

The Weekly Newsletter of Sydney Boys High School

From the Principal High Talent



G

Congratulations to Yu Ming Lee (11T) who has placed second in the 2021 Essay competition on the topic of friendship, sponsored by *The Association for Philosophy in Schools New South Wales*

http://philosophyinschoolsnsw.org It was a remarkable essay, even more so because he composed it while on music camp!

Week Five of Online Learning

Over the course of the week there have been many changes in an environment characterised by the constancy of uncertainty. Anxiety levels amongst students, staff and parents are high due to their inability to be certain of the path ahead. Onsite HSC Trials were stopped from being held by a DoE directive due to the growing numbers of cases and LGAs affected in the state. HSC students are not returning to modified on site learning on 16 August. At High, we decided to maintain our usual routine of holding Trial Assessments, during which students are not expected to attend 'school' except to do tests. My feedback is that students and teachers could do with a break from the added intensity and workload occasioned by online learning modes.

A calendar of test tasks and times has been prepared by Mr Barris and distributed to HSC students. The 'Trial' period has been reduced from three weeks to two as the mathematics and science course teachers did not opt for any form of online assessment. Instead, they will apply a mathematical solution by means of a pro rata calculation to align with existing



weightings. Practice HSC questions are available for those courses. Trial marks for Year 12 reports will be due on September 17 as will the final assessment marks for submission to NESA.

A vaccination program for HSC students in the eight Sydney LGAs on level 4 restrictions was announced for this week and our school supplied 176 contact mobile phone numbers against the names of Year 12 students and HSC accelerants from those LGAs. If any personal identification details were incomplete or changed, NSW Health may well not have sent through a text with an appointment time. The Department of Education has supplied a contact number 1800 922 886 for queries about the vaccination project. Please call this number if you have not received an appointment text.



As part of the mandatory immunisation record for each student that is being compiled by Ms Rodakis, COVID vaccinated students are sending details of their vaccination to her as well. Our sense is that the NSW Government will want to obtain this information from schools ahead of the formal HSC examinations, commencing in October, so it is wise to be preprepared. Please send in your details once you are fully vaccinated. I hope that all NSW HSC students will have access to a vaccine program ahead of the HSC in October.

Prefect Elections



The poll for the election of School Prefect Interns for 2022 has been declared. The process is that qualified nominees are approved for placement on the ballot by the Executive. They then have an

opportunity to put up a thumbnail sketch of their skills, contributions and aspirations online for consideration by the electoral college, consisting of Year 10, Year 11 and 2021 School Prefects and teachers with double-weighted votes. Ms Rigby and I then consider the voting results, looking for natural breaks where differences in totals are significant. This year's process resulted in 28 students being elected. There names are published elsewhere in High Notes. The Prefect Interns will meet online with Ms Rigby to elect a School Captain and Vice -Captain. These students, along with Ms Rigby then nominate a Senior Prefect, based on his perceived capacity to carry out the duties of the role. I want to thank Ms Rigby, our longstanding MIC Prefects, for her wise custodianship of these school leaders.

Year 11

The Executive decided to run a test block in weeks 9 & 10 for Year 11 students. A calendar of assessment tasks and times was prepared by Mr Barris and ratified by the Executive. Year 11 students now know how the second half of the term will pan out for them. As with Year 12, timetabled classes will be suspended for the last two weeks of term for Year 11, in order for this process to take place. By then, teachers and students will be needing a break from the full on routine of CANVAS conferences or zoom meetings.

Properties Report

After the pause in construction work in Sydney, we were able to finish off the asphalting work at the Governors Centre, completing the project to install a reflux valve in the sewer pipe and re-locate the riser escape valve in a lower location. In addition, a large area next to the basketball courts up to the trailer compound and bordered by the concrete pad for the bins and the Governors Centre roadway was excavated and asphalted. Our drainage system in the area around TGC is now complete. This expensive, but necessary work will secure the area for decades to come and add to the amenity of students and visitors to the site.

Dr K A Jaggar Principal

IMMUNISATION RECORD REQUEST REMINDER



To those parents who have already made a submission, thank you and please disregard the following message

Please Respond

The school is required to record the immunisation status for all enrolled students.

