



From the Principal School Resumes for All at Last



It has been very pleasant to be interacting with students and staff once again this week. We are re-establishing our routines, albeit with some COVID-related restrictions. Students are cooperating with the 'cohorting' arrangements and transport movements are managing well. We were able to induct our Prefect Interns in a short ceremony. Badges were distributed and the Prefect's Pledge sworn in unison. It was rewarding to be able to recommence our ceremonies and 'rites of passage'.

Furniture Donation



In the holidays we received two new pieces of donated furniture. In the foyer we have an additional trophy cabinet. Near my office there is an occasional table glass topped with drawers. They were donated by John Prorellis on behalf of his late mother and father, Evangelia and George. Objects and memories are intertwined, so in a sense they will stay with him. I want to thank John for facilitating this donation.

Transport for NSW

From Monday 25 October, dedicated school services operated by Transport for NSW are running to the normal timetable, unless otherwise advised. Transport for NSW is working with schools directly where timetable



changes may affect school services in the event of COVID-related staffing shortages. Face masks remain mandatory for children aged 13 and above. While no student will be left behind due to physical distancing or mask compliance, we encourage that they follow the COVID Safe guidelines where possible. We ask parents to consider all your travel options for the school pick up and drop off, including cycling, walking and driving. For those students that need to catch public transport to school, please plan ahead and check capacity of your usual services. You can sign up to get [COVIDSafe travel alerts](#) for your nominated services and routes. To ensure dedicated school services appear as a travel option for students, click refine and select the school bus option when using the [Trip Planner](#). Students are reminded to tap on and off on all trips. For more information including school trip guides, visit [transportnsw.info](#).

Sport Resumes



We have started up sport again as of this week. Where outside venues are used, students must comply with the health orders in place at that venue. For example, many venues are only available to students of 16 and over who are fully vaccinated. Swimming pools will not allow water polo yet. Restrictions generally will ease as from 1 November. That said, interschool competitive sport during school hours is not expected to return during Term 4. We will have more freedoms operating on Saturdays under community sport guidelines. Students are remaining in cohort groups wherever possible. We are focussing on restoring fitness and having trials internally to sort out our teams for the summer season. Our students will be engaged, challenged and ready for external competition as soon as it is allowed.

Interpreting Year 9 Reports – Semester 2

Students in Year 9 should have collected their yearly reports by the end of Week 5. There are often violent fluctuations in rank order as a few

marks can determine the difference between a D and an HD. Many boys have really taken to their electives and have achieved well in semester 2. Parents should be aware that boys who have decided to discontinue an elective after Year 9 for any reason, may have reduced their effort, with a negative impact on their overall result. Also, those who will not continue core subjects (such as history or geography) may lose motivation and not perform to their potential. Such actions can also result in movements in the rank order. Encourage your son to maintain a high standard in the core subjects, English, mathematics, and science, as these are compulsory in Year 10. An honest effort ought to be applied to all subjects while students are enrolled in them. 'N' awards may be issued in Year 9 for history and geography students as these are stage 5 compressed curriculum courses. Failure to resolve stage 5 warning letters may result in denial of entry into stage 6 courses. Year 9 students who require one, should have their Clearance Forms. Those that are cleared by lunch Friday and placed in the box outside the main office, will be added to the appointments schedule for next week.

NAPLAN Results

All boys in Years 7 and 9 were issued envelopes with their NAPLAN results this week. Parents are encouraged to discuss these with their sons.

Dr K A Jaggar
Principal



Meet the Prefect

What does High Spirit mean to you?

I think the phrase High Spirit encompasses the unique bond between students and the school's strong culture. It's this ubiquitous support for one another, regardless of year, subject, or sport that pushes us all to succeed, and to fulfil our potentials here at High. As we support each other on the sporting field, or even in the exam hall, it's apparent just how vast the range of talents and achievements are of High students – all fuelled by the unconditional camaraderie from every student. High Spirit means to feel comfortable not always succeeding, knowing that there are both students and teachers ready to lift you back onto your feet, encouraging us all to take that first step in achieving something great. As we continue to inspire each other, what becomes apparent is that High Spirit is ultimately the innate sense of brotherhood that allows every student to thrive.



What is your best memory at High?

My best memory, so far, would have to be the AAGPS Athletics Carnivals – walking onto the track watched by ten thousand people, absorbing the chants, the deafening drums, and the rush of adrenaline. It's moments like these, away from normal school life, that make you closer with peers, teachers, and even old boys. Regardless of how quick you run, or how high you jump, there are always those boys in brown and blue huddled together cheering you on, giving you that little bit extra to push yourself past your limits. Experiences like these are irreplaceable, and it's important to cherish each one.

