



From the Principal

Thank You

Having returned from extended long service leave on Monday I want to thank my colleagues who covered for me and for each other while I was away. In particular, Jamie Kay filled in for me admirably as did George Barris as relieving Deputy Principal junior school and Natalie Luu as relieving Head Teacher Teaching and Learning. They grasped the opportunity to lead in a higher capacity and did so efficiently and seamlessly. John Prorellis managed IT, personnel and properties with his customary care and attention to detail. The workload added to his area of responsibility by COVID compliance and coverage for absent staff has been burdensome. I thank him for his untiring efforts to keep us safe and the school staffed.

High Talent



Congratulations to our Senior B team who won the Grand Final of the Friday evening debating competition against Riverview – Mohammad Medlej (11F), Sarvesh Parthiban (11M), Nicholas Francis (12R) and Shaun Parasher (11S). At this year's International Mathematical Modelling Challenge, 94 teams from 26 schools competed. High's teams performed well. Successful participant – 'Irrationals'. Honourable Mention – 'Mathicals'. National Finalist – 'Radiant'. Great job, boys! Congratulations to Praneil Manandhar (10T) who was selected in the combined GPS U16 Representative Team and participated in the CIS Championships this week.



Staffing Changes

Dr Lynda Pinnington-Wilson has been seconded to work for the Department for two days per week on Careers and Transition Education. Rather than have a role-sharing arrangement we decided to appoint George Barris as relieving Deputy Principal senior school until the end of 2022 and that Dr Pinnington-Wilson would serve as Deputy Principal Instructional Leadership for three days per week. Her focus will be on aligning programs with the latest CESE research, team-teaching in faculties to enhance literacy through clearer writing for extended responses and assisting staff to embed program changes as a result of responding to data. Certain DP duties will be retained. Mr Barris will provide the day to day DP activities and interact with staff, students and NESA re Stage 6 matters. More specific task allocations will be negotiated next week. Mr Tim Davis-Frank has taken up a permanent appointment at Randwick Boys High. Mr Rian Wiramihardja, our senior school Librarian has taken up an appointment in Qatar. Short term cover arrangements are in place until these positions can be filled.

Interpreting Year 8 Reports Semester 1

All boys should now have their reports. Parents need to know that a few marks up or down near cut-off scores for Distinctions or High Distinctions can make a big difference in their son's points' totals. When moving from Year 7 into Year 8 students get their first-choice process – one language or two? As a consequence, some boys do ten subjects as in Year 7 and others, nine. To calculate the boys' scores, their best 9 subject outcomes are counted (27 points at credit level). So, boys doing more subjects may have an advantage. Conversely, they may be disadvantaged by having more subjects to master. Language choice can affect ranking outcomes. For example, some boys chose Chinese Advanced.

Some chose Latin, other chose Latin and Classical Greek. These are demanding subjects. Getting Distinctions in these subjects is harder – fewer students do them, too. Boys not doing two languages have to have their PE results counted. Sometimes boys in Year 8 start to think about what electives they might do in Year 9 and what the compulsory subjects there are. These future choices might affect their motivation to succeed in some of the compulsory subjects that they are doing currently. Because of the semesterisation of history and geography, students who perform much better in one of these disciplines more than the other can produce big swings in points earned at the half yearly or yearly report. Quite a few boys who have done well in their Yearly Report take their foot off the accelerator and coast through semester one, with effects on their ranking. Often, they get back on track by the time of the Yearly Report again. In short, there are many reasons for big swings in rank. I think that +/-40 positions of swing means that something has altered. Their biggest issue usually is distraction, due to gaming, social media or other myriad teenage activities. Often, big positive or negative fluctuations are due to changes in learning dispositions: boys listening in class, acting on teacher feedback, being organised and managing their commitments, taking notes, doing homework, accessing past papers and revising before assessment periods. Alternatively, if they stop doing these things, their results may decline. Circumstances in their domestic life may affect their learning concentration or motivation and result in big swings in the rank order also.

The Co-Curricular Supervision Levy

In order for us to run a **six-day school** with **after-hours activities for 15 sports, debating, music ensembles,**



cadets and chess, we need to provide a teacher/ MIC / manager for organisation of the activity and staff to provide supervision of students to meet our duty of care obligations. The DoE does not fund the extra training sessions and competitions on Friday evenings and Saturdays.

