HIGH NOTES

The Weekly Newsletter of Sydney Boys High School Vol 23 No 17 10 June 2022

From the Principal

High Talent

As a result of their performance in the NSW Schools Championships our Senior Sailing team have qualified to compete at the National Schools Championships. Well done to Sam Ezra (12E), Daniel Low (12T), Nathan Cox (12R), Zhitian Mai (11F), Liem Tran (11F), Jacob Jin (11T) and Saxon Dean (11M). At the Senior A.J. Rae School Team Championships last Saturday our Senior Epee A Team (Nicholas Chen (12M), Jarrod Su (11R), Jack Wang (11M) and Brendan Alcorn (12M)) won the gold and the Epee B Team (Jack Huang (11T), Zhitian Mai (11F), Tian Yang (10E) and Daniel Nguyen (10M)) the bronze. The High Senior Sabre A Team (Yu Ming Lee (12T), Oscar Shi (10S) and Samuel Hui (10T)) won the gold in their competition. Congratulations, lads!

Student Leadership Assembly 2022

At our recent Student Leadership Assembly, seven student leaders spoke about the leadership groups that they represented. Our School Prefects received their badges and signed the Prefects Book. My speech to the assembly is reprinted below:

'Staff, students, parents and Prefects of Sydney Boys High welcome to our official recognition of student leadership efforts in our school and our investiture assembly for our 2022 School Prefects. I acknowledge this morning the Gadigal people of the Eora nation as the custodians of the land on which we meet and pay my respects to elders past and present and extend that respect to any Aboriginal people here today.

James Comey, the FBI Director who was sacked by Donald Trump because he refused to be manipulated into influencing an investigation into Trump's pre-election behaviour, later wrote a book entitled 'A Higher Loyalty'. It chronicled his career in public service and the Department of Justice and outlined his work with three Presidents of America. He described how he came to value the search for truth and integrity in leadership as driving values during his outstanding career. He was a very effective and popular leader who was called upon to display moral leadership on several occasions in his job. He was sacked in the fourth year of his ten-year term as FBI Director. He refused to provide unconditional loyalty to a President. He believed he had a higher loyalty to the values that made his character rather than loyalty to a President who he believed was telling lies and acting inappropriately in office. Leadership can be shown by not doing, as well as doing.

As student leaders, you will develop a set of moral guidelines or values that suits you as your preferred method of leading. We expect you to understand your duties clearly and to carry them out ethically and faithfully. You are in a learning phase about leadership. Schools can be good places to train and build up your knowledge about what works and doesn't work. Nearly always, leadership involves compromise. Learn how to compromise within a framework of action governed by a pursuit of truth and personal integrity. If you ask yourself whether a course of action is the right thing to do, your honest answer will be the best next step to take.

Thank you to all the students who have served our school in various teams this year. SRC, Community Service, Peer Support, Equality, PAWS, Environment, Media – not matter where you served, you exhibited leadership. We really appreciate that it takes courage to put your name forward for a role and even more courage to carry it out well. Congratulations to you all.

The quality of our Prefect body is a reflection of the quality of our school life. We want our most engaged and committed students to be nominated as candidates for this important school role. If every eligible voter participates responsibly, we will get the best and most diverse team of Prefects possible. Our Prefect traditions are our anchors but can also inspire this cohort to emulate or build on activities and priorities that will become a new legacy. There have been so many great Prefects at this school that the current group must try to follow in some aspects of their role. The honour of such a long-established

and prestigious position exhorts our new cohort of leaders to emulate their predecessors' deeds.

The Senior Prefect leadership team for 2022 - Captain Joshua Suto, as Vice-Captain Rahul Pant and as the Senior Prefect, Ming Lee, have carried out their roles admirably. The long and professional stewardship of Ms Rigby as Prefect MIC must be acknowledged and thanked. She has set high standards and always held our boys to meet them. At the same time, she is unfailingly supportive of the students she mentors in these important tasks. I want to thank her for her dedication to the role and for her effectiveness in it.

To move from internship to the point of getting their perpetual School Prefect badges today, Prefects had to prove that they could meet the requirements for the role. These requirements were demanding. Prefect interns had to continue to meet a predetermined academic standard. They had to maintain their participation in school life, play two GPS sports and earn a Student Awards Scheme Award in their final year. They had to have exemplary standards in behaviour, school dress and punctuality. COVID has interfered with our process to a large degree for two years, but we remain committed to our qualifying framework.

The Internship of our Prefects lasts for a full year. From this annual investiture assembly onwards, a new cohort of candidates will have to meet the requirements to be placed on the ballot. They will have to pass the test of democratic election by a constituency of students in Years 10 and 11, teachers and outgoing Prefects. Once elected they will have to perform well until their induction assembly as Prefect Interns and then for the next three school terms until they reach this culminating ceremony of signing the Prefects' Book and receiving their perpetual School Prefects badges.

Sydney Boys High Prefects are particularly self-disciplined people – they have proven themselves worthy of the honour shown to them. They have earned their recognition and acknowledgement. I congratulate all the students who are to receive their badges and sign themselves into history today in the Prefects Register, a ritual since 1952, and thank them for their service'.

Interpreting Year 7 Reports – Semester One

Year 7 boys received their reports this week. Parents need to know that with scores for grades – HD (6), D (5), Credit (3) PM (2) P (1) or U (0) – boys are expected to score thirty points or 10 credits equivalent, in order to reach the school standard. Proficiency levels for future-oriented earning skills, such as problem solving and evaluating, critical thinking, working with others, communicating your ideas and being creative, are also reported. Parents will be able to trace the growth of their son in the five reported skills as he progresses through the Junior School. These skills are reported in their own textbox and are distributed among the Faculties. For more information on PEWCC skills reporting, go to https://sydneyhigh.school/curriculum/pewcc-reporting and click on Information About School Reports to peruse the skills continuum for each subject. In addition, multiple learning behaviours are reported on a rubric from 'rarely' to 'sometimes' to 'usually' to 'consistently'. These behaviours are controllable by students and attention to them can improve outcomes over time.

We understand that boys transitioning into Year 7 face many adjustment challenges. Positions in the grade will not be disclosed to Year 7 students for their first two reports. The top group of boys are acknowledged on the *Academic Achievement List*. Unless special circumstances preclude it, letters are sent to the parents of the boys in the *Academic Support Group* (those boys with scores of 27 or less). Boys scoring 27 points or less may be offered a special workshop presented by an outside provider; they may join 'Diary Club' to learn how to organise themselves better to complete tasks and submit work punctually; they may just receive an encouraging chat from their Year Adviser; they may be referred to the Counsellor; or they may be referred to an outside agency with their parents on very rare occasions. Some or none of these interventions might be judged appropriate in your son's case. It is our obligation to let you know of our interventions on behalf of students so that you may accept or decline our help. Unless you contact us, we will assume you are OK with us using our professional judgement on actions to assist your son. We want to help our underachievers using the most effective means possible. Parents are requested to talk over their son's report with him ahead of booking Parent-Teacher interview time slots. Your son's Year Adviser can be contacted about options to improve future outcomes

Dr K A Jaggar
Principal

Zone Athletics Carnival

The annual Zone Athletics Carnival will be held at Hensley Athletics Field on Thursday 16 June. The team has been posted on CANVAS along with the schedule. Any student who is unable to attend needs to inform Mr Rich asap.

