



## From the Principal High Talent

First grade and second grade rifle shooting won their premierships, establishing history for High. Second grade are on a roll with four straight wins (2013-2016). Nathan Wong (11F) and John Huang (12R) qualified for the Combined GPS rifle team. Congratulations to



all. The first grade volleyball team won another CHS Knockout competition last Thursday, accounting for Denison College Bathurst in the final. A fine effort, boys! During the holidays Tim Trent (10M) competed in the Sydney Regional Interschools Snowsports Championships in Perisher Valley and qualified for the state Championships in snowboarding. Well done Tim! Max Koslowski (12E) was runner up in the state final of the ESU Plain Speaking Competition. Great work, Max!

## Reporting on PEWCC Skills

Year 7 parents will have noticed a series of text boxes on their sons' reports which describe particular learning skills that we want to develop in the Junior School. In Semester 1 different faculties reported on different skills. For instance, English reported on 'evaluating-supporting and argument' while mathematics reported on 'evaluating-developing an argument'. Science had the brief to report on a student's skill in working in teams. Geography reported on problem-solving skills as did music. In languages and visual arts, 'communicating ideas' was the focus. The skills of 'creativity and innovation' were commented on by design and technology and PDHPE teachers. We have developed a PEWCC skills reporting continuum and a rotating schedule of reporting so that all the skills are covered by each Faculty during Years 7-9. Our aim is to provide a means for you to track your son's growth in these important 'future-focussed' learning skills. You will notice that your son may have a different level of development in the same skill in two different subject areas. This is to be expected

as students develop at different rates in different contexts. Later next month, you will have an opportunity to provide us with some feedback about this reporting initiative. The *Tell Them From Me* survey for stakeholders will include a question concerning the PEWCC skills reporting process.

## Full Uniform Policy

High is proud of the fact that its boys wear their school uniform. We expect boys to be in their appropriate uniforms at all times. In winter there can be extreme weather events but where adjustments need to be made in clothing, the High Store has responded to the requests from the SRC to supply approved supplementary items. The **school beanie** and **school scarf** can be worn at all times as part of the official school uniform. Students feeling the cold should not improvise with random items of clothing of various colours and designs. It is permissible to wear white skivvies underneath school shirts when it is really cold. Students in Years 7-9 are allowed to wear sports clothing on Thursdays and can add the school tracksuit for warmth. When it is raining, umbrellas or the new wet weather jacket are authorised. Non-uniform anoraks, jackets and non-approved wet weather gear are not permitted under any circumstances.

## Governors Centre Update



Now that we have received the signed DA approval documents from City of Sydney Council we are ready to plan for the next stage in the development. The current thinking is to split stage 2 into two parts – 2a (develop to 100% stage in drawings) and 2b – the tendering process. Each part is likely to take around 3 months. As a parallel activity, a small group has been working on a joint legal entity to represent the two schools in their combined dealings with the Department of Education. A draft has been prepared for circulation and the two schools will make a decision on the entity in the next week or so.

## Staff Development Day and Twilight Session

Last Monday and this Tuesday evening, teachers at High were busily engaged in staff development activities. We held our inaugural Joint Staff Development Day with SGHS which was well received by both schools. The planning and organisation was managed by the DPs from each school (particularly Rachel Powell and Geoff Denyer) and the program featured a mixture of outside presenters and in-house presentations and workshops by staff from SBHS and SGHS. Collegial sharing was a valuable outcome of the combined event. We are planning in future to have more contact and professional sharing, focussed at the Faculty level, with SGHS. This week our twilight session centred around literacy in its broadest sense. I want to thank Rachel Powell and the Literacy Team headed up by Julie Eggleton. Presenters Julie, Colin Harvey and Jeremy Ohlbach enlightened staff with approaches to literacy from many perspectives. Improving literacy is a whole-staff responsibility. Our students really need to develop more confidence in expressing themselves in a variety of modes. They are also inattentive readers who frequently respond impulsively to questions in assessment contexts. It is timely that all staff are refreshed in their thinking about approaches to literacy enhancement at High.

Dr K A Jaggard

Principal

## Yearly Reports - Clearance Forms - Year 12

Clearance forms for report collection will be issued during the coming weeks. Please ensure outstanding payments and due book returns are received **before** the clearance form is printed.

