

The Weekly Newsletter of Sydney Boys High School

Vol 17 No 36 18 November 2016

From the Principal High Talent

Congratulations



Jayden Schofield (SHS2016) who was awarded a Combined High Schools Sports Association Blue for cross country – the highest accolade for a state school athlete. Daniel Cai (11M) was awarded 49/50 in the HSC Intensive Studio

Practice Course - Digital Photography - a great result! The Premier's Reading Challenge acknowledges highly committed readers each year. Cyrus Dagostar (9F) and Francis Nguyen (9F) have each received medals in recognition of their continuous successful completion of the reading challenge each year from Year 3 to Year 9. There were 433 students in the state who achieved this milestone. Abdullah Khan (8S), Adrian Leong (8F) Alan Wong (8R) Tianwei Zhai (8M) and Karan Vyas (7M), were presented with Platinum Award Certificates for seven successful years in the Premier's Reading Challenge. It is heartening to see so many of our boys getting behind the reading challenge. Their vocabularies and knowledge of how texts are constructed will improve as a result.

Scholarship Applications

There is only one week left for students to apply for the Phillip Day Memorial and Sir Roden and Lady Cutler Scholarships. If you have financial needs due to family or special circumstances; if you are a great all-rounder; or if you have a special talent that needs extra



resources to help you develop, please consider applying. Scholarships are valued at \$1500 in

school credit. Application forms can be downloaded from the school website – www.sydneboyshigh.com/scholarships. Applications close on Friday 25 November.

Music Awards Assembly 2016

At this year's Music Awards Assembly, James Mackay spoke eloquently about the need for

people to follow their passions in life and he outlined a couple of personal tests to ascertain how much a person really wants to do something in their lives. My address to the assembly is reprinted below:

Special guest James Mackay (SHS2007), Old Boys Michael Walder (SHS2002), Adam Booth (SHS 2012) and Steve Comninos (SHS 2014), members of the Music Committee, staff and students, welcome to our 11th annual Music Awards Assembly. This morning's assembly is convened to recognise and honour the accomplishments of our performance music program participants. We have over 150 students in our performance music program. They come together in a variety of ensembles to perfect and perform an eclectic collection of compositions in a range of styles. High has produced many good musicians, some of whom will perform for you today, and the purpose of the assembly is about honouring those current



students who are upholding that fine tradition. I congratulate those boys being acknowledged today and urge them to continue their efforts in musical training and performance.

Our performance music staff comprises Sarah Kim, Suzanna Lim and Rita Miller. Louise Graul has provided administrative assistance to the program for a decade. I thank you for your work on behalf of the boys. Specialist tutors of high quality, such as Rebecca Irwin on violin, provide expert mentoring for our aspiring musicians. The Music Committee raises money to purchase large instruments and sheet music to refresh our performance repertoire. Our boys are given many opportunities to perform.

'Music is a piece of art that goes in the ears and straight to the heart'. Some people are moved as they play, others as they listen. 'Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything'. The inspiration of music is a mood changer, a revitaliser and common intellectual and emotional milieu for people to commit to. It provides a reason for living and a philosophy to believe in.

Music as a co-curricular program has an elevated status in GPS schools because musical performances are integral to many assemblies, formal occasions and special events that define and build school culture. Musical performance is vertically integrated and access to ensembles is

based on merit. It is a uniting activity and it provides opportunities for students to perform for an audience, which is one important reason why people learn to play instruments. Musical performance showcases the talents of our students to the wider community.

Today's guest speaker is a well credentialed musical person. James Mackay is currently a full-time musician. He has performed everywhere from Sydney's iconic jazz venues like The Basement, to large stadium concerts, to broadcast television, including the ARIAS. He has recorded for Universal and SONY Music. He has shared the stage with James Morrison, James Muller, Taylor Swift, Jessica Mauboy, Nathaniel, Kim Churchill and Ms Murphy. One of his own projects, the *Hot Potato Band* tours Australia regularly. Having played to critical acclaim at last year's Woodford Folk Festival, the band was invited back this year to play the festival's main stages.

James attended High (2002-2007) and was heavily involved in school life. He played rugby and rowed. He represented High musically for many years in the NSW Arts Unit, whose flagship 'State Schools Symphonic Wind Ensemble' won first place in the open division of the National Band Championships in Adelaide in 2005. He was selected to play at Encore after his HSC in 2007. James studied at the University of Sydney, graduating with a Bachelor of Arts (Media + Communications) and Bachelor of Laws last year. He won the King & Wood Mallesons Prize for First Place in Banking and Financial Instruments.

His passion for music (particularly jazz) started at High. He had inspiring teachers and tutors, and Friday afternoon jam sessions in room 201. Please give a High welcome to Mr James Mackay.

Dr K A Jaggar Principal

Cash Register Closing



Due to the End of Financial Year all student payments for excursions, co-payments, contributions, text books etc. must be made by 11.50am (lunchtime) Monday 21 November 2016.

The cash **register will be closed** from the end of lunch (11.50am) and will not reopen until after the finance rollover (approximately 7 December).