Kurt Rich
MIC Athletics

PARENT TEACHER INTERVIEWS

Years 7 and 11 will take place via zoom on
Monday 27 June 2022
2.30pm – 7.30pm
Years 8 and 10 will take place via zoom on
Tuesday 26 July 2022
2.30pm – 7.30pm

Booking interviews with your son's teachers

We use a web based electronic scheduling system for arranging interviews. This produces better results for all participants, especially more compact time schedules for both parents and teachers. The system works as follows:

- By 6pm Friday 17 June, all parents of boys in Years 7 and 11 will be sent details of the scheduling system and a unique code to be entered via email (N.B. Parents of boys in Years 8 and 10 will receive their codes via email at the very end of Term 2).
- This scheduling email will be sent to the address currently held by the school. If you have not received this email by the morning of Monday 20 June or if your email address has changed from what had been previously advised to the school, you should notify the school at office@sbhs.nsw.edu.au. Please indicate your son's name and roll class or date of birth so that the information can be forwarded to you.
- On the Edval website you will see your son's teachers listed and you will be able to select those with whom you require an interview (if you hover over a teacher's name, the subject involved will be shown). At the same time, you can indicate your availability between 2:30 pm and 7:30 pm. You should provide this information by 9am on Wednesday 22 June.
- The overall schedule will be generated by the school and your individual schedule should be available for you to download and print from 6pm on Thursday 23 June.
- Periods will be shortened on the days of the interviews. Boys from all years will be dismissed from class at 2:25pm on the dates listed above. The light rail will run to normal schedules and there will be supervision available in the Junior Quad of boys waiting for these services.
- *Interviews should not exceed five minutes' duration*. If there is insufficient time, a further appointment may be arranged for a later date.

Similar arrangements will be in place for Years 8 and 10 interviews on Tuesday 26 July.

Mr J Kay
Deputy Principal

Uniform Requirements

Students and parents are reminded that all boys must be in the correct uniform both at school and in their travel to and from school. The way students are dressed not only impacts the school image but also demonstrates that they value being part of the school community and support each other to maintain the standard that represents Sydney High.

Of late, there have been a significant number of students wearing hoodies under either their jumpers or sports jackets, along with non-school scarfs and beanies, none of which are permitted. In cold weather, students may add extra layers below their normal uniform items providing these are not visible.

On normal school days students must only wear the blue school pullover with embroidered crest or the blazer (no other items should be visible on the outside of a student's shirt and tie – this includes sports jackets or other items). On sports days, boys may only wear the school sports jacket with embroidered crest and/or the school tracksuit pants (no other items should be visible)

If a student does not have the sports jacket or school tracksuit pants, he is permitted to wear the school uniform on his sports day and get changed for his activity.

Consequences will be issued for any breaches of the school uniform policy: (https://sydneyhigh.school/wellbeing/uniform-policy).

Thank you in advance for ensuring that the high standards we expect of students in all parts of their education are being maintained.

Jamie Kay & George Barris
Junior and Senior School Deputy Principals

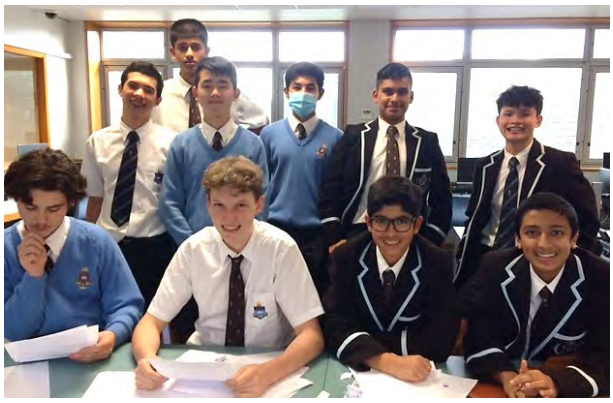
Enrichment Activities May-June 2022

Philosophy at High

SBHS Philosophical discussion group meets each Friday at lunchtime under the tutelage of Mr John Goris. First term was devoted to preparing our Senior Ethics Teams for 2022 NSW Ethics Olympiad on the 5th May. Students cover a series of case studies and the tutor provides depth to the discussion by introducing the students to aspects of philosophical thought and theory.

The all-day event requires stamina. There are a series of inquiries, facilitated by an academic. Both of our teams received honourable mentions from the judges. Congratulations to: Vishruth Anand, Fynn Hopkins, Eric Sholten, Luca Miletic, Arnav Gupta, Andris Dang, Aayan Hafiz, Patrick Nguyen, Aarav Gandhi, Ranaveer Thorat, who have received merit certificates.

We are now preparing the Junior teams for their event in November.



Ethics at Rosebank

On Friday 27th May Year 10 students accepted an invitation from Mrs Cheryl McArthur at Rosebank to join students from a number of independent, catholic and GPS schools in a day of ethical exploration relating to 'The Rise of the Machine.'

Mr Greg Henshaw engaged students with the topic in a lecture designed to instruct on the Communities of Inquiry model and to stimulate thinking about our relationship with Technology.

This was followed by a series of inquiries which required students to create questions and interrogate the issues

raised. Our students were courageous in promoting a point of view and they were prepared to step outside their comfort zones by volunteering to present findings to the larger audience.

It was a wonderful opportunity for critical thinking and collaboration with the added benefit of meeting like-minded students.

Well done: Noah Allard, Eric Sholten, Aayan Hafiz, Ranaveer Thorat, Arnav Gupta, Andris Dang, Luca Miletic.

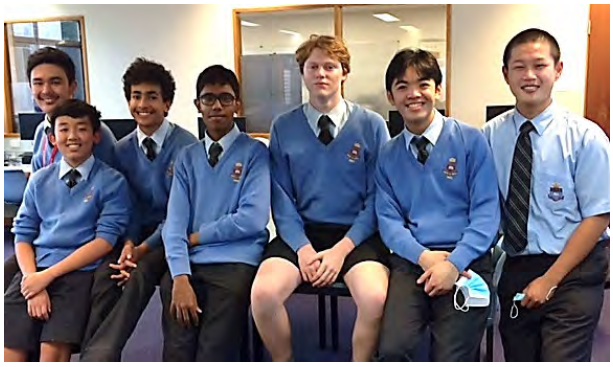
Da Vinci Decathlon

Once again, we were denied an opportunity to make the annual pilgrimage to Knox Grammar School to compete at Da Vinci Decathlon due to the pandemic. The students coped with the difficulties of completing challenges remotely and working with technological glitches to meet deadlines. The most enjoyable aspect of the event is the teamwork and camaraderie. The ethos of teamwork is strong at High and students are well equipped for activities that require sustained collaboration and problem solving,

Year 7: Charlie Cheshire, Ryan Park, Alay Mahedidia, Luca Dadi, Terence Wang, Stephen Faulder, Jack Lee, Sajan Thiagalingam are to be congratulated for their teamwork. Their preparation was systematic, and they met regularly in the weeks prior, to ensure that everyone knew his responsibilities on the day of the event.

