



From the Principal Welcome to Term 1



On behalf of the wider school community at High, I extend a warm welcome to all new staff members, students and parents commencing with us in 2018. New appointments to High are Mr Siddharth Gurjar (mathematics) and Ms Rebecca Mellor (English). We welcome back temporary teachers Emily Stephens and Matthew Kwong (Mathematics), and Sam Higgins (Social Science). Mr Gainford and Ms Mack have also returned after extended leave. Where we are heading and what we are trying to achieve (2018-2020) are outlined in the updated Principal's Message on the website www.sydneyboyshigh.com. Navigate to 'About/ Introduction/ Principal's Message 2018-20.

High Talent

At the recent NSW State Age Swimming Championship, Ike Matsuoka (9M) qualified for the National championships in the 14 years 200m butterfly and the 400m individual medley. Great work, Ike.

Properties News

During the holidays the lighting system in the Great Hall was completely renewed. It has been a P & C priority for some years. The refurbishment of the COLA is well underway. The sheds have been given new doors and the barbecue shack is almost complete. Room 703



has been expanded air conditioned separately and completely refurbished. It will operate as our new IT Centre from next week. As promised to the SRC next year the priority

room for heat relief 901 was also air conditioned. The next hottest room on the SRC list will be air conditioned this year. A number of rooms are being recarpeted, causing some disruptions to normal routine. We are targeting several rooms to be painted and have invited contractors to quote on the job. A significant amount is being invested (>\$100k) to improve the learning environment for our community.

Weights Room for 2018

High's weights room offers exceptional value for money. The room has appropriate equipment for preparing the bodies of teenage boys and crucially, it is **constantly supervised**. When handling weights, technique is vitally important and boys need to learn the correct way to lift. Kurt Rich, our *Head Strength and Conditioning Coach*, is a well-credentialed and experienced trainer. His presence ensures that the boys are training safely and sensibly. So as well as getting gym facilities, clients have a supervisor and adviser to help them during their **unlimited visits**.



The Weights Room operates much more effectively if all boys get their training in how to use the various pieces of equipment and in proper lifting technique, as soon as possible. Kurt Rich provides this service at the beginning of each year and can tailor individual programs for members after the introductory sessions. Having a fixed clientele makes his job more productive and leads to a better training experience for members and better strength outcomes for participants. Hence, we decided to close off memberships by the end of February each year. Boys who have not paid by that time can no longer attend the weights room.

Costs for this service are held down to a minimum and reduced by boys taking out a full year's membership. For 2018, a **full year** Weights Room membership costs **just \$246**. Boys wishing to have full year membership must register and **pay by Wednesday, February 28, 2018**. There will be no extensions of time nor another window of opportunity later in the year if you forget to pay on time.

Early Bird Discounts



In order to help all areas of the school we offer a **substantial discount** to parents who pay all their invoices in full before Wednesday, February, 28. It is not only a great demonstration by them of their commitment to the ethos of the school but also it's an encouragement for others to follow their lead and it helps to create a critical mass of financial support for our programs. The annual cash contribution by the DOE finances **less than one quarter** of our programs at High. The rest comes from the support of parents and the efforts made by School family volunteers, helping in fund raising. Having substantial funds early in the year allows us to make sure that capital works are completed in the holidays, orders are made promptly and that the boys get the maximum benefit out of equipment and services deployed for them this year. Quality services, extra staff and high standards come at a high price. A very large number of parents see the package as value for money and contribute in full.

The early bird discount is available for students who were invoiced in December, 2017 or later and doesn't apply to students who were invoiced in October, 2017 and subsequently came to Orientation Day in November and had the opportunity to pay everything on the day and obtain the discount. Year 7, 9 or 11 boys who were **not** made offers before Orientation Day are eligible for the discount. Students in Years 8-12 have the chance to make a saving by paying in full by Wednesday, February 28.

Welcome to Year 7 Assembly, 2018

My welcome address to Year 7 and later enrolling students is reprinted below:

On behalf of everyone in our High community – teachers, support staff, IT staff, groundsman, cleaners, coaches, Old Boys and volunteer parents - I extend a warm welcome to all new students this morning. We celebrate renewal each year by clapping in our Year 7 students, and look forward to clapping Year 12 students out as young men in 2023, in our formal farewell. We acknowledge and recognise your previous academic success, earning you a coveted place at High. You were offered enrolment after a rigorous ability test. We understand that each one of you is an academically gifted individual with a unique suite of natural abilities, skills and interests. Our task is to mould these abilities interests and skills into talented performances, in several areas of school life.

To the new students joining us in Year 11, I offer you a special welcome from the High family. You were selected because of your all-round achievements in secondary school so far. You have demonstrated talent in a variety of activities or excellence in one and competence in others. We welcome you and expect you will grow as people and add value to the High culture. You have a great opportunity to establish yourselves at our school

by getting involved quickly in the co-curricular program. I urge you not to waste time waiting and watching. You need to grasp every opportunity. Get organised and be prepared to work really hard. Set yourself incremental academic goals and strive to achieve them. Focus on your own academic growth. Many people are ready to help you.

We have a school-wide BYOD policy. Increasingly, Information and Communication Technology' is integrated into the daily life of our school. Use your device and your researching privileges responsibly. Look after the security of your device. Our IT Centre is Room 703 where you can go for help.