What advice would you give to Year 7?

This may sound shocking but studying is not meant to take up your entire school life here at High. Being at this school is about enjoying as many opportunities as possible, embracing the myriad of journeys and numerous potentials yet to be fulfilled - when you look back in 6 years' time, it's the countless friendships and memories that stick with you past your graduation. This doesn't mean the journey won't be difficult, but it does mean it'll be one filled with excitement and variation so that even when the early mornings or late afternoons seem a struggle, you'll know that success often comes when you least expect it. We are all privileged to be at this school, so commit yourselves and ensure that you use up all High has to offer.

Joshua Suto
School Captain



Sydney Boys High School P&C Notice

Annual General Meeting
Monday 8 Nov 2021 at 6:30pm (over zoom)

To join the online meeting, please register at:

<https://au01web.zoom.us/join/register/u5lrfuqoqz0sH9ze4xib60XsQ6j34kKW4WQi>

Dear Parents and Friends,

The Annual General Meeting for the SBHS P&C will be held on **Monday, 8 November 2021** at **6:30pm** via Zoom. To join online you will need to register via the link provided above. Please attend the AGM and support your son's school. It is only with your support that we can build a strong school community at Sydney Boys High and provide a supportive environment for our kids and school staff.

Annual reports will be presented by the President, and the Treasurer before all P&C positions are declared vacant.

Elections will then be held for all P&C positions at this meeting

Please consider nominating yourself for a position for one of the various roles available in P&C committee. The P&C needs your skills, experience and some time in providing support to students and parents in 2022 – there is lots to do!

If you would like to nominate for a position then please complete the form at this link: <https://forms.gle/GFrybmQ9dWAgPgE8> or email sbhs.pandc@gmail.com. You should do so by 1st November, a week before our AGM. Available positions include:

President	P&C Representatives to School Council
Secretary	P&C Representatives to Sports Council
Treasurer	P&C Representatives to SHS Foundation
Vice President (compliance)	P&C Representative to Governors Centre Ltd
Vice President (child protection & canteen)	Library and Literacy Coordinator
Canteen President	Sub-Committees Coordinator
Communications Committee Chairperson	Working with Children Check Compliance Coordinator
Year Group Reps Coordinator	
Events Committee Chairperson	
Catering Coordinator	
Events Coordinator	
Parking Events Coordinator	

If you have any questions or concerns which you would like to raise, please email the P&C at sbhs.pandc@gmail.com.

SBHS P&C Association



School Photos

Please be aware that the school photos have been delivered to the school and will be distributed to students soon.

Year 12 photos will be distributed at the end of the year.

You could still potentially order 2021 Sydney Boys High individual photographs by going to the school order section of the melbastudios website at:

<https://www.melbastudios.com.au/schools/index.php> ,

Password "SBH"

Kurt Rich



Music NOTES

Term 4 Music Performance Program

Private instrumental lessons will remain ONLINE until further notice.

Due to ongoing covid restrictions, all music ensemble rehearsals are suspended until further notice.

Updates regarding the Music Performance Program will be notified to parents and guardians via SZapp and High Notes. Students will be notified via the Music Performance Canvas page.

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.

Attention Music Ensemble Students: If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email the Music Department: music@sbhs.nsw.edu.au

Please note: Students will also be notified of any music related events during ensemble rehearsals.



Bring Your Own Device 2022

PRODUCT OPTIONS

Our **recommended** devices are designed to simplify your choices and purchasing processes. A range of devices in a range of form-factors are available. All meet the school's Device Specification. All have no moving parts to ensure reliability and all are backed by a multi-year warranty where the school will act as warranty agent on your behalf. Sydney Boys High School has partnered with JB Hi-Fi Education to make our recommended devices available:



Lenovo ThinkPad Yoga L13 **\$1323**

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 8GB RAM + 256GB Storage
- 360 degree rotating hinge
- Windows 10
- 3 Year warranty, school-supported.