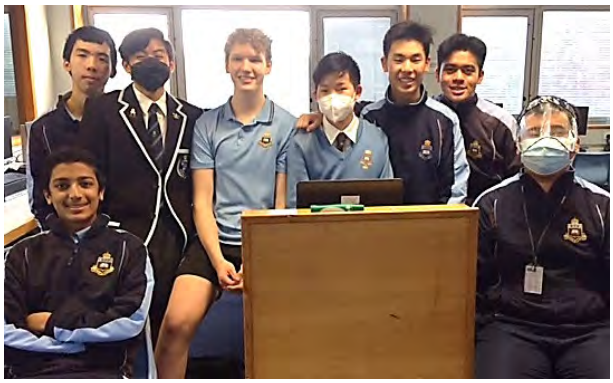
Year 8: Adhruth Anand, Kabir Mudgil, Lachlan Nguyen, Michael Zhou, Delbert Zou, Hamza Ahmed, Zuhyr Haq, Aaron Huang. This team is to be commended for their enthusiasm and teamwork. It is a new combination which will benefit from the experience to make improvements in the future.

Year 9: Aayan Azhar, Ric Hou, Xavier Perry, Jeff Tse, Lucas Adamson, Micah Jouravlev, Jesse Wu, Andrew Pye. Arthur Qiu. This team is notorious for fastidious preparation and organisation. They did well to overcome some last minute team adjustments due to Covid.



Outstanding results! 5th Overall. Placed 8th in Geography, 2nd in Code Breaking, 1st in General Knowledge 3rd in mathematics.

Year 10: Tian Yang, Vishruth Anand, Fynn Hopkins, Justin Nguyen, Luc Tran, Daniel Su, Daniel Nguyen, Samual Hui.

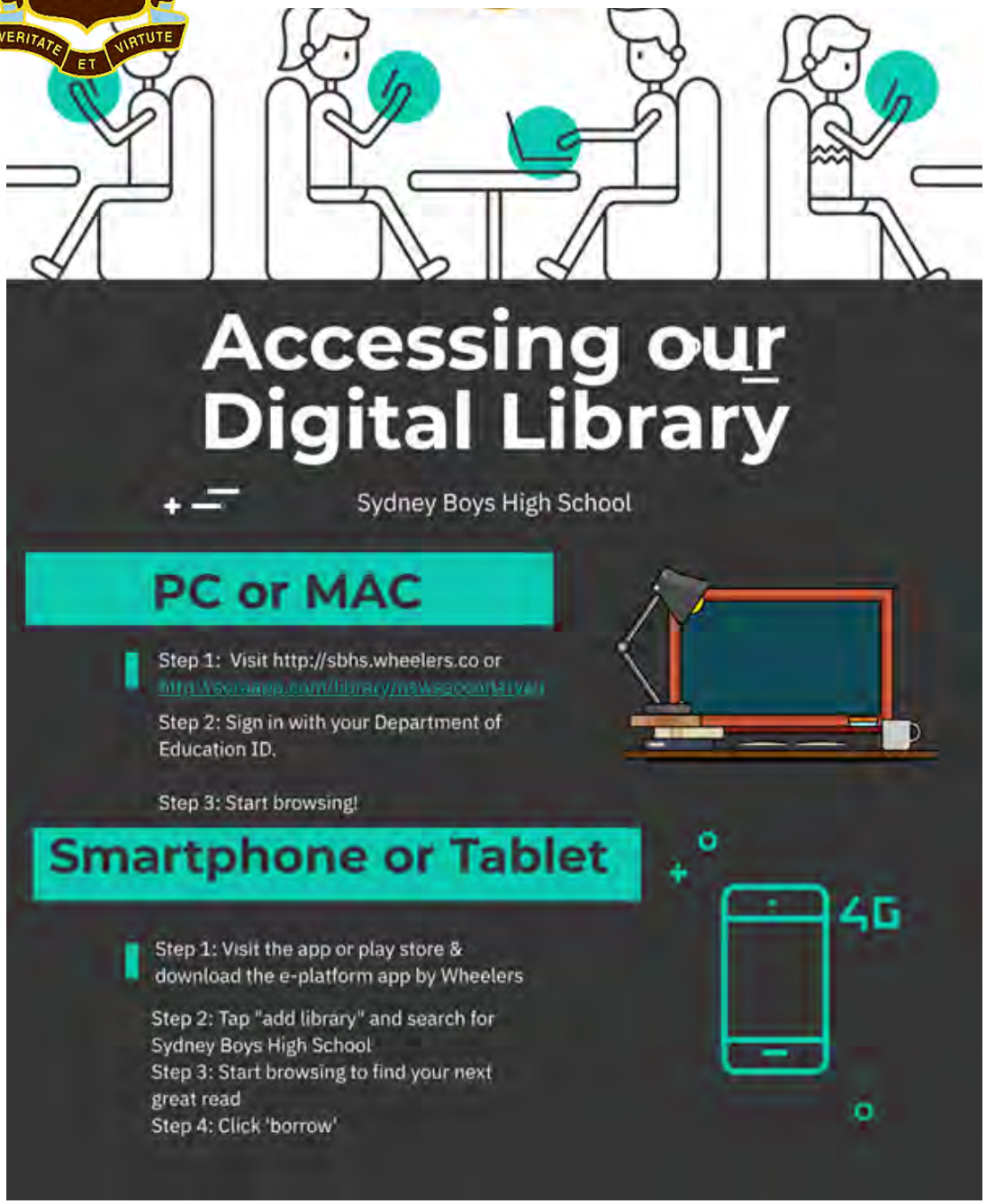


They are to be congratulated on an outstanding overall performance which achieved medals for 2nd place overall. 1st in Geography, 2nd in Science, 7th in Mathematics, 1st in General Knowledge, 7th in English.

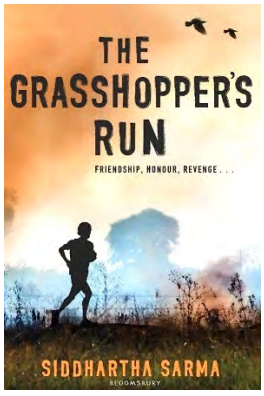
Well done to all of the SBHS students who represented us at Da Vinci Decathlon 2022.

