



From the Principal Welcome Back to Term 3



'Plus ça change, plus c'est la même chose'. As the school has been sent into lockdown once again, I welcome back all staff, students and many parents and carers who are involved as partners in providing educational experiences for our boys in CANVAS mode. Some of our teachers are working on site but most are working from home. I foresee several weeks of school operating in this mode, but I would love to be proved wrong. We need to keep open channels of communication in these challenging times. With a whole state in lockdown, overloading issues can be expected on our software programs. We have to log in through the DoE portal. Teachers may have to change platforms and teaching modes from time to time. We ask that people remain open, flexible and patient, so that maximised learning experiences can be provided for our boys. We will listen and respond to difficulties that individual students may be facing. Ms Chan and her Year Adviser Team will be making regular contact with each Year group to provide information and support and to act as a sounding board for students who are facing difficulties when trying to access online learning. We welcome feedback on how we can make the experience better for our students.

Staff Changes

Mr Paul Wright in English has relinquished his position which is being filled temporarily by Marina Trompetter. Courtney Powell has returned, filling in for Penny Schlam in Drama/English who is on leave for Term 3. Laurence Chapple is continuing to relieve in Rhett Boland's position for term three. We welcome Michael Ormsby, our newly appointed Student Support Officer. Michael will be working in the Student Wellbeing Team headed up by Joanna Chan. Monique Mills has been

appointed as a temporary SAO for Term 3. Please make them all feel welcome at High.

Parent-Teacher Night Years 8 and 10

We propose to go ahead with parent-teacher interviews next Tuesday 16 July from 1500-1900 in Zoom mode. Mr Kay is managing this process. Parents were informed this week and a booking system commenced.

Holiday Properties Works

Our three-year *Classroom Technology Project* is nearer to completion now as the projection systems and whiteboards have been upgraded in rooms 101, 201, 610-11, 706-07, 704 & 802.



Our heartfelt thanks are extended to project manager John Prorellis, on-site designer and Supervisor David Isaacs and fixer-upper Jim Crampton. Staff and students will really notice the difference when we return to on site teaching and learning. Room 801 was repaired and painted, with whiteboards hung and additional security installed. We had lights installed on Cutler Drive and on the Anzac



Parade wall of Killip Wing. Staff bathroom lighting was replaced with LED lighting. Additional outdoor WAPS (wireless access points) were installed to improve connections between buildings and towards TGC. Air-conditioning was installed in the DPs office. The dying camphor laurel tree on the boundary of the basketball court was removed as a WH&S issue. The *Cooler Classrooms* program is scheduled to start this term on site and continue until December. The COVID crisis may interrupt the works schedule.

Examinations



In line with decisions taken by other schools, the Executive decided to move the examination block for the HSC Trials to commence in Week 6 on Wednesday 18 August, concluding on Friday 3 September. We will then have a buffer of a couple of days before the Year 11 examinations start, to accommodate an HSC practical examinations that might need to be scheduled in the Great Hall. Also, Mathematics Advanced will have to be timetabled separately, due to the number of Year 11 accelerants sitting the HSC Trial examination. Marks due to NESA have been pushed back so there is no added pressure on teachers to submit their assessments on time.

Dr K A Jaggar
Principal



The Power of the Mind

As we start a new semester, especially given the recent challenges of stay-at-home measures, it's a good time to reflect on our own behaviours and consider the impact our thought processes can have on our lives.

Given humans are creatures of habit, for the most part we pay little attention to our thoughts. As an example, cross your arms, one over the other. Now place your arms back by your sides before re-crossing them – but this time putting the opposite arm on top of the other. Notice how there are some subconscious habits we form and how difficult it can be to change them? Through changing routines, you create new neural pathways that can often

bring you joy, so trying something new can have a powerful effect! It's important to remember the thrill, even if on a small scale, that we can feel by adapting a routine and doing something out of the ordinary.