If you haven't already done so, please submit your son's AIR Immunisation History Statement or AIR Immunisation History Form.

Please refer to the emails & reminders sent to all parents on 13 May, 10 June, 21 July & 6 August 2021 for the Parent Information Brochure and instructions on how to obtain the AIR Immunisation History Statement or AIR Immunisation History Form.

The immunisation certificate must be submitted to the school using the following email address:

ims@sbhs.nsw.edu.au

IMPORTANT: Please include your son's full name and roll class on your submission.

Thank you for your cooperation. Sharon Kearns School Administrative Manager

SUBJECT SELECTION - 2022

Subject Selection for Year 9 2022

All Year 8 students and their parents are invited to an information evening, held via zoom from 6:00-7:00pm on 7 Tuesday September. This session will communicate subject selection processes for the upcoming year and provide an opportunity for questions relating to subject selections to be answered.

Students and parents will need to use the following zoom details to access the meeting:

https://sbhs.zoom.us/j/85194896185?pwd=VFdwZjNzOX NoUkhxQ2k0NVc5NVYwZz09 Meeting ID: 851 9489 6185 Passcode: 951229

We look forward to seeing Year 8 and their parents on the night.

Jamie Kay Deputy Principal Junior School

Subject Selection & Acceleration for Year 10 2022

All Year 9 students and their parents are invited to an information evening, held via zoom from 6:00-7:00pm on Tuesday 31/8. This meeting will communicate subject selection processes for the upcoming year and provide information on subject acceleration.

The evening will be structured within two separate sessions:

- 6:00pm Dr Jaggar will explain subject acceleration at Sydney High & answer any questions
- 6:30pm Mr Kay will go through subject selection processes, followed by a brief Q&A session

Students and parents will need to use the following zoom details to access the meeting:

https://sbhs.zoom.us/j/89004309481?pwd=d1Q0SVNsW XNgL2QvREhzQ0wyUS91QT09 Meeting ID: 890 0430 9481 Passcode: 302037

We look forward to seeing Year 9 and their parents on the night. Jamie Kay

Deputy Principal Junior School

Subject Selections & Stage 6 Information for Year 11 2022

All Year 10 students and their parents are invited to an information evening, held via zoom from 6:00-7:15pm on Monday 16/8. This session will communicate information on Stage 6 requirements, as well as subject selection processes for the upcoming year. There will also be an opportunity for questions relating to subject selections or Stage 6 requirements to be addressed.

Students and parents will need to use the following zoom details to access the meeting: https://sbhs.zoom.us/j/91054616927?pwd=VDVTWUVK

emk0V3d6Z3ZVVnM3U243QT09

Meeting ID: 910 5461 6927 Passcode: 370469

We look forward to seeing Year 10 and their parents on the night.

Jamie Kay & Lynda Pinnington-Wilson Deputy Principals



PREFECTS-ELECT 2022

In another first, this year we have had to hold the Prefect elections completely online.

Congratulations to the following boys who have been elected Prefects for 2022.

If your name is listed, you will be required to attend a Zoom meeting with me at lunch on Friday (12.40pm) to elect the Captain and Vice Captain.

Following this, the Senior Prefect will be appointed by the School Captain, Vice Captain and I.

The Prefects-Elect for 2022 are:

ASAD Jarif BARRETT Ashwin **BRITTON Thomas BU Justin CHEN** Adison CHOUDHURY Tahmid CRAINIC David FANG Paul **FRANCIS Nicholas** GILES Albert JOSEPH Jerald **KEATING Jack KIRKLAND** Matthew LEE Yu Ming (Ming) **LEKHI** Mithilesh LI Vince LOW Daniel MA Caden NGUYEN Dean PANT Rahul SUTO Joshua TRAN Don **TSOUTSMAN Klimenty (Klim)** WANG Anthony WILLIAMS Tarrant WONG Jordan WU Jia Qi (Jackie) YAN Jason Madeleine Rigby **MIC Prefects**



School Values – Respect

Within any school, organisation or group, one behaviour would undoubtedly be at the top of their code of conduct - respect. This is due to respectful interactions creating a positive and successful culture, while also encompassing a wide range of other expectations.