Some parents are asking:

'Why should I pay this co-curricular levy when I'm paying quite a lot in co-payments for a sport or activity for a season?' The money raised from the levy is used **to pay for the time that supervising teachers/MICs have to spend on the activity.** Their duties include but are not limited to hiring and managing coaches; organising teams, booking fixtures and venues; buying and managing equipment; supervising coaches during training sessions; coordinating results recording / publishing; following up on attendance; awarding Student



Award Scheme participation points in a text file; getting reports from sports captains; managing assemblies and dinners; as well as travelling and being there for competition fixtures on

Friday nights or Saturdays. **All these non-teaching duties take time for which personnel must have some compensation,** by way of time, money or a combination of both. In 2021 our parents paid **\$174,502 (\$144/student)** to support these programs.

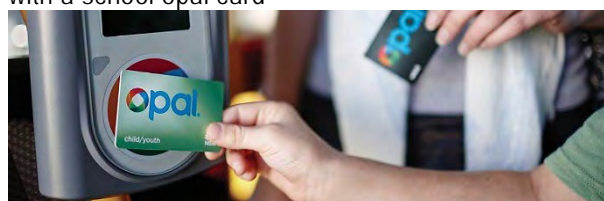
In addition, the levy is **used** to pay for **health and safety services and equipment.** **Physiotherapy services** are provided at certain venues and at selected times at school in the winter season to assess injuries to students. Also, **an extra allowance is given to the Head Teacher Sport** to manage the overall sports program. The levy has to meet the cost of running **athletics and swimming programs** which are provided **free of charge** to all students. The levy **does not cover the running costs of sports** – coaches' fees, venue hire, equipment, consumables. All these items must be **funded through co-payments, parking receipts and school budget allocations.**

To clarify why the levy is necessary and should be supported by **all** parents, I want to share with you the direct costs to the school of management, supervision and duty of care of sport and co-curricular activities. Staff members are remunerated by way of allowances (time free from face-to-face), or the period equivalent in money or a combination of the two. Non-teachers are paid the equivalent of the period allowance that would have been offered to teachers. The employment on costs of >18% are also paid by the school. **The cost to the school for these services in 2022 will be \$439,987 for sport and \$188,020 for co-curricular and wellbeing.** As well, we pay a capitation fee of \$78k to the AAGPS in order to be a financial member and compete in its competitions. This amounts to \$582 per student. Please support the school in its attempt to deliver a plethora of high-quality co-curricular activities by contributing to the **Co-Curricular Supervision** levy each year.

Dr K A Jaggar
Principal

Opal Card Reminder

Please remember to **tap on and off** when travelling with a school opal card



DEBATING

Last week was a big week for Debating at SBHS.

Firstly, we hosted the FED Grand Final. Students from schools across Sydney were welcomed here to debate.

Our Senior B team was successful in taking home the trophy for their division winning against a strong Riverview team on the topic of: "That policy decisions should be made with the assumption that public safety is more important than individual rights and freedoms". Congratulations to Nicholas Francis, Mohammad Medlej, Shaun Parasher and Sarvesh Parthiban.

A huge "thank you" to Ms Jeanette Cook who ran the FED competition as co-ordinator this year as well as on behalf of Sydney Boys High. Ms Cook accompanied the boys across Sydney and hosted other schools throughout Term 1 and 2.

In the Eastside Competition, our teams are through to the Grand Finals this Friday night in Years 9, 10 and 12. Good luck to those teams. The Grand Final will be held at SCEGGS with all debates starting at 6.15pm.

Madeleine Rigby
MIC Debating



Speak with Ms Barry: anyone is welcome. There is no restriction on year groups so if you are curious about Theatresports and want to give it a go, let us know and I hope to see you soon!

Cameron Ryan
Theatresports Coach

Sydney Boys High has recently started a Theatresports program. Theatresports is competitive improvisation, utilising student creativity to create engaging and unscripted performances. It is so exciting to be able to explore this world with the students! Our classes on Tuesday afternoons have focused on honing the boys' imaginations and applying their ideas to the games involved in Theatresports Competitions. Through this, students develop drama skills such as stagecraft, comedic timing and overall teamwork. We recently completed in a 'Playoff' competition against Sydney Girls High School at the Governor's Centre, giving us an opportunity to showcase our talented boys. More importantly, it allowed our students the opportunity to have fun with their friends on stage. It has been a joy to see the boys developing friendships and working together despite age and year group separations.