Our teachers will be endeavouring to work closely with you to find out more about your preferred learning styles and individual needs. We will be trying to improve your learning. We will be *fussy about focus* in order to get more out of each lesson. We will need you to pay attention in class and participate positively in activities. We need you to discipline yourself to stay on task. We want you to relate respectfully to everyone at all times.

We will expect excellence from you not just adequate work. We *care about compliance* – do all the work that is set for you. Our teachers will be *concentrating on consistency* in completing tasks in class and at home to the required standard. We are dedicated trustees of our reputation and success at High. Together, if we work hard and help each other, we can maintain and enhance our excellent outcomes.

I expect that you will all adopt our all-rounder culture and take advantage of activities at High. We want you to work hard, train hard and play hard. We will also expect you to give some of your time and effort back into school and community service. I expect all students to involve themselves in co-curricular activities - the Student Awards Scheme identifies the main ones available. Sport is a very important part of life at High. Our traditional involvement in GPS and CHS competitions makes us unique.

Sport training is offered at High on at least two afternoons. Membership of our weights room is excellent value for money. My strong expectation is that you will play competition sports on Saturdays. Participating in GPS competition is an integral component of our ethos. We focus on team sports for educational reasons – group cooperation, team building, goal setting, collaboration, time management, grit development, managing loss, resilience and motivation skills – these are most necessary in modern work contexts. We are trying to nurture *future earning skills*: problem solving, evaluating information, working in teams, communicating ideas and fostering creativity and innovation. You will have an assessment of these skills in various contexts included in your semester reports in the Junior School. For each boy we want to build: positive emotions about High, engagement with High programs, respectful relationships with everyone, meaning in all we do and a sense of accomplishment for sustained effort. At school and in class show your teachers, peers, all staff members and volunteers in activities the respect they deserve. Ask them for help. Be responsible for your own learning. The pursuit of excellence is a lifelong discipline. Let's pursue our goals hard but have fun, too. I wish you all a happy and prosperous experience at High.

Dr K A Jaggard
Principal

Meet The Prefect Intern

Sydney Boys High has provided me with endless opportunities and experiences that I would not otherwise have had. The idea of suiting up in several layers of clothing and wearing a fencing mask for hours on end for training and competitions was one of these unexpected experiences. Despite being smaller in stature compared to others, the community both at school and the community of fencers around Sydney are so supportive and caring. I would strongly encourage incoming Year 7 boys to consider fencing as a sport to satisfy their childhood dream of duelling like Monty Python.

Being in a school with so many like-minded ambitious individuals has continually motivated me to try my best and to join numerous extracurricular activities. Being in an all inclusive environment has fostered friendships that extend beyond just my cohort, and it has been a truly rewarding experience to learn from students of all ages.

To the incoming Year 7s and all future High boys, I highly recommend grasping every opportunity that Sydney High has to offer, as it has compelled me to grow as a scholar sportsman.

Edmund Pan

Afternoon Tea and Fencing Prefect



Year 7 Basketball Uniforms

Please bring **\$121** to the High Store on the following days according to your team.