Microsoft Surface Laptop **\$1774**

- Multi-touch with full keyboard
- 2256 x 1504 pixel screen
- 8GB RAM + 256GB Storage
- Conventional laptop form-factor
- Windows 10
- 3 Year warranty, school-supported



Microsoft Surface Pro **\$2054**

- Multi-touch with keyboard cover
- 2736 x 1824 pixel screen
- 8GB RAM + 256GB Storage
- Detachable keyboard cover
- Windows 10
- 3 Year warranty, school-supported



Apple MacBook Air **\$1482**

- Laptop with Apple's M1 processor
- 2560 x 1600 pixel retina screen
- 8GB RAM + 256GB Storage
- macOS 11 'Big Sur'
- 3 Year warranty available, school-supported (you must select the 3 year warranty to receive support from the school)

HOW TO BUY

- Visit the JB purchasing portal at <https://sbhs.co/bbuy>
- Log in with code **SBHS2022**
- Purchase using a credit card, BPAY or on interest-free terms
- Click and collect from your local JB Hi-Fi store



SYDNEY BOYS HIGH SCHOOL

Nurturing scholar-sportsmen since 1883

JB HI-FI SOLUTIONS
FOR EDUCATION



Welcome Back!

Please observe the following Canteen Procedures as per the *SBHS Return to school protocols*.

A new bell will be temporarily added to mark each half of recess:

- Recess 1 & Lunch 1 – Years 8 and 10
- Recess 2 & Lunch 2 – Years 7 and 9

Year 11 students are asked to use the canteen during study periods where possible, to decrease congestion during breaks.



It would greatly assist the Canteen if students could order their lunch online where possible. This will minimise the need for students to order their lunch in person before school.

Students are not to remain in the canteen area, or amphitheatre.

The Canteen will be operating on a limited menu until the end of the year. We aim to minimise wastage and therefore thank you for your understanding and support.

COVID-19 Information for Volunteers

It was so wonderful to see our volunteers return to the Canteen this week! Thank you very much for your assistance.

High Canteen is following the NSW Health advice to ensure everyone stays safe. Under the NSW Public Health Orders, from 18 October, anyone (including volunteers) working on a NSW school site must be fully vaccinated to help protect the health and safety of staff and students. When attending a school site, you will need to show evidence of vaccination (immunisation history statement, or a COVID-19 digital certificate, or a medical contraindication certificate from a medical practitioner in a form approved by the Chief Medical Officer) to our Canteen Managers.

While in indoor settings in school, masks or face coverings are required for all volunteers. It is essential you do not attend the canteen if you:

- have tested positive to COVID-19
- are a close contact of someone who has tested positive for COVID-19
- have been tested for COVID-19 and are awaiting test results

Please follow NSW Health guidelines on what you need to do before returning on site. Please inform the volunteer co-ordinator, before your scheduled shift, if you are unable to attend.

Notice of Canteen Committee Annual General Meeting

The Canteen Committee will be holding its Annual General Meeting (AGM) on Wednesday, 10 November 2021, at 6:00pm, via Zoom. This is where P&C members can self-nominate and vote for volunteer positions on the SBHS Canteen committee. Vacancies exist for Committee President, Vice-President, Secretary, Treasurer, and Volunteer Coordinator.

Everyone is welcome to join the Committee. It is a great way to meet other parents, learn new skills and contribute to the running of the school canteen. Training and support are provided, and it is possible to job share positions. Our meetings are held via Zoom on the second Wednesday of every month for an hour, starting at 6:00pm. If you would like to attend the AGM, please click on this [link](#) to register for the meeting.

Canteen Volunteer

The Canteen has just launched its WhatsApp group to keep volunteers informed of their shifts and any Canteen updates. Please contact us if you are a volunteer and have not been added to the SBHS Canteen WhatsApp group.

Please consider joining our team of volunteers. We are extremely flexible and will gratefully accept any time you can donate to the Canteen and the students. If you have an hour, or more, to spare on a regular or ad hoc basis, please contact us by any of the following means:

- fill out the [Canteen Volunteer Registration](#) form
- send an email to canteen@sbhs.nsw.edu.au
- call us on 9662-9350

It is a great opportunity to meet other parents, share stories and learn from each other. No prior experience is required as we will provide full training.