Sharon Kearns

SAM

## Red Cross International Appeal – Friday 5 August



The Community Services Committee has recently implemented a long term initiative aimed at increasing awareness and supporting charity work for the most

pressing humanitarian crises in our global context. We have chosen to do this through Red Cross International, and will be donating towards the Syrian crisis.

The situation in Syria is indeed dire and has had devastating consequences on the region; while subsequent shockwaves from the refugee crisis have been felt worldwide. 13.5 million people are in desperate

need of aid, 8 million have been forced from their homes, nearly 4 million have been forced to flee the country as refugees and more than 75% of Syrians live in poverty – making the situation the largest humanitarian crisis since World War II. As such, the CSC has expressed that Sydney High feels obliged to assist in this issue, by contributing the money from a BBQ/Mufti Collection to the Red Cross' highly commendable work in the region.

Our hope is that we can not only maximise our monetary contribution, but also awareness of the issue, as both are crucial to resolve this complex international dilemma. Our vision is that future cohorts of High boys will use the CSC and this initiative as a platform to actively involve themselves in the solutions to global problems. Although the sum of money we raise will be miniscule in the context of the issue, it is the symbolic value of the gold coin donation that we trust all boys will honour. That being said, we hope that all students and staff can partake in next Friday's Barbeque and Mufti collection, not for the sausages, not to lose the uniform, but out of genuine concern for what is arguably the crisis of our time, and willingness to reach out to people just like you and I.

Ihsan Mohamed

Year 12 CSC member

## Debating MIC report



Some of our debaters had a busy time in the holidays with many boys attending the Youth Parliament. Well done to Hugh Bartley, Louis Saunders, Aroon Parthasarathy, David Wu, Jasper McCahon-Boersma, Symeon Ziegler & Guy Suttner. Youth Parliament provides wonderful opportunities for students who are interested in debating and politics. I am sure any of these students would love to talk to you about the program and how best to apply.

Congratulations to Hugh who was awarded Best Speaker at the UN Youth National Conference held in Brisbane. He was one of ten NSW Delegates in attendance.

In spite of the absence of Thomas Shortridge who is representing Australia at the World Debating Championships and Max who was representing High at the NSW Plain English Speaking Competition, the Debating and Rifle Shooting Assembly was a brilliant start to the GPS Debating Competition. Our guest speaker, Dr Michael Fullilove, of the Lowy Institute was very well received. His stories of Barak Obama's inauguration, the meeting of his wife and his very useful advice on the

merits of co-curricular endeavours meant that he received two rounds of applause before he had even reached the end of his speech. After the assembly, Michael joined us



for morning tea and took the opportunity for a selfie which he then Tweeted

At debating on Friday the topic area was sport and we hosted St Joseph's College. All but one team won their debates, but the Firsts debate was a social debate and we await Thomas's return to reschedule for the actual debate to take place.

This week we are away at Newington. Best of luck to all the teams.

**Rachel Powell**  
MIC Debating

### Letters Re Student Absence/Late Arrival/Early Leave



When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian.

If your son is going to be late for school a note is also required. Alternatively, you may contact the school by phone on 9662 9300 and dial "1" for the absentee line.

If your son has an early leave note he is required to have his note signed by either Mr Dowdell, Ms Powell or Mr Prorellis **before 9:00 am** and handed in to the Main Office immediately after. Each letter should be signed by a

parent or guardian with the **name, date and roll class** of your son **printed clearly**. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

### Absences

Absences – School:

[absences@sbhs.nsw.edu.au](mailto:absences@sbhs.nsw.edu.au)

Absences – Sport :

[absences.sport@sbhs.nsw.edu.au](mailto:absences.sport@sbhs.nsw.edu.au)

### Leave

If you require **extended leave** for your son **exceeding four days**, please apply in writing on the departmental application leave form which is available on the parent portal or front office. Your son must then present this application to Dr Jaggar for permission for extended leave. Please note that leave applications need to be submitted **four weeks prior** to your son's leave of absence.



### Cash Register Receipts

Cash register receipts for all items (with the exception of General Contributions and Tax deductible receipts) **will no**

**longer be sent to classrooms**. Receipts for payments made via telephone, the new online payment system or left with the office for processing will need to be **collected by the student** before the end of each term.