If you are interested in joining the program, feel free to





Starlight

children's foundation

Starlight Foundation Donation Collection – Community Services Committee

On Friday of Week 3, the Community Services Committee conducted its annual Starlight Foundation collection. The Foundation is a pivotal and honourable service in our healthcare system, creating fun experiences for sick children in hospital. Last year, the foundation created over half a million Starlight experiences and has been for the last 30 years. Further information on the foundation and how you can help their cause can be found at <https://www.starlight.org.au/>

57 boys attended our 7 a.m. collection at Central station. In two hours, the boys raised a substantial \$1969.25 with impressive contributions from the community and our

students. Asking for donations during the morning rush hour was a difficult task and all participants are commended for their sincere efforts and enthusiasm. We are especially proud of the strong turnout of juniors who displayed great maturity and social conscience.

Special thanks go to Mr. Smith and Ms. St Leon for supervising the boys on a wet Friday morning. The thanks extend to Rachit Saini, our chairman, for the organisation of event, and Mr. Ormsby for coordinating the boys and managing the safety procedures.

This Friday the boys continue to display High Spirit with the Salvation Army Collection at Hyde Park and Martin Place.

Landrie Zuo (11F)

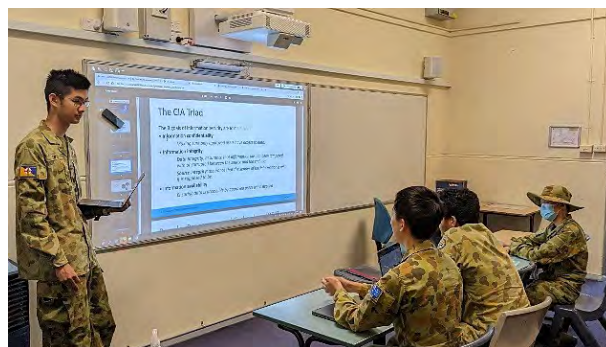




Sydney High School Cadet Unit (SHSCU) will participate in CSIRO CyberTaipan Competition 2022

CyberTaipan is a high-school group competition where students are put through several rounds of tournaments and are required to search for vulnerabilities in operating systems. This is a national competition. Students receive points for improving the system, while maintaining its function. It is based on a framework for educating and inspiring high school students towards higher education and careers in Cyber Security and even other STEM projects.

SHSCU participated in the CyberTaipan Competition last year and achieved 11th place out of 132 team. CyberTaipan is a new experience for me, and probably better than any normal school lesson. We have done some Linux Ubuntu coding and have been taught face-to-face lessons about things we should know and do, with



our virtual lessons being used on basic code instruction and setting up our programs.

This has been one of the first times a Senior Cadet has conducted the course, with CDT CPL Dean Johnsun and CDT SGT Kenton Liu teaching our very first face-to-face lessons. Mr Daniel Johnsun and LT (AAC) OC Ronald Luo also guided us with setting up our programs, while Mr Nathan Quan helped us with some basic code and file navigation using Ubuntu. I'm looking forward to more training sessions in the future before we compete in August!

CDTREC Raphael Xiao

Parents & Guardians of Cadets: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'CADETS.' SZapp installation guide can be found at the end of High Notes.





The Armidale School Rifle Shooting Competition

On the 20th of May, a team from the Sydney High School Rifle Club travelled the gruelling 480km trip north to The Armidale School for the annual TAS vs SHS small bore competition. The competition consisted of an eighteen-shot match with the aggregate score of the top eight shooters of each team counting. Shooters fired at three targets, nineteen centimetres in diameter from fifty metres away. The shooters are required to shoot five shots at two targets. The final eight shots are fired at a third target under an intense snap match with five second exposures of the target. As a test of both our expertise and teamwork, this was an experience not to be missed.

Our shooters gave their best within the chilling nine-degree weather. Achieving a close result of 1287 to 1171, the winning team was Sydney High School. Congratulations to the team for achieving an exceptional average of 153 out of 180. We hope next year, we will uphold these amazing results and retain the trophy for a third year in a row.

We are delighted to recognise another exceptional achievement from Jackie Wu who scored 170 out of 180 within these difficult conditions. This score can only be achieved through shooting majority of his shots within a one-centimetre ring from fifty metres away.

We thank The Armidale School for welcoming our team so warmly and hosting our team at their home range.

Special thanks to Jason Feng (2017) who accompanied the team over the three days of the trip and MIC Mr. Comben for his time travelling and organising this competition.