Studies have shown that when feeling positive, our brains operate at a higher frequency. But how do we train our brains to think thoughts of success and happiness? If we stay focused on the expectation of the best possible outcome, then other distracting thoughts can be put aside and even forgotten as we concentrate on what we really want. One way to remain focused and often experience true happiness is to live in the moment. Ask yourself "What am I grateful for right now?" and as your thoughts focus on what makes you happy in the present, your body naturally produces dopamine and serotonin, having a positive physiological, as well as psychological effect.

Another example of the power of the mind is how focusing intently on something can often distract us from seeing what's around us. If you were to look around you right now and count all the red items you can see, then you were asked to note all the yellow objects you saw during this process, this would be difficult as your brain was solely focused on finding red items. Focusing on a problem can often divert our attention from the solution that is right before our eyes, with our brains choosing to ignore other information during this time. For this reason, focusing with a positive mentality on what's around you can often ensure that negative thoughts are less prevalent in our minds.



So whether it's an upcoming project, test, competition or activity, by staying focused on what's happening right now with you and keeping a positive mindset, not only will you feel more invigorated, but your brain will be functioning at a higher level, allowing you to perform at your best.

Jamie Kay
Deputy Principal Junior School





Term 3 Music Performance Program

Welcome back everyone! We hope you had a restful and safe break.

Regarding the school's Music Performance Program for Term 3:

*Music Ensembles and Private Instrumental Lessons will **NOT** be taking place on school grounds for the first two weeks of this term (13/7 – 23/7)

*Music Ensembles are therefore cancelled for the first two weeks of this term (13/7 – 23/7)

*If your son has private instrumental lessons at school, please contact the relevant music tutor as soon as possible regarding lesson arrangements. Lessons will most likely resume online from Week 1. Please note: Lessons cannot be scheduled between 9.00am – 3.15pm during the school week as students must attend online academic lessons (exception: free periods for senior students)

Future arrangements regarding Music Ensembles and Private Instrumental Lessons for Term 3 will be announced during the 2nd week of this term.

Students have been notified of the above arrangements via the Music Performance Program Canvas page.

Please note:

*All students in the Junior Strings Ensemble will now be joining the Philharmonic Orchestra

*Our next major performance event will be held in Term 4, on Sunday 28 November, 1.30pm (Great Hall) – "End of Year Music Concert."

Students will need to be in school uniform with white shirt (blazers are not required at this event).

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

Students will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any

Music Performance Program related events/material on a regular basis.

Attention Music Ensemble Students: If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email the Music Department: music@sbhs.nsw.edu.au Please note: Students will also be notified of any music related events during ensemble rehearsals.

Music Storage Room

Students in the Music Performance Program (i.e. students in music ensembles and/or private instrumental lessons) are only allowed to leave their music instruments in the Music Storage Room. Please ensure students have a clear name tag on their music instrumental case.

Please note: SBHS does not provide instrument insurance and/or cover and will not take responsibility for loss or damage whether on or off school property.

Sydney Youth Orchestra (SYO)

Auditions for the SYO 2022 program are open. Applications close on Wednesday 1 September.

The SYO is the leading orchestral training and education programs provider in New South Wales. This is a comprehensive system that ensures musicians progress through the orchestras, developing individual and ensemble skills under the careful guidance of SYO's artistic staff.

For more information, please visit: <https://syo.com.au/>

Music Ensembles/Schedule

*NO music ensembles for the first 2 weeks of this term (13/7 – 23/7)

*The music ensemble schedule is subject to change. The Music Department will inform students asap via the CANVAS Music Performance Page and the school's daily notices if there are any changes

*Guitar Ensemble: Students who are unable to attend one of the rehearsals can join the alternate session

*Marching Band: Rehearsals only run in Terms 1 and 4 only. Compulsory attendance is required for students in Concert Band, Stage Band and selected Percussion Studently (no piano students)

*Students must schedule private instrumental lessons at a different time to music ensemble rehearsals

*An attendance rate of 80% is required per semester to obtain Award Scheme Points

*Music Pocket: Attendance of 5 full years is required. New students in Years 8-11 will need to speak with the Music Department.