Please finalise all outstanding items before the register closes and clearance forms are issued to students.

Thank you.

Sharon Kearns SAM

Yearly Reports - Clearance Forms - Year 10

Clearance forms for report collection will be issued during the coming weeks. Please ensure outstanding payments and due book returns are received **before** the clearance form is printed.

Sharon Kearns SAM

Meet the Prefect-Intern

It's sad to realise that I have only another year left in Sydney High. We are all so lucky to be part of such a friendly, inviting community that has been producing scholar-sportsmen for 133 years. Whether it be the teamwork and camaraderie on the cricket and football fields, or even simply helping each other before an exam, it's always been about the High spirit and giving everyone a fair go. On top of the invaluable education, the endless number of opportunities that I was provided with has enabled me to maximise the benefits of the enriching culture of High.

During the past five years at High, it has been an honour for me to have represented the school on the cricket pitch in summer and on the football field in the winter months. I have also enjoyed debating, public speaking, performing community service, model UN and theatre as well. When not studying for exams, I like to spend my time watching TV, painting or just chilling with the boys.



Having been elected as a prefect by members of this school, I feel it a duty to ensure that all boys have equal opportunities to participate in their chosen fields and to encourage them to participate in the wide variety programs which only High can provide.

As a Prefect body, we aim to provide the most welcoming and inclusive environment beginning when students enter High in Year 7 up until they graduate. I hope I will always be a good role model who encompasses the High spirit and pride in our school. I'm looking forward to this year.

Stand Tall: Stand for All Akeedh Razmi Debating and Public Speaking Prefect

Cricket Canteen at Fairland Pavilion



The Cricket Committee has been trialling a canteen at the Fairland Pavilion over the past few weeks. The trial continues this Saturday 19 November.

This week we have U14Bs

playing at Mckay#2 and the Cricket Committee requests parents from the 14Bs to come along and volunteer an hour of your time running the canteen. Go to the Google spreadsheet where you can leave your name, phone number and a suitable timeslot when you can volunteer to run the canteen for that period.

https://docs.google.com/spreadsheets/d/1NL7OKmQtch ncCttsVVYd_xudllZeRA6oa0aEvT5M0-Q/edit?usp=sharing

Cricketers, their parents and well-wishers from High as well as the opposition teams are invited to purchase cold drinks, powerade, water, lollies and snacks all at nominal prices. The generated funds will be directed towards the advancement of cricket at High.

Please also advertise the canteen with your fellow SBHS and opposition parents and students.

Thank you

Cricket Committee Sbhs.Cricket@gmail.com

From the Canteen

The annual *P&C Thank You Night* is on Monday 5 December at 6.30 pm in the Great Hall. We extend a warm welcome to all our volunteers to join the extended High family as we celebrate 2016. The school office is in the process of sending out personal invites.

Canteen would like to acknowledge the following helpers for the past two weeks.

MON: Carolyn Pope, Shannon Hickey, Romona Ren TUE: Long Nguyen, Frank Yu Liu, Vivian Huang,

Katherine Ng

WED: Jenny Chiu, Kat Wang, Faidha Razmi

THU: Xing Ping Zhang, Pit Trent FRI: Sabrina Xu, Olexandra Putilina

MON: Usha Arvind, Yoshi K-Long

TUES: Tara Yi, Thi Bui, Annie Yu, Jun Wang WED: Theresa Tran, Tina Zeng, Olexanra Putilina

THU: Su Ren. Stella Tsui

FRI: Deepali Johri, Penny Chan, Jenny Beer

We are particularly grateful to our Year 12 parents who have continued to work in the canteen although their boys have officially completed school. We sincerely appreciate their contribution over the last six years and commitment to High ethos. High Canteen is lucky to have a dependable network of volunteers. This ensures that all profits generated from daily sales are returned to the school.

As we approach the end of the year, we will be running down stocks and therefore some items may be unavailable. Please place a lunch order if something specific is required.

Usha Arvind President Canteen Committee

High Store

Special thanks go to the High Store's wonderful and caring volunteers who worked continuously up to 10 hours to service our new students to the school on Orientation Day. Ourania Flabouris, Suzana Nimac, Lesa Katsillis, Sandra Vuong, Susan Borscz, Cherlene Maniaci, Christina Chow, Vivian Gu, Jenni Rajendram, Malin Wongthavaeevapana, Wendy Dar & Jojo Cheng.

Michelle Gentele High Store

High Store

Year 9 Students Senior Uniform

Purchase your senior uniform NOW to avoid long queues. Senior Tie \$29.50 Senior Trousers \$75 Short Sleeve White Shirt 14-22 \$29, 24-28 \$31 Long Sleeve White Shirt 14-22 \$31, 24-28 \$33.

Orientation & Enrolment Day

Many thanks to all of the students who participated in Orientation & Enrolment Day and who did such a



wonderful job of making our 2017 students and families feel welcome. The senior students who worked with our Administrative Staff in and around the Common Room provided invaluable

assistance and allowed us to move through the enrolment process as quickly as possible.