Terence Lim
Vice-Captain of Rifles



North Sydney District Rifle Association Competition



On 21 May, the Sydney High School Rifle Club took a team on a hour-long drive to the outskirts of Sydney for the annual North Shore District Open Prize Meet. This competition marked the first competition that majority of the newer fullbore members have experienced outside of their home range. This graded match was against members of the public travelling from as far as Port Macquarie and Wellington NSW. The competition was made up of two matches of ten shots, one at five hundred metres and another at six hundred metres. Facing mud and rain, all our shooters performed very well with several outstanding results.

The squad averaged 45 out of 50, which is incredible given many of the team members attending this event were selected to begin their fullbore training at the beginning of the year. Congratulations to Mohammad Medlej for scoring his first possible (50.5), a feat that requires exceptional concentration and the skilful application of the techniques learnt in training. Daniel Huang and Alan Lu also had strong performances with scores of 48.7 and 48.2 respectively. As a recent member of the fullbore squad, Mohammad's result demonstrates his capacity to perform at the highest levels and we expect this is just the start of more possibles that Mohammad and the other junior team members will achieve throughout the season.

Jacob Ng drew upon his years of experience with the fullbore squad to record a stellar performance, achieving 99.8 out of a possible 100.20. This brilliant result secured



him first place in C grade. Mohammad Medlej placed third with an overall score of 96.6.

A special thanks to Terry Fong (2014), James Jiang (2017), Alex Tan (2019) and Nathan Wong (2017) who spent countless hours organising, supervising, and coaching the team for this competition.



With this victory up our sleeves, and the Wingham Open Prize Meet on the horizon, we will continue to train diligently in the final six weeks before GPS competition. The dedication and effort of the entire squad over the course of this season is starting to pay dividends. We are confident in continuing this level of success well into GPS competition and beyond.

Mohammad Medlej and Terence Lim

Music NOTES

Semester 1 Music Concert – SAVE THE DATE

Date/Time: Tuesday 21 June, 6.30pm

Venue: SBHS Great Hall

Entrance Fee: Gold Coin Entry

Music Ensembles: All music ensembles will be performing

Uniform: Students are required to be in school uniform. All students will be required to wear a white shirt (blazers are not required).

*Students in Years 7, 8 & 9 will need to purchase a white collared shirt (school emblem shirt is not required. White collared shirt can be purchased from Kmart/Target/BigW etc.)

Music Storage Room

A reminder to all students in the Music Performance Program:

*The music storage room is ONLY for instrument(s)

*Please do NOT block the pathway inside when leaving instrument(s) in the Music Storage Room.

*Please make sure to place your instrument(s) neatly in the appropriate instrumental bay(s).

*Please ensure students have a clear name tag with their name/year on their instrument case.

*Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

*Non-music instrumental items/accessories will be removed without any warning

IMPORTANT – Covid Requirements

*Students who do not feel well should NOT be at school and therefore should not be attending ensemble rehearsals and/or private instrumental lessons.

*Students will need to bring their own instrument(s), equipment, accessories (e.g. guitar, picks/drum sticks, guitar leads etc.) - items will NOT be loaned and/or supplied by the Music Department

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.



2022 Music Ensemble Schedule

MONDAY (Before School)	TUESDAY (Before School)	WEDNESDAY (Before School)	THURSDAY (Before School)	FRIDAY (Before School)
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Senior Strings Ensemble 7.45am – 8.45am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.45am – 8.45am Room 201	Philharmonic Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203 <i>Terms 1 & 2 only</i>	Marching Band 8.00am – 9.00am MPW/ Room 102 <i>Terms 1 & 4 only</i>
(After School)	(Before School)	(Before School)	(Before School)	(Before School)
Guitar Ensemble 3.20pm – 4.20pm Room 201	Percussion Ensemble 3.45pm – 4.45pm Room 201			Jazz Ensemble 3.30pm – 4.30pm Room 201
	Marching Band 3.30pm – 4.30pm Great Hall/ Room 102 <i>Terms 1 & 4 only</i>			

2022 Term 2 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 5C	Thursday 26 May	Leadership Assembly, 9.55am Great Hall	Roderick Nguyen (11S) Yianni Scarlis (11F)
Week 5C	Friday 27 May	Winder Sports Assembly, 10.15am Great Hall	Roderick Nguyen (11S) Yianni Scarlis (11F)
Week 6A	Tuesday 31 May	HSC Music 1 & 2 Composition Workshop, 9.15am – 12.45pm, Rm 101	HSC Music 1 & 2 students
Week 8C	Tuesday 14 June	HSC Music 1 & 2 Composition Workshop, 9.15am – 1.45pm, Rm 101	HSC Music 1 & 2 students
Week 8C – 9A	Monday 20 June and Tuesday 21 June	Music Ensembles Workshop Times & Venues TBC	All Music Ensembles TBC
Week 9A	Tuesday 21 June	Semester 1 Music Concert, 6.30pm – 8.00pm Great Hall	All Music Ensembles
Week 10B	Thursday 30 June	NAIDOC Assembly, 9.55am Great Hall	Daniel Su (10E) Joshua Tang (10R)