Tania Kirkland

President Canteen Committee

**WE L♥VE
OUR VOLUNTEERS**

Canteen Price List 2021	
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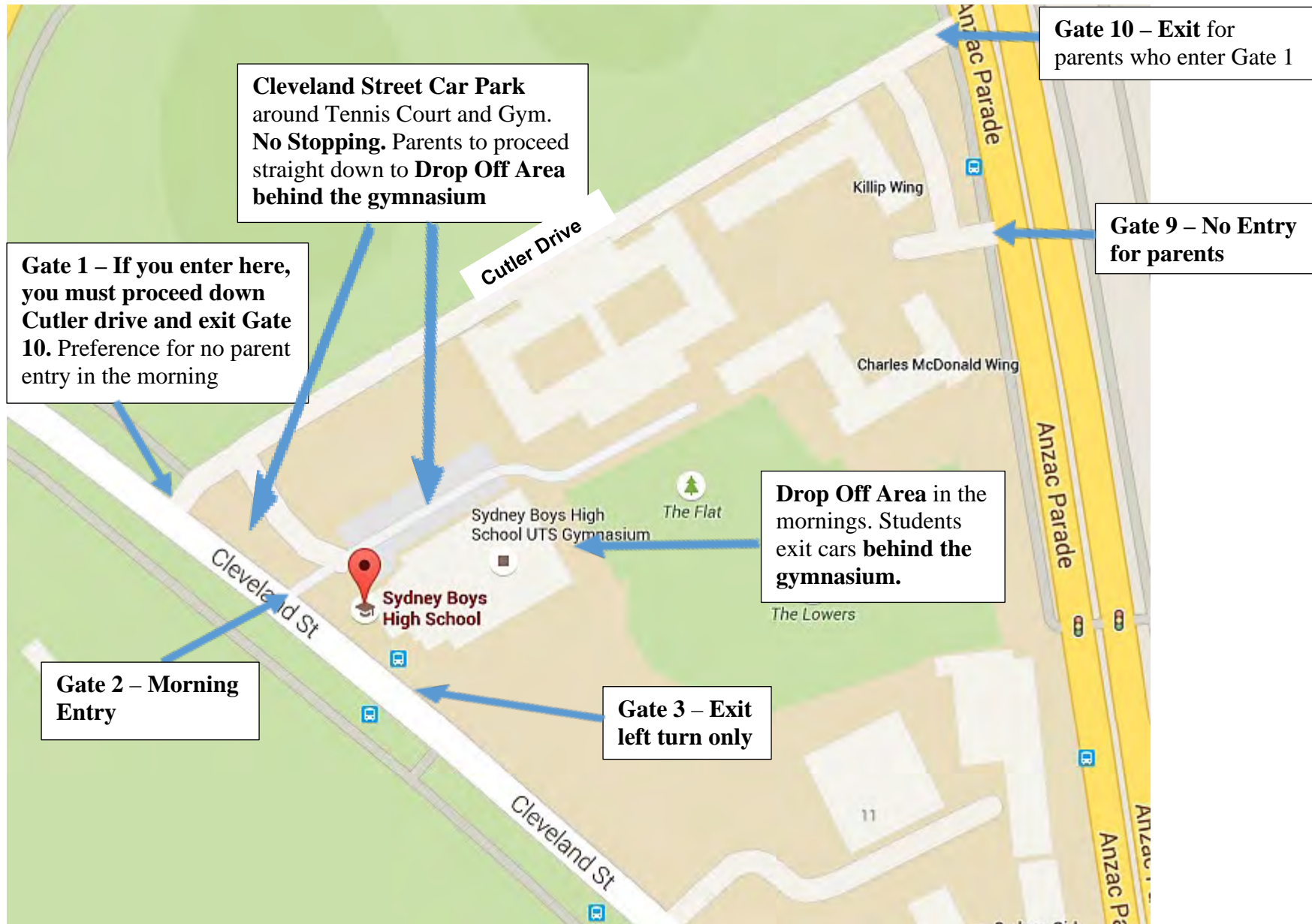
Breakfast		Lunch and Recess Items			Hot Food		
		*So you don't miss out on what you want for lunch, make sure you ORDER it before school					
Cheese Toast	\$1.80					Chicken Fingers	\$2.00
Cheese & Tomato Toast	\$2.00					Chicken & Corn Roll	\$2.00
Cheese/spinach/tomato toast	\$2.20			Chicken Burger	\$4.50		
Bacon & Egg Muffin	\$3.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00	
Hot Chocolate (3rd Term)	\$1.00	Buttered Roll		\$1.40	Chicken Mayo Sandwich (hot)	\$3.20	
Banana Bread	\$1.20	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00	
		Cheese & Salad (v)	\$3.00	\$3.60	chicken wings	\$2.50	
		Chicken & Coleslaw	\$4.00	\$4.60	nachos	\$5.00	
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$2.00	
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese/teriyaki don, noodles	\$5.00	
Fruit - apple/orange/banana	\$1.00	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50	
Fruit Salad	\$3.00	Dagwood Roll		\$4.00	Noodles In A Cup	\$2.80	
Banana Bread	\$1.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade	\$4.00	
		Egg & Salad (v)	\$3.50	\$4.20	Pide - sausage, chicken/mushroom	\$3.50	
assorted snacks at various prices		Ham & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$3.50	
		Ham & Salad	\$4.00	\$4.60	Pie - Garlo's (halal)	\$4.50	
		Roast Beef & Tomato	\$3.40	\$4.00	Pie - meat (sauce+20c)	\$4.00	
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - Pizza	\$4.00	
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - potato	\$4.50	
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pizza wrap	\$4.00	
600ml Plain Milk	\$2.00				Rice Box - homemade	\$4.00	
600ml Flavoured Milk	\$3.00				Sausage Roll	\$3.00	
Up & Go	\$2.00				Spinach Ricotta Roll (v)	\$3.00	
Water - spring	\$1.50	Wraps	\$4.00		Steak & onion roll	\$4.00	
Water - Pump	\$3.00				Sweet Chilli Chicken Sub/Wrap	\$4.50	
cans - carbonated	\$2.50	Sushi	\$3.00		Traveller Pies	\$4.00	
Berri Juice	\$2.50	Salad Boxes(meat or egg)	\$6.00		Falafel Wrap	\$4.50	
		Salad Box (plain)	\$5.00				
		Vietnamese Rolls	\$3.40				
					Miscellaneous		
					Tissues	\$0.60	
					Spoons / Forks	\$0.05	
					(supplied free with meal purchase)		
Special Orders					Seasonal Foods		
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.					**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.		

