



## From the Principal



### Welcome to Term 1, 2022

Once again, we commence a school year in a context dominated by public health responses to the COVID -19 pandemic. Everyone in the High community is adjusting to the shifting constraints on their freedom to live their lives. I want to thank John Prorellis, Jamie Kay and Jim Crampton for all their preparatory work which enabled the school week to start smoothly. Staff and students have their RATs and their timetables and teaching and learning are underway in a nearly usual manner. In particular, I want to welcome our 180 Year 7 students and our 41 new students in Years 8,9 and 11. I want to assure you of our commitment to foster your rapid and successful integration into the High culture. We have five priority actions. We nurture your academic growth through a wide range of subjects, courses and competitions. We develop you as a whole person through the format curriculum and a large variety of co-curricular activities. We try to promote in you a sense of belonging to High through encouraging full participation in our six-day programs. We endeavour to develop you as global citizens and future leaders through our community service and school leadership opportunities. We support you in all your activities through our numerous support staff, incorporated associations, committees and governance organisations. I look forward to a successful year as we commence with a complete suite of teaching spaces equipped with smart projectors, whiteboards and Vиви software. Teacher expertise with our Learning Management System, CANVAS, is growing. Our migration to 'Sentral' Student Management System is proceeding well with the reporting module to be rolled out in semester one and our bespoke student awards scheme in semester two. Our pedagogical infrastructure allows us to respond to student learning needs as never before. Our challenge is to use that infrastructure to build capacity to broaden and deepen learning outcomes for all students. I

urge all new parents to join our New Parents Welcome Evening by Zoom on Tuesday 8 February at 6 pm. The link is

<https://au01web.zoom.us/j/65215821332?pwd=dHVSO3ZtZW5JUUpUEkybGJDV052Zz09>

## High Talent

Congratulations to Matthew Awad (SHS-2021) whose short film *Arriving at Eternity's Gate* won 'best editing in a high school film' in the Flickerup Schools and Youth Competition at Bondi. Eric Wu (SHS-2021) was a finalist with his entry *Stasis*. Their HSC work is a credit to them and to Jenni May and Lynnea Stewart from the Visual Arts Faculty.



ARRIVING AT ETERNITY'S GATE

## Staff Changes

In English, we welcome Mimi Wong and Cindy Rojas. In History, Vivian Paul. In LOTE, Dale Burrow and Philip Johnson. In Science, Stuart Olsen. In Industrial Arts, Laurence Chapple. Kurt Rich is relieving Head Teacher PDHPE (Geoff Stein has retired). Our Careers Adviser, Anthony Cipolla is on a year's long service leave. Matt Cotton is relieving in his position.

## Welcome to New Students Assembly, 2022

My speech welcoming Year 7 and later year enrolments on February 4th is reprinted below: 'On behalf of everyone in our High community – teachers, support staff, IT staff, groundsman, cleaners, coaches, Old Boys and volunteer parents - I extend a warm welcome to all new students this morning. We celebrate renewal each year by clapping in our Year 7 boys and look forward to clapping out Year 12 young men in 2027, at our farewell assembly. We acknowledge and recognise your previous academic success, earning you a coveted place at High. You were offered enrolment after a rigorous ability test. We understand that each one of you is an academically gifted individual with a

unique suite of natural abilities, skills and interests. Our task is to mould these abilities interests and skills into talented performances, in multiple areas of school life.



To the new students joining us in Years 8, 9 and 11, I offer you a special welcome from the High family. You were selected because of your all-round achievements in secondary school so far. You have demonstrated talent in a variety of activities or excellence in one and competence in others. We welcome you and expect you will grow as people and add value to the High culture. You have a great opportunity to establish yourselves at our school by getting involved quickly in the co-curricular program. I urge you not to waste time waiting and watching. You need to grasp every opportunity. Get organised and be prepared to work really hard. Set yourself incremental academic goals and strive to achieve them. Focus on your own academic growth. You will need perseverance and conscientiousness to succeed. Many people are ready to help you. We have a school-wide BYOD policy. Information and communication technology is integrated into the daily life of our school. Use your device and your researching privileges responsibly. Distraction is our greatest enemy. Master the possibilities of the CANVAS system. Look after the security of your device. Our IT Centre is where you can go for help. Don't forget that you must also write by hand every day in your own words. You need to have legible, fluent handwriting to reach your examination potential. You need to build your written vocabulary to be able to recall it under the stress of examinations. You need to grow your capacity to deconstruct questions and answer them in your own words and not in the regurgitated expressions of others.



Our teachers will be endeavouring to work closely with you to find out more about your preferred learning styles and individual needs. We will be trying to improve your learning. We will be **fussy about focus** in order to get more out of each lesson. We will need you to pay attention in class, take notes and **participate positively** in activities. We need you to discipline yourself to stay on task. **Relate respectfully** to everyone at all times. We will expect excellence from you, not just adequate work. **Care about compliance** – do all the work that is set for you at the required standard. Our shared values – respect, compassion, integrity, dedication - permeate our pedagogy. We are dedicated trustees of our reputation and success at High. Together, if we work hard and help each other, we can maintain

and enhance our excellent outcomes.