Music Events are continually added and/or are subject to change



*SYDNEY BOYS HIGH SCHOOL
PRESENTS*

SEMESTER 1 MUSIC CONCERT

**TUESDAY 21 JUNE, 2022
6.30 PM
SBHS GREAT HALL**

GOLD COIN ENTRY





THE SYDNEY HIGH
2022

JUDY CASSAB
PRIZE

FOR PAINTING
AND DRAWING

THEME WHAT MATTERS

Students from Sydney Girls and Sydney Boys
are eligible to enter **one drawing or painting**
for consideration in the Judy Cassab Art Prize.

The winner will be announced at the
Illuminate Festival opening night on 29 August
at the Governors Centre.

One prize of two thousand dollars will be
awarded to the successful entrant.

Entry details will be made available in Term 2

Conditions:

Only one artwork per entrant

Size should not exceed one metre square

No HSC artworks

The shortlist process and judging is final.

Works must be collected on Friday 2 September
from the Governors Centre.

Cassab 06



SBHS Fencing Report

Saturday 21 May 2022

NSWSFL Epee Teams Round 1

SBHS U14 Epee Team:

The U14 epee team, Hudson Cai (8M), Vihaan Rajit (8E), Lucas Wang (8R), Benjamin Wu (8F), achieved a good result in the NSWSFL Teams 1st Round.

Our first match against Abbotsleigh gave us a comfortable win with a score of 7-2. Next, we fenced St Andrew's team - probably one of the strongest teams in the competition. However, we managed in a miracle to give them a beating and won the first 5 bouts in a row, securing our victory with a final score of 7-2.

We did extremely well and came out 1st in the round with 14 victorious bouts. I am confident we can carry this driving power for the 2nd round.

Hudson Cai (8M)



SBHS U16 Epee Team:

With a good start to our season, our U16 epee fencers, Tommy Xu (9E), Kelvin Chen (9F) and Jamison Lai (9E), were ready to get fencing as a team again. With much needed preparation, we were confident that we could perform on our first team competition of the season.

Our first opponent, St. Aloysius, was a strong team but we were able to beat them 6 – 3. Next, we had an extremely strong opponent, SACS' A Team. We both fenced very well, ending up with us reaching 4–4 and with our last bout also reaching 4–4 overtime. Fortunately, Kelvin Chen was able to finish strong and were just barely

able to win 5–4. Our last bout of the day was against Abbotsleigh, and we were able to comfortably beat them 8–1. We did very well for our first team competition of the season, and I hope we can carry this momentum as a team forward to the next round of this competition.

Jamison Lai (9E)



Saturday 21/05/2022 – NSWFA Roberta Nutt Shield - Senior Foil, Sabre and Epee

Senior Foil:

Last Saturday, Senior Foil fencers fought valiantly for the NSWFA Senior Roberta Nutt Shield. The Senior Foil Squad consisted of Alvin Liu (12S), Daniel Low (12T), Jayden Chu (11M), Ethan Low (11R), Tony Guo (10T), Dean Johnsun (10F), Henry Lin (10S), James Pullinger (10T) and Steven Zheng (10M). Despite the great efforts shown by the squad, stiff competition and strong opponents meant our highest placing member was James Pullinger (10T) who finished in 6th, followed by Jayden Chu (11M) in 7th. Although these results were demoralising and disappointing, it has only fuelled the burning desire of every fencer to learn from these mistakes and continue to train harder than before to outshine these results. It would be foolish to say the High squad would not return stronger than before. Continue to train harder, boys. Thank you to Mr Huynh for organising the event, and to the organisers and volunteers at the NSW Fencing Centre. A huge thanks to coaches Kevin and Lachlan for continuing to push the squad to achieve the best results possible. We will not fail you, and we will continue to improve under your guidance.