J Eggleton
Teacher

HIGH DIGITAL LIBRARY



The Grasshoppers Run - Siddhartha Sarma



The grasshoppers run explored the story of a young boy. The author's ability to enter the mind of an adolescent child was intriguing. The story was about the invasion of the Imperial Japanese army. Where they destroy a village, which the protagonist Gojen Rajkhowa tries to avenge. This story is a war novel, which explores the ideas of hate and loyalty. The boy is the hero of the novel whose main agenda is to defend his people and kingdom. It is a gripping slice of historical fiction that uses military weapons such as guns and other armed forces in order to portray the effects of war in the novel. The story uses the emotions of the young boy to portray how he copes with the death of his friends and loved ones. Apart from the protagonist, other side characters are being integrated in order to create a more intriguing plot with higher details.

Awanish Sainju (11S)

JOIN US ONLINE!

CYBER SAFETY WEBINAR

Webinar by Kirra Pendergast, CEO of *Safe on Social Media*
for SBHS & SGHS Parents & Carers
Hosted by SBHS P&C

TOPICS:

- Online gaming safety
- Using social media with awareness
- Posting & sharing photos and the law
- Strategies to build resilience
- Creating a positive digital footprint
- How to report Cyber-bullying and online harassment
- And more

Followed by Q&A with Kirra Pendergast, school principals & staff.

6.30pm - 8.30pm
Wednesday

15TH

June 2022

REGISTER USING THE QR CODE OR CLICK ON REGISTER NOW BUTTON

Register Now!

REGISTER HERE

sbhs.pandc@gmail.com

Health
South Eastern Sydney
Local Health District

NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council for adolescents as part of the school vaccination program.

In 2022 the following vaccines will be offered:

YEAR	VACCINE	NUMBER OF DOSES
Year 7	Human papillomavirus (HPV)	2 doses at least 6 months apart
	Diphtheria, Tetanus and Whooping Cough (dTpa)	1 dose
Year 10	Meningococcal ACWY (MenACWY)	1 dose

Our 2022 school vaccination clinic dates are scheduled as follows:

Visit 2 –Year 10 (Meningococcal ACWY) and Year 7 & 8 catch-up 23rd of June 2022

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- Read all the information provided
- Complete all fields on the consent form, including signing their name next to the vaccine/s you would like your child to receive
- Return the completed consent form to your child's school
- Ensure that your child eats breakfast on the day of the school vaccination clinic

Please note that, to improve vaccination completion, students will be opportunistically offered catch-up vaccination for any missed doses, including:

- during Year 8 (for HPV and dTpa vaccination) and during Year 11(for Meningococcal ACWY vaccination) for consent signed in 2021
- during Year 9 or Year 12 to students in Years 9 and 12 (who were in Years 7 and 10 respectively in 2020) who missed vaccination during 2020 and 2021 due to COVID-19 disruptions. PHUs will minimise school disruptions by offering extended catch-up vaccination during routine Year 7 and 10 clinics.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing or by phoning the school. More information is available at:
www.health.nsw.gov.au/immunisation

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic either as a physical card or a text message sent to the mobile number recorded on the consent form. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.

Community Services Committee

The Community Services Committee continued its display of High spirit on Friday 27 May at the Salvation Army collection. The Salvation Army is a charity movement that supports disadvantaged and vulnerable citizens across Australia and internationally. Its presence in Australia has been poignant following the bushfires of 2020 and floods of 2022 with their disaster appeals providing critical funds, clothing, and shelter for affected individuals. Further information can be found at: https://www.salvationarmy.org.au/

The High event was hosted at Hyde Park with a similar cold seven a.m. start to the Starlight fundraiser two weeks prior. Despite the restriction to only year tens to twelves, forty senior High boys volunteered for the great cause. Considering the proximity to half-yearly exams, the unwavering commitment of the boys is admirable and shows the extensive interests of the High community. Over the course of two hours, the boys raised $1030, an equally impressive feat to the Starlight collection. The selfless support of Mr. Ormsby, Mr. Writer, and the outgoing Mr. Davis Frank facilitated the fruitful event. The unparalleled success of the fundraisers and turnout of the CSC testament the revival of High spirit and co-curricular commitment following COVID-19.

Landrie Zuo (11F)
CSC Executive (Publicity Officer)

Music NOTES

SAVE THE DATE – Semester 1 Music Concert

Date/Time: Tuesday 21 June, 6.30pm

Venue: SBHS Great Hall

Entrance Fee: Gold Coin Entry

ALL WELCOME!!!!!

Music Ensembles: All music ensembles will be performing
Uniform: Students are required to be in school uniform. All students will be required to wear a white shirt (blazars are not required).

Please note: Students in Years 7, 8 & 9 will need to purchase a white collared shirt (school emblem shirt is not required. White collared shirt can be purchased from Kmart/Target/BigW etc.)

Music Storage Room

A reminder to all students in the Music Performance Program:

*The music storage room is ONLY for instrument(s)

*Please do NOT block the pathway inside when leaving instrument(s) in the Music Storage Room.

*Please make sure to place your instrument(s) neatly in the appropriate instrumental bay(s).

*Please ensure students have a clear name tag with their name/year on their instrument case.

*Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

Non-music instrumental items/accessories will be removed without any warning

IMPORTANT – Covid Requirements

*Students who do not feel well should NOT be at school and therefore should not be attending ensemble rehearsals and/or private instrumental lessons.

*Students will need to bring their own instrument(s)/equipment/accessories (e.g. guitar picks/drum sticks/guitar leads etc.) - items will NOT be loaned and/or supplied by the Music Department

Parent/Guardian/Student Communication

Parents and Guardians: Please download SZapp from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.

2022 Music Ensemble Schedule

MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Senior Strings Ensemble 7.45am – 8.45am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.45am – 8.45am Room 201	Philharmonic Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203 *Terms 1 & 2 only*	Marching Band 8.00am – 9.00am MPW/ Room 102 *Terms 1 & 4 only*
(After School)	(Before School)	(Before School)	(Before School)	(Before School)
Guitar Ensemble 3.20m – 4.20pm Room 201	Percussion Ensemble 3.45pm – 4.45pm Room 201			Jazz Ensemble 3.30pm – 4.30pm Room 201
	Marching Band 3.30pm – 4.30pm Great Hall/ Room 102 *Terms 1 & 4 only*			

2022 Term 2 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 8C	Tuesday 14 June	HSC Music 1 & 2 Composition Workshop, 9.15am – 1.45pm, Rm 101	HSC Music 1 & 2 students
Week 8C – 9A	Monday 20 June & Tuesday 21 June	Music Ensembles Workshop Times & Venues TBC	All Music Ensembles TBC
Week 9A	Tuesday 21 June	Semester 1 Music Concert, 6.30pm – 8.00pm Great Hall	All Music Ensembles
Week 10B	Thursday 30 June	NAIDOC Assembly, 9.55am Great Hall	Daniel Su (10E) Joshua Tang (10R)