2021 PRICE LIST	
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8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

MORNING





AFTERNOON



HIGH SAILING

We may not have been on the water at this point, but we can still look upon the joy it brings.....

A Student Perspective on Sailing

How did you get involved in sailing?

I first got involved with sailing when my brother joined. I decided to follow in his footsteps, eager to try a new sport and have fun. At first, sailing was confusing and an alien concept to me. But as I continued attending the Saturday sessions and slowly pushed myself into the deep end, sailing became more enjoyable, with each session highlighting my mistakes and ways to improve.

What do you like about sailing?

Sailing is a sport that has many layers of paint, each of them reflected by the weather. On a warm, windy day, you can expect to learn more about sailing and have great races. On gloomy, windy days, you can expect a chaotic, enjoyable day, screaming at your

friends or flying past boats. The ever-changing moods each session provides is controlled entirely by the wind and the weather, making you appreciate those short moments of chaos or victory.

I think Optis are also a huge aspect of the chaos and exhilaration of sailing, acting as mini pacers. Each Opti experience is unique, ranging from trying your hardest to beat everyone else, to capsizing when there's no wind. Despite primarily acting as a jumping-off point for beginners, its simplicity and sturdiness make it one of the best things about sailing.

Final Word

I highly recommend sailing to everyone. Whether you want to become the best sailor, learn a new sport, or just have fun with your friends, sailing at high is an experience I will never forget. From the chaotic screaming on windy days, to the drowsiness of hot, still days, every experience in sailing will be memorable for years to come.

Ethan Low 10R

A Student Perspective on Sailing-

How did you get involved in sailing?

I was always interested in water sports. Before coming to Sydney High, there weren't many opportunities to get involved in these water sports apart from attending swimming classes after school.





So, when I joined this school, these sports instantly came to my mind. I decided to choose sailing after a long debate; it was unique as it wasn't a sport many other schools had to offer and sounded fun. The concept of sports during the weekend was new to me as in primary school, we only had sports during a small fraction of a day during the week. After joining, I quickly realised that Sailing required a delicate balance of grit and a sharp – witted mind. As you get better you go up a "level" being able to sail larger and faster boats. This gave me a goal to work for and I will keep looking forward to improving.

What do you like about sailing?

Sailing, in my opinion is one of the most adrenaline pumping sports. Though, not requiring as much physical strength as some other sports such as rowing, it requires some thinking and a lot of teamwork amongst the crew to make sure the boat doesn't capsize. It is great fun passing other people during races, especially at higher speeds where your face is constantly getting hit by droplets of salty water and gusts of wind. Sailing also gives us a glimpse of what people had to do in the past to get over huge bodies of water, before steam engines were invented. The idea of harnessing nature's functions for our personal use. Contrary to times with higher wind, little to no wind gives you tranquillity, a sense of calmness sometimes, maybe before a major test or assignment.

Final Word

Sailing is a great sport for those interested in getting involved to a water sport, but not already in GPS. The program slowly develops your skills with the help of fellow sailors and coaches until you are ready for the big boats. The staff and community are very welcoming, and, in the end, I think you'll find sailing very enjoyable!