I expect that you will all adopt our all-rounder culture and take advantage of activities at High. We want you to work hard, train hard and play hard. We will also expect you to give some of your time and effort back into school and community service. I expect all students to involve themselves in co-curricular activities - the *Student Awards Scheme* identifies the main ones available. Sport is a very important part of life at High. Our traditional involvement in GPS and CHS competitions makes us unique.



Sport training is offered at High on at least two afternoons. Membership of our weights room is excellent value for money. My strong expectation is that you will play competition sports on Saturdays. Participating in GPS competition is an integral component of our ethos.

We focus on team sports

for educational reasons – group cooperation, team building, goal setting, collaboration, time management, grit development, managing loss, resilience and motivation – these are most necessary attributes in modern work contexts. We are trying to nurture **future earning skills**: problem solving and critical thinking, evaluating information and claims, working in teams, communicating ideas and being creative and innovative. You will have an assessment of these skills in various contexts included in your semester reports in Years 7-10. For each boy we want to build **positive emotions** about High, grow **engagement** with High programs, establish **respectful relationships** with everyone, find **meaning** in all we do and a feel a sense of **accomplishment** for sustained effort. At school, in class, at sport, show your teachers, peers, all staff members and volunteers in activities, the respect they deserve. Ask them for help. Be responsible for your own learning. The pursuit of excellence is a lifelong discipline. Let's pursue our goals hard. A balanced life requires time for fun and reflection. Find time for those time-outs, too. I wish you all a happy and productive experience at High'.

**Dr K A Jaggar**  
Principal





# Welcome Evening for New Parents to SBHS



SBHS P&C

**Tuesday 8 February 2022  
6.00pm – 8.00pm**

This event is hosted by SBHS P&C to welcome new parents into the High family.

Due to COVID, this event has changed from being in-person to online format over Zoom.

**Join Zoom Meeting on PC/Mobile Device:**

[https://au01web.zoom.us/j/65215821332?  
pwd=dHVSQ3ZtZW5JUUpUEkybGJDV052Zz09](https://au01web.zoom.us/j/65215821332?pwd=dHVSQ3ZtZW5JUUpUEkybGJDV052Zz09)

Meeting ID: 652 1582 1332

Passcode: 432179

**Using Sli.do for Q&A Session:**

Ask a question in Sli.do before the event. If question has been asked already, simply “up-vote” it instead of typing it.

<https://app.sli.do/event/kQXFKBHavYNya6CjcmmYFY>





# Updated Sydney Boys High School Payment Portal

A new version of the Sydney Boys High School has launched this year. While it looks a bit different, it continues to allow you to select the items to pay from your son's account as you need, at any time, using credit card. If you have multiple children attending the school, you will need to make a separate transaction for each, same as previously.

To simplify our meeting payment security compliance requirements, payments are **charged and finalised as soon as you click Submit Payment**.

If you accidentally double-pay an item, the school's finance team will make contact and arrange to refund.

The screenshot shows the 'Parent Online Payment Portal' for John Smith. On the left, a blue sidebar contains sections for Student Details (Name: SMITH, John; Number: 441122334), Family Details (Unallocated Credit: \$0.00), School Details (Sydney Boys High School (B137), 1561 Cleveland Street, MOORE PARK NSW 2021, (02) 9662 9300, office@sbhs.nsw.edu.au), Downloads (No information currently available to download), and a Grand Total of \$2400.00. The main area is titled 'Statement of Account for John Smith' and includes instructions on how to use the table of items. A table lists six items with columns for Date Added, Item Name, Amount, Paid, and Balance (\$). The first item, '2022 School Contribution - Early Bird Spec...', is selected with a checkbox. The Grand Total at the bottom right is \$2400.00.

| Date Added | Item Name                                      | Amount     | Paid   | Balance (\$) |
|------------|--|------------|--------|--------------|
| 09/12/2021 | 2022 School Contribution - Early Bird Spec...  | \$2,400.00 | \$0.00 | 2400.00      |
| 09/12/2021 | Building Fund for Sch Contrib - Related Do...  | \$660.00   | \$0.00 | 660.00       |
| 09/12/2021 | Do-Our Levy for Sch Contrib - Levies (Seni...  | \$180.00   | \$0.00 | 180.00       |
| 09/12/2021 | P&C Cont&Memb for Sch Contrib - Related ...    | \$100.00   | \$0.00 | 100.00       |
| 09/12/2021 | Tech Levy for Sch Contrib - Levies (Senior ... | \$355.00   | \$0.00 | 355.00       |
| 09/12/2021 | Vol Sch Cont for Sch Contrib - General (Se...  | \$1,175.00 | \$0.00 | 1175.00      |

Access the payment portal from the [\$] button on the school website or through the parent portal. You will need either your parent portal login, your email address or your son's student ID number.

