Drood	¢1.00	Dagwood Roll	¢0.00	\$4.00			
Banana Bread	\$1.20	Egg & Lettuce (v)	\$3.20	\$4.00			
En it Angle (One and Demons	¢1.00	Egg & Salad (v) Ham & Tomato	\$4.00	\$4.60		¢0.00	
Fruit - Apple/Orange/Banana	\$1.00		\$3.40	\$4.00	Noodles In A Cup	\$2.80	
Fruit Salad	\$3.00	Ham & Salad	\$4.00	\$4.60	Deste Hememode Creell	¢ 4 00	
Drinko		Roast Beef & Tomato	\$3.40	\$4.00	Pasta - Homemade - Small	\$4.00 \$5.00	
Drinks	1	Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pasta - Homemade - Large		
Chill - Aloe Vera or Ice Tea	\$3.50	Roast Beef & Salad Salad (v)	\$4.00	\$4.60	Pide - Sausage, Chicken/Mushroom	\$3.80	
	\$3.50	Salad (v)	\$3.20	\$3.60	Pide - Spinach/Cheese (v) Pie - Meat (sauce + 20c)	\$3.80 \$4.50	
Juice	\$2.50	Turkov Crophorny & Lattuco	\$3.80	¢4.40	Pie - Meat (Sauce + 20c)	\$4.50	
Juice Bomb		Turkey Cranberry & Lettuce	\$3.80	\$4.40	Pie - Traveller	\$4.50	
	\$2.50				Pizza Wrap	\$4.00	
LA Ice	\$2.50					\$4.00	
	\$2.30				Rice Box - Homemade	\$4.00	
		Salads				φ4.00	
Milk Flavoured 300ml	\$2.50	Salad Box (meat) - Small		\$4.50	Sausage Roll	\$3.50	
Milk Plain 600ml	\$2.50	Salad Box (meat or egg) - Larg		\$6.00	Spinach Ricotta Roll (v)	\$3.50	
Milk Flavoured 500ml	\$4.00	Salad Box (plain)		\$5.00	Sweet Chilli Chicken Wrap	\$5.00	
	φ4.00			\$5.00		φ3.00	
Up & Go	\$2.50	Sushi & Roll	S	1	Teriyaki Don, Noodles etc - Homemade	\$5.50	
		Sushi - Homemade		\$3.00	Miscellaneous		
Water - Spring	\$1.50				Spoons / Forks - supplied free with meal puchase	\$0.10	
Waterford	\$2.50						
		Nachos - Wednesdays	& Fridays		Tissues	\$0.60	
Special Orders					Seasonal Foods		
# If you have specific dietary nee	ds or vour	Nachos - Homemade		\$5.50			
favourite sandwich is not on the menu - all					**NB Not all food items are available all the example, home style lunch boxes - pasta		
you have to do is ask! We may be able to					salads, soup etc are all seasonal. Please ch		
make it for you. Make sure you order before school.					the canteen before you order.		
		2022 PRI	CE LIS	Т			
א א א	0 to 9 0	0 am *Breakfast is availal	hle * Ti	me to n	lace lunch orders		
		RE RETURNED TO THE SCHOOL FOR THI		•			
ALL CANTEEN	N FRUFIIS A	NE NETURINED TO THE SCHOOL FOR THI	L DENEFII U	I THE BUIS	BUDGATION AND DEVELOPIVIENT		

As a service to the High Family

A FULL PAGE ADVERTISEMENT



can be placed for a fee of **\$50.00 (GST incl.)** for a full page ad in two weeks' publication

Whether it be a business service, educational course/s or something for sale.

Contact: Dave Te Rata or Meredith Thomas - High Notes Editors

> P: 9662 9300 F: 9662 9310

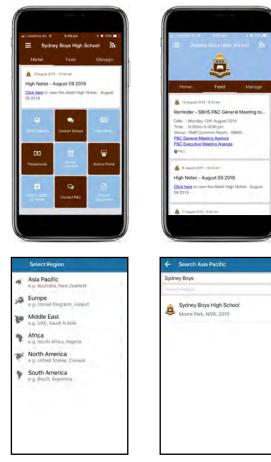
Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval

Stay up to date with **E SZ**app

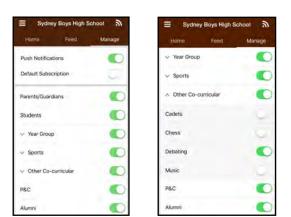
Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

Installation Instructions



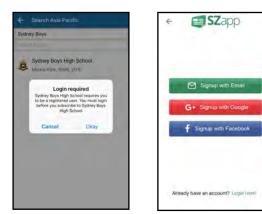
2. FIND OUR SCHOOL Select Region: Asia Pacific

Sydney Boys High School



4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.



3. REGISTER A USER

1. DOWNLOAD SZAPP

Apple Devices

Android Devices

Search the App Store / Play Store for SZapp.

Download and install SZapp. Install is Free.

Available on the

App Store

Google play

ANDROID APP ON

You will need to register a user with your email or sign in with Google or Facebook.

Notifications SZapp	(*)	APP NOTIFICATIONS	-
Allow Notifications	0	SZapp.	
	-	DN	
ALENTS .	-	App icon badges	-
0.41		CATEGORIES.	
Lock Server Notrication C	entre Bacrers	sz_notification	
Banner Style	(UTD0-874)		
Sounds	0		
Badges			
CHINGHS-			
Show Previews	Alweys (Del. a)		
Notification Grouping	shohooni		

5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.

For any further information see: http://www.schoolzineplus.com/app-fag

SYDNEY BOYS HIGH SCHOOL Sir Roden Cutler and Lady Cutler Foundation Scholarship



Nurturing scholar-sportsmen since 1883 Applications available at: sbhs.co/scholarships Closing Date: 30 November 2022 556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300