Ethan Xue 9R



Season Schedule (COVID pending):

Please checkout the season schedule on the google sheets below.

<https://docs.google.com/spreadsheets/d/1csEJFOoFRVN0xbYIQUAvai8ehhg5w4G9jVEVHQvMsho/edit?usp=sharing>

Communication:

For parents – Szapp – rowing group

For students – The CANVAS rowing page

All communication will go through these channels so please ensure you are a part of these if you are rowing.

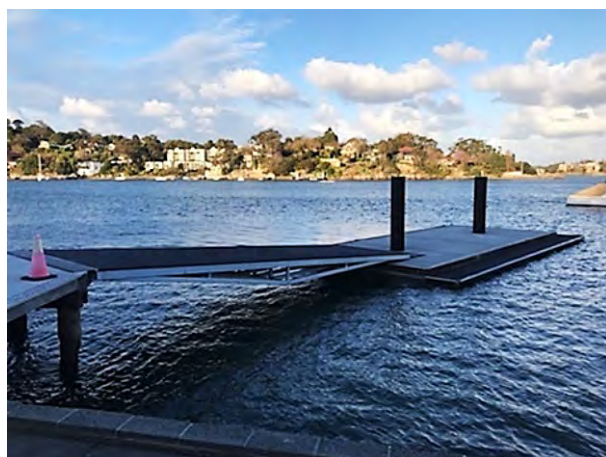
New Pontoon:

A huge thank you to the Sydney High Foundation for pursuing renovations at the Outterside Centre during



this winter. It was made possible by the tireless work of Alex Feldman in his role as a member of the Sydney High Foundation. It now means that we can boat three boats at once which will improve the safety and efficiency of the rowing program.

George Barris
MIC Rowing



Returning to School after Lockdown and Isolation

You and your child might be worried about heading back to school. Below is some information and strategies for you and your family to use to get ready for a return to school.



Talking to your child is one of the best ways to work through fears and anxieties. Use language they can understand to discuss returning to school. This is an excerpt and image above from [DHHS Victoria](#).

Early Primary School

- Balance plans to return to school with reassurances that their schools and homes are safe
- Remind them that adults are there to keep them healthy and to take care of them
- Discuss handwashing as a step in staying healthy at school and home
- Use language such as 'adults are working hard to keep you safe'



Plan Ahead: Check uniforms, equipment, bags and other resources.



Name the possible support people at school, home or care.

Upper Primary School

- They may be more vocal in asking questions about whether they truly are safe and what will happen if COVID-19 comes to their school or community
- They may need assistance separating reality from rumour and fantasy
- Discuss efforts of school and community leaders to prevent germs from spreading



Talk to your child about going back to school and that things may look different.



If you are concerned that your child is not coping, seek further help. See details on the next page.

High School

- They may be able to discuss COVID-19 in a more in-depth fashion and can be referred directly to appropriate sources of information
- Provide honest, accurate information about the current status of their schooling. Having such knowledge can help them feel a sense of control
- Plan together what the return to school will look like



Eat well, sleep well and be active.



Take care of yourself and acknowledge the difficulties you have been through.

If you need further support

Coronavirus Mental Wellbeing Support Service (Beyond Blue)

1800 512 348

However the pandemic is affecting your mental wellbeing, you can talk it through with a counsellor who will provide advice and support based on your needs. 24/7

Kids Help Line

1800 55 1800

Provides free online support and counselling for children and young people aged 5-18 across Australia

Lifeline

13 11 14

Provides suicide and crisis support if you are experiencing emotional distress 24/7

Suicide Call Back Service

1300 364 277

Translating and Interpreting Service

131 450

If you require an Interpreter, please contact the Translating and Interpreting Service TIS.

Domestic Violence Line

1800 737 732

Keeping safe is a priority. If you or someone in your home is experiencing domestic violence, please contact the Domestic Violence line for support.

Parent Line

1300 1300 52

Parent Line is a free telephone counselling and support service for parents and carers with children aged 0 to 18 who live in NSW. 9am to 9pm Weekdays, 4pm to 9pm Weekends



Wellbeing Apps

Smiling Mind

Meditation app, with programs available ages 7+. Available in some Aboriginal languages.

Insight Timer Meditation App

This app has over 25000 free guided meditations and guidance. Ages 12+

FitOn

Free workout app with a variety of fitness options. Yoga, Cardio, Strength, Barre, Pilates and more. Videos range from 10 minutes to full workouts.