Times as follows for entire team:-

TUESDAY 6 February 2018

A Team go to high store beginning of period 2
10.10am

B Team go to high store beginning of period 3
11.50am

C Team go to high store beginning of period 4
12.55pm

WEDNESDAY 7 February 2018

D Team go to high store beginning of period 2
10.10am

E Team go to high store beginning of period 3
11.30am

F Team go to high store beginning of period 4
1.10pm

All boys are required to purchase their uniforms at this time



MEMO TO PARENTS

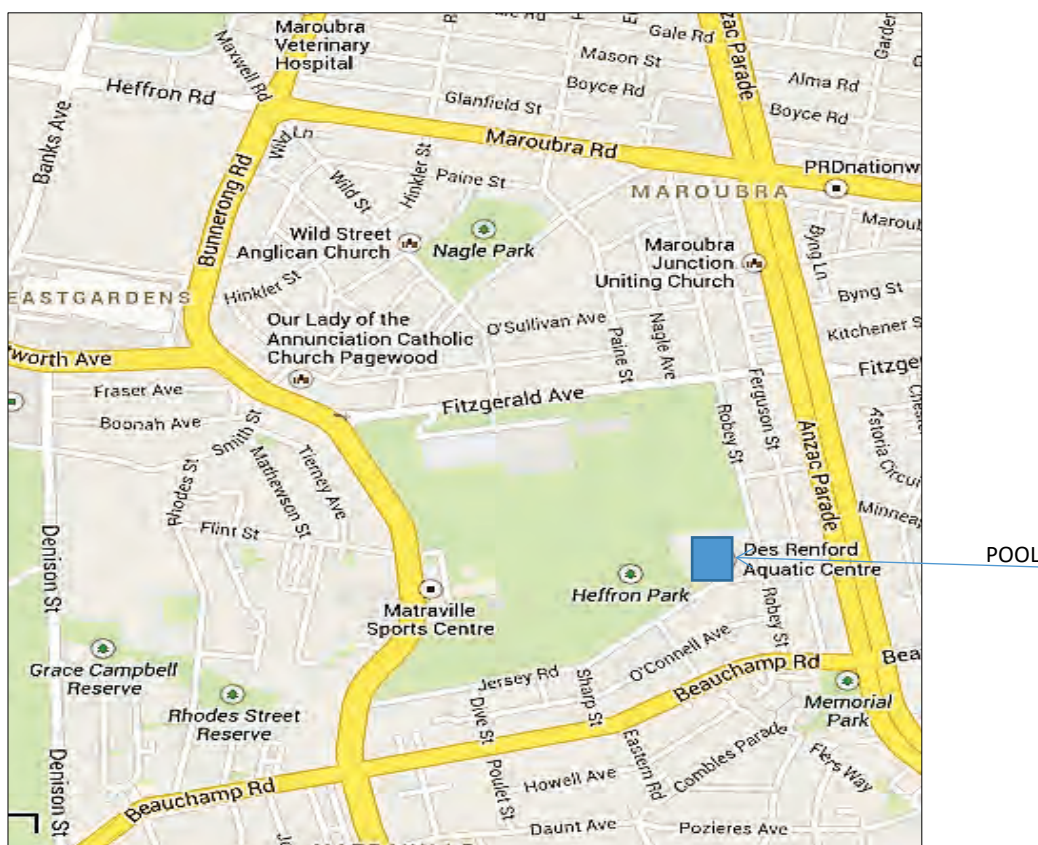
SUBJECT: SYDNEY BOYS HIGH SWIMMING CARNIVAL 2018

The School Swimming Carnival will be held at the **Des Renford Aquatic Centre (Heffron Park Pool)** Robey Street, Maroubra on **Monday 5 February 2018**.

The carnival will commence at 8:45 am and finish by 2:45 pm (approximately).

ALL students will make their own way to and from the Swimming Pool.

Public transport is available from Central Station and City to Maroubra Junction and Eastgardens. Students will then make the short walk to Heffron Park (Des Renford Aquatic Centre). The pool is located between Bunnerong Road and Anzac Parade, with the entry located on Robey Street. Planning their trip can be done through the transport NSW website.



https://tp.transportnsw.info/nsw/XSLT_TRIP_REQUEST2?language=en

The roll will be marked electronically upon entry to the pool, so please bring your student ID card.

School uniform is **NOT** required. Students should wear their House colours (PE uniform), a hat and sunblock should be used as shady areas are limited. Food will be on sale from the canteen at the pool. **The Carnival will be held "rain, hail or shine!"**

P Loizou
Swimming Co-ordinator

ORDER OF EVENTS - NOTE: The age group you compete in is the age you turn this year

Event:

1	12years	200m	Freestyle
2	13 years	200m	Freestyle
3	14 years	200m	Freestyle
4	15 years	200m	Freestyle
5	16 years	200m	Freestyle
6	17+ years	200m	Freestyle
7	12 years	100m	Freestyle
8	13 years	100m	Freestyle
9	14 years	100m	Freestyle
10	15 years	100m	Freestyle
11	16 years	100m	Freestyle
12	17+ years	100m	Freestyle
13	12 years	50m	Breastroke
14	13 years	50m	Breastroke
15	14 years	50m	Breastroke
16	15 years	50m	Breastroke
17	16 years	100m	Breastroke
18	17+ years	100m	Breastroke
19	12 years	50m	Butterfly
20	13 years	50m	Butterfly
21	14 years	50m	Butterfly
22	15 years	50m	Butterfly
23	16 years	100m	Butterfly
24	17+	100m	Butterfly
25	12 years	50m	Freestyle
26	13 years	50m	Freestyle
27	14 years	50m	Freestyle
28	15 years	50m	Freestyle
29	16 years	50m	Freestyle
30	17+ years	50m	Freestyle
31	12 years	50m	Backstroke
32	13 years	50m	Backstroke
33	14 years	50m	Backstroke
34	15 years	50m	Backstroke
35	16 years	100m	Backstroke
36	17+ years	100m	Backstroke

**The 4 x 100m GPS Medley Relay takes place at 2pm
Carnival ends at 2;30pm, but these events take place from 2;30pm**

37	16 years	800m*	Freestyle
38	17+ years	800m*	Freestyle
39	15 years	400m	Freestyle
40	16 years	400m	Freestyle
41	17+ years	400m	Freestyle
42	16 years	200m	Individual Medley
43	17+ years	400m	Individual Medley

* 800m and 400m swimmers will be timed in the SAME event time permitting

NOTE: 1. All places will be decided by times.

All records can be viewed on the school website and student portal



Cricket Results – 2018 Term 1 Week 1

5 Highs & Alan Davidson Shield

5 HIGHS	Score	Result	Highlights
1 st XI	SBHS vs Adelaide 1 - 14	W/O	Cameron Pereira 1-7
1 st XI	SBHS 10 – 154 vs Brisbane 10 - 75	Won	Saarangan Arvind 44, Abhijot Singh 4-9
1 st XI	SBHS vs Melbourne 10 - 128	W/O	
1 st XI	SBHS 10 - 90 vs Kent Street 7 - 196	Lost	Hunar Verma 3 - 34
CHS			
1 st XI	SBHS 8 - 192 vs Kirrawee High 10 - 122	Won	Aditya Shiva 51, Jay Patel 36, Abhijot Singh 4-27
	W/O = Washed Out N/A = Not available due to two-day match		

Cricket Report

For 1st and 2nd XI GPS points ladder please go to:

<http://aagps.nsw.edu.au/summer-sports/cricket/>

Sydney High ended 2017 on a positive note with strong wins coming in the GPS competition against Newington, a good showing in the annual 5 Highs competition and an all-round performance in the Alan Davidson Shield.