Select the items you wish to pay for and enter your name and contact information.

Once you click Next, a new payment form is displayed for your card details.

The screenshot shows the 'Make a payment for John Smith' form. It includes fields for Cardholder name (Penny Smith), Credit card number (with a VISA logo), Expiry date (Month and Year dropdowns), and CVN (with a help icon). The Grand Total is \$2400.00. At the bottom, there is a 'Close' button and a 'Submit Payment' button. A disclaimer at the bottom states: 'This site is protected by reCAPTCHA and the Google Privacy Policy and Terms of Service apply. Payments can take up to a minute to be processed after clicking submit. Do not close your browser during this time.'

## Early Bird Discount School Contributions

If you are eligible for the Early Bird Discount for school contributions, this continues to be available online on the payment portal:

The screenshot shows a table row for the '2022 School Contribution - Early Bird Spec...' item, dated 09/12/2021. The item is highlighted with a red border, and the checkbox next to the date is checked.

Select just this item, *instead of the individual components*, to take up the offer.

## Emailing of Statements of Account

The school will **no longer** send statements of account to you by mail. Instead, statements of account will be emailed to the address on record for the *financially responsible parent* of each child.

Please contact the school to change the financially responsible parent, or to request that an additional parent's email receive the statement.

We can no longer take credit card payments via telephone, fax, or paper form. Card payments can only be made in person or online.

## Meet The Prefect



### What do you love about Rugby?

The obvious appeal of Rugby is the opportunity to test yourself physically and mentally against tough opponents, week in and week out. You are able to develop the resilience and determination to continue pushing despite the pain, a skill that can apply to every facet of your life. The thing I love most about Rugby isn't just that resilience, it's the bond you create with every teammate who goes through that same pain and adversity with you. It's impossible to win a game of rugby on your own, and that sense of camaraderie is something that's really stuck with me over the last 5 years.



### What advice would you give to a Year 7?

The best advice I can give to a Year 7 is to do everything that you can. There is nothing you cannot do at High, from Rugby to Rifle Shooting, including all sorts of co-curriculars such as Cadets, Debating and more. As a Year 7, every avenue is open for you to develop your body, your mind and your character and I encourage to take those opportunities with both hands over the course of your time at High. Maximise your potential as soon as you can so you can really thrive as a scholar sportsman over the next 6 years.

### What made you want to be a Prefect?

Ever since I arrived at High, I've always looked up to the

Prefects. They were role models for the rest of the school, and they were a representation of the schools' values and of High Spirit. As a Prefect now, that responsibility as a leader and a role model is something I have always wanted. To be able to help others and create a positive, lasting change on High is something not only I, but all the Prefects take great pride in.

**Thomas Britton**

**Year 7 Prefect**

**Rugby Prefect**

## Meet The Prefect



### What does High Spirit mean to you?

I believe the term High Spirit not only highlights the comradery we have formed as a school but also rather exemplifies the culture and passion within every student at High. I believe High Spirit is not taught but rather discovered within every student, where suddenly it is natural to scream at the top of our lungs as our fellow peers represent the school in amazing events such as at the Head of the River, AAGPS Athletics and GPS Swimming



Carnivals ensuring that everyone can hear our passion, faith and determination to win. However, whether it be in classrooms, sporting fields or wherever you represent High, High Spirit exemplifies the unconditional trust and support you receive from your peers every step of the way fostering the drive to consistently push oneself to improve beyond previous limits.





### What advice would you give to a Year 7?

First of all, welcome to Sydney High and as a scholar sportsman I encourage you to immerse yourself within and explore all of the opportunities High has to offer, from music, sport, community services, debating, cadets and so on, these abundances of activities are run by eager teachers and coaches who willingly spend their time to provide the best experience for students at High. I urge you to try new things and to join as many extracurricular activities as you can, creating bonds with your peers and fostering friendships as you progress, eventually pursuing activities you enjoy the most. Whilst the transition to High is a challenging rollercoaster it is certainly one you can overcome as you are not alone in this journey. If you are ever stuck remember that you have a whole school behind you so don't be afraid to ask questions and seize every opportunity to excel and develop.

**Caden Ma**

**Athletics Year 7**

**Torrington House Prefect**

### Meet The Prefect



### What does High Spirit mean to you?

Togetherness. Connection. Passion. Chants. Loudness. Voice. These words all scream High Spirit. Our High Spirit truly emerges when we participate in the energetic support during the Head of the River, the AAGPS Athletics and Swimming Carnivals. By standing amongst the crowd from Year 7s to Year 12s cheering and showing

support, we are able to lift each other up, and inspire us to be more competitive and hard-working. The moments when we still shout our support even though our voices have given up on us, define our culture here at High, where we all come together and unite as a school.



### What advice would you give to Year 7?

When I first stepped foot into the school in 2017, I was overwhelmed by the long corridors and endless rooms. It was a maze. Fearful maze at first glance, as this was an unfamiliar experience. With 179 peers also feeling the same way and the older grades giving advice to provide a seamless transition into high school, there was nothing to be afraid of. This is what I have learnt from the older grades.