Niggle

An app for kids to work on their wellbeing. It includes games and puzzles and videos. Produced by Kids Helpline.

Web resources

Sydney Children's Hospital Network. This website has a variety of reliable COVID-19 resources for yourself, your children and your family including links to mental health resources.

<https://www.schn.health.nsw.gov.au/covid-19-information>

Reach Out

Helps under 25's with tough questions and through difficult times. They also have a page for parents.

WayAhead

Mental health support and information.

<https://wayahead.org.au/>

SANE Australia

Counselling support, Peer support, live blogs moderated by health professionals. Visit www.sane.org

Head to Health

Links a variety resources <https://www.headtohealth.gov.au/>

Brave Program

Program for children and young people with anxiety. Can also be completed by parents and carers.

<http://brave4you.psy.uq.edu.au/>

If you need more support, you can contact your GP to talk about receiving a mental health care plan with a psychologist or support from a Psychiatrist.





SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship

Closing Date: **30 November 2021**



Nurturing scholar-sportsmen since 1883

Applications available at: **sydneyboyshigh.com/scholarships**

556 Cleveland St, Moore Park NSW 2021 | Ph: **9662 9300**

SYDNEY BOYS HIGH SCHOOL

Sir Roden Cutler and Lady Cutler Foundation

Scholarship



Nurturing scholar-sportsmen since 1883

To apply for a scholarship visit

www.sydneyboyshigh.com/scholarships

Applications Close **30 November 2021**

556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300



The Entertainment Book

With restaurants and other activities opening up again, families may be interested in gaining a wide range of discounts for various venues. *The Entertainment Book* is available for purchase by families, providing significant savings for you while simultaneously raising funds for the school.

For those of you who haven't experienced the benefits of the *The Entertainment Book* for a while, it is now offered in digital form using their easy-to-use app. Once you've discovered the benefits of the digital version, you'll find it far easier to utilise and gain the benefits of than the old book version.

A few benefits of the digital version are:

- ✓ You don't need to carry around the book
- ✓ You get access to it almost immediately – just download *The Entertainment Book* app so no need to wait for the actual book
- ✓ You can easily see on a map all the eligible restaurants and activities (e.g. cinemas) around your current location or in a specific area
- ✓ You can easily look up if the restaurant you are currently eating in has a discount before paying the cheque
- ✓ You can share it amongst a few people with access on up to FIVE devices to use any time they're out
- ✓ Memberships are now valid for 12 months from date of activation
- ✓ You can monitor how much use you're getting out of it

There are three different options, with 20% of all sales going to the school while only a few nights out throughout the year will easily recoup the initial cost.

1. Single City for \$69.99
2. Multi-City for \$119.99
3. Multi-City for TWO YEARS for \$229.99

So, if you're interested in helping the school out while making some big savings, use the following link to order your copy:

<https://www.entertainmentbook.com.au/orderbooks/2h19779>

Jamie Kay
Deputy Principal

Personalised Puzzles!

**CREATIVE
KIDS**

REGISTERED PROVIDER
Claim your \$100 voucher here



2 x S/M Puzzles or
1 x LARGE Puzzle

www.kidzjigz.com.au



**KIDZ
JIGZ**

**Creative Kids Vouchers Accepted*



As a service to the High Family

A FULL-PAGE ADVERTISEMENT



can be placed for a fee of **\$50.00 (GST incl.)**
for a full-page ad in two weeks' publication

Whether it be a business service,
educational course/s or something for sale.

Contact:

Dave Te Rata or Meredith Thomas - High Notes Editors

P: 9662 9300

F: 9662 9310

Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval

Youth Services Virtual Drop-in

Age
12+

Join in on a range of free online activities and virtual events for young people aged 12-25 living in Bayside
Registrations with proof of age and residency are essential at <http://baysideyouthservices.eventbrite.com>

OCTOBER 2021

MONDAY

1 OCT
11 OCT
18 OCT
25 OCT

Yoga & Meditation 5:30pm - 6:00pm

Start your week with movement, meditation, and breathing techniques. Improve your flexibility, balance, and strength through Yoga.



TUESDAY

5 OCT
12 OCT
19 OCT
26 OCT

Fit @ Home 5:30pm - 6:00pm

Fun, high energy and strengthening fitness classes. These will include HIIT, pilates, zumba, and tabata.



THURSDAY

7 OCT
14 OCT
21 OCT
28 OCT

Filmmaking on your Phone 5:30pm - 6:30pm

Filmmaking on your phone. Learn the fundamentals of filmmaking, character creation, storytelling, acting and editing.