Thank you to Mr Mick Aldous, Mr Matt Cotton, Ms Jeanette Cook, Mr Jim Crampton, our Program Managers & MICs for their preparation and organisation of the students and activities.

Ms Sarah Kim organised the wonderful music which was enjoyed by all. Thank you to Ms Kim and our talented students.

Once again, our tireless P&C parents provided welcome refreshments throughout the afternoon for our new families. Thank you for the wonderful support you give to our school.

A special thank you must go to our Administrative Staff. Thank you for your hard work during the long weeks of preparation and giving up your time for our busiest day of the year. This year SASS processed the enrolments in record time which was a fantastic effort. Thank you for invaluable support and for staying until the last student was enrolled.

Sharon Kearns School Administrative Manager

Letters Re Student Absence/Late Arrival/Early Leave



When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian. If your son is going to be late for school a note is

also required. Alternatively, you may contact the school by phone on 9662 9300 and dial "1" for the absentee line.

If your son has an early leave note he is required to have his note signed by either Mr Dowdell, Ms Powell or Mr Prorellis **before 9:00 am** and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the **name**, **date** and **roll class** of your son **printed clearly**. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

Absences

Absences – School: <u>absences@sbhs.nsw.edu.au</u>
Absences – Sport : <u>absences.sport@sbhs.nsw.edu.au</u>

Leave

If you require **extended leave** for your son **exceeding four days** please, apply in writing, on the departmental application leave form which is available on the parent portal or front office. Your son must then present this application to Dr Jaggar for permission for extended leave. Please note that leave applications need to be submitted **four weeks prior** to your son's leave of absence.

SCHOOL STUDENT TRANSPORT SCHEME (SSTS)



School Student Code of Conduct – Students travelling on buses must: -

- Tap your Opal card when joining and again when exiting the bus. This is particularly important as the data collected from the on bus fare collection system may be used for service planning purposes
- Use school bus specials when provided
- Vacate seats for adults when requested
- Follow the driver's instructions about safety on the bus
- Respect the needs and comfort of other passengers
- Behave appropriately at all times (e.g. no offensive language, no throwing things)
- Protect bus property (e.g. no vandalism)

Students are reminded to: -

- Only use the Opal card for its intended purpose i.e. for travel between home and school during school days (does not include travel to and from Saturday sporting activities)
- Maintain possession of your Opal card at all times

Authorised transport officers are deployed to inspect Code of Conduct compliance on school bus services in the Eastern Region. Students who are found to have breached their obligations may lose their travel entitlement and possibly incur an infringement.



High Sailing

Saturday morning began with storms over Sydney and at Woollahra the shifting breezes and unreliable wind predictions caused fleet racing to be cancelled. As the day wore on the weather improved and as conditions on the water began to ease, the intermediate team's regatta was able to go ahead. High sent out one team, consisting of Dallas Yan, Ben Kernohan, Tim Zhang, Jarrod Khaw, Edward Heaney, and Nicolas Palmer. Tim Zhang was replacement skipper for Kai who could not attend.

With Tim Zhang and Ben Kernohan as first time skippers, added to the fact that Sydney High had not competed in teams racing at all this season, a few hiccups were expected. Both Ben and Dallas made a few mistakes by misjudging the angle of sail on upwind legs and losing track of the course, and all three skippers had some trouble with bad starts. Starting from behind, Dallas and Ben were able to use their boat speed and handling skills to catch up to the opposition. They consequently finished with a second and third placing out of six boats per race. In another race Tim started well, with two second placings, but his inexperience began to show later in the day when his running starts were being consistently shut off by other boats.

This has provided invaluable experience for our sailors to finally get some race experience under their belts and to build confidence in the pairings in the new team's.

Dallas Yan (11E)



High sailors take timeout for a quick photo



HIGH TENNIS

1st Grade Tennis Report

On Saturday 12 November High played away against St Joseph's College. With torrential rainfall and storms earlier in the morning, it seemed as if there was to be no play on the day. However, it turned out to be extremely hot afternoon, with temperatures reaching over 30 degrees. This week we played up one rank as Stevie took the week off for a bye and Wanyu making a return to the First Grade team. His doubles partner, Khobi Deep, made his First Grade debut with two comfortable wins in the number 6 position. We won seven out of nine matches; Samuel and I were unlucky to go down in three sets in our doubles, and my singles resulting in a three set loss as well. Great work from the boys with a convincing 10-2 victory. With Stevie returning next week, we look to be a formidable team with a great chance of taking out the GPS title.

Matthew O'Sullivan (10S)

2nd Grade Tennis Report

The last fixture in the trial season was against St Josephs and the team had to battle their way through tough conditions as temperatures soared. Nevertheless, they played well and were able to produce excellent results in their games throughout the day. All doubles matches were won comfortably. Justin, Danny and Aaron produced a similar effort in their singles matches to win comfortably in straight sets. Cyrus had a tough match due to a sore ankle, and eventually retired hurt after narrowly losing the first set 5-7. Special congratulations to Andy and Zachary, whose debut for the 2nd Grade team went brilliantly, completely dominating their opponents in both singles and doubles.