So, what is respect? It is often referenced as an individual being thoughtful and having the needs and wants of others front of mind in their actions. It can also be used in reference to admiration of those within a community or providing support to others as needed.

Here at High we believe strongly in these principles but also believe respect goes above and beyond interactions with others. Respect is at the heart of positive relationships and is not only essential in our dealings with others, but also respect for ourselves and our surrounding environment.

Currently, all those within our school community are facing various challenges and it's during these moments that we must remember more than ever the need to be respectful. Frustrations can often come to the fore when we're out of our comfort zones but even in these moments, we always have control over our thoughts and actions.

A quote by Dr William Glasser sums up the choice people have in these situations - "If I say or do this right now, will this bring us closer together or push us further apart?". Despite the challenges we face, we always have a choice over the actions we take, and these can either make things better or worse.

The most important consideration is how do we show respect in each circumstance and in doing so, maintain positive relationships with those around us, including positive thoughts of ourselves? A phrase often used is "Treat others the way you would like to be treated". However, not everyone likes to the treated the same way. Truly respectful behaviour is treating others the way *they* would like to be treated.

It's also often stated that we need to earn the respect of others. However, if everybody waits for others to show

they're worthy of respect before behaving appropriately then negative interactions are inevitable. If instead we show respect to all those around us at all times, this will lead to ongoing positive exchanges.

Respect can therefore be evident in a multitude of ways within the school and society including:

- Being thoughtful and polite in how we interact with others, such as monitoring our tone of voice and body language in how we respond to various events
- Showing appreciation for what others do for those around them, by having courtesy and thanking people for what they do
- Having an awareness and being attentive to how our behaviour impacts on ourselves and others, such as showing humility in front of peers when winning highly sought-after prizes
- Being responsible and having the self-discipline to do what's asked of you to the best of your ability
- Showing consideration by maintaining the quality of our surroundings and shared environment
- Understanding boundaries, such as not using others' belongings, entering their spaces or touching another person without their explicit permission
- Being present through listening and engaging in what's happening around you at that time
- Being open and honest to create a trusting relationship where we can show we value the other person
- Accepting others and understanding that we are all different, while providing freedom for those not hurting others to be who they are.

As shown above, respectfulness encompasses all values of our school with dedication, integrity and compassion intertwined within respect. If we keep this front of mind in how we approach our lives, not only will we have positive and ultimately deeper relationships, but also greater levels of success.

Jamie Kay Deputy Principal Junior School





The GPS Debating competition has been running this term. Round 1 was against Newington, in which we did well in the Junior Years particularly.

Last week were against Shore and had wins in 9A and B; 10A and B and Firsts and Seconds in the topic area of Sport. Well done.

This week the competition is against Kings on the topic area of Education. Good luck to all the teams.

We have also been running socials coaching on Friday afternoons. Currently we have year 7, 8, 9 and 10 socials debating coaching. The feedback from students has been very positive. If you wish to participate please email me at RigbyM@sbhs.nsw.edu.au and I will send you the link.

On other news, our Head Coach Hugh Bartley has left to start his Legal career. Hugh has been a fabulous head coach over the last couple of years and I wish him the best of luck in his future career. Alex De Araujo has taken over the role of Head Coach since the start of the GPS competition and has ensured that the coaches are briefed on lesson plans, topics areas and are available for the teams and I am sure that he will continue to be an asset to the Sydney Boys High Debating Program.

Madeleine Rigby MIC Debating



HIGH SAILING

We may not be able to get on to the water yet, but we can still look upon the joy it brings.....

A Student Perspective

• How did you get involved in sailing at SBHS? Sydney has always been synonymous with sailing due to the stunning beauty of Port Jackson and the various nooks and crannies in and around it. Since I had not taken up any specific activity prior to joining Sydney Boys High School, I opted to join a unique sport that not many schools had offered – sailing. The notion of gliding across



the water, truly enjoying all that the harbour had to offer was appealing, even though I had never participated in the sport before. Since most schools with a

sailing program utilised Rose Bay, the WSC was where we were based.

• What do you like about sailing?