5 Highs Report:

As hosts of the tournament this year, it was imperative we made sure our guests and supporters saw the best Sydney High had to offer. The tournament officially began with the arrival of Kent Street High from Perth on the Saturday prior. On Sunday, the remaining billets met their guests for the first time and the annual dinner was held at the school hall, with a quick stop to the SCG for the 5 Highs group photos beforehand. A warm welcome from the principal, Dr Jaggar, and an informative interview with special guest Sam Robson, along with some great food started the tournament on the right foot.

Heading into our first game against 5-time consecutive winners Adelaide High, our mindset was geared to win, with the decision to leave everything out there on the field. With overcast from the start, our opening spell of spinner Cameron and Hunar saw Adelaide finding shaky footing as we tested them to work hard for runs. Unfortunately, the rain came down hard enough to cancel the match and play stopped early.

Once again, our mindset for Day 2 against Brisbane was to remain focussed and hungry for victory as our batsmen put

together a handy total with everyone contributing for the bowling unit to work with. With another great opening spell reducing them to 4 down, our 2nd unit of Abhijot and Nick tore through them to leave an easy victory in sight. The boys were especially fierce in this game, with the passion being left behind on the pitch. Thanks to the supporters in both innings providing support and a bit of banter from the sidelines.

With word going round of the crushing victory, we headed into Day 3 against Melbourne with the confidence to get one back against our close rivals for the Cec Rubie Trophy. Our bowling unit executed their plans once again with another tight shift from Cameron, to reduce Melbourne to a chaseable target of 128. Hunar and Nick cut open the middle order and some exceptional fielding from Aditya's cover fortress gave us an upper hand. Leading into the batting innings, we knew we had the psychological edge and unfortunately the rain prevented what would have been an interesting finish. With the covers going on and off, the umpires and coaches decided to call it off, to our disappointment and Melbourne rejoiced retaining the Cec Rubie Trophy.

Our final match against Kent Street was a must win, and we felt a belief that the tournament could go right down to the wire. A victory put us on top with Adelaide also needing to win their match. Kent Street put the pressure on from the start, with quick singles and low-risk shots being taken. Unfortunately, their middle order held strong and were able to get them close to 200. Our openers entered the field through a tunnel of juniors. We were unable to sustain long periods of dominance and ultimately lost the game.

The final day was our rest day with Adelaide and Perth playing for the championship against Melbourne and Brisbane respectively. Perth cruised to victory and secured the trophy, breaking the Adelaide-stronghold. The presentations and end of tournament ceremony was conducted by Mr Smith and saw the announcement of the Team of the Tournament. Sydney High saw opening bowlers **Cameron Pereira** and **Hunar Verma** being included. Great stuff boys!

The tournament results were as follows:

1. Kent Street 7 points
2. Adelaide High 6 points
3. Sydney High 4 points
4. Melbourne High 2 points
5. Brisbane High 1 point

Obviously, this tournament wouldn't have been possible without the hard work behind the scenes of the MIC of Cricket Mr Smith who kept proceedings running smoothly. Our coach Darius Visser kept us motivated and also grounded. Further thanks to Rudi Ahi for providing the training shirts and also to the canteen for providing lunch every day. In addition, thanks to the billeting families who really engaged with this event, and hopefully provided a memorable experience for all involved. Finally, the support from the sidelines was great and urged us on to win. In particular, cheers to Jamie for being specialist 12th man.

This upcoming week sees the return of GPS fixtures for the New Year, as we take on Riverview in Round 4. Welcome Year 7s to your first taste of GPS cricket! Good luck to all teams and remember to play hard!

To all parents and players, don't forget to go through the points below:

- If the weather is inclement on a Saturday, you can find any changes to the fixtures on the SBHS website on the home page. No changes = game is definitely on.
- Please make sure that all the boys wear SBHS logo hats and tops.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- For training sessions (outside of school hours) and Saturdays, parents are to email through the specific details of absence (**Student number, name, sport, team, reason and date of absence** to absences.sport@sbhs.nsw.edu.au)
- Remember all cricket games are important to attend to each Saturday, otherwise you are letting your team down. A **100% attendance record** equates to **5 Award Scheme** points for juniors.
- Please notify their coach if they are unable to attend training or their fixture.

David Smith MIC Cricket
Abhijot Singh Cricket Prefect



The Annual 5 Highs Photo in front of the Member's Stand at the SCG

Hunar Verma and Jamie Nguyen at the Macquarie Leadership Day with some former Australian cricketers





Captain of Boats January Camp Report

The second last week of the holidays begun bright and early for the rowers, with a 9am sharp bus trip down to the nation's capital for the annual selection camp. This year the camp had been moved from Taree's Manning River to Canberra's Lake Burley Griffin. A welcome change considering we could sleep in a proper bed (rather than tents) and have three hot (very tasty) buffet meals per day.