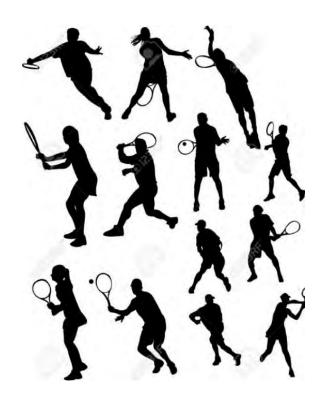
The whole team have displayed excellent performances throughout the entire trial season, and must stay focused to build on the momentum as the season proper starts in the upcoming week.

George Ge (11S)

Results from the week with most matches being washed out.

	2 nd Grade	Results
D1	1 + 2	W 6-3 6-1
D2	3 + 4	W 6-2 6-1
D3	5 + 6	W 6-0 6-0
S1	Cyrus Dadgostar	L 5-7 (DNF)
S2	Justin Liu	W 6-3 6-0
S3	Danny Yu	W 6-0 6-1
S4	Aaron Tang	W 6-3 6-0
S5	Andy Danis	W 6-2 6-1
S6	Zachary Liu	W 6-2 6-0

	Total Matches Won	Total Matches Lost	Winning Percentage
1st Grade	10	2	83%
2 nd Grade	1	11	8%
7 th Grade	4	0	100%
8th Grade	3	1	75%



1st Official Round of the Seas **Fixtures**

Tennis - Round 1						
Team	Opponent	Venue	Time			
1st	Scots	SBHS 1-4	12.15			
2 nd	Scots	Scots MacIntyre Courts	12.15			
3rd & 4th	Scots	SBHS 1-4	8.00			
5th & 6th	Scots	SBHS 1-4	10.00			
7th & 8th	Scots	Parklands	8.00			
16A & B	BYE	BYE				
16C & D	Scots	Moore Park 1- 4	10.00			
15A & B	Scots	Rushcutters Bay	8.00			
15C & D	Scots	Rushcutters Bay	10.00			
14A & B	Scots	Scots MacIntyre Courts	8.00			
14C & D	Scots	Scots MacIntyre Courts	10.00			

K Rich MIC of Tennis



Zachary & Andy warming up for their first taste of 2^{nd} grade Tennis

204 H @ P S

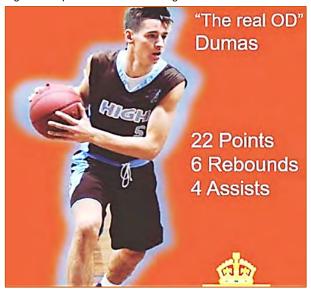
High Vs St Josephs

High	Vs	Joeys	Term 4, 2015
riigii	V3	Jueys	(last time)
TEAM	RESULT	SCORE	TOP SCORER
1st	WIN	80-59	TEAM EFFORT
2nd	WIN	40-39	V.CHUA 15
3rd	WIN	28-25	J. ZHENG 7
4th	LOSS	29-27	J. SONG 7
5th	WIN	18-14	J.LEK 6
6th	LOSS	22-26	D.NGUYEN 8
7th	WIN	23-20	E.YE 5
8TH	LOSS	18-21	TEAM EFFORT
9 TH	WIN	20-14	S. POPE 6
10 [™]	WIN	18-17	A.McCAFFERY 6
16A	WIN	33-22	S. MERRICK 8
16B	WIN	29-28	J. ZHENG 13
16C	WIN	50-19	J.KIM 9
16D	WIN	46-13	R. WU 14
16E	WIN	57-4	N. TRAN, J. FU 14
16F	BYE		
15A	DRAW	30-30	N. CASACLANG 20
15B	WIN	32-18	W.CHOI 9
15C	WIN	43-16	F. NGUYEN 10
15D	WIN	42-18	C.LAM 14
15E	WIN	23-14	TEAM EFFORT
15F	BYE		
14A	LOSS	39-25	A. GORDON 10
14B	WIN	31-4	E. TU 6
14C	WIN	16-6	G. WONG 8
14D	WIN	27-8	K. GU 12

Welcome to this week's edition of Shootin' Hoops. A great result on the weekend, with only four losses over 18 games.