Sailing is a thrilling experience – being untethered from the earth, yet still bound by gravity. Having the power to manipulate the elements to your advantage, whether it be through fair winds and following seas or billowing gusts and plunging breakers, is truly a brilliant feeling. I love the ability to be where mighty vessels once were, ranging from the penal ships of 1788 to the heavy cruisers in the second world war. Having the Opera House's elegant curves and the ever-present Harbour Bridge looming over our waters is a sight most are not able see from such angles. Rose Bay itself has history still preserved in its seaplanes – a small reminder of the Qantas Empire Airways' first international airport that once covered the bay. The diversity of watercraft really makes the Bay feel wholesome and alive.

• Share a special/favourite Olympic moment

Matthew Wearn's astonishing performance in the Men's Laser races was an achievement which gave me inspiration for my own racing. His confidence at every mark, as well as his dauntless, calculated tacks and gybes helped to improve my understanding of race tactics. The graphics provided highlighted the various lays and paths of the dinghies, as well as their relative position to the next mark, showing the staggering progress and fierce competition.

Final word

One Thursday afternoon, when I was sailing below Shark Island with my cohort, my crew and I witnessed a once in a lifetime spectacle. We had unfortunately capsized and as we recovered, the Spanish Sail GP F50 screamed passed us, as it rounded the island. I will never forget the sound I had heard as the foils raising the catamaran above the water whistled in the wind as though it were a hot knife cutting through butter.

Neil Ghosh (9F)



At Home Training Programs

Further training at home programs have been developed for your son (& family). These can be accessed On CANVAS – Sport - Modules.

In addition to the At Home Training Programs with videos. Further programs have been developed aimed at supporting various sports within the school.

There is also an 'exercise bank' so you can regress/progress exercises within each program.

I encourage everyone to stay/get active during this time.

All the best Kurt Rich Head Strength & Conditioning Coach



HIGH RUGBY LASTING FRIENDSHIPS- HIGH SPIRIT- PASSION – RESPECT -TEAMWORK DISCIPLINE – INTEGRITY

If there's anything we've learnt during this lockdown, it's that rugby will live on. Throughout this lockdown the boys have been itching at a chance to play some footy. Unfortunately, circumstances would not allow us to play against the other schools like we used to. Fortunately, international rugby is still running, allowing us to get



together as a team and support the Wallabies from home. The France v Wallabies series was a definite highlight and a great learning experience for the team. Watching all the international teams play has been a big encouragement to the boys to improve their own game from home. As a team we are working to improve our speed, strength and size in anticipation of next season. The forwards are focusing on bulking up and improving our strength to prepare us for contesting scrums next season. The backs have been improving their speed and agility as well as breaking down various back line plays from highlight reels. As a team we have adopted a strong mentality to work hard during this lockdown. Throughout this week we will continue to work on our game as we wait to watch Michael Hooper and his team take on the mighty All Blacks in the upcoming Bledisloe 2 Match after a strong performance in Bledisloe 1.



Godfrey Jiang showing off his isometric holds



Patrick Nguyen like all the rugby greats- when everybody else has gone home- alone in the park, practicing late in to the night, so when the time comes, he is ready.

A big thank you to Yun Gao (May) who has assisted SBHS, Rugby NSW, and Rugby Australia to prepare some long awaited and time-consuming documents, invaluable for the longevity of the sport in this country.



NSW RUGBY

To help keep engaged with SBHS rugby students we are giving all our students free access to the NSW Positive Rugby Coaching platform with individual skill plans by position. This will update weekly- (this is completely new and fully functional) Coaches are also welcome to use it.

Please click to start via this video https://vimeo.com/579297413/0af72db0ec

Sign up via this link and use it on your laptop or mobile phone (through the browser). <u>www.sixdegreesports.com/new</u> Aidan Wong (9M)





Open Day

Thursday 2 September 2021 4.30pm - 5.30pm Please register https://sbhs.co/openday



Nurturing scholar-sportsmen since 1883 556 Cleveland St, Moore Park NSW 2021 sydneyboyshigh.com | Ph: 9662 9300

SYDNEY BOYS HIGH SCHOOL Sir Roden Cutler and Lady Cutler Foundation Scholarship



Nurturing scholar-sportsmen since 1883

To apply for a scholarship visit www.sydneyboyshigh.com/scholarships Applications Close 30 November 2021