Do the things that interest you. High has music, sports, debating, cadets, community services and so much more to offer. Once you find something you enjoy, you will be successful in it.

At first, it seems like a challenging task to tackle school and its schoolwork, extra-curricular activities, sport trainings and finally the Saturday GPS competitions. Once you learn to adapt and begin to enjoy this busy school life, you will realise that you have grown significantly and have become more eager to face challenges.

However, there is only one thing to fear. Not trying everything that High has to offer and essentially not entering the maze.

**Adison Chen**

**Fairland House Captain**

**High Spirit**





## 2022 Welcome Back!!!!

We hope you had a good break! Also, a warm welcome to new parents, guardians and students to the Music Performance Program @ SBHS.

### Music Performance Program (MPP) – Term 1

\*Music Ensembles commence from Week 2 this term i.e. from Tuesday 8th February (no ensembles on Monday 7/2/22 due to the school's swimming carnival).

Please note: The following music ensembles will commence from Week 3 - Chamber Choir; Percussion Ensemble, Intermediate Concert Band; Senior Concert Band; Symphony Orchestra; Marching Band (please note: first marching band rehearsal will commence on Friday 18/2). The music Ensemble schedule has been posted up on the school's high notes, music noticeboard (outside Music Department), Room 101 & 201 noticeboards, MPP Student Canvas Page.

\*Private Instrumental Lessons commence from Week 2 this term i.e. from Tuesday 8th February (no private instrumental lessons on Monday 7/2/22 due to the school's swimming carnival) - students and parents will need to contact their tutor regarding lesson times.

\*Music Recruitment Night (MRN)- For NEW students, parents, guardians. The MRN will held on Thursday 10th February, 6.30pm via ZOOM. The ZOOM meeting link will be sent via SZapp (seperate notification will be sent out soon). The evening will consist of the Music Department running through the school's MPP, including enrolments for music ensembles and private instrumental lessons.

\*Please note: New students to SBHS can start attending ensemble rehearsals and/or private instrumental lessons after the Music Information Night (and not prior). Only current students in Years 8-12 attend ensembles and/or private instrumental lessons from Week 2.

### IMPORTANT COVID REQUIREMENTS

\*Students who do not feel well should NOT be at school and therefore should not be attending ensemble rehearsals and/or private instrumental lessons.

\*Students will need to bring their own instrument(s) / equipment / accessories (e.g. guitar picks / drum sticks / guitar leads etc.) - items will NOT be loaned and/or

supplied by the Music Department

\*Masks must be worn indoors, however, removal of masks will be permitted for the playing of woodwind and brass instruments but must be worn immediately before and after playing.

\*Parents and Guardians will not be allowed on school site

### Music Information Night

The Music Department will be holding a Music Information Night on Thursday 10 February 6.30pm via ZOOM. The ZOOM meeting link will be sent via SZapp closer to the date.

We encourage all new students, parents and guardians to attend the zoom meeting as the music department will be going through the Music Academic and Performance Program (including enrolments/sign up).

Please note: SZapp is the main communication platform for parents and guardians to receive music news/notifications regarding the MPP. Please download SZapp from the Apple App Store or Google Play and subscribe to MUSIC. Installation guide can be found in the school's high notes.

### Music Storage Room

A reminder to all students to not block the pathway when leaving their instrument(s) in the Music Storage Room. Please make sure to place your instruments neatly in the appropriate bay(s). Please ensure students have a clear name tag with their name/year on their instrument case. Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

### Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.

Attention Music Ensemble Students: If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email the Music Department: [music@sbhs.nsw.edu.au](mailto:music@sbhs.nsw.edu.au) Please note: Students will also be notified of any music related events during ensemble rehearsals.

### 2022 Music Ensemble Schedule

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|---|--|--|--|
| Intermediate Concert Band<br>7.45am – 8.45am<br>Governors Centre | Senior Concert Band & Symphony Orchestra<br>7.45am – 8.45am<br>Governors Centre | Junior Stage Band<br>7.45am – 8.45am<br>Room 101           | Intermediate Stage Band<br>7.45am – 8.45am<br>Room 101                               | Senior Strings Ensemble<br>7.45am – 8.45am<br>Room 101                 |
| Guitar Ensemble<br>7.45am – 8.45am<br>Room 201                   |   | Senior Stage Band<br>7.45am – 8.45am<br>Room 201           | Philharmonic Orchestra<br>7.45am – 8.45am<br>Room 201                                | Chamber Choir<br>8.00am – 9.00am<br>Room 201                           |
|  |   |  | Junior Strings Ensemble<br>7.45am – 8.45am<br>Room 203<br><i>Term 1 &amp; 2 only</i> | Marching Band<br>8.00am – 9.00am<br>MPW<br><i>Terms 1 &amp; 4 only</i> |
| Guitar Ensemble<br>3.20pm – 4.20pm<br>Room 201                   | Marching Band<br>3.30pm – 4.30pm<br>Great Hall<br><i>Terms 1 &amp; 4 only</i>   | Percussion Ensemble<br>3.20pm – 4.20pm<br>Governors Centre |  | Jazz Ensemble<br>3.30pm – 4.30pm<br>Room 201                           |