	1		
High	Vs	Joeys	Term 4, 2016
			(this time)
TEAM	RESULT	SCORE	TOP SCORER
1st	LOSS	85-70	O. DUMAS 24PTS,
			+15 EFFICIENCY
2nd	WIN	50-44	C-J GUNTHER 12
3rd	LOSS	19-26	S.LI 6
4th	WIN	36-44	D.CHAN 13
5th	RAIN		
6th	WIN	47-21	A. ZAFAR 22
7th	WIN	33-29	L.WANG 9
8TH	WIN	33-30	TEAM EFFORT
9 TH	WIN	22-12	J. ZHENG 9
10 TH	WIN	42-19	TEAM EFFORT
16A	WIN	32-22	TEAM EFFORT
16B	WIN	27-14	C.TUNGKA 8
16C	WIN	37-16	B. NGUYEN 9
16D	WIN	34-18	W. LIAO, A.
			BHEEMREDDY 8
16E	WIN	41-6	TEAM EFFORT
16F	WIN	30-21	TEAM EFFORT
15A	LOSS	37-34	TEAM EFFORT
15B	RAIN		
15C	RAIN		
15D	RAIN		
15E	RAIN		
15F	RAIN		
14A	LOSS	45-31	S. GIANG 22
14B	RAIN		
14C	RAIN		
14D	RAIN		
14E	RAIN		
14F	RAIN		

Oscar Dumas is still putting up stellar numbers in firsts, dropping 24 points and C.J. Gunther in seconds putting up 12 points for the win, while 15As and 14As are showing signs of improvement, which is great to see



Don't forget to check out the Sydney High Basketball Instagram page, currently run by the Old Boys, who upload every update for the High basketball community. This is a great way for students, parents and Old Boys alike to be involved in High basketball off the court. The Australian Basketball School Championships website may be accessed here at-

http://www.basketball.net.au/championships/asc/

In the NBL, the Sydney Kings are sitting comfortably at the top of the ladder. Kevin Lisch is leading the league in

steals with 2.11/game. The Kings host the Perth Wildcats on 19 November, who are hot on their heels at second



place. Well done and good luck to the Sydney Kings.

Also, check out the Sydney High Old Boys who are making names for themselves in the competition. *Nathan Sutton, former captain and MVP of the firsts leading the country in assists and was fifth in points scoring!* Even Old Boy Mitch Flynn made it onto the cover of the comp flyer with NBA player, Dante Exum.

What a great week for High in Basketball this week, and for the Sydney Kings. Thanks to Mr Hayman for making this week possible, and everyone else in the High Community. Make sure you tune in next time for Shootin Hoops.

Play Hard, Play Smart, Play Together. GO HIGH!



Go HIGH!

Play Hard, Play Smart and Play Together! Thanks to everyone who makes Shootin' Hoops possible Brought to you by Adam Gordon and Alex Zhou



VERITATE ET VIRTUTE



Cricket Results - 2016 Term 4 Week 5: 12th November, 2016

Team	Scores	Results	Highlights
1st XI	SBHS 10 – 137 & 7 – 126 v Joeys 10 – 282	N/A	Sabesh Murugananthan 52, Louis
			Saunders 51, Rudi Ahi 4-57, Sadin Afsar
			3-33, Sabesh Murugananthan 44
2 nd XI	SBSH 10 – 58 and 8 – 120 v Joeys 10 – 283	Lost	Sajeevan Saravanamuthu 4-24, Jaspar
			McCahon-Boersma 3-34
5 th XI	SBHS 9 – 87 v Joeys 3 – 89	Lost	
16A	SBHS 10 – 106 & 2 – 46 v Joeys 10 – 201 & 7dec -	Lost	Rakin Hoque 4 – 49, Jamie Nguyen 3-25,
	54		Stephin Robinson 6-18
16B		W/O	
15A		W/O	
15B		W/O	
15C		W/O	
14A		W/O	
14B		W/O	
14C		W/O	
	W/O = Washed Out		
	N/A = Not Available due to two-day match		

Cricket Report

For 1st and 2nd XI GPS points ladder please go to: http://aagps.nsw.edu.au/summer-sports/cricket/

Both our 1st and 2nd XI resumed the day chasing 280. The 1st XI started the day very well with Louis Saunders and Sabesh Murugananthan putting on a 100 run partnership getting the team to 2-105. Unfortunately, they both fell in the 50s and the team was unable to capitalise. The 2nd XI didn't last long in the 1st innings, but showed some great resilience to avoid an outright innings loss with our top order batsmen all getting solid starts but again the team was unable to capitalise on the start.



Sajeevan Saravanamuthu batting for the 2nd XI

To all parents and players, don't forget to go through the points below:

- Please make sure that all the boys wear SBHS logo hats and tops.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- Please notify their coach if they are unable to attend training or their fixture.

Geoff Tesoriero MIC of Cricket



14Bs against SGS earlier in the season

'Bring Your Own Device' Program: Advice for 2017

Application of this Advice

The Sydney Boys High School Bring Your Own Device (BYOD) program applies across all year groups and all students are expected to bring a device of their own choosing and ownership to school each day. If you're looking at replacing your existing BYOD in 2017, then the following applies to you.

Selecting a technology device is not simple, and the school's *Device Specification* is particular. Our recommended devices are designed to simplify your choices and purchasing processes.

For 2017, Sydney Boys High School has partnered with JB Hi-Fi Education Solutions to make our recommended devices available to you. Compared to previous years, JB Hi-Fi Education brings the following benefits:

- More competitive pricing the devices still have a 3-year warranty, but the price point is better.
- Better availability you can pick up your device at any JB Hi-Fi store across Sydney. If you order in the new school year, the device will be delivered to school.
- New payment options you can pay by BPay or take out 12 Month Interest-Free Finance on all devices, as well as pay by credit card.