556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300

SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship Closing Date: **30 November 2021**



Nurturing scholar-sportsmen since 1883 Applications available at: **sydneyboyshigh.com/scholarships** 556 Cleveland St, Moore Park NSW 2021 | Ph: **9662 9300**





CLEAN hands frequently



STAY HOME if you feel unwell



COVER coughs & sneezes with a tissue or your inner elbow



DISPOSE used tissues in bin immediately



CLEAN frequently touched surfaces



PRACTISE social distancing



WEAR a mask as recommended

AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE

August/September 2021

13-08-2021

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
б В	16 Subject Information Evening, zoom, Year 11 2022, 18:00-19:15	17 Foundation meeting, 18:30-20:30	18 HSC: Trial, Music 1 Aural and Music 2 Musicology + Aural - 11:45-14:45 HSC: Trial, PDHPE task, 12:30-15:30	19 Class tests: 8MaS-P1, 9MaA-P3 Year 12 presentation: USA university applications, 20:00	20 HSC Trial: Latin continuers-P2, DT-P4 Debating: SHS v SJC	21	22
7 C	23 HSC Visual Arts Body of Work Completion and Hand In Date Trial HSC, 09:00-15:15, English part 1 - 09:00-10:00, English part 2 - 14:00-15:00	24 Trial HSC, 09:00-15:15, Economics, 09:00-11:00, SoR-14:00-15:00	25 Trial HSC, 09:00-15:15, Modern History - 09:00-10:00	26 Trial HSC, 09:00-15:15, Extension History - 09:00-10:00 Extension 2 English submission date Australian Informatics Olympiad 9:00-12:30 (selected students) (tbc)	27 Trial HSC, 09:00-15:15, Ancient History - 09:00-10:00, Legal Studies - 13:00-14:00 Debating: SIC v SHS	28	29
8 A	30 Prefect Record reports to be submitted to W drive Prefects Trial HSC, 09:00-15:15, Extension 1 English - 09:00-10:10, Visual Arts - 13:00-15:00 Music: HSC Practicals, Great Hall, room 201 (tbc) HSC Assessment: Drama written exam, pl	Latin Extension - 08:00-08:45, Business Studies - 13:00-14:30 Music: HSC Practicals,	1 Music: HSC Practicals, Great Hall, Room 201 (tbc) Trial HSC, 09:00-15:15, Geography, 09:00-11:00 Rowing: Committee Meeting, zoom, 19:00	2 *** Open Day, via youtube webinar, 16:30-17:30 Trial HSC, 09:00-15:15, SDD - 09:00-10:00, 14:15-15:15 - Latin Extension Australian Intermediate Mathematics Olympiad (AIMO) (selected 7-10 students) (tbc) Music: HSC Practicals, Great Hall, Room 201 (tbc) Sport photos, outdoor	3 *** Distance Ed Year 11 task, Adv Maths and Standard Maths Year 12, References meeting, 14:30 Co-curricular, Outdoor Education, Community and Leadership teams, Gifted and Talented to be submitted to W drive 2021 Record Reports P+C, OBU, School Foundation and Canteen Reports to be emailed to		5 Fathers' Day
9 B	6 Music: HSC Practicals, Great Hall, Room 101, 201, 09:00-14:00	7 Year 11 Yearly Exams, 09:00-15:15, Modern History - 09:00-10:00, SoR - 12:00-13:00 Subject Selection Information Evening - Year 9 2022, zoom,	8 Year 11 Yearly Exams, 09:00-15:15, Geography - 09:00-10:00, Ancient History - 11:00-12:00, PDHPE - 11:00-13:00 Distance Ed Year 11 task, Ext 1 Maths	9 Year 11 Yearly Exams, 09:00-15:15, Legal Studies - 09:00-10:00, Engineering Studies - 11:00-12:00 Change to Summer Sport (7-9)(non-athletes)	10 Year 11 Yearly Exams, 09:00-15:15, Classical Greek - 09:30-11:00, Visual Arts - 09:30-11:00 Years 7 vaccinations and Year 8 catch ups, room 801, 09:00-13:00 Co-curricular photos, outdoor basketball courts + gymnasium + hall Debating: SGS v SHS	11	12