Receipts will be available for collection from the **McDonald Wing Office** during the following times:

### Monday to Friday

Before school

Recess

Lunch

Uncollected receipts will be destroyed at the end of each term and copies will not be reissued.

Receipts will still be issued directly when paying in person at the register.

## BOGGABILLA CULTURAL EXCHANGE

Dear Parent/Guardian,

A group of students will be selected to go to Boggabilla Central School from Sunday 14th August until Wednesday 17<sup>th</sup> August 2016. This trip builds on the long-standing relationship Sydney Boys High School has with the Boggabilla community.

The excursion is planned to support Aboriginal Culture and Understanding within the NSW Syllabus and is tied in with the community service activities of the school. In mid-June this year the students from Boggabilla Central School came to Sydney so initially students involved in this will be given preference.

The idea of the trip is as an exchange so anybody travelling to Boggabilla who has not billeted before will be expected to return the hospitality on the return visit next year unless there are extenuating circumstances.

The group will depart from school at 8am on Sunday 14 August and will return to the school on Wednesday 27 August at the Cleveland St entrance at approximately 8pm. N.B. This time may vary and should be confirmed with the boys on the return leg.

All travel will be by the school mini-bus. The following is the general plan of events for the trip:

<b>Sunday</b>	Travel to Boggabilla Welcome meal at Boggabilla Central School Sleep in the school gymnasium
<b>Monday</b>	Official Welcome to Country Explore local area and local lifestyle Camping
<b>Tuesday</b>	Explore the school and surrounding areas Boys prepare meal for locals Sleep at Boggabilla Motel
<b>Wednesday</b>	Depart for Sydney at approximately 7:30am Arrival time TBC on the return trip

The staff members attending for the duration are Mr Matt Cotton, Mr Con Barris and Ms J. May, all of whom have Emergency Care training.

The full cost of the trip is only \$150, payable to the front office. This includes all meals (except lunch on the trip up and back), transportation by mini-bus, all planned activities, a dinner provided for the Boggabilla students, accommodation at the Boggabilla Motel and camping equipment.

If you are interested in your boy being part of this wonderful experience, please grab a permission and information note from Mr C. Barris in history.

Please return the attached consent form to Mr M Cotton in Science with full payment to the front office as soon as possible but no later than Wed 27th July 2014.

Mr M Cotton  
Boggabilla Coordinator



# P&C

## High Family



### Next P&C Meeting – Monday 8 August 2016 6.30pm to 8pm in the Staff Common Room

**All High parents, carers and member of the community are invited to the next  
P&C meeting to be held on Monday 8 August 2016.**

This general meeting will include the Principal's report, a presentation and update from the P&C's High Foundation representatives, and discussions regarding current issues of interest in the school.

An opportunity to raise / discuss other business or questions will also be available, subject to time constraints.

*If you have other business please email [sbhs.pandc@gmail.com](mailto:sbhs.pandc@gmail.com) to have it on the agenda, to ensure time is set aside where possible.*

### P&C Facebook Page

Help us to communicate with you – **please like the P&C's Facebook page**

**[www.facebook.com/sbhspandc](http://www.facebook.com/sbhspandc)**

### This Week's News

Are you a member of a P&C sub committee –  
AKA supporters group, association or committee?

All are welcome to the  
**P&C Sub Committees Information Evening**  
**To be held on Wednesday 3 August from 6.30pm**  
in the Junior Library.

Learn about how sub committees work, how your efforts contribute to the school and the activity, and hear about other parents' experiences.  
**[rsvp sbhs.pandc@gmail.com](mailto:rsvp_sbhs.pandc@gmail.com)**