Ethan Low (11R)

Senior Epee:

Last Saturday, the senior epeeists of SBHS comprising of Nicholas Chen (12M), Jarrod Su (11R), Jack Wang (11M), Brendan Alcorn (12M), Jack Huang (11T), Daniel Nguyen (10M), Zhitian Mai (11F), and Tian Yang (10E) competed in the Roberta Nutt competition. After a long day of fencing, three of our boys survived to fight in a spectacular semi-final. Jack Wang and Nicholas Chen were eliminated, each claiming a bronze medal for

making it to the top four. Jarrod Su went on to the finals, where he was decisively dispatched - coming in second place with a silver medal overall. This week, I will (once again) congratulate Daniel Nguyen for eliminating the number-2 fencer straight out of the pools. A consistent wild card in our weekly competitions; his under-dog upsets are slowly cementing uncertainty into every participant. Thank you Miss Wong for supervising and Dean's mother, Binh Johnsun, for the muesli-energy-bar-boost. We learned a lot from fencing outsiders and are now integrating our newfound weaknesses into training sessions.

Jarrod Su (11R)

Senior Sabre:

Last Saturday, Sydney High's Senior Sabre team competed in the "Senior Sabre Roberta Nutt Shield" and achieved outstanding results. The boys demonstrated excellent High Spirit in the competition, ranking in the top 12 positions out of 23 fencers and our Yu Ming Lee claimed victory in the Senior Sabre event. The fencer's Yu Ming Lee (12T), Sungmin Choi (11S), Oscar Shi (10S), Samuel Hui (10T), Thomas McFarland (12E) and Daniel Tan (10M) truly represented our blue uniforms and kudos to their efforts in winning their bouts. This



opportunity was also beneficial for our young junior referees, Jacob Jim (9S) and Nathan Lee (9R), as they could practise more in the tricky world of sabre refereeing. The highlights of last Saturday were Ming's insane counterattacks to win the finals and Daniel Tan's courage to step onto the piste against a national level fencer and

in as our coach for the past week, Mr. Huynh for organising this event for us and Ms. Wong for supervising the boys during each competition. Overall, last Saturday's Roberta Nutt competition was a success for all of Senior Sabre, and hopefully, we will represent Sydney High in more team events.

Oscar Shi (10S)

For full results, please visit:

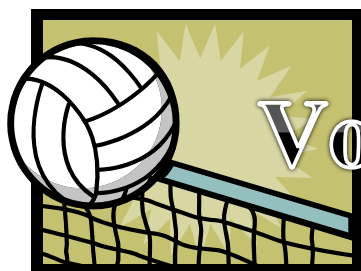
<https://sbhsfencing.com/2022-results/>

More photos from the events can be found here:

<https://sbhsfencing.com/2022-photos/>

**D. Huynh
MIC Fencing**





Volleyball Notes

Volleyball Results SHS vs KGS Saturday 21st May (Term 2 Week 4) 2022

All matches vs KGS @ SBHS.

1sts, 3rds, 16A, 16B, 15A, 15B and 14B all had 3-0 Wins.

15C a 4-1 Win; 2nd Grade, 13A & 13B had 3-1 Wins; 14A a 2-1 Win.

1st: 25-12; 25-21; 25-17. 3-0 Win. 2nd: 25-11; 25-17; 23-25; 25-18. 3-1 Win.

3rd: 26-24; 25-14; 15-4. 3-0 Win. 16A: 25-12; 25-3; 18-9. 3-0 Win.

16B: 25-14; 25-17; 25-18. 3-0 Win. 15A: 25-15; 25-17; 25-20. 3-0 Win.

15B: 25-18; 25-13; 25-10. 3-0 Win. 15C: 25-8; 25-18; 25-17; 18-25; 15-3. 4-1 Win.

14A: 25-23; 25-11; 14-16. 2-1 Win. 14B: 25-2; 25-8; 25-12. 3-0 Win.

13A: 25-18; 25-18; 22-25; 25-20. 3-1 Win. 13B: 25-9; 25-18; 18-25; 25-12. 3-0 Win.

