The Weekly Newsletter of Sydney Boys High School

Vol 22 No 26 27 August 2021

From the Principal High Talent

Congratulations to Archie Wolifson (11R) on his selection into the Combined GPS second grade debating team. Well done to our contestants in the UNSW Economics Competition – National winner - Harry Wu (12R); NSW winner - Justin



Lum (12R). Likewise, in the UNSW Business Studies Competition congratulations to – national winner – Martin Lee (11E) and state winner – William Tang (12F). Very impressive, boys!

Staff Check-in Survey Results N=62

83.8% of responding staff enjoyed or were relatively comfortable with working online, while 87.1% had no difficulty or just occasional lapses when completing their job requirements in online mode. 54.8% felt they had clear boundaries regarding their work v personal online environment or were usually quite good at making them. 61.3% maintained a good balance among work and personal time and sleep. 69.4% of staff respondents felt their online learning workload was significantly or a bit more than normal and 71% stated they were still connecting with others, however not to the normal level. 71% were communicating with colleagues well or very well. 96.7% of staff respondents have one or multiple people they can speak to for support and 91.9% have a comfortable or adequate workspace at home.



64.5% exercise 3 times per week for 30 minutes and 61.1% felt online teaching was doable but not as effective as normal teaching. The amount of modification of teaching resources required was significant /minor/none for 83% of staff respondents, with 75.5% spending more than 3 hours creating new resources per week. (The school policy is that synchronous teaching-

learning needs only be undertaken for up to 45 minutes per one hour lesson; thereafter teachers only need to be available online to respond to students' questions.) Thank you to Mr Kay for designing and administering the check in survey.

Wellbeing Day



The results of the check-in survey indicate to me that our staff are doing a highly commendable job with online learning. Plainly, their workload is heavy. Whilst they are coping, we have had numerous indications that a break in the relentless routine is necessary now, particularly if this online mode will be in operation again in Term 4. Our policy is that Faculties are best placed to make adjustments to the synchronous-asynchronous mix to suit their programming and internal levels of stress. Of necessity, Friday 3 September has been declared a no online lessons day, due to the fact that Telstra will be upgrading our internet on that day until at least noon. We will be badging it as a Wellbeing Day. The staff voted overwhelmingly to give staff and students a break from learning on that day.

Year 12 students will still have a References zoom meeting at 1430 on Friday 3 September.

A renewed focus on literacy

From DoE. "From 2022, a focus on five new priorities for improving literacy and numeracy will ensure all NSW public schools have access to the support they need to give students every opportunity to achieve their best.





The five priorities for improving literacy and numeracy which are based on strong evidence and research, identify the most important levers to improve student outcomes.

- There is a whole school and system approach to literacy and numeracy achievement from preschool to Year 12.
- School leadership is focussed on improving student literacy and numeracy.
- All teachers use effective practices to improve student literacy and numeracy outcomes through curriculum.
- Schools and systems use data to inform literacy and numeracy improvement.
- Families are supported as partners in their children's literacy and numeracy development."

We will be developing school-based interventions aligned with this strategy in our revised Strategic Improvement Plan 2022-25.

Year 10 to 11 Subject Selection Mentoring Interviews

This week many of our staff were kept busy with 10minute mentoring and consultation sessions with Year 10 students online. We wanted to connect with the boys before they made their final selections, to ensure that they think through all the ramifications of their course choices for Years 11 & 12. Each student was asked to fill in a sheet prior to the chat with a member of staff. The sheet scaffolded reflection on the subjects in Year 10 that he was passionate about and those that he was good at. It asked if he had guidance from a Career Voyage experience and what research he had done on prerequisite ATARs for the tertiary courses that he might be thinking of qualifying for. It also probed some wellbeing and work/ life balance topics. The idea behind completing the sheet was to make sure considerable thought had gone onto the process prior to any interview with a member of staff. We trust that this advocacy exercise on behalf of our boys will improve the alignment of student interest and course selection in Year 11. We hope also that it leads to enhance student outcomes in stage 6 because students have chosen their courses more mindfully. Students should make realistic judgements about proposed courses and university enrolment intentions. I enjoyed the exercise which was both beneficial for students and informative for staff participants. It was also a great chance to catch up with students in lockdown.

Dr K A Jaggar Principal



FROM THE ANDREWS LIBRARY

PREMIER'S READING CHALLENGE



It has been lovely to hear from the boys who are entering this Challenge in these trying times. Well done those resilient people! Years 7-10 can enter the Challenge. Books from our eBook collections do count.

The challenge closes for students on Friday 3 September.