Available Recommended Devices

Microsoft Surface Pro 4



- 12.3" **Touch** Screen
- 6rd Generation Intel Core Processor Core m3 and Core i5 options available
- 4GB RAM, 64GB/128GB Solid State Disk
- Surface Pro 4 Type Cover
- 3 Year Warranty

The Microsoft Surface Pro is the best convertible multi-touch device available on the market and has been a very popular device for BYOD. The device has an excellent quality screen and is supplied with the Surface Pro 'Type Cover'.

Lenovo ThinkPad X260



- 12.5" Screen HD and FHD options available
- 6th Generation Intel Core Processor Core i3 and Core i5 options available
- 4GB or 8GB RAM, 128GB or 256MB Solid State Disk
- 3 Year On-site Warranty

The ThinkPad X260 is a thin and very light device that fits well in a school bag. Battery life is excellent. It is a very well-regarded traditional-type laptop. Looked after, the X260 should readily complete four years of high school service.

Lenovo ThinkPad 13



- 13.3" HD Screen
- 6th Generation Intel Core i3 Processor
- 4GB RAM, 128GB Solid State Disk
- 3 Year On-site Warranty

The ThinkPad 13 is a little larger and heavier – and cheaper – than the ThinkPad X260. Apart from that it should perform similarly to the Core i3 version of its X-series sibling while sharing some of the exterior features of the designed-for-education ThinkPad 11e.

Lenovo ThinkPad 11e (Windows)



- 11.6" HD Screen
- 4th Generation Intel Processor
- 4GB RAM, 128GB Solid State Disk
- 3 Year On-site Warranty

The ThinkPad 11e is Lenovo's speciality education product. It features rubber bumpers and a thicker screen surround to help it withstand the bumps inherent with bringing a device to school. It's heavier and a slower device than the other options, but is well positioned for our BYOD program.

Apple MacBook Air 13"



- 13.3" 1440x900 resolution screen
- 5th Generation Intel Core i5 Processor
- 4GB RAM, 128GB or 256GB Solid State Disk
- 3 Year On-site Warranty

The MacBook Air is the most comparable device to (though physically larger than) the Lenovo ThinkPad X250 in specification and price point. It's a good all-round choice if you prefer the Apple platform.

Why Purchase a Recommended Device?

All our recommended devices are configured to meet the device specification comfortably. All feature solid state disks and so have no moving parts. Warranties are a minimum of 3 years. Devices feature an on-site warranty which means the device can be fixed by a technician at school, ensuring its maximum availability

Additionally, Accidental Damage Protection insurance is available as an option for your peace of mind.

Recommended devices are available at a discount from their retail pricing through our device purchasing portal.

How to Purchase a Recommended Device

Visit the Sydney Boys High School BYOD Purchasing Portal at:

https://sbhs.co/bp

You need the following code to register for the Purchasing Portal:

SBHS2017

Note the code is CASE-SENSITIVE. Devices ordered through the Purchasing Portal will take **two to three weeks** for to become available. You can select your local JB Hi-Fi store to pick up your order, or order in Term 1 next year and the device will be delivered direct to school.

Other Device Options

If you're looking at other devices, take care to ensure your chosen device meets the Device Specification. Ensuring it meets the requirements for Wireless Network connectivity can be difficult when buying in store.

Find Out More

All information is now available on the Bring Your Own Device website – http://www.sydneyboyshigh.com/byod.

If you have questions which have not been addressed in any documentation, or you wish to make comment, please email the project team at:

byod.feedback@sbhs.nsw.edu.au

Information for Parents

Serious incidents are often associated with trauma and grief. Children and adolescents may have varied experiences of grief according to a wide range of factors, including age.

What to expect

You and your child may experience some feelings of grief and these may come and go. While everyone is affected in different ways some common feelings of grief include:

Shock and disbelief

- · Pretending its all been a bad dream
- · Feeling in a daze, numb, empty
- · Difficulty concentrating
- It can take a while for what has happened to sink in
- · Sometimes what has happened is so bad people don't want to believe it's true

Sadness

- Feelings of emptiness, despair, yearning or deep loneliness
- · Crying a lot
- It helps to let these feelings out when you feel them, rather than pushing them down. Afterwards you usually feel better and have a sense of relief

Anger

- · Feelings of anger, resentment and guilt
- Wanting to blame a particular person for the loss, or blame self and feel guilty

Fear

- · Feelings of worry, helplessness or insecurity
- Panic attacks

Sometimes these feelings resolve themselves in a few days or weeks. For some students, symptoms persist for months.