Statistics for the 1st and 2nd Grade teams are shown in the table below:

Area (/3) A score of 3 means the hit was a kill or the pass was perfect	First Grade	Second Grade
Serving	Justin CHEN - 2.00 (11) Paul FANG - 1.82 (11)	Jaden YI - 2.18 (17) Oswald XIE - 2.18 (11)
Serve Reception	Eric LIN - 3.00 (6) Paul FANG - 2.52 (21)	Sean LIM - 2.42 (12)
Freeball Passing	Justin CHEN - 2.67 (3) Eric LIN - 2.67 (3) Paul FANG - 2.64 (14)	Oswald XIE - 2.80 (5) Sean LIM - 2.38 (8)
Outside and Opposite Hitting	Anthony HWANG - 2.43 (7) Justin CHEN - 2.38 (8)	Adison CHEN - 1.92 (13)
Middle Hitting	Karan DAHIYA - 2.29 (7)	Jack DING - 2.10 (10) Jaden YI - 2.00 (8)
Setting	Patrick WANG - 2.50 (26) Owen SEONG - 2.41 (17)	Nelson LEE - 2.39 (44) Arnav GUPTA - 2.35 (23)

Mr Coan
Coach





HIGH RUGBY

LASTING FRIENDSHIPS- HIGH SPIRIT-
PASSION – RESPECT -TEAMWORK
DISCIPLINE – INTEGRITY

High Spirit

SBHS vs TAS

Results

1st XV: 0-60L Oscar Greville

16A's: 7-35L Aidan Wong

15A's: 7-34L Team Effort

13/14A's: 7-100L

13A's: 26-45L Leo Hang

Rugby Report:

Walking out onto The Armidale Schools Backfield for the last time as a rugby player for Sydney High is something I'll never forget. Over the last 6 years, it hasn't really changed at all. It was just as cold yesterday as it was in Year 7 when I was cheering on 1st grade shivering in my oversized sports uniform.



The Armidale trip is always a highlight of the Winter Sports Season, especially for Rugby. It's always a bonding experience for the boys, being crammed together on the 8-hour bus, sleeping on the gym floor, on the field, and back on the bus again. Despite the weather and the journey, this year 160 boys, staff, and parents made it up to Armidale to make this trip one of the best I've been on. Watching the sports on Friday night and cheering on the basketball, volleyball and football got everybody excited for the huge Saturday ahead.

All the 1st XV got up early on Saturday so that we could watch all the games to come. All the teams played well against Armidale, with particular congratulations to the 13A's who put up a valiant effort in a very high scoring game for both sides. The 1st XV performed a lot better than last year, and Alex Lee, Oscar Greville, and James Matthews all put in season-best performances. In the end, Sydney High did lose the Harris and Hannon Cup back to TAS after winning it last year, but everyone who went up put in their best to make it a memorable experience. I'll personally always treasure my 6 years of Armidale trips and I hope all the other boys who will come up in the future do so too.

Thomas Britton 12S





HSC AND CAREERS EXPO 2022



Thursday 2, Friday 3, Saturday 4 and Sunday 5 June
9am-3pm

Hordern Pavilion, Moore Park

EXHIBITORS INCLUDING:

- universities, tertiary institutions and training colleges
- providers of tertiary course and career information
- providers of gap year and student exchange programs
- providers of employment, apprenticeship, internship and training opportunities

SEMINARS ON HSC SUBJECTS AND TOPICS INCLUDING:

- English
- Mathematics
- course and career advice
- study tips and time management advice
- employment options and advice
- subject selection advice for Year 10 students
- how your results are calculated
- the ATAR and UAC application process
- gap year options

ADMISSION

- SBHS has paid for every Year 12 student to attend on Thursday 2 June at 12.30pm
- General admission \$12, book online only
- Tickets include all seminars
- Family discounts available