You do need to email me with proof of reading of 20 books since last September. They can be ANY 20 books. To validate your Web entry I need proof of borrowing or photos of book covers if the books were from home. – library@sbhs.nsw.edu.au.

BOYS WHO PLAY CHESS IN OUR LIBRARY - contact me please I need help crothersv@sbhs.nsw.edu.au



It should be possible to run our Chess Competition online using that Chess app I see you all playing. Let me know if you think it is possible and we can set it up for lunchtimes – perhaps we need your computers showing faces as you play so there is no family assistance happening. Some of you clever technical people need to talk me up.

REMEMBER YOU HAVE EBOOKS AND CLICKVIEW Mrs Crothers
Teacher/Librarian





The 2021 Judy Cassab Art Prize HERE and NOW



Entry deadline extended to 5pm 8 October

Students presently enrolled at Sydney Girls and Sydney Boys are eligible to enter one drawing or painting for consideration in the

Judy Cassab Art Prize 2021.

Thirty artworks will be short-listed by Visual Arts teachers before final judging. One prize of two thousand dollars will be awarded to the successful entrant. Entries will be due by 5:00 Friday 8 October 2021.

Conditions:

Only one artwork per entrant No HSC artworks

Entries are flat works, being paintings or drawings.

Size should not exceed A1

Works should be representations of the theme "Here and Now"

The winning work will be exhibited at SBHS or SGHS for one year and then returned to the student.

The shortlist process and judging is final.

ENTER online https://forms.gle/CfGxXa12Z5ms5eox8



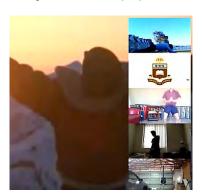
Training While in Lockdown

As the 2021-22 season comes closer, many of us are finding solitude in lockdown, away from school and namely physical activity. Despite being confined to the spaces of our own homes, the SBHS rowers have found ways around this predicament. By starting preseason training through zoom workouts, the boys can stay fit during lockdown and prepare for the upcoming season.

Sessions are on at 3:30pm on Mondays, Wednesdays, and Fridays, with a senior rower providing guidance and feedback on movements. These sessions incorporate body weight exercises, plyometric movements and circuit training which aim to strengthen and condition participants. Boys of all years and sports are welcome to attend these sessions as maintaining and improving physical fitness is a universal benefit.

If anyone is interested in participating, please contact Nelson at 436664729@student.sbhs.nsw.edu.au. On behalf of the senior rowers, we appreciate your resilience during these tough times.

Nelson Cheng (11T)













Training While in Lockdown

Hopefully everyone is staying active during lockdown. I ask all rowers to go on the Rowing CANVAS page and complete three of the at home workouts per week. There are five guided videos for each workout, and they can be done in most rooms.

Season Schedule (COVID pending):

Please check out the season schedule on the google sheets below. Obviously, we don't know when we will start but there is a guide for when we do start.

https://docs.google.com/spreadsheets/d/1csEJFOoFRV N0xbYIQUAvai8ehhq5w4G9jVEVHQvMsho/edit?usp=sh aring

The Outterside Centre Renovations:

A huge thank you to the Sydney High Foundation for pursing renovations at the Outterside Centre during this winter. It was made possible by the tireless work of the rowing committee President Leslie Cheng. Leslie arranged all the trades people and ensured the renovations occurred during this off season.



Before



After



Before



After

George Barris MIC Rowing



HIGH SAILING

We may not be able to get on to the water yet, but we can still look upon the joy it brings.....

A Student Perspective

At the age of 7, my father introduced me to sailing, simply as I expressed interest in the sport and found it as a way of extending my time spent on the water. Little did he know that I would take a more than serious liking to the sport, ending up racing at multiple competitions around the country including 3 National Championships. My background on the water is broad, with my father sailing and boating for more than 50 years of his life and myself taking to boats at only 3 weeks of age. Woollahra Sailing Club has been my home club since the start of my sailing career, with me giving back to the sport now as a fully

qualified Dinghy Instructor. Personally, my favourite part of sailing is the racing aspect, competing against other sailors whether they be from different countries or different clubs, knowing that we all share the same passion is exhilarating. My favourite sailing moment would have to be watching the America's Cup, 75ft, \$100 million dollar boats doing speeds of up to 90km/h and 3x the wind speed is an amazing engineering and sailing achievement in the world of 21st-century boats. Seeing sailors that have evolved from the boats that our junior High boy's sail (Opti's), a class that I once sailed, and seeing them apply the same skills, strategy and knowledge on such high-level boat allows us, sailors, to imagine what the future of such a high-speed sport could bring.