The camp officially started on the Monday afternoon as we unloaded boats at the Black Mountain Rowing Club and followed that up with a short row, getting used to the lake and the race course set up on one end of it. A short bus ride later and we found ourselves standing in the Australian Institute of Sport's athlete's village, where some of the world's elite athletes stay to train. Bunking in rooms of two, all the boys got well acquainted with the atmosphere in the village, the set times for all meals and the required silence after 9:30pm.



The way Mr Barris and the coaches scheduled the camp was for us to have three sessions per day only so that we don't exhaust ourselves. Plenty of down time in between each stint of training allowed the boys ample time to play table tennis, wander the AIS, socialise in the common room, nap, watch horror movies or spend their time really however they wanted.

The Tuesday started while the sun still hadn't risen and so began a day of selections. Seat racing in particular, where the boys race each other for selection into boats. A light recovery jog concluded the third session most days to prevent muscle soreness. Wednesday was another early start, with two longer pieces testing the crew's endurance followed by a short technique session then a run.

Thursday began with more (slightly shorter) hard pieces, however MIC Mr Barris called off the second session, giving us boys more time to recover. In this long break between the morning row and the afternoon jog, four of us boys along with the three coaches went to the local trampoline park for a quick, fun aerobic bounce session. Friday was the hottest of days, a forty-degree scorcher with our day consisting of a row for the first and second session then a quick trip to the local water park to cool off and begin to wrap up the long week. This was followed by a quick talk from one of the AIS' dieticians, providing welcome information to all the boys about proper recovery food and other important dietary knowledge. Saturday was a short early row followed by loading the trailer and hopping on the bus back to Sydney right after breakfast.

Being around all the other athletes (Russian women's rugby 7's, Brumbies rugby, Australian swimming, Australian gymnastics, Japanese walkers and so many more) provided all the boys with an insight into the life of an athlete and a look into what it's like at the AIS (an experience I'm sure we will all treasure). The Canberra camp this year has placed memories with all the boys that I'm positive will be with us all for the rest of our lives. If it wasn't the rowing, it was the social time together, at the trampoline park or screaming our lungs out while watching horror movies. A special thank you to Mr Barris for organising the entire camp, the coaches for honing our rowing skills while at camp (1st VIII coach Gareth Deacon, 2nd VIII coach Steve Comninos, 1st IV coach Michael McCrea), Samson Lou for driving us down as well as to and from the sheds every session, the Australian Institute of Sport for accommodating us, Black Mountain Rowing Club for allowing us to use their pontoon and facilities and most importantly thank you and well done to all the boys. It was a hard week but you boys put in your all. Well done.

Tim Trent
Captain of Boats

An very early start for our rowers on Lake Burley Griffin, Canberra



SBHS

WEIGHTS ROOM



A Great Opportunity at The Weights Room

An exciting opportunity awaits your son to become involved in the extra-curricular activities at Sydney Boys High School. Every Monday to Friday from 7am – 9am and Monday to Thursday 3:15-5pm the weights room is available under the guidance of our *Head Strength and Conditioning Coach* Mr Kurt Rich and/or assistant who will guide them through the fundamentals of strength and conditioning. This is a fantastic opportunity for your son to become involved in the program and enhance their strength & fitness in preparation for their sport choice & life. Additionally, your son's PDHPE assessment in Years 7 to 10 is partially based upon his fitness level and this opportunity could assist your son to improve his grades in this subject area. For more information, please email Mr Kurt Rich: richk@sbhs.nsw.edu.au

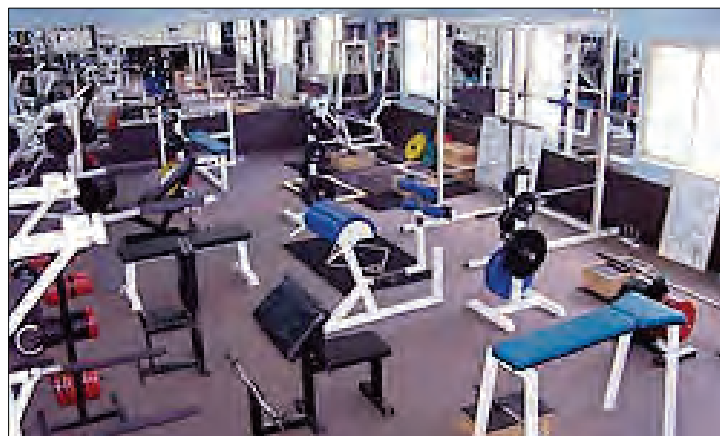
Upon the start of the school term, students can enroll for

a **full year** membership at the Weights Room for **\$246**. Boys wishing to have full year membership must register and **pay by 28 February 2018**. Your son can commence or try weights training before the payment is due. There will be no payment extensions of time nor another window of opportunity later in the year if you forget to pay on time. This system ensures that the Weights Room operates much more effectively, with all boys getting their training in how to use the various pieces of equipment and in proper lifting technique, as soon as possible. Kurt Rich provides this service at the beginning of each year and can tailor individual programs for members after the introductory sessions. Having a fixed clientele makes his job more productive and leads to a better training experience for members, allowing everyone to progress consistently throughout the year.