2021 Music Ensemble Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Intermediate Concert Band 7.45am – 8.45am Room 201	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Room 201	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Senior Strings Ensemble 7.45am – 8.45am Room 101
Guitar Ensemble 7.45am – 8.45am Room 202		Senior Stage Band 7.45am – 8.45am Room 201	Philharmonic Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203	Marching Band 8.00am – 9.00am MPW <i>Terms 1 & 4 only</i>
Guitar Ensemble 3.20m – 4.20pm Room 201	Marching Band 3.30pm – 4.30pm Great Hall <i>Terms 1 & 4 only</i>	Percussion Ensemble 3.20pm – 4.20pm Room 201		Jazz Ensemble 3.30pm – 4.30pm Room 201

2021 Term 2-Term 3 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 1C	From Tuesday 13 July	Private instrumental lessons only resume online from Week 1	Music Performance Program
Week 2A	Thursday 22 July	Debating, Fencing, Rifle Shooting, Volleyball Assembly, 9.55am TBC	2 x Year 10/11 Elective Music Students TBC
Week 3B	Thursday 29 July	HSC Music 2 & Extension Composition Recording, 9.00am-3.15pm (Room 201)	HSC Music 2 & Extension Students
Week 3B	Friday 30 July	2021 MLC Australian Music Day, 8.15am – 2.30pm, MLC Burwood TBC	Year 10 & 11 Elective Music Students only TBC
Week 4C	Monday 2 August	HSC Music 1, 2 & Extension Trial Practical Examination, All Day, Great Hall	HSC Music 1, 2 & Extension Students
Week 7C	Monday 23 August	Photos: All music ensembles, Gymnasium TBC	All students in the Music Ensembles Program TBC
Week 7C	Monday 23 August	Illuminate Festival Opening Night Great Hall (Time TBC)	TBC
Week 7C	Mon 23 August – Thurs 26 August	Illuminate Festival, Great Hall (9.00am-3.15pm) TBC	TBC
Week 8A	Thursday 2 September	Open Day, 9.00am-12.30pm, Great Hall/Courtyard TBC	Senior Strings Ensemble TBC Jazz Ensemble TBC
Week 8A-9B	Mon 30 Aug – Fri 10 Sept TBC	HSC Music 1, 2 & Extension Practical Examination TBC-NESA to release dates	HSC Music 1, 2 & Extension Students
Week 9B	Monday 6 September	GPS Athletics Assembly, 9.55am Great Hall TBC	2 x Elective Music Students TBC
Week 10C	Monday 13 September	Year 12 Farewell Assembly/Graduation	Senior Strings Ensemble 2 x Year 12 Elective Piano Students

Music Events are continually added and/or are subject to change

Matilda the Musical

At the end of last term (even stretching into the holidays), over 100 students from Sydney Boys and Sydney Girls had their moment to shine at last!

To say that the journey of Matilda the Musical had a few bumps along the way would be a mild understatement. With dates, venues, crowd capacities and even number of shows changing multiple times over the course of the term, followed by Covid updates necessitating last minute casting changes, there were many challenges faced by all those involved. However, the students took this all in their stride and put on a production of the highest quality, with rave reviews from so many friends, families, staff and others within the extended school community.

Having such large numbers of talented students from both schools involved in the production, commencing with auditions in early October 2020, there were some special bonds formed between and across the schools which will no doubt have a lasting impact. Ultimately, what will be remembered is how everyone from the cast, orchestra and crew, right through to the audience went home after each performance feeling entertained and with a massive smile on their faces!

A big congratulations to all those involved in the production for putting on a show that will be long remembered by both school communities.

Mr J Kay

Co-Producer

Matilda the Musical





Love your library

FROM THE ANDREWS LIBRARY

WHAT DID YOU READ DURING LOCKDOWN?