Helping your child

There are a number of things parents and friends can do to help children and adolescents cope with serious incidents:

Reassure your child that the incident is over and they are safe (only if this is true)

Be helpful, understanding and supportive

When a child brings up the incident don't be afraid to talk about it

Be prepared to discuss the same details many times

Ensure they realize they are not to blame for what has happened

Do your best to be loving, understanding, supportive and predictable

Provide structure and consistency

Give your child extra attention especially at times of separation

Expect some difficult behavior

Set limits and clarify expectations

Information for Parents

When to worry

Some of the signs that may suggest your child is having difficulties include:

- Sleep disturbances such as nightmares, bed wetting, or screaming during sleep
- · Preoccupation or flashbacks of the serious incident
- Distress or fear when reminded of the incident
- · Loss of concentration and/or irritability
- · Refusal to return to school
- Avoidance of activities, places or people associated with incident
- · Increased sensitivity, hyper-vigilance or anxiety
- Physical complaints such as stomach aches, headaches or dizziness
- · Withdrawal from family and friends
- · Decreased interest and participation in activities
- · Unusual misbehaving at school or home
- · Regression to more 'babyish' behaviour

The signs often resemble symptoms of stress, anxiety and depression. If you are concerned about your child seek help or refer to the school counsellor.



How to get help There are several places you can get help:

Your general practitioner
Your community health centre
Your school counsellor
Mental Health Information
Service 1300 794 991

If you need help now call Lifeline 131 114 Parentline 132 055

School Counsellors

Parents and carers may seek advice from school counsellors about their child's wellbeing and school progress.

School counsellors are experienced teachers who have a degree in psychology and post graduate qualifications in school counselling. They work with students of all ages, and their families.

School counsellors can provide advice for how to best support your child, and information about help available from other agencies.

School counsellors are not at every school every day. It is necessary for parents or carers to make an appointment by telephoning the school



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Dr Mandy Liu

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Bachelor of Medical Science (Syd)
Master of Public Health (Merit) (Syd)
Grad. Dip. Health Law (Syd)

Dr Patricia Wong

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		Canteen Price	List 2	2016		
Breakfast		Lunch and Rec	ess l	ltems	Hot Food	
		*So you don't miss out on what you want for				
Cheese Toast	\$1.40	lunch, make sure you ORDER it before school			Chicken Fingers \$	
Cheese & Tomato Toast	\$1.70				Chicken & Corn Roll \$1	
Cheese/spinach/tomato toast	\$2.00				Chicken Bites	\$2.00
Croissant - Ham & Cheese	\$2.80	Sandwiches / Wraps / Roll	ls	Rolls	Chicken Burger	\$4.00
Bacon & Egg Muffin	\$3.00	Buttered Roll		\$1.40	Chicken Mayo Roll (hot)	\$4.00
Hot Chocolate (3rd Term)	\$1.00	Cheese & Tomato (v)	\$1.70	\$2.20	Chicken Mayo Sandwich (hot)	\$3.00
		Cheese & Salad (v)	\$2.60	\$3.20	Chicken Schnitzel Roll	\$4.00
		Chicken & Coleslaw	\$3.60	\$4.20	Foccacia - chicken/avo/cheese	\$3.00
		Chicken & Lettuce	\$3.60	\$4.20	Foccacia - chicken/mayo/cheese	\$3.00
		Chicken & Salad	\$3.80	\$4.40	Garlic Bread (v)	\$1.50
		Curried Egg & Lettuce (v)	\$2.60	\$3.00	Japanese don, noodles	\$5.00
		Dagwood Roll		\$3.60	Lasagne/Macaroni Cheese	\$3.40
		Egg & Lettuce (v)	\$2.60	\$3.00	Noodles In A Cup	\$2.50
		Egg & Salad (v)	\$2.80	\$3.40	Pasta - homemade	\$3.60
		Ham & Tomato	\$3.00	\$3.60	Pide - sausage, chicken/mushroor	\$5.00
		Ham & Salad	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$5.00
		Roast Beef & Tomato	\$3.00	\$3.60	Pie - Garlo's (halal)	\$4.50
Drinks		Roast Beef & Mustard & Lettuce	\$3.00	\$3.60	Pie - meat (sauce+20c)	\$3.70
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$3.40	\$4.00	Pie - Pizza	\$3.70
300ml Flavoured Milk	\$2.00	Salad (v)	\$2.40	\$3.00	Pie - potato	\$4.50
600ml Plain Milk	\$2.00			Pizza Slab	\$3.00	
600ml Flavoured Milk	\$2.60	Vegemite	\$1.20	\$1.50	Rice Box - homemade	\$3.60
Up & Go	\$2.00	3		Sausage Roll	\$2.80	
Water - spring	\$1.50 Wraps \$3.50 Spinach Ricotta R		Spinach Ricotta Roll (v)	\$2.80		
Water - Pump \$3.00		Anari	\$3.20		Steak & onion roll	\$4.00
Water - Quench carbonated \$2.00		Sushi	\$3.20		Sweet Chilli Chicken Sub/Wrap	\$4.20
Berri Juice	\$2.50				Traveller Pies	\$3.50
Appletiser	\$2.00					
LoL	\$2.00					
Chill Aloe Vera	\$2.50					
Powerade	\$3.50	Munch box	\$5.00		Miscellaneous	
Ice Tea	\$3.50	Vietnamese Rolls	\$3.20		Tissues	\$0.60
					Spoons / Forks	\$0.05
		Salad Boxes(meat or egg)	\$5.00		(supplied free with meal puchase)	
		Salad Box (small)	\$4.00			
Special Orders		(1 1)			Seasonal Foods	
# If you have specific dietary needs or					**NB Not all food items are available	
your favourite sandwich is no					the time. For example, home style lun	
menu - all you have to do is	ask! We				boxes - pasta, rice, salads, soup etc are	
may be able to make it for you. Make					seasonal. Please check with the cante	
sure you order before school.					before you order.	