Go to hscandcareers.com.au or contact Resources for Courses on 1300 190 290

SEMINAR PROGRAM AND EXHIBITOR LIST

Canteen Price List 2022

Breakfast		Lunch and Recess Items			Hot Food	
Ham & Egg Muffin	\$3.20	*So you don't miss out on what you want for lunch, make sure you ORDER it before school			Butter Chicken - Homemade	\$5.50
Toast - Cheese	\$2.00				Chicken Burger	\$5.00
Toast - Cheese & Ham	\$2.50	Sandwiches / Rolls / Wraps	S/W	ROLL		
Toast - Cheese & Tomato	\$2.50	Buttered Roll		\$1.50	Chicken Fingers	\$2.00
Toast - Cheese Spinach & Tomato	\$2.50	Cheese & Tomato (v)	\$2.50	\$2.80	Chicken Mayo Roll (hot)	\$5.00
		Cheese & Salad (v)	\$3.20	\$3.60	Chicken Mayo Sandwich (hot)	\$4.00
Hot Chocolate (Term 3 only)	\$1.20	Chicken & Coleslaw	\$4.00	\$4.60	Chicken Schnitzel Roll	\$5.00
		Chicken & Lettuce	\$4.00	\$4.60		
		Chicken & Salad	\$4.00	\$4.60	Falafel Wrap	\$4.50
Fruit / Snacks		Curried Egg & Lettuce (v)	\$3.20	\$4.00	Garlic Bread (v)	\$2.00
Assorted Snacks @ Various Prices		Dagwood Roll		\$4.00		
		Egg & Lettuce (v)	\$3.20	\$4.00		
Banana Bread	\$1.20	Egg & Salad (v)	\$4.00	\$4.60		
		Ham & Tomato	\$3.40	\$4.00	Noodles In A Cup	\$2.80
Fruit - Apple/Orange/Banana	\$1.00	Ham & Salad	\$4.00	\$4.60		
Fruit Salad	\$3.00	Roast Beef & Tomato	\$3.40	\$4.00	Pasta - Homemade - Small	\$4.00
		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00		
Drinks		Roast Beef & Salad	\$4.00	\$4.60	Pide - Sausage, Chicken/Mushroom	\$3.80
Chill - Aloe Vera or Ice Tea	\$3.50	Salad (v)	\$3.20	\$3.60	Pide - Spinach/Cheese (v)	\$3.80
				"		
Juice	\$2.50	Turkey Cranberry & Lettuce	\$3.80	\$4.40		
Juice Bomb	\$2.50				Pie - Traveller	\$4.20
					Pizza Wrap	\$4.00
LA Ice	\$2.50					
		Salads			Rice Box - Homemade	\$4.00
Milk Flavoured 300ml	\$2.30	Salad Box (meat) - Small		\$4.50	Sausage Roll	\$3.20
Milk Plain 600ml	\$2.20	Salad Box (meat or egg) - Large		\$6.00	Spinach Ricotta Roll (v)	\$3.20
Milk Flavoured 500ml	\$3.80	Salad Box (plain)		\$5.00	Sweet Chilli Chicken Wrap	\$4.50
Up & Go	\$2.00	Sushi & Rolls			Teriyaki Don, Noodles etc - Homemade	\$5.50
Water - Pump	\$3.00	Sushi - Homemade		\$3.00	Miscellaneous	
Water - Spring	\$1.50				Spoons / Forks - supplied free with meal purchase	\$0.10
Waterford	\$2.50					
		Nachos - Wednesdays & Fridays			Tissues	\$0.60
Special Orders					Seasonal Foods	
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.		Nachos - Homemade (Halal)		\$5.50	**Our homemade Chicken and Beef dishes are HALAL **Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.	

2022 PRICE LIST

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT



**PHYSIOTHERAPIST SERVICE FOR
SYDNEY HIGH ATHLETES**

School Physio

**SBHS Gym Gallery
outside Room 901
School Term Mondays
7am-9am
Free of charge**

No need for an appointment
Priority given to 1st and 2nd Grade Athletes



Surviving & Thriving in High School

with the Study Samurai Library!

Sydney Boys High school has organised a unique opportunity for students, parents and teachers at your school to learn from two experts: Dr Prue Salter who specialises in study skills and Rocky Biasi who specialises in peak performance, motivation and wellbeing.

To learn more, here's what you need to do:

- Check SzApp or email to parents for login details, then go to **studysamurailibrary.com**
- Students can access login details from their Year Group Canvas Announcements.
- Watch the welcome video.

Using the Study Samurai Library:

1. Try and watch at least one of the video lessons each fortnight - there are 75 to choose from! If there is an area you want to learn more about you are also welcome to watch those videos at any time.

The categories are:

- Performance
- Time Management
- Wellbeing
- Study Skills
- Mindset

2. Your Study Samurai Library also includes access to Prue's Online Study Skills Handbook website and Rocky's Online Wellbeing Resource. These resources can be accessed through the menu at the top when you log into the Study Samurai site. Explore the resources on these sites to learn more about study skills and wellbeing.

Your Study Samurai Library Includes



75 Video Lessons from Prue and Rocky on study skills and wellbeing topics



ELES Online Study Skills Handbook Website with 48 study skills units of work



Human Connections Online Wellbeing Resource with 16 modules

Stay up to date with SZapp

Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

Installation Instructions



1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**.
Download and install SZapp. **Install is Free.**



2. FIND OUR SCHOOL

Select Region: Asia Pacific
Sydney Boys High School

3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.



4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.



5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.

For any further information see:

<http://www.schoolzineplus.com/app-faq>