Please note:

- \* The above schedule is subject to change. The Music Department will inform students asap via the CANVAS Music Performance Page and the school's daily notices if there are any changes
- \* Guitar Ensemble: Students who are unable to attend one of the rehearsals can join the alternate session
- \* Marching Band: Rehearsals only run in Terms 1 and 4 only. Compulsory attendance is required for students in Concert Band, Stage Band and selected Percussion Students (no piano students)
- \* Students must schedule private instrumental lessons at a different time to music ensemble rehearsals
- \* An attendance rate of 80% is required per semester to obtain Award Scheme Points
- \* Music Pocket: Attendance of 5 full years is required. New students in Years 8-11 will need to speak with the Music Department

### 2022 Term 1 Music Events Calendar

| WEEK    | DATE                  | EVENT   | MUSIC STUDENTS INVOLVED                   |
|---------|-----------------------|---|---|
| Week 1A | Friday 4 February     | Welcome Year 7 & Summer Sports Assembly, 10.15am Great Hall | Matthew Kirkland (12R)<br>Don Tran (12M)  |
| Week 2B | Thursday 10 February  | Music Recruitment Night, 6.30pm via ZOOM                    | Music Prefects                            |
| Week 3C | Tuesday 15 February   | Year 10, 11 & 12 Awards Assembly, 9.55am Great Hall         | Elective Music Students TBC               |
| Week 3C | Tuesday 15 February   | Presentation Night, 7pm Governors Centre                    | Elective Music Students<br>Senior Strings |
| Week 3C | Wednesday 16 February | Year 7, 8 & 9 Awards Assembly, 9.55am Great Hall            | Elective Music Students TBC               |
| Week 4A | Monday 21 February    | HSC Encore, Angel Place (time TBC)                          | Elective Music Students in Years 10 – 12  |
| Week 7A | Friday 18 March       | Head of the River Assembly, 10.15am Great Hall              | Elective Music Students TBC               |
| Week 10 | Friday 8 April        | Anzac Day Service, 10.55am                                  | Trumpet Student TBC                       |

*Music Events are continually added and/or are subject to change*

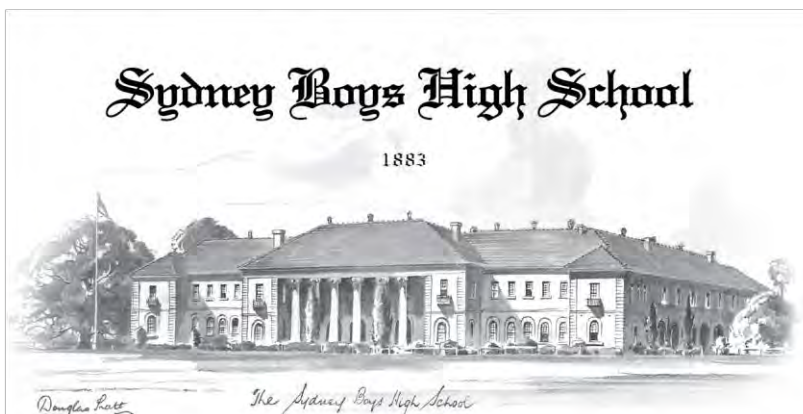




Phone: (02) 9662 9300

Fax: (02) 9662 9310

[www.sydneyboyshigh.com](http://www.sydneyboyshigh.com)



Sydney Boys High School  
556 Cleveland St  
Moore Park NSW 2021

Dr K A Jaggar OAM  
Principal

Dear 2022 Year 7, 8, 9 & 11 New Students, Parents & Guardians,

The Music Department will be holding a Music Information night on **Thursday 10<sup>th</sup> of February 2022, 6:30pm** via **ZOOM**. The ZOOM meeting link will be sent via **SZapp** closer to the date.

*\*Please note: SZapp is the main communication platform for parents and guardians to receive music news and notifications regarding the Music Performance Program. Please download SZapp from the Apple App Store or Google Play and subscribe to MUSIC. Installation guide can be found in the school's high notes.*

We encourage all new students, parents and guardians to attend the Music Information Night as we will be going through our Music Academic and Performance Program i.e.:

- Year 7-12 Music Academic Program
- Music Ensemble Program (including Enrolment/Sign Up)
- Private Instrumental Lessons (including Enrolment/Sign Up)
- Music Staff and Year 12 Music Prefects
- Music Events
- Music Parent Committee
- Instrument Rental program

Information and instructions regarding enrolments for both Music Ensembles and Instrumental lessons will be discussed online during the ZOOM meeting.

We look forward to your company on **Thursday 10<sup>th</sup> of February 2022, 6.30pm** via **ZOOM** (*meeting link will be sent via SZapp closer to the date*).