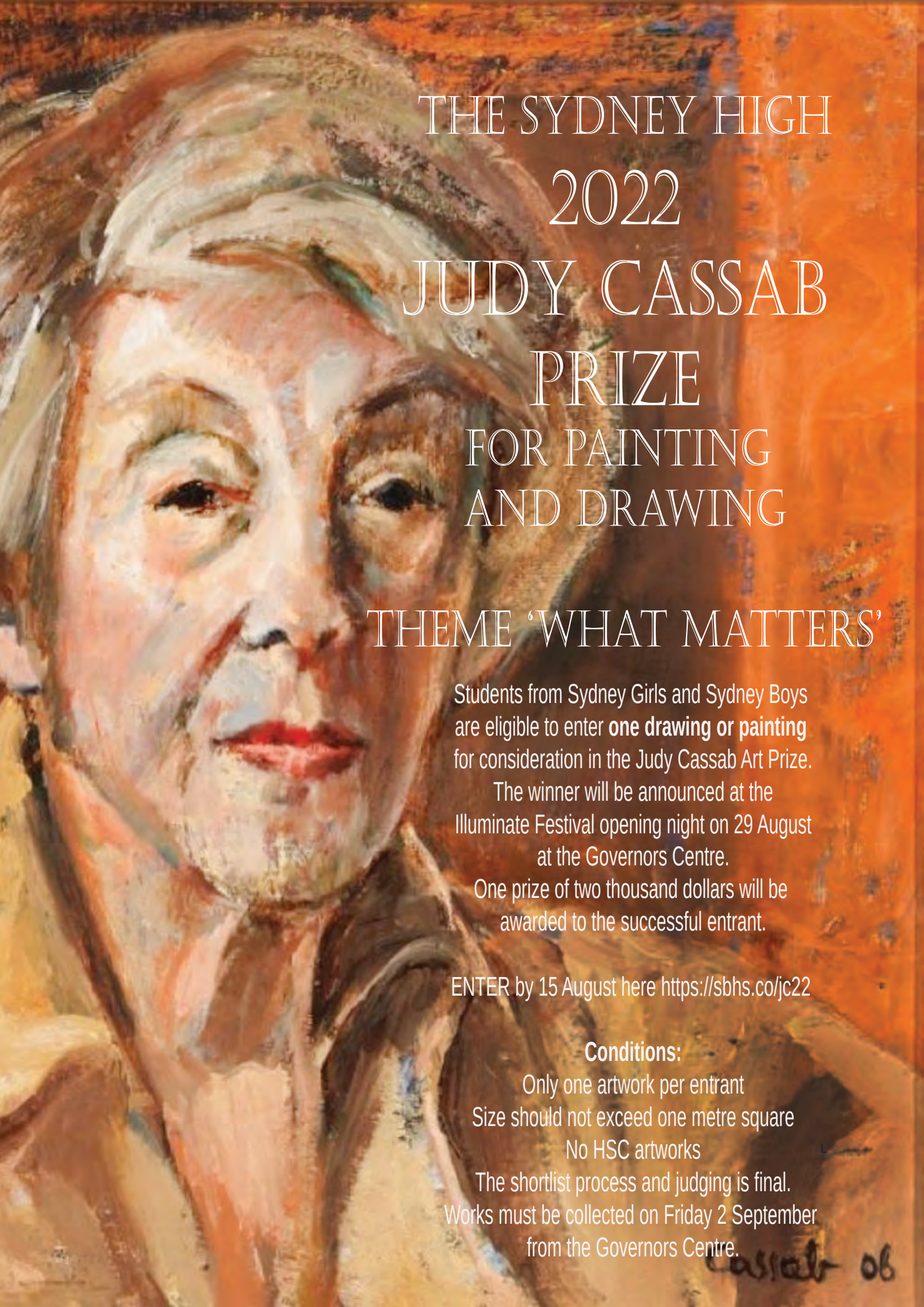
Music Events are continually added and/or are subject to change

SYDNEY BOYS HIGH SCHOOL
PRESENTS

SEMESTER 1 MUSIC CONCERT

TUESDAY 21 JUNE, 2022
6.30 PM
SBHS GREAT HALL

GOLD COIN ENTRY



THE SYDNEY HIGH 2022 JUDY CASSAB PRIZE

FOR PAINTING AND DRAWING

THEME 'WHAT MATTERS'

Students from Sydney Girls and Sydney Boys are eligible to enter **one drawing or painting** for consideration in the Judy Cassab Art Prize. The winner will be announced at the Illuminate Festival opening night on 29 August at the Governors Centre.
One prize of two thousand dollars will be awarded to the successful entrant.

ENTER by 15 August here https://sbhs.co/jc22

Conditions:
Only one artwork per entrant
Size should not exceed one metre square
No HSC artworks
The shortlist process and judging is final.
Works must be collected on Friday 2 September from the Governors Centre.

SBHS FOOTBALL

SBHS FOOTBALL RECAP – GPS ROUND 2 vs St Joseph's College

Saturday 4th June

We finally got some decent weather last week to set up a great day of football on Saturday against St Joseph's College.

Some fantastic results from 2nds, 15As and 14As this week, alongside wins in 6ths, 7ths, 15Cs, 15Es and 15Fs. Individual highlights include Jason Sung (11T) slotting home the game winning goal for 2nd Grade, a hat-trick in 7th grade from Anay Baruah (12R), Eric Liu (8M) scoring a brace for the 14As, Jordan Komonen (9F) and Ioannis Chatzinikoloau (9T) both scoring 2 goals each in 15Fs, and a fantastic goalkeeping display from Alex Valanidis (10E) in 2nd Grade to keep a clean sheet and secure a win. Also, a special mention to Varenya Taneja (11M) for capturing some great moments from the 2nd Grade game – as seen below.

Football			
Team	Opponent	Result	Score
1st	St Joseph's	L	1-8
2nd	St Joseph's	W	1-0
3rd	St Joseph's	L	0-4
4th	St. Patrick's	L	0-9
5th	St. Patrick's	L	0-2
6th	St. Patrick's	W	5-2
7th	St. Patrick's	W	8-0
8th	St Joseph's	L	2-5
16A	St. Patrick's	L	0-9
16B	St Joseph's	L	0-3
16C	BYE	-	-
16D	St. Patrick's	-	-
16E	Trinity	D	1-1
16F	St Joseph's	-	-
15A	Sydney Grammar	W	2-1
15B	St Joseph's	L	0-1
15C	St. Patrick's	W	3-0
15D	St Joseph's	L	1-3
15E	St. Patrick's	W	2-1
15F	St Joseph's	W	6-0
14A	St Joseph's	W	3-1
14B	BYE	-	-
14C	Reddam	L	0-7
14D	BYE	-	-
14E	St. Patrick's	L	0-6
14F	Reddam	L	0-3
13A	BYE	-	-
13B	BYE	-	-
13C	Reddam	L	0-7
13D	St Joseph's	L	0-16
13E	St. Patrick's	L	0-16

Mr S Higgins
MIC Football

LASTING FRIENDSHIPS- HIGH SPIRIT- PASSION – RESPECT -TEAMWORK DISCIPLINE – INTEGRITY

SBHS vs Joeys
Results

1st XV: 0-64L Subhan Mustafa
16As: 23-20W Patrick Ngyuen
15As: 51-19W Team Effort
14As: 50-30W Team Effort
13As: 39-20W Team Effort