K Rich
Strength and Conditioning Coach

Weights Room Timetable:

Monday	Tuesday	Wednesday	Thursday	Friday
7-9am	7-9am	7-9am	7-9am	7-9am
3:15-5pm	3:15-5pm	3:15-5pm	3:15-5pm	3:15-5pm (For New Boys Only - until March)



Canteen Price List 2018						
Breakfast		Lunch and Recess Items			Hot Food	
		*So you don't miss out on what you want for lunch, make sure you ORDER it before school				
Cheese Toast	\$1.80				Chicken Fingers	\$1.80
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll	\$1.80
Cheese/spinach/tomato toast	\$2.20				Chicken Burger	\$4.50
Bacon & Egg Muffin	\$3.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00
Hot Chocolate (Term 3 only)	\$1.00	Buttered Roll		\$1.50	Chicken Mayo Sandwich (hot)	\$3.20
Ham and cheese toast	\$2.20	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00
		Cheese & Salad (v)	\$3.00	\$3.60	Foccacia - chicken/avo/cheese	\$3.20
		Chicken & Coleslaw	\$4.00	\$4.60	Foccacia - chicken/mayo/cheese	\$3.20
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$1.80
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese don, noodles	\$5.00
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50
Fruit Salad	\$3.50	Dagwood Roll		\$3.80	Noodles In A Cup	\$2.80
Banana Bread	\$2.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade small	\$4.00
Glazed boston	\$2.50				Pasta- homemade large	\$5.00
Custard tart	\$3.80	Ham & Tomato	\$3.40	\$4.00		
Donut	\$3.50	Ham & Salad	\$4.00	\$4.60	Pide - sausage, chicken/mushroom	\$5.00
Custard Ball donut	\$3.80	Roast Beef & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$5.00
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - Garlo's (halal)	\$4.50
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - meat (sauce+20c)	\$3.80
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pie - Pizza	\$3.80
600ml Plain Milk	\$2.00	Red Salmon & Salad	\$4.00	\$4.60	Pie - potato	\$4.50
600ml Flavoured Milk	\$3.00	Vegemite	\$1.20	\$1.50	Pizza Slab	\$3.20
Up & Go	\$2.00	Turkey cranberry Lettuce	\$3.80	\$4.40	Rice Box - homemade	\$4.00
Water - spring	\$1.20	Wraps	\$3.80		Sausage Roll	\$3.00
Water - Pump	\$3.00	Anari	\$3.60		Spinach Ricotta Roll (v)	\$3.00
Water - Quench carbonated	\$2.20	Sushi	\$3.60		Steak & onion roll	\$4.00
Berri Juice	\$2.50	Vietnamese Rolls	\$3.60		Sweet Chilli Chicken Sub/Wrap	\$4.20
Appletiser	\$2.20				Traveller Pies	\$3.80
Bottles Coke 600ml	\$3.80				Falafel wrap	\$4.20
Cans coke 375ml	\$2.50					
Chill Aloe Vera	\$2.50					
Chill Ice Tea	\$3.50				Miscellaneous	
Powerade	\$3.80				Tissues	\$0.60
		Salad Boxes(meat or egg)	\$6.00		Spoons / Forks	\$0.05
		Salad Box (plain)	\$5.00		(supplied free with meal purchase)	
Special Orders						
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.					Seasonal Foods	
		Prices subject to change			**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are	
2018 PRICE					ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR	
8.30 to 9.00 am *Breakfast is available * Time to place lunch orders						

SYDNEY BOYS HIGH STORE & CLOTHING POOL
SPRING / SUMMER PRICE LIST 2017 - 2018

SCHOOL UNIFORM			SPORT UNIFORM		
BLAZERS	6-8 weeks delivery from date of order		PE / HOUSE SPORT	PE Polo	\$40.50
	From	\$295.00		Black Short with logo	\$38.50
				Sport Socks	\$9.90
PANTS	Trousers - Junior, Dark Grey	\$75.00			
	Trousers - Senior, Light Grey	\$75.00			
SHORTS	Grey College	\$50.00	TRACKSUITS (sold as separates)		
				Microfibre Jacket	\$95.00
BELTS	Black Leather	\$18.50		Microfibre Pant	\$65.00
SHIRTS	Sky Blue & White, Short Sleeve with Crest				
	Sizes 10 - 14	\$27.00			
	Sizes 16 - 22	\$29.00	BASKETBALL	Singlet	\$60.50
	Sizes 24 - 28	\$31.00		Short	\$60.50
				Sport Socks	\$9.90
	Sky Blue & White, Long Sleeve with Crest				
	Sizes 10 - 14	\$29.00			
	Sizes 16 - 22	\$31.00			
	Sizes 24 - 28	\$33.00	CRICKET	Shirt (ventilated with SHS Crest)	
				Short Sleeve Playing Shirt	\$42.00
JUMPERS	Up to Size 14	\$88.00		Academy Training Shirt	\$55.00
	Sizes 16 -22	\$90.00		Senior Playing Shirt S/S	\$72.00
	Sizes 24-26	\$92.00		Senior Playing Shirt L/S	\$77.00
				Hat (Natural) - Greg Chappell	\$22.00
SOCKS	Anklet SHS Colours	\$9.90			
	Knee High SHS Colours	\$15.00			
	Sport Socks	\$9.90			
			ROWING	Zoot Suit	\$77.00
TIES	Junior	\$27.50		L/S Rowing High Top	\$55.00
	Senior	\$29.50		Rugby Jersey 34/85 - 38/95	\$80.00
	Prefect	\$26.50		Rugby Jersey S – XL	\$80.00
	Old Boys	\$27.50		Rugby Jersey XXL - XXXL	\$85.00
	SRC	\$29.50		Socks	\$17.50
CAPS	HIGH Beanie	\$25.00			
	SHS Cap	\$22.00			
			SWIMMING	High Trunk	\$55.00
BAGS	Backpack with Lap Top Section	\$89.50			
	Hav-a-Sak	\$30.00			
	Sports Bag	\$65.00			
			SAILING	Singlet	\$33.00
ART	Paint Brush Size 6	\$3.75			
	Progressor 2B Pencil	\$2.95			
	Progressor 4B Pencil	\$2.95	TENNIS	Junior Shirt Year 7	\$55.00
	Visual Art Diary A3	\$11.00		Junior Polo Shirt Years 8-9	\$49.50
	Visual Art Diary A4 120 page	\$9.90		Grade Polo Shirt Years 10-12	\$44.00
				Socks with SHS Colours	\$9.90
DESIGN & TECHNOLOGY					
	DT Apron	\$12.00			
			WATER POLO	HIGH Trunk	\$55.00
MATHS	Calculator	\$35.00		Water Polo Shirt	\$68.00
	Compass	\$1.55			
	Grid Book 96 page	\$2.95			
	Protractor	\$0.55			
			WET WEATHER	Spray Jacket (by order only)	\$55.00
MUSIC	Music Book	\$2.95		Umbrella (Golf)	\$33.00