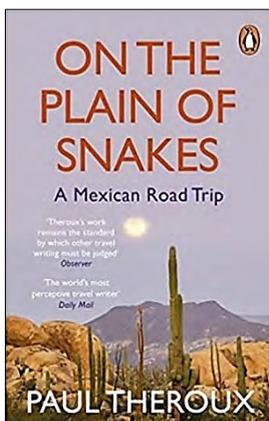
(Send the 2 Libraries an email library@sbhs.nsw.edu.au about what you read with a cover picture – internet. And a brief description. *We would love to publish your Corona Virus reading.*

Current authors are writing quite a bit on artificial Intelligence and other cyber issues. This term's holiday reading of some of the new books in our library was characterised by the genre blending becoming a must do for current authors.



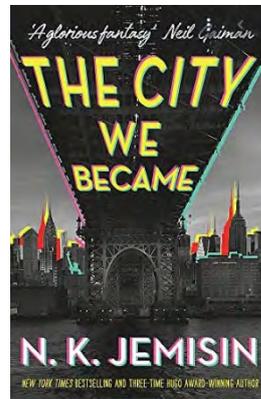
My first piece of holiday/lockdown reading was *Little Eyes* by Samantha Schwebelin. This book is about a cute toy in the shape of a bird or animal which people buy and which follows them around and watches what they do. The scary thing is that a random person somewhere else in the world is doing the watching and making the

toy respond. This story tells about 4 peoples experiences with this toy. (Current society has love/hate issues with something similar – guesses about what it might be?)

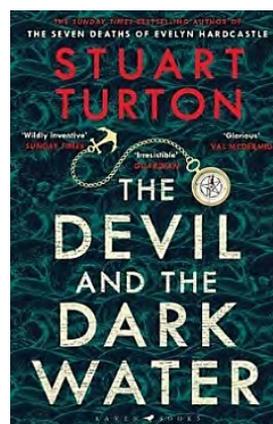


I have read several Paul Theroux travelogues before but, despite finding them quite readable, I was not a committed fan. However, I have changed my opinion on Paul Theroux quite radically. This book is brilliant. Paul Theroux spent a lifetime writing travel books and has developed a very good reputation and obviously

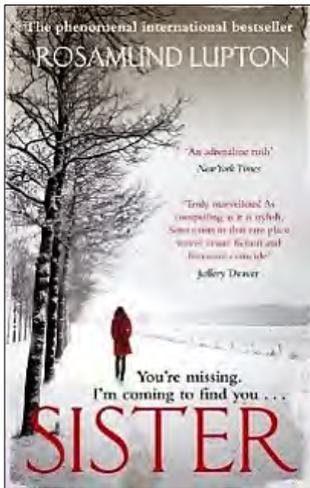
made a good living – as well as having lots of fun and getting away with a fair bit of navel gazing and very sharp analysis. He went on this trip on the back of his disappointment at Donald Trump's racist attitude towards Mexico and depression at growing old – he is now in his 70's - and will not be travelling for long. We can all remember Donald Trump ranting about building a wall to keep the Mexicans - all criminals - from entering America illegally. So, Paul Theroux travelled in Mexico to prove Trump wrong. In his travels he examines all the drug cartel murders, illegal immigration, death worshipping, worm eating and hopeless poverty stories and mingles with the people. It is like a trip through hell. I am still in shock. I think he proved Trump right. Did you ever think you would read a travel book for the insight it offered? Who wants to holiday in Mexico now?



The City We Became is a paean to New York and to big cities in general. American literature – just think Crime Fiction – is quite often a song of engagement to a particular city or region. NK Jemison's *The City We Became* is a song about the loyalty New Yorkers feel about their premier city. Indigenous people are not the only ones to feel a spiritual attachment to their environment. However, I think Jemison is drawing a long bow on the gullibility of her readers with this Sci Fi/Fantasy. Are there really jealous aliens out there in an alternative reality universe who would want to attack only cities and not nations?