FRIDAY NIGHT VIRTUAL EVENTS



8 OCT Escape Hunt 5:30pm - 6:30pm

Escape the room in the new adventure! You have been identified as having the perfect skill set to take part in one of the most daring heists of all time.

15 OCT Magic Show 6:30pm - 7:00pm

A professional magician live on your screen, enjoy an entertaining and interactive magic show.

22 OCT Virtual Escape Room

6:15pm - 7:30pm

As a team, you will solve riddles and complete puzzles against the clock, with the goal of 'escaping the room'. You will need to work with your team to crack the code.



29 OCT Masterpiece in 60 Minutes

6:00pm - 7:00pm

Get creative and paint the Mona Lisa in an hour, art pack will be sent out. RSVP by 1pm Friday 15 October.

November 2021

29-10-2021

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 B	1 Year 8 Yearly Exams, online, 09:00-15:15 HSC Legal Studies assessment 1 progress task, due 09:00 on CANVAS Prefect Investiture, 11:10-11:50	2 Year 8 Yearly Exams, online, 09:00-15:15	3 Year 8 Yearly Exams, online, 09:00-15:15 Rowing: Committee Meeting, Zoom, 19:00	4 Sports Council meeting, 07:30 Year 8 Yearly Exams, online, 09:00-15:15	5 Year 8 Yearly Exams, online, 09:00-15:15 Class tests: 10XRb-P1, 10ZRb-P2	6 Cricket: SHS v TSC Basketball/Tennis: SHS v TSC Rowing: Training	7
6 C	8 Year 10 Mathematics exam P+C Executive Meeting, Zoom video conference, 17:00 P+C Meeting Annual General Meeting, Zoom video conference, 18:30-20:00	9 HSC Exams begin, 09:50-11:30 - English Advanced Year 10 Yearly Exams, online, 09:00-15:15 School Council Meeting, zoom, 17:30-19:00	10 Year 10 Yearly Exams, online, 09:00-15:15 HSC exams, English Advanced - 09:25-11:30, Music 1 - 13:55-15:00, Music 2 - 15:25-17:00	11 Year 10 Yearly Exams, online, 09:00-15:15 Remembrance Day Ceremony, 10:45am HSC exams, Economics - 11:25-14:30	12 Year 10 Yearly Exams, online, 09:00-15:15 HSC Legal Studies assessment 1, due 09:00 on CANVAS HSC exams, Software Design and Development - 09:25-12:30	13 Cricket: SHS v TSC, SHS v SJC Basketball: SHS v TSC Rowing: Training	14
7 A	15 Foundation meeting, 18:30-20:30 HSC exams, Mathematics Advanced - 09:20-12:30, Mathematics Ext 2 - 13:50-17:00	16 HSC exams, Ancient History - 09:25-12:30	17 HSC exams, PDHPE - 09:25-12:30 Year 7 2023 selective schools applications close	18 Sports Council Meeting, Board Room, 07:30 HSC exams, Engineering Studies - 09:25-12:30, Latin Extension - 09:30-11:40, Legal Studies - 13:55-17:00	19 White Ribbon Day HSC exams - Mathematics Ext 1 - 13:50-16:00	20 Cricket: SHS v NC Basketball/Tennis: SHS v NC Rowing: Training	21
8 B	22 Peer mentoring: Training, Junior library, selected Yr10 Ethics Olympiad, selected Year 9+10 students (09:00-15:00), 704+705 HSC exams, Biology - 09:25-12:30, Latin Continuers - 13:55-17:00	23 The Great Hall: Orientation enrolment for Year 7 and other new students in 2022, 07:30-15:30 HSC exams, Drama - 09:25-11:00, Business Studies - 13:55-17:00	24 HSC exams, History ext - 13:50-16:00 Orientation Afternoon for Year 7 and other new students in 2022, Zoom Orientation Assembly, 16:00-17:00	25 Year 11 HSC Assessment Exams HSC exams, SoR 1 - 09:25-11:00, SoR 2 - 09:25-12:30	26 Year 11 HSC Assessment Exams HSC exams, Physics - 09:25-12:30 Year 10 Peer Mediation Day, Room 203, 09:00-15:20 Animal Rights Conference, GC, 09:00-15:00	27 Cricket: SHS v NC, SHS v SGS Basketball/Tennis: SHS v SGS Rowing: Training The Great Hall: External booking, Room Booking: classrooms	28 The Great Hall: External booking, Room Booking: classrooms