Samuel Ezra (11E)







SYDNEY BOYS HIGH SCHOOL

Open Day

Thursday 2 September 2021 4.30pm - 5.30pm Please register https://sbhs.co/openday



Nurturing scholar-sportsmen since 1883

556 Cleveland St, Moore Park NSW 2021 sydneyboyshigh.com | Ph: 9662 9300

SYDNEY BOYS HIGH SCHOOL

Sir Roden Cutler and Lady Cutler Foundation Scholarship



Nurturing scholar-sportsmen since 1883

To apply for a scholarship visit www.sydneyboyshigh.com/scholarships
Applications Close 30 November 2021

556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300



SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship Closing Date: **30 November 2021**



Nurturing scholar-sportsmen since 1883
Applications available at: sydneyboyshigh.com/scholarships
556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300



Break the chain of infection



CLEANhands frequently



STAY HOME if you feel unwell



COVER

coughs & sneezes with a tissue or your inner elbow



DISPOSE

used tissues in bin immediately



CLEAN

frequently touched surfaces



PRACTISE

social distancing



WEAR

a mask as recommended

As a service to the High Family

A FULL PAGE ADVERTISEMENT



can be placed for a fee of \$50.00 (GST incl.) for a full page ad in two weeks' publication

Whether it be a business service, educational course/s or something for sale.

Contact:

Dave Te Rata or Meredith Thomas - High Notes Editors

P: 9662 9300 F: 9662 9310

Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval

August/October 2021

27-08-2021

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 A	30 Prefect Record reports to be submitted to W drive Prefects Trial HSC, 09:00-15:15, Extension 1 English - 09:00-10:10, Visual Arts - 13:00-15:00	Latin Extension - 08:00-08:45 Subject Selection + Acceleration Information	1 Trial HSC, 09:00-15:15, Geography, 09:00-11:00	Open Day, via youtube webinar, 16:30-17:30 Trial HSC, 09:00-15:15, SDD - 09:00-10:00, Business Studies - 9:00-10:30, Latin Extension 14:15-15:15 Australian Intermediate Mathematics Olympiad (AIMO) (selected 7-10 students) (tbc)	Wellbeing Day, no online lessons Year 12, References meeting, 14:30, zoom Distance Ed Year 11 task, Adv Maths and Standard Maths Co-curricular, Outdoor Education, Community and Leadership teams, Gifted and Talented to be submitted to W drive 2021 Record Reports P+C, OBU, School		5 Fathers' Day
9 B	6 Music: HSC Practicals, Great Hall, Room 101, 201, 09:00-14:00	7 Year 11 Yearly Exams, 09:00-15:15, Modern History - 09:00-10:00, SoR - 12:00-13:00 Subject Selection Information Evening - Year 9 2022, zoom, 18:00-19:00	8 Year 11 Yearly Exams, 09:00-15:15, Geography - 09:00-10:00, Ancient History - 11:00-12:00, PDHPE - 11:00-13:00 Distance Ed Year 11 task, Ext 1 Maths	9 Year 11 Yearly Exams, 09:00-15:15, Legal Studies - 09:00-10:00, Engineering Studies - 11:00-12:00	10 Year 11 Yearly Exams, 09:00-15:15, Classical Greek - 09:30-11:00, Visual Arts - 09:30-11:00 Year 7 task: 7HF-P1, 7HT-P2, 7HR-P4 Debating: SGS v SHS	11	12
10 C	13 *** Year 11 Yearly Exams, 09:00-15:15, English - 09:00-10:00, Music 1+2 Written Exam - 14:00-15:30 Music: HSC Music 1, 2 + Extension Completion Submission Date Class assessment: Year 10 History: timed response, canvas submission, P1-10ZHs, P2-10XHs P+C Executive Meeting, Zoom video conference,		15 Year 11 Yearly Exams, 09:00-15:15, Latin - 10:10-11:10, Business Studies - 13:00-14:00	16 Year 11 Yearly Exams, 09:00-15:15, SDD - 09:00-10:00	17 Class assessment: Year 9 History: Rights and Freedom Speech online submission, 09:30 Year 11 Yearly Exams, 09:00-15:15 LAST DAY TERM 3	18	19
1 A	4 Labour Day - Public Holiday	School resumes - staff and students Foundation Day Assembly/Prefect Induction, Great Hall, (Guest Speaker - Robert Orr) 09:55-10:40 (7, 8, 11) Mabo talk - Robert Orr, GC, p3, Legal Studies and Modern History students Alternative assessment tasks: Year 9	6 Year 11 presentation, p3, GC The Great Hall: Backflips, Year 7, P4 The Great Hall: Backflips, Year 8, P5	7	8 Marching Band Rehearsal, MPW, 08:00-09:00	9 Sport: TKS v SHS	10