16s Rugby Report:

With ongoing sickness and injuries, a number of boys fell victim to illnesses. The absence of key players and captain Aidan Wong meant that it came to a 13 on 13 clash against Joeys. From the start the boys came out strong, with Ethan Hybler scoring twice early, 15s players Naeer Nibras following up with another impressive solo try, and the team able to defend valiantly. The start of the first half saw Ethan make a blitzing run through the Joeys defence before offloading it to myself for our 4th try. However, our lack of numbers meant that our stamina was put to the test, and Joeys was able to cycle through their players and claw back at our advantage. Honourable mentions to Joo-Young Kim, Chris Santoso and Leon Shen for their defensive efforts preventing Joeys from dismantling our score line. The last portion of the game became our toughest fight of the season yet, being 2 points down, a man down from a yellow card, and with no substitutions available, the boys had to put everything they had in. A massive team effort saw us regain possession off our own kick-off in the last 2 minutes of the game, and slowly but surely moving our way downfield, half-back Dylan Fernandez was able to swiftly distribute the ball to myself for a last minute drop kick to win the game by 1 point. Even without our usual team organisation, the boys were able to reverse the earlier 35-7 loss to Joeys for our first win of the season!

Patrick Nguyen (10T)

15s after scoring

13s group photo after the game

SBHS Fencing Report

Saturday 28/05/2022:

AJ Rae Senior Foil Teams Event:

Last Saturday SBHS competed in the national qualifier AJ Rae Team Competition, submitting two teams in the event. SBHS A Team, consisting of Alvin Liu (12S), Dean Johnsun (10F), Jayden Chu (11M) and Henry Lin (10S), was placed in a pool with Knox A and Sydney Grammar D. As a collective, the team did not perform at their best against Knox A, falling short 17-27 however they fenced much better against Sydney Grammar D winning 27-9. SBHS B Team, consisting of James Pullinger (10T), Tony Guo (10T) and Andrew Wang (10S), was placed in a pool of four, losing against Grammar A, Newington A, and Knox B 11-27, 21-27, and 24-27 respectively. Overall, SBHS did not perform at their best, but it was a great experience for all the fencers, and everyone learnt something that they can implement in future trainings.

Alvin Liu (12)

AJ Rae Senior Sabre Teams Event:

Last Saturday was the AJ Rae Senior Teams Competition and the senior sabre squad had sent two teams, the A team and the B team. Both teams put their best efforts into fencing against tough opponents from Newington College, Cranbrook School and Trinity Grammar, with the A team performing exceptionally well, finishing in 1st place. The A team consisted of Yu Ming Lee (12T), Oscar Shi (10S) and Samuel Hui (10T). The B team consisted of Sungmin Choi (11S), Thomas McFarland (12E) and Jayden Ho (10M). A change to the points of the game, with the scores going up by 3 to a total score of 27 whereas a normal team bout would go by 5 to a total score of 45, meant that both teams had to change their strategies. Both teams adjusted exceptionally well, with our fencers playing more offensive to minimise the risks of making mistakes on the defensive. The B team fought well, losing to Newington A, 26-27 and Cranbrook, 24-27. The A team overpowered their opponents and headed straight to the finals, with them winning 45-38 and receiving the gold medals. Both teams were able to perform so well by adjusting to circumstances that can't always be predicted. A special thanks to our Coach Leo for giving us valuable insight into our fencing on the day, parents for always supporting us and Mr Huynh for making the SBHS fencing program possible. With National competitions just around the corner, our senior sabre squad will continue to train hard to prepare for any obstacles ahead.

Sungmin Choi (11S)

AJ Rae Senior Epee Teams Event:

Last week the Sydney boys Epee senior squad members participated in the AJ Rae Senior School Teams Competition in a series of intense and eventful bouts. We were able to submit two competitive teams, the A team consisting of Nicholas Chen (12M), Jarrod Su (11R), Jack Wang (11M) and Brendan Alcorn (12M) while the B team consisted of Jack Huang (11T), Zhitian Mai (11F), Tian Yang (10E) and Daniel Nguyen (10M). Our teams were able to achieve two podium places, first and third for the A and B teams respectively, wrapping up the Senior National School Championship events with great results. Special thanks to Xavier Perry (9M) and Jamison Lai (9M) who gave up their Saturday to help referee the bouts and to Mr Huynh for supervising.

Nicholas Chen (12M)

Roberta Nutt Shield Presentation:

SBHS once again took home the Roberta Nutt Shield this season. Our fencers collectively scored the most points across the 3 weapons and 2 age groups (Intermediate and Senior) of the NSWFA Roberta Nutt Shield Individual Competition that ran over the past couple of Saturdays. Well done to all of our participating fencers!

Pictured above is our newest foil coach and Old Boy, Kevin Chen (2021), with our Intermediate Foil A team Benjamin Pham (8R), Joshua Wang (9E), Daniel Kim (9M)) and MIC Mr Dat Huynh (2004)

Photo of the Day: Yu Ming Lee (12T) with a mid-air attack on his opponent in the AJ Rae Senior Sabre Team Championships.

For full results, please visit:
https://sbhsfencing.com/2022-results/
More photos from the events can be found here:
https://sbhsfencing.com/2022-photos/