Sincerely,

Ms R. Miller, Ms S. Lim, Ms S. Kim  
Music Department  
Sydney Boys High School  
E: [music@sbhs.nsw.edu.au](mailto:music@sbhs.nsw.edu.au)  
P: [02] 9662 9300

**CITY OF SYDNEY**

## FREE WORKSHOP FOR SUPERVISORS OF LEARNER DRIVERS

f t



Caption

Where

Online

When

Tuesday 8 March from 12pm to 1pm

Cost

Free

Ensure your learner driver has the best possible introduction to driving; their life could depend on it!

The City of Sydney aims to improve road safety with a workshop for supervisors of learner drivers.

**Tuesday 8 March 2022**

**12noon to 1pm**

[Online](#)

This one-hour lunchtime workshop will provide pertinent practical advice regarding:

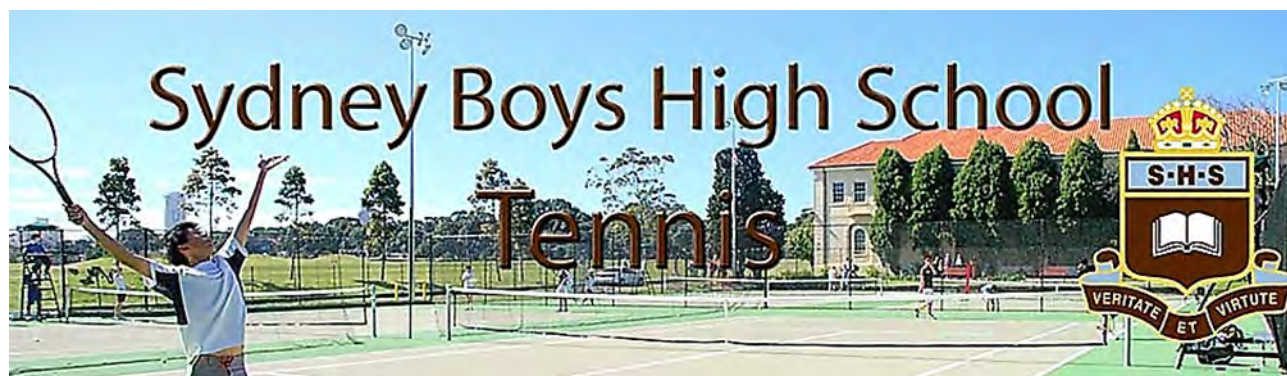
- laws for learner and P-plate drivers.
- how to use the Learner Driver Logbook
- how to plan on-road driving sessions and supervise learner drivers
- understanding the benefits of supervised on road driving experience

**[Bookings are essential](#)**

For more information email [lmcconnell@cityofsydney.nsw.gov.au](mailto:lmcconnell@cityofsydney.nsw.gov.au)

Liz McConnell  
Road Safety Officer  
City Communications

**CITY OF SYDNEY**



### Tennis Week 1 Update

The school term has begun and so has the training. Over the weekend our 1<sup>st</sup> & 2<sup>nd</sup> Grade teams played a trial vs Grammar. These boys have put in a lot of effort to be ready for this upcoming season and I was impressed with their efforts during the holiday training, often doing extra running after their court sessions. The boys put in a great effort in all matches, unfortunately 2<sup>nd</sup> grade went down 9-0 to a very polished 2<sup>nd</sup> Grade Grammar side.

1<sup>st</sup> Grade got the win with a 5-4 score. Well done to all the boys, and looking forward to a season of great effort and High spirit.

A reminder that rankings can be changed week to week, especially after holidays. There are new Year 9 students joining the Tennis program so the 15's will have new boys introduced, trialled and ranked in their squad

### Term 1 Week 1 - 6 (Week 7 for 1st & 2nd Grade Only)

All Tennis Athletes year 8 and above are to attend 1 speed & agility session a week.  
Year 7 have their try sport rotation on Monday afternoon Week 3-5.

| Group             | Monday                 | Tuesday   | Wednesday              | Thursday                             | Friday       |
|-------------------|------------------------|---|------------------------|--------------------------------------|--------------|
| 1st-3rd           | School 7-8:45am        |   | School 1-3pm           | Jnr 1st & 2nd Grade Eastcourts 1-3pm | School 7-9am |
| 4-8th             |                        | School 7:15-8:45am  | Moore Park 1-3pm       | School 7:15-8:45am                   |              |
| 16's              | Moore Park 7:15-8:45am |   | Eastcourts 1-3pm       |                                      |              |
| 15's              |                        |   | School 7:15-8:45am     | Eastcourts 1-3pm                     |              |
| 14's              |                        |   | Moore Park 7:15-8:45am | Moore Park 1-3pm                     |              |
| 13's              |                        | Moore Park 7:15-8:45am  |                        | School 1-3pm                         |              |
| Development Squad |                        | Development Squad are to train with the 4-8th grade in the mornings and their age groups during Sport Time. They will also have a session every Saturday at Moore Park 12-2pm |                        |                                      |              |

A reminder that Tennis Athletes in Year 8 and above are to complete 1 speed & agility session as per the



schedule below.