### Upcoming Diary Dates

12 September 2016 – General Meeting

10 October 2016 – General Meeting

14 November 2016 – Annual General Meeting





# VERITATE ET VIRTUTE



2016 Term 3 Week 01, Saturday 23 July GPS Round 4			
Team	Against	Result	Scorers
1 <sup>st</sup> XI	Joey's 1 <sup>st</sup> XI	Won 1 – 0	Aryan Vatandoust
2 <sup>nd</sup> XI	Joey's 2 <sup>nd</sup> XI	Won 1 – 0	Bovan Lin
3 <sup>rd</sup> XI	Joey's 3 <sup>rd</sup> XI	Lost 1 – 4	Ellison Zhou
4 <sup>th</sup> XI	Joey's 4 <sup>th</sup> XI	Lost 0 – 3	
5 <sup>th</sup> XI	Scots 5 <sup>th</sup> XI	Lost 0 – 2	
6 <sup>th</sup> XI	Scots 6 <sup>th</sup> XI	Lost 0 – 6	
7 <sup>th</sup> XI	Joey's 5 <sup>th</sup> XI	Won 3 – 1	Alex Mao (2), Anthony Yu
8 <sup>th</sup> XI	Barker 9 <sup>th</sup> XI	Lost 2 – 4	Hin Huang, Nigel Sun
9 <sup>th</sup> XI	Shore 6 <sup>th</sup> XI	Lost 0 – 6	
10 <sup>th</sup> XI	Joey's 6 <sup>th</sup> XI	Won 3 – 2	Jeff Ye (3)
11 <sup>th</sup> XI	Barker 10 <sup>th</sup> XI	Won 8 – 0	Faysal Ayub (3), Kieran Shivakumaarun (2), Bob Nguyen, Raiyan Yousuf, Samuel Zheng
16A XI	Joey's 16A	Won 1 – 0	Nathan Labrakis
16B XI	St Patrick's 16B	Won 1 – 0	Matthew Tang
16C XI	St Patrick's 16E	Won 4 – 0	Jaden Kim, Timothy Lam, Daniel Thich, Telly Tselonis
16D XI	Joey's 16B	Won 4 – 1	Steven Li (2), Lenny Han, Fan Fang
16E XI	St Patrick's 16F	Won 2 – 0	Anthony Liao (2)
16F XI	Joey's 16C	Lost 2 – 5	Gaurav Madnani, Thomas Jiang
16G XI	Development Squad	N/A	
15A XI	Joey's 15A	Won 1 – 0	Roy Cai
15B XI	Shore 15B	Lost 1 – 2	Will Amos
15C XI	Shore 15D	Won 6 – 1	Soneeshun Selvarajah (3), Ryan Kc, Tony Wu, Own Goal
15D XI	Development Squad	N/A	
15E XI	Joey's 15B	Drew 2 – 2	Jinwoo Park (2)
15F XI	Grammar 15F	Lost 0 – 2	
15G XI	Grammar 15G	Lost 0 – 6	
15H XI	Development Squad	N/A	
14A XI	Joey's 14A	Lost 1 – 4	Suvipra Vaidya
14B XI	Reddam House 14C	Won 1 – 0	Alan Ji
14C XI	SBHS 14D	Won 3 – 0	Christopher Pan (3)

2015 GPS
v's St Joseph's College
Lost 1 – 2
Lost 0 – 2
Lost 1 – 2
Lost 0 – 4
Lost 1 – 3
Lost 1 – 3
Won 4 – 0
Lost 1 – 6
Won 5 – 1
Won 1 – 0
N/A
Drew 0 – 0
Lost 0 – 2
Lost 0 – 1
Won 2 – 1
Lost 0 – 5
N/A
N/A
Won 3 – 0
Lost 0 – 1
Won 3 – 0
Lost 0 – 3
Won 6 – 1
Won 5 – 0
N/A
N/A
Lost 0 – 3
Won 3 – 0
Lost 1 – 2

2016 Term 3 Week 01, Saturday 23 July GPS Round 4			
Team	Against	Result	Scorers
14D XI	SBHS 14C	Lost 0 – 3	
14E XI	Joey's 14B	Lost 0 – 3	
14F XI	Knox 14F	Lost 0 – 8	
14G XI	Knox 14G	Lost 0 – 10	
13A XI	Joey's 13A	Lost 0 – 3	
13B XI	SBHS 13C	Won 4 – 2	Pulkit Balhra (2), Andrew Gu, Ryan Pandit
13C XI	SBHS 13B	Lost 2 – 4	Andrew Huang, Albert Tan
13D XI	Joey's 13B	Lost 2 – 6	Samir Uddin, Daniel Duan
13E XI	Joey's 13C	Drew 1 – 1	Samir Uddin
13F XI	Trinity 13F	Won 5 – 0	Shawn Chiu (3), Edward Guo, Arnav Bansal
13G XI	Knox 14G	See 14G	
	Wins	14	
	Losses:	16	
	Draws:	2	
	Byes/Internal:	6	
	Goal For:	61	
	Goals Against:	91	
	Washed Out:	0	