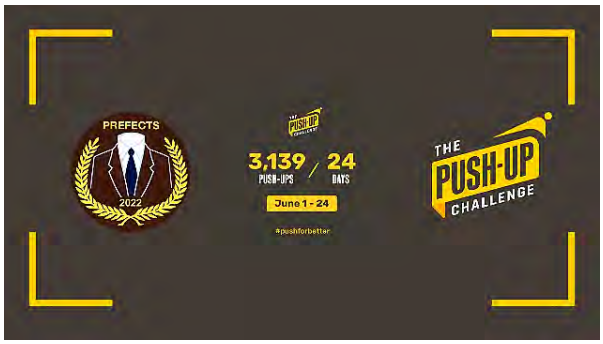
The Push Up Challenge 2022

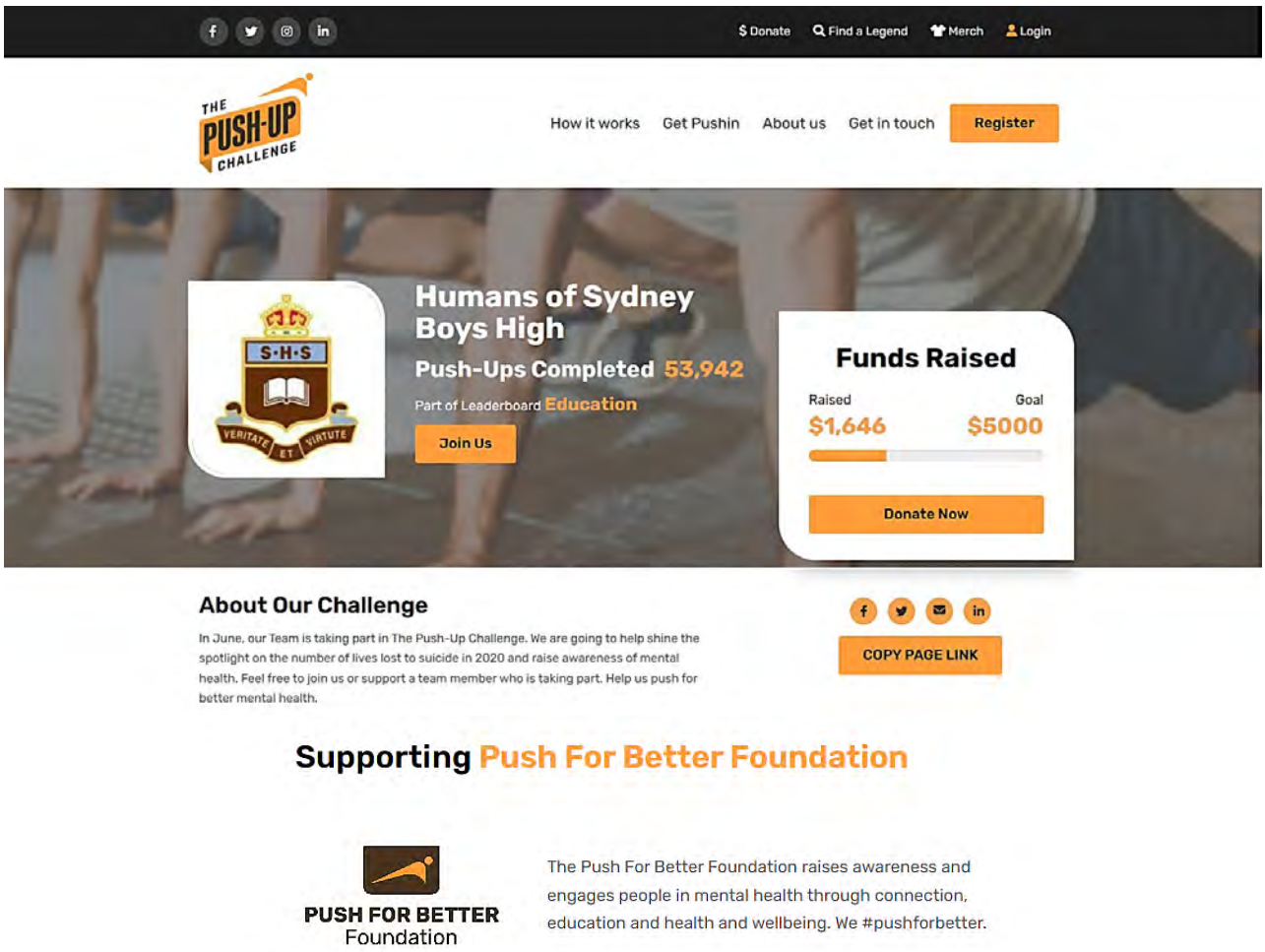
Over the past ten days, 109 of our students have been a part of the Push-Up Challenge for Mental Health. The challenge involves participants completing a total of 3,139 push-ups from 1 June to 24 June, signifying the amount of people who tragically took their own lives in 2020. Each day, our boys are challenged to complete a unique amount of push-ups, with the daily total relating to an aspect of mental health. This ongoing event aims to both engage people about mental health, as well as encourage a healthy lifestyle, and it's been great to hear all the positive feedback from those participating.

On behalf of the school, I would like to thank all of the donors and participants who are supporting our push up journey so far. It's amazing to see that we have raised over $1,500 across just ten days. All funds raised will go towards the *Push for Better Foundation*, who aim to educate others about the importance of mental and physical health, as well as raising awareness of the mental health issues affecting everyday Australians.

We hope to keep this energy going for the remainder of the event and wish the best of luck to all participants. Feel free to show your support on our team page: https://www.thepushupchallenge.com.au/fundraisers/humansofsydneyboyshigh

Rahul Pant (12R)





2 Day School Holiday Workshops
For 10-15-year-olds

WED 6th & THU 7 JULY, 10am-4pm
DARLO DRAMA, DARLINGHURST
5mins WALK FROM HYDE PARK - MAP LINK

JUST $165 FOR 2 WHOLE DAYS OF IMPROVISED FUN!

Come along and join our 2-day TheatreSports
comedy workshops these July school holidays.

Students will learn how to play some classic TheatreSports games,
create hilarious characters & stories on the spot, make new friends & have a load of
fun and laughs – all with the best TheatreSports teachers in Sydney!
Great for beginners and perfect for anyone playing in
the TheatreSports Schools Challenge.

PLACES ARE STRICTLY LIMITED, SO BOOK NOW AT:
https://www.trybooking.com/CADBF

Presented by

IMPRO AUSTRALIA
THE HOME OF THEATRESPORTS®

Entertainment

The Entertainment Book

The Entertainment Book continues to be on sale this year, raising funds for the school. From now until 30 June 2022, any purchaser will receive a $10 eGift Card when buying a Single City or a $20 eGift Card when purchasing a Multi or Multi Plus Membership. Supporters can choose between the Ultimate for Her, Ultimate for Home or Wish eGift Card.

For every purchase, you will also automatically go in the draw to win 1 of 2 x $500 Ultimate eGift Cards.
For those of you who haven't experienced the benefits of *The Entertainment Book*, it is offered in a digital form using their easy to use app so

- ✓ You don't need to carry around a book
- ✓ You get access to it almost immediately – just download *The Entertainment Book* app
- ✓ You can easily see on a map all the eligible restaurants and activities (e.g. cinemas) around your current location or in a specific area
- ✓ You can easily look up if the restaurant you are currently eating in has a discount before paying the cheque
- ✓ You can share it amongst a few people with access on up to FIVE devices to use any time they're out
- ✓ Memberships are now valid for 12 months from date of activation
- ✓ You can monitor how much use you're getting out of it

There are three different options, with 20% of all sales going to the school while only a few nights out throughout the year will easily recoup the initial cost.