**Weekend's fixtures** – fixtures including updates (weather) can be found on the school website.

***\*13's (Year 7) are scheduled to play Saturday 12 February. Week 2***

| Speed & Agility | Monday | Tuesday     | Wednesday | Thursday |
|-----------------|--------|-------------|-----------|----------|
|                 | Year 9 | Year 7 & 11 | Year 8    | Year 10  |



### **Farewell to Coach Monique Krutak**

During the holidays Monique informed me that she had been offered a fantastic opportunity and accepted the job to coach at 'Zone Tennis Academy' in Crow's Nest. Although extremely happy for her, she will be dearly missed from the SBHS program. Since the 2017/18 season she has been on the courts coaching our boys, demonstrating tremendous ability and passion. On behalf of myself, the Tennis program and the School, I would like to thank Monique so much for her fantastic service to High Tennis and we wish her the very best in her new placement

**Kurt Rich**

**MIC Tennis**



### Holiday Training Report

Over the last four weeks, the rowing sheds have been buzzing with activity with heaps of boys coming in from every year group to train during the holidays. The senior squad have been training twice a day, four days a week and the effort has really been paying off. Lots of boys have made big leaps in the last few weeks, focusing on developing our technique and our ability to push ourselves to extremes, both of which are crucial going into the end of the season. Both senior eights have fired up against each other, inspiring all of Senior A to pull harder every session.

The Year 10 VIII's have also really improved thanks to these holiday sessions, getting more settled as crews, getting faster and more confident every day. Lots of junior boys have also learnt how to row in quads and in single sculls, improving their confidence and technical skill. The camaraderie has really grown around the sheds as a whole, and big thank you goes to all the coaches who take time out of their holidays to help out all the crews. Given the tough times, everyone is working together to ensure we all get the best out of rowing as a whole, working towards getting as fit and energised as possible heading into the last 7 weeks of the season.

Thomas Britton

### Season Schedule (COVID pending):

Please check out the season schedule on the google sheets below.

[https://docs.google.com/spreadsheets/d/1csEJFOoFRVNOxbYIQUAvai8ehhg5w4G9jVEVHQvMsho/edit?usp=s\\_haring](https://docs.google.com/spreadsheets/d/1csEJFOoFRVNOxbYIQUAvai8ehhg5w4G9jVEVHQvMsho/edit?usp=s_haring)

### Communication:

For parents – **Szapp** – rowing group

For students – The **CANVAS** rowing page

All communication will go through these channels so please ensure you are a part of these if you are rowing.