I found that the interesting aspect of this Historical Fiction was the analysis of witch- hunting Protestantism in Holland coinciding with the Dutch East India Company's expansion of its financial empire into its worldwide Dutch colonies. The colony in this instance was Batavia (Jakarta) in Indonesia. The other historically entertaining aspect of this novel was the description of seaboard life at the time. I had not been sure I wanted to read a novel about a devil-plagued ship but this novel turned into a twisting and turning whodunnit. It was not silly or superstitious at all. I thought the author went a little too over the top with his twisting and turning plot but, overall, this was a worthwhile read with captivating heroes.



Rosamund Lupton's, *Sister*, is a Crime Fiction thriller. Beatrice's sister Tess is a free spirit. She is the opposite to her uptight big sister but, when she supposedly suicides, Beatrice's love for her is fierce and she will not believe her sister was not killed. Beatrice's obsession drives away her fiancé, she leaves her good job, she drives the police and her

mother to distraction and then nearly loses her own life to the killer as she gets closer to the truth. Again, this Crime Fiction is a whodunnit, with several candidates who could have killed Tess. This is an intriguing bit of fun and a quick read.



One of the fun things about wide reading is to read the literature of other cultures. *If you put in the search term "translated from" into Oliver search you can explore the literature of a number of other cultures.* What does Japanese culture have to do with coffee? This is a very cute and quite short Japanese novel about the supernatural. It involves

the amount of time travel you could fit in before a cup of coffee gets cold. Three customers discover a 100- year-old coffee shop in Tokyo. Each one has a different and sometimes noble reason for wanting to go back in time. Each person is told that they cannot change the future. What will they get out of the experience? Read this new book and find out! What do we learn about Japanese culture from this book?

Reading may have saved my sanity during our locked down holiday.

Mrs Crothers

Sydney Boys High Andrews Library

Teacher and Librarian



Youth National Weightlifting Championships

Finishing the school Term 2, I was looking forward to my first trip to Tasmania. I was going down as NSW Team Manager for the Under 15 & Youth (U17) National Weightlifting Championship. With the government announcements over the first weekend of the holidays, I along with many others had to cancel all bookings.

With the restrictions at the time, the AWF was able to provide the opportunity for these athletes to compete online. The set up although difficult, was an exciting and rewarding experience.



Nelson securing his opening C&J 83kg overhead as the Rivercat cruised past

It was not the Tasmanian adventure we were planning for but an online Youth National Weightlifting Championships provided Nelson Cheng (Y11) with the opportunity to compete, which he was keen to be involved in. In my opinion the setup deserved a gold medal. Thanks to George Barris for the approval to use the rowing sheds and Mr & Mrs Cheng for their great help on the day. Nelson achieved a bronze medal with 75kg in the *Snatch* and 87kg in the *Clean & Jerk*. He weighed in at 61.1kg in the 67kg weight category. With 6kg of muscle to build and another year in the Youth category we look forward to further developments

Kurt Rich

Strength & Conditioning Coach



Dear parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines (2019)*.

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy \(https://www.education.gov.au/privacy-policy\)](https://www.education.gov.au/privacy-policy).

Further information about the NCCD can be found on the [NCCD Portal \(https://www.nccd.edu.au\)](https://www.nccd.edu.au).

If you have any questions about the NCCD, please contact the school.

Kind regards

Joanna Chan

Head Teacher Student Wellbeing



LIGHT ON

Literacy

The second issue of *Light on Literacy* is out now. Help support SBHS's focus on improving students' results in English and check out the second issue of the parent newsletter *Light on Literacy*. Meet Dr Lynda Pinnington-Wilson, deputy principal of the senior school, find out what the school libraries have to offer and discover even more ways of getting your son reading.