2016 PRICE LIST

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

Source: Karen Barry/ Tracey Trompp As At 06.04.16

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Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
HOOK	21	22	23	24	25 ***	26	27
7 B	Year 10 Yearly Exams Tri-State Cup (Year 9 Cricket, water polo, table tennis and tennis)	Year 10 Yearly Exams Tri-State Cup (Year 9 Cricket, water polo,	Year 10 Yearly Exams Rowing: Melbourne High Exchange Year 11 Study Day Tri-State Cup (Year 9 Cricket, water polo, table tennis and tennis) Cricket: SE SSA Trials	Year 11 HSC Assessment Exams Year 10 Yearly Exams Rowing: Melbourne High Exchange	White Ribbon Day Event: Coastal Walk (Selected Year 10 students) Year 10 Yearly Exams Year 11 HSC Assessment Exams Rowing: Melbourne High Exchange GPS Summer Sports Assembly (Basketball, Cricket, Swimming, Sailing, Tennis, Water Polo), Great Hall, 10:15-11:00 (7, 8, 9)	Sport: Group 1 SHS v Shore, Group 2 SHS v Shore Rowing: Melbourne High Exchange Rowing: Scots Regatta, Hen and Chicken Bay Parking: Sydney FC v Adelaide United, 19:50 (Music)	Cricket: East Coast Cup, Years 7, 8 and 9 Great Hall Booking: 06:00-23:00
	28	29	30	1 ***	2	3	4 ***
8 C	Year 11 HSC Assessment Exams Basketball: National School Championships (tbc) Parent Talk: Headspace, Junior Library, 18:30-20:00 Cricket: East Coast Cup, Years 7, 8 and 9 Cricket: Leadership Day, Selected students	Year 11 HSC Assessment Exams Year 8 Report Interviews Poetry Slam: Lunch 1+2, room 204 Music Parents Support Group AGM, Staff Common Room, 18:30-20:00 Basketball: National School Championships (tbc) Cricket: East Coast Cup, Years 7, 8 and 9	Closing date for Awards Scheme 2016 Year 11 HSC Assessment Exams Basketball: National School Championships (tbc) Cricket: East Coast Cup, Years 7, 8 and 9	Opening date for Awards Scheme 2017 Year 11 HSC Assessment Exams SBHS Fitness Expo, PDHPE Year 10 Elective, 09:00-11:30 Year 10 Senior Production: The Venetian Twins, 19:00, The Bear Pit Booking:18:00 Basketball: National School Championships		Twins, 19:00, The Bear Pit Water Polo: Thomas Whalan Cup	201, 15:30-17:00, Great Hall, 15:30-17:00 Parking: Australia v New Zealand
	5	6 ***	7	8	9	10	11
9 A	Peer Support Training, The Great Hall, all day (Year 9) Visual Arts Exhibition, set-up Cricket: Five Highs, Perth P+C Thank You Party, Great Hall, 18:30-21:00	Cricket: Five Highs, Perth Visual Arts Exhibition, The Great Hall High Resolves Summit (60 students Year 9 and Year 10), all day Year 7 English incursion: The Great Hall, Shakespeare Theatre Production, P1-2 Year 9 English incursion: The Great Hall, Aboriginal study, P3-5	Year 9 Outdoor Education Camp (Morisset) Duke of Ed (Silver Hike) Visual Arts Exhibition, Drama show + Film screenings, The Great Hall Rowing: Committee Meeting, room 901, 19:00 Cricket: Five Highs, Perth		Year 9 Outdoor Education Camp (Morisset) PAWS Excursion: The Cat Protection Society Duke of Ed (Silver Hike) Visual Arts Exhibition, Drama show + Film screenings, The Great Hall Cricket: Five Highs, Perth Parking: Sydney FC v Melbourne City (tbc)		
10 B	12 Duke of Ed (Bronze Hike) Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30	13 Duke of Ed (Bronze Hike) Year 10 Report Interviews (Parking: Coldplay, 17:30)	14 Duke of Ed (Silver Hike) (Parking: Coldplay, 17:30)	15 Duke of Ed (Silver Hike) Release of HSC results Peer Support: Peer Support Gala Day, p 1-3 (year 10 support leaders and all of year 7)	16 Duke of Ed (Silver Hike) Release of ATAR results, 09:00 Year 12 Brunch - HSC/ATAR results, 11:00 Last day of Term 4 for students (Years 7-11)	17 Mentoring workshop, Old Boys Union, The Great Hall, 10:00-14:00	18