George Barris

MIC Rowing



## Cohort Areas before School and During Breaks

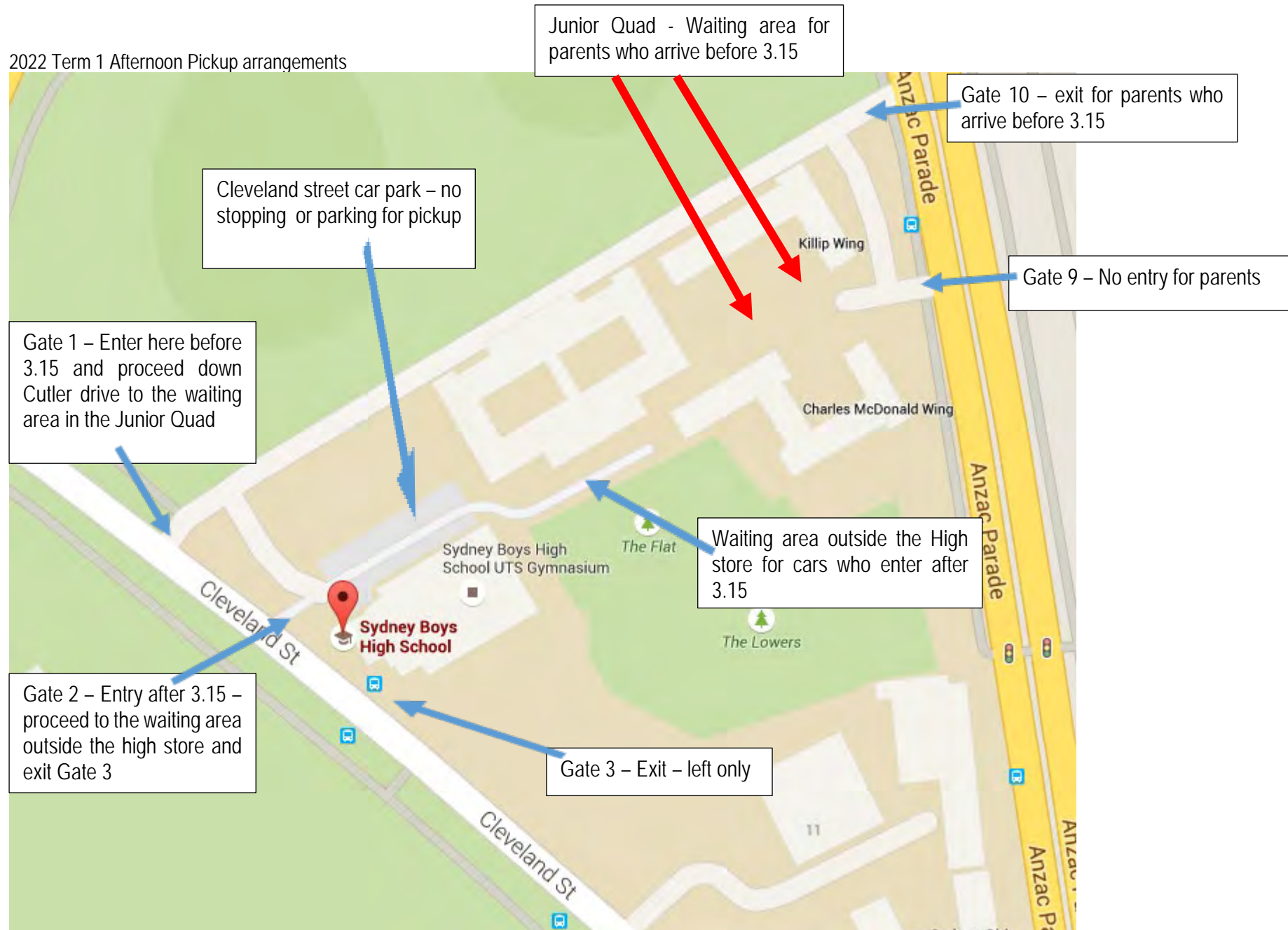




## 2022 Term 1 Morning drop off arrangements



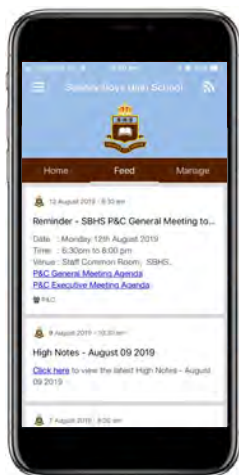
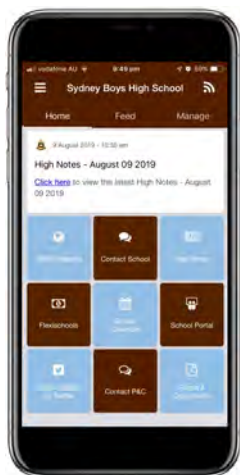
2022 Term 1 Afternoon Pickup arrangements



# Stay up to date with SZapp

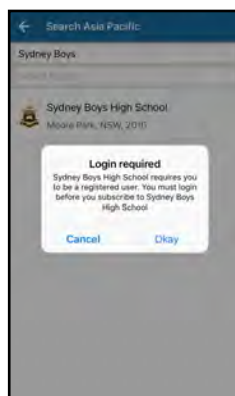
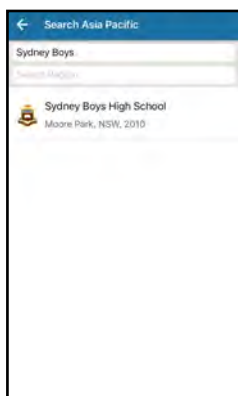
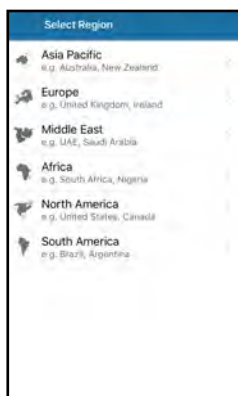
Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

## Installation Instructions



### 1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**.  
Download and install SZapp. **Install is Free.**

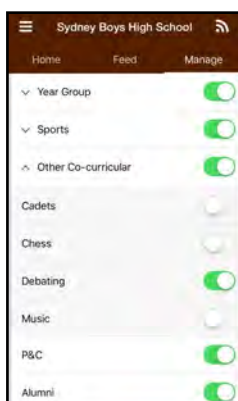
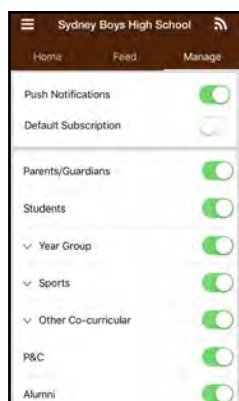


### 2. FIND OUR SCHOOL

Select Region: Asia Pacific  
Sydney Boys High School

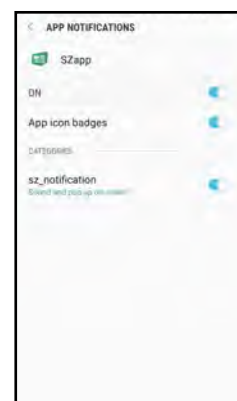
### 3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.



### 4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.



### 5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.

For any further information see:

<http://www.schoolzineplus.com/app-faq>