1. Single City for $69.99
2. Multi-City for $119.99
3. Multi-City for TWO YEARS for $229.99

So if you're interested in helping the school out while making some big savings, use the following link to order your copy:

https://www.entertainmentbook.com.au/orderbooks/2h19779

Jamie Kay

Canteen Price List 2022

Breakfast

Ham & Egg Muffin	$3.20
Toast - Cheese	$2.00
Toast - Cheese & Ham	$2.50
Toast - Cheese & Tomato	$2.50
Toast - Cheese Spinach & Tomato	$2.50
Hot Chocolate (Term 3 only)	$1.20
Fruit / Snacks	
Assorted Snacks @ Various Prices	
Banana Bread	$1.20
Fruit - Apple/Orange/Banana	$1.00
Fruit Salad	$3.00
Drinks	
Chill - Aloe Vera or Ice Tea	$3.50
Juice	$2.50
Juice Bomb	$2.50
LA Ice	$2.50
Milk Flavoured 300ml	$2.30
Milk Plain 600ml	$2.20
Milk Flavoured 500ml	$3.50
Up & Go	$2.00
Water - Pump	$3.00
Water - Spring	$1.50
Waterford	$2.50

Lunch and Recess Items

*So you don't miss out on what you want for lunch, make sure you ORDER it before school

Sandwiches / Rolls / Wraps	S/W	ROLL
Buttered Roll		$1.50
Cheese & Tomato (v)	$2.50	$2.80
Cheese & Salad (v)	$3.20	$3.60
Chicken & Coleslaw	$4.00	$4.60
Chicken & Lettuce	$4.00	$4.60
Chicken & Salad	$4.00	$4.60
Curried Egg & Lettuce (v)	$3.20	$4.00
Dagwood Roll		$4.00
Egg & Lettuce (v)	$3.20	$4.00
Egg & Salad (v)	$4.00	$4.60
Ham & Tomato	$3.40	$4.00
Ham & Salad	$4.00	$4.60
Roast Beef & Tomato	$3.40	$4.00
Roast Beef & Mustard & Lettuce	$3.40	$4.00
Roast Beef & Salad	$4.00	$4.60
Salad (v)	$3.20	$3.60
		"
Turkey Cranberry & Lettuce	$3.80	$4.40
Salads		
Salad Box (meat) - Small		$4.50
Salad Box (meat or egg) - Large		$6.00
Salad Box (plain)		$5.00
Sushi & Rolls		
Sushi - Homemade		$3.00
Nachos - Wednesdays & Fridays		
Nachos - Homemade		$5.00

Hot Food

Butter Chicken - Homemade	$5.00
Chicken Burger	$4.50
Chicken Fingers	$2.00
Chicken Mayo Roll (hot)	$4.00
Chicken Mayo Sandwich (hot)	$3.50
Chicken Schnitzel Roll	$4.00
Falafel Wrap	$4.50
Garlic Bread (v)	$2.00
Noodles In A Cup	$2.80
Pasta - Homemade - Small	$4.00
Pide - Sausage, Chicken/Mushroom	$3.50
Pide - Spinach/Cheese (v)	$3.50
Pie - Traveller	$4.20
Pizza Wrap	$4.00
Rice Box - Homemade	$4.00
Sausage Roll	$3.20
Spinach Ricotta Roll (v)	$3.20
Sweet Chilli Chicken Wrap	$4.50
Teriyaki Don, Noodles etc - Homemade	$5.00
Miscellaneous	
Spoons / Forks - supplied free with meal puchase	$0.10
Tissues	$0.60

Special Orders

If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.

Seasonal Foods

**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.

2022 PRICE LIST

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

STUDY SAMURAI

Surviving & Thriving in High School

with the Study Samurai Library!

Sydney Boys High school has organised a unique opportunity for students, parents and teachers at your school to learn from two experts: Dr Prue Salter who specialises in study skills and Rocky Biasi who specialises in peak performance, motivation and wellbeing.

To learn more, here's what you need to do:

- Check SzApp or email to parents for login details, then go to **studysamurailibrary.com**
- Students can access login details from their Year Group Canvas Announcements.
- Watch the welcome video.

Using the Study Samurai Library:

1. Try and watch at least one of the video lessons each fortnight - there are 75 to choose from! If there is an area you want to learn more about you are also welcome to watch those videos at any time.

   The categories are:
   - Performance
   - Time Management
   - Wellbeing
   - Study Skills
   - Mindset

2. Your Study Samurai Library also includes access to Prue's Online Study Skills Handbook website and Rocky's Online Wellbeing Resource. These resources can be accessed through the menu at the top when you log into the Study Samurai site. Explore the resources on these sites to learn more about study skills and wellbeing.

Your Study Samurai Library Includes

75 Video Lessons from Prue and Rocky on study skills and wellbeing topics

ELES Online Study Skills Handbook Website with 48 study skills units of work

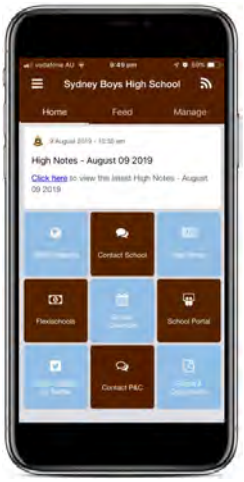
Human Connections Online Wellbeing Resource with 16 modules

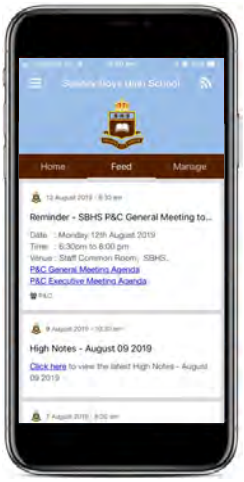
StudySamuraiLibrary.com

Stay up to date with SZapp

Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

Installation Instructions



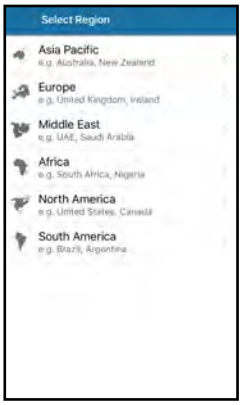


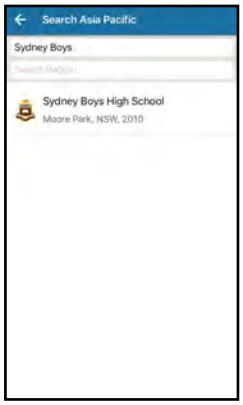
1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**.
Download and install SZapp. **Install is Free.**

Apple Devices — Available on the App Store

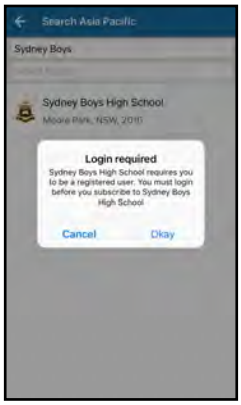
Android Devices — ANDROID APP ON Google play





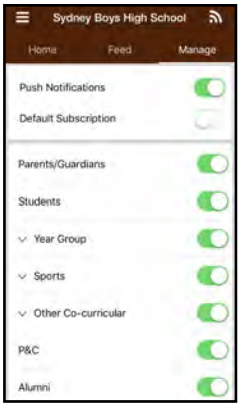
2. FIND OUR SCHOOL

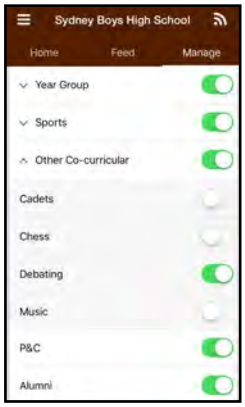
Select Region: Asia Pacific
Sydney Boys High School



3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.





4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.

5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.

For any further information see:
http://www.schoolzineplus.com/app-faq