SYDNEY BOYS HIGH STORE & CLOTHING POOL

SPRING / SUMMER PRICE LIST 2017 - 2018

CRESTED MEMORABILIA

Bridge Scorer	\$11.00	Mug - new	\$22.00
Car Number Plate Cover	\$39.95	Pen	\$8.80
Car Sticker	\$4.50	Pencil Case	\$9.90
Cufflinks	\$16.50	School Centenary Book	\$15.00
Drink Bottle (Stainless Steel) - new	\$18.50	Spoon	\$5.50
Foldable Chair	\$49.50	Sticker	\$1.10
Letter Opener	\$6.50	Wine Glasses (set of two) - new	\$44.00

OLD BOYS MEMORABILIA

OBU Tie	\$27.50
Supporter Polo Fleece Jumper	\$69.00 on SALE now \$50.00
Sydney High Hoodie Grey Marle	\$75.00

CLOTHING POOL

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

PAYMENT

Cash, Eftpos, Mastercard, Visa or Cheque payable to HIGH STORE

GOODS & SERVICES TAX (GST)

GST is included on all prices listed

BLAZERS

GPS Pocket	\$29.50
Music Pocket	\$33.50
Prefect Bottom Pocket	\$47.50
Prefect Top Pocket	\$29.50
Service Charge	\$39.50

Dry Cleaning	\$16.50
Full Braiding	\$90.00
Embroidery Line	\$22.00
Embroidery Line Removal	\$33.00
Crossed Rifles or Swords	\$38.50
House Badge (cloth)	\$12.50

BADGES

Basketball (metal)	\$7.70
Cricket (metal)	\$7.70
Debating (metal) with attachment	\$8.95
Fencing (metal)	\$7.70
Orchestra (metal)	\$4.40
Rifle (metal)	\$7.70
Rowing (metal)	\$7.70
SBH Lapel Pin (metal)	\$2.75
SHS (metal)	\$7.70

OPENING TIMES

Open During School Terms Only

Monday, Tuesday, Wednesday & Friday 10.30am to 1.30pm

Telephone 9662 9360

Bring Your Own Device 2018

PRODUCT OPTIONS

The Sydney Boys High School BYOD program applies across all year group. If you're looking at replacing your existing device for the 2018 school year, consider purchasing a recommended device.

Recommended devices meet the school's **Device Specification**, so no worrying about whether the device is suitable. All feature a **three year warranty** and optional insurance for peace of mind, and the school will act as your warranty agent.



Lenovo ThinkPad Yoga 370

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 360 degree rotating hinge
- Windows 10
- 3 Year warranty, school-supported
- Available Models :-
 - Basic: 4GB RAM + 128GB Storage
 - Advanced: 8GB RAM + 256GB Storage



Microsoft Surface Pro

- Multi-touch with keyboard cover
- 3000 x 2000 pixel screen
- Detachable keyboard cover
- Windows 10
- 3 Year warranty, school-supported
- Available Models :-
 - Basic: 4GB RAM + 128GB Storage
 - Advanced: 8GB RAM + 256GB Storage



Apple MacBook Air 13"

- Conventional laptop
- 1440 x 900 pixel screen
- macOS 10.13
- 3 Year warranty, school-supported
- Available Models :-
 - 8GB RAM + 128GB Storage
 - 8GB RAM + 256GB Storage



Lenovo Thinkpad 13

- Conventional laptop
- 1366 x 768 pixel screen
- Windows 10
- 3 Year warranty, school-supported
- Available Models :-
 - 4GB RAM + 128GB Storage

HOW TO BUY

- Visit the school's JB purchasing portal at <https://sbhs.co/bbuy>
- Log in with code **SBHS2018**
- Purchase using a credit card, BPAY or on interest-free terms
- Pick up from your local JB Hi-Fi store



SYDNEY BOYS HIGH SCHOOL

Nurturing scholar-sportsman since 1883

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A FULL PAGE ADVERTISEMENT



can be placed for a fee of **\$50.00 (GST incl.)**
for a full page ad in two weeks' publication

Whether it be a business service,
educational course/s or something for sale.