LIGHT ON LITERACY ISSUE 2 - English version

<https://drive.google.com/file/d/1fCjxXYyHBI1jZT8pXJrwJGvwFEnA33es/view?usp=sharing>

LIGHT ON LITERACY ISSUE 2 中文 - Chinese version

<https://drive.google.com/file/d/11o7gN40V7YKK28GNHK09M4vwwVnk9HGS/view?usp=sharing>

If you have any questions, contributions (like book reviews) and/or suggestions for future editions, please email us at sbhs.pandc@gmail.com.

Happy reading!

SBHS P&C Association
sbhs.pandc@gmail.com



Sydney Boys High School P&C have a page on Facebook. Please like our Facebook page to view updates on the latest news and events of interest to the High community: <https://www.facebook.com/sbhspandc>





SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship
Closing Date: **30 November 2021**



Nurturing scholar-sportsmen since 1883

Applications available at: sydneyboyshigh.com/scholarships

556 Cleveland St, Moore Park NSW 2021 | Ph: **9662 9300**

July/August 2021

16-07-2021

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 A	19	20 Parent/Teacher Night (Years 8 and 10), zoom, 15:00-19:00 Foundation meeting, 18:30-20:30	21	22	23 Preliminary HSC Assessment Task: English, p1 Class test: 9MaB-P2	24	25
3 B	26 Class test: 10MaL-P2 HSC Trial Drama Practical Exam, room 204	27	28	29 Music: HSC Music composition recording, Rooms 101, 201, all day	30 Music: HSC Music composition recording, Rooms 101, 201, all day Music: HSC Music 1, 2 + Extension Rehearsals, The Great Hall	31 Music: HSC Music 1, 2 + Extension Rehearsals, The Great Hall, 11:00-16:30 Room Booking: The Great Hall, 20:00-02:00	1 Music: HSC Music 1, 2 + Extension Rehearsals, The Great Hall
4 C	2 PDHPE: 1600m Run, Y7 to Y10 Year 12 presentation: UQ, 11:10, Snr Library Class tests: 8MaL-P4, 7MaM-P5 Music: HSC Music 1, 2 + Extension Performance Trial Examination, The Great Hall	3 Class test: 9MaP-P4 Music: HSC Music 1, 2 + Extension Performance Trial Examination, The Great Hall Basketball: Year 9 House Competition PDHPE: 1600m Run, Y7 to Y10	4 PDHPE: 1600m Run, Y7 to Y10 Last day of winter sport (Y10-12) Rugby Gala Day for Primary Schools, McKay Oval, Year 10 Rugby players involved, 09:00-14:00 Swimming: Australian School Championships, Brisbane	5 Australian Mathematics Competition, Great Hall, p2 PDHPE: 1600m Run, Y7 to Y10 Last day of winter sport (Y7-9) Swimming: Australian School Championships, Brisbane	6 Debating: SHS v TKS PDHPE: 1600m Run, Y7 to Y10 Swimming: Australian School Championships, Brisbane	7 Football: SHS v SGS Rugby: SHS v SIC Cross Country: Riverview, 09:00 Volleyball: SHS v SIC	8 *** Swimming: Australian School
5 A	9 Year 8 Meeting, selected locations, 09:55-10:20 Basketball: Sydney East CHS 15 years; Rounds 3,4, Sutherland Basketball Stadium P+C Executive Meeting, Zoom video conference, 17:00 P+C Meeting, Zoom video conference, 18:30-20:00	10 ICAS Science Competition, online (tbc) Basketball: Year 9 House Competition School Council Meeting, Board Room, 17:30-19:00	11 Change to summer sport/athletics (Y10-11) Winter sport Reports to be submitted to W drive winter sport record reports Preliminary HSC assessments: 11MaA-P1-2	12 Sports Council Meeting, Board Room, 07:30 Change to athletics (Y7-9) Australian Informatics Olympiad, selected students Years 10-12 (tbc) The Great Hall: Entrance Test for 2022 Enrolment Applicants, 16:30-17:30	13 Year 7 Meeting, Selected Locations, 10:15-10:40 Debating: SHS v SJC	14 Athletics: GPS Invitational 1 Room Booking: The Great Hall, 20:00-02:00	15