2015 GPS	
v's St Joseph's College	
Won 1 – 0	
Won 1 – 0	
Won 2 – 0	
N/A	
Lost 0 – 7	
Lost 1 – 4	
Lost 0 – 1	
Lost 2 – 3	
Lost 0 – 9	
Lost 0 – 5	
N/A	
Wins:	12
Losses:	20
Draws:	1
Byes/Internal:	2
Goal For:	42
Goals Against:	71
Washed Out:	0

Dolan Cup leader board:	Golden Boot Leader board:	Golden Gloves Leader Board:
11 <sup>th</sup> XI = 21 points 16C = 17 points 16D = 14 points 13F = 13 points 1 <sup>st</sup> XI = 12 points 7 <sup>th</sup> XI = 11 points 15G = 10 points 16B = 10 points 10 <sup>th</sup> XI = 10 points	Faysal Ayub = 7 Kieran Shivakumaarun = 5	11 <sup>th</sup> XI = 0 goals conceded 2 <sup>nd</sup> XI = 1 goal conceded 16D = 1 goals conceded 16C = 2 goals conceded

### MIC of Football Report

For 1<sup>st</sup> and 2<sup>nd</sup> XI GPS points ladder please go to:

<http://aagps.nsw.edu.au/winter-sports/football/>

A fantastic result across the board against Joeys. This will be a first time in a very long time our 1<sup>st</sup> XI, 2<sup>nd</sup> XI, 16As and 15As have all come away with wins. Well done boys.

Geoff Tesoriero  
MIC of Football



Symeon Ziegler playing out from the back for the 16As



VERITATE ET  
VIRTUTE



### Cricket Committee Meeting

When: Monday 1 August 2016

Time: 6:00pm

Where: Room 901 (Upstairs of the Basketball gym)

We would like to welcome all parents who have a son playing cricket for Sydney Boys High School to attend the SBHS Cricket Committee Start of Season Meeting.

Any support from our parents is very much welcomed to help develop our program.

Geoff Tesoriero



VERITATE ET  
VIRTUTE



### Football AGM

When: Tuesday 2 August 2016

Time: 6:00pm

Where: Room 901 (Upstairs of the Basketball gym)

We would like to welcome all parents who have a son playing football for Sydney Boys High School to attend the AGM for the SBHS Football Committee.

Any support from our parents is very much welcomed to help develop our program.

Geoff Tesoriero  
MIC of Footbal



# RIFLE SHOOTING

2016 has been another tremendous year for rifle shooting at Sydney High.

The fullbore squad began training in early February at the Anzac Rifle Range, Malabar. Over the next few months of training and competitions, the team grew closer and the members gained valuable experience in wind reading and long distance shooting. This experience manifested itself in ever-improving scores. We also concentrated on our snap shooting with more snap stages fired this year than in many recent years.

Throughout this season, we participated in numerous competitions, such as the ANZAC Day Memorial shoot, the Cessnock Open Prize Meeting and the Wingham Open Prize Meeting.

Just before the recent school holidays began, Julian Tu, Nathan Wong and James Jiang were selected in the City team for the annual Under 25s City vs Country competition. This is quite a prestigious competition and our shooters shot very well. Unfortunately, the country team prevailed – again!

Our training season culminated in our annual, intense, week-long training camp during the second week of the school holidays. This year we were lucky to be able to return to Malabar to conduct the camp. In recent years, we've had to travel to Canberra to train. We were especially lucky to be at Malabar as we heard it started snowing on the Canberra range! At Malabar we trained alongside two schools with whom we now have a great affinity - Scots College and Newington College. Our three schools train the hardest of all the GPS schools and we were able to see just how tough the competition would be this year. The wind conditions were especially tough at Malabar this year, with strong winds and sudden changes in speed and direction keeping the coaches on their toes. We had a practice match against Scots and Newington on the Thursday, and were soundly beaten by Scots. We knew we'd have to lift our game for GPS!