Contact :

Dave Te Rata or Meredith Thomas - High Notes Editors

P: 9662 9300

F: 9662 9310

Email: highnotes@sbhs.nsw.edu.au

N.B.Content is subject to approval

February/March 2018

02-02-2018

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 B	5 Medical Booklet Update School Swimming Carnival, Des Renford Pool (Heffron Park), Maroubra Cricket, Davidson Shield, 1st XI	6 PDHPE: 1600m Run, Y7 to Y10 Year 7: Try Rowing, 7M, 7R Welcome to New Parents of Incoming Students 2018, Great Hall, 18:00-20:00	7 Year 7: Try Rowing, 7E, 7F Rowing: Committee Meeting, Staff common room, 19:00	8 Year 7 Meeting, Great Hall, 09:55-10:20 Year 7 Music Recruitment Night setup, Great Hall, 11:00 Year 7 Music Recruitment Night, Great Hall, 18:30	9 Debating: Show Debate for Juniors, Great Hall, 12:40-13:20 Swimming: GPS Competition 1, 19:00 (SOPAC)	10 Sport: Group 1 Shore v SHS, Group 2 Shore v SHS Rowing: Scots Regatta, Hen and Chicken Bay	11
3 C	12 Year 7 Outdoor Education Camp (Morisset) P+C Executive Meeting, Board Room, 17:30 P+C Meeting, The Great Hall, 18:30 Swimming: GPS MICs, Captains + Vice-Captains Annual Dinner, The Parlour, St Joseph's College, 18:00	13 Year 7 Outdoor Education Camp (Morisset) Marching Band Rehearsal, Great Hall, 15:30-16:30 School Council Meeting, Board Room, 17:30-19:00	14 Year 7 Outdoor Education Camp (Morisset) Elevate study skills: Selected Year 9 students, P1 Rowing: Year 10 Visit by Melbourne High Cricket: Committee meeting, 901, 18:00	15 Rowing: Year 10 Visit by Melbourne High	16 Swimming: GPS Qualifying 1, 18:45, Newington College Marching Band Rehearsal, MPW, 08:00-09:00 Rowing: Year 10 Visit by Melbourne High	17 Sport: Group 1 Shore v SHS, Group 2 SGS v SHS Rowing: High Regatta, Hen and Chicken Bay Rowing: State Championships, SIRC Rowing: Year 10 Visit by Melbourne High	18
4 A	19 Class test: 10MaU-P3 Debating: DSG Meeting, Common Room, 18:00 Debating: Information evening, Great Hall, 19:00-20:00 Music: Encore Performance, Sydney Opera House, 19:00 (Elective Music Students Years 10-12)	20 Years 10, 11 and 12 Awards Assembly, Great Hall, 09:55-10:40 Presentation Night rehearsal (All prize winners), Great Hall, 11:50-12:50 Presentation Night, Great Hall, 19:15-21:00 Tennis: SE Tennis Boys' Trials	21 Years 7, 8 and 9 Awards Assembly, Great Hall, 09:50-10:35	22 Music: Meet the Music, Sydney Opera House, 18:30 (Elective Music Students Years 10-12)	23 Marching Band Rehearsal, MPW, 08:00-09:00 Swimming: GPS Qualifying 2, 18:45, SIC Prefect Afternoon Tea: The Great Hall, 15:00-18:00 Volleyball: SE Volleyball Boys' Trials + KO (tbc) Debating: FED SBHS v SGHS	24 Sport: Group 1 SHS v TSC, Group 2 SHS v TSC Rowing: SRC Regatta, Seniors Rowing: GPS Junior Regatta, Iron Cove Parking: Waratahs v Stormers	25 Rowing: CHS lunch, The Great Hall, 12:00-16:00 Parking: Sydney FC v WSW, 19:00
5 B	26 Attendance and Progress Review (all Years) Rowing: CHS, SIRC Year 10 Meeting, Great Hall, 09:55-10:20 Wallarugby House Oztag Lunchtime competition, Y7 Rugby: Committee Meeting, Staff Common Room, 18:00	27 Year 9 Meeting, Great Hall, 09:55-10:20 Wallarugby House Oztag Lunchtime competition, Y7 Marching Band Rehearsal, Great Hall, 15:30-16:30 Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30	28 Wallarugby House Oztag Lunchtime competition, Y7 Waterpolo: Opens Knockout	1 Year 7 Try Rugby Day, McKay, P1-3 Year 8 Meeting, Great Hall, 09:55-10:20 Elevate study skills: Selected Year 10 students, P1	2 Marching Band Rehearsal, MPW, 08:00-09:00 Clean up Australia Day, 06:30-09:00 Chess Selection Trials, Great Hall, 09:00-15:20 Debating: Eastside TSC v SHS Debating: FED SJC v SBHS Swimming: GPS Competition 1, 18:45 (SOPAC)	3 Sport: Group 1 SHS v TSC, Group 2 SJC v SHS Rowing: Riverview Gold Cup	4