By the end of the week though, every shooter had demonstrated remarkable improvement, making selection decisions for the All Schools Match very difficult for the coaches.

On Saturday, we woke early and were met with chilly weather for the Fiona Reynolds Memorial All Schools Match. We entered three teams of five shooters from High and there were 19 teams involved in the competition. Scots Gold won the All Schools match with a convincing

performance, scoring 724.57/750. Our team Blue placed second overall (709.50), with team Brown in third place (709.44) and team White placed 7th (694.28), revealing the exceptional depth of the fullbore squad this year. High also won the Prorak Trophy which is contested by the New England Girls School, The Armidale School and High. Our top shooter at All Schools was John Huang with an aggregate score of 146.15, the fourth highest on the range. The top scorer on the day was Isabelle Cameron from NEGS with 149.18/150, a fantastic performance and 2 points ahead of second place.

With these results fresh in our minds, we headed off to Hornsby Rifle Range for the GPS Competition. On the first day of the competition, First Grade won the Rawson Cup (541.39) by a very tight two points ahead of the Sydney Grammar School (539.35). We entered the NRA Shield match feeling very pleased with ourselves, and we again prevailed despite the fierce competition. High won the NRA Shield (387.26) by a narrow margin of a single point ahead of The Armidale School (386.23) who had shot very well (surprising everyone including themselves!). By the end of day one, with two wins, High was on 16 premiership points, enough to secure the GPS First Grade Premiership. We were now looking at a possible GPS Championship, if only we could win the final match.

The second day of the competition dawned after a night of torrential rain. However, this didn't affect morale, as we train to shoot in the rain (unlike other schools) and the entire squad knew that we could not lose in first grade. In the morning, the Second Grade match commenced in unfavourable conditions, mud and rain were everywhere. With consistent shooting from an experienced squad, High triumphed, winning both the 500m and 300m ranges, giving us a Second Grade Premiership for the 4<sup>th</sup> year in a row! Our score was 515.22; Newington were second (488.19), with TAS third (486.19). The top second grade shooter on the range was Daniel Tian (Yr11) with a score of 67.03/70.14.

In the afternoon, we gathered for the final First Grade match, the Buchanan Shield. The rain had eased, but fog now rolled across the range, limiting the shooter's ability to aim accurately.

Despite a good effort from the entire team and the support from Dr Jaggar and Mr Pavone, we were simply outperformed by the boys from Scots College, who had an almost error free performance. Scots won the match

with a score of 614.24/640. We placed second (588.26) only points ahead of Newington College (585.21). Newington only started shooting fullbore again a few years ago, having left the competition in 1970. Their rapid improvement is testament to the dedication of their teachers and coaches. I'm sure that Newington will shortly be giving all the GPS schools a run for their money!

Our second place in the Buchanan, together with our previous victories on day one carried us to a Premiership in 2016, with 21 championship points. Scots College were second on ten points and Sydney Grammar were third with nine points. This is the first time in history that High has won Premierships in both the First and Second Grades in the same year. A GPS Championship eluded us in First Grade, but a double premiership is still something that we will all remember for a long time.

I would like to congratulate Nathan Wong, who scored a 197.14 / 200.40, coming fourth overall amongst the GPS competitors. He also won the 'Bisley Bullet' this year, which is given to the shooter with the highest score from all the students from The New England Girls School, The Armidale School and High. John Huang and Nathan Wong also earned places in the Combined GPS Rifle Team, with both of them being in the top 12 ranked shooters.

I can credit this year's success to our captain of shooting, Ciaran Farrell, who has kept the team in harmony with his wicked humour and his trust in every member of the team. He has worked very hard behind the scenes all year helping to organise and train all the fullbore squad. I was so happy that his work has been so well rewarded with two premierships.

As you may be aware, there is a team of adult supporters who work tirelessly to make this all happen. I'd like to thank Dr Jaggar for his continued support of shooting; Mr Pavone as sports master; MIC, Ms Cathy Meaney for doing all the paperwork (and the cookie baking!), Sam Kremer (1992) as our equipment guru; Mr Comben (2003) for training the next generation of shooters at small-bore, and for all technical coaching matters; the large team of Old Boys who are always there to help each week [including Justin Hill (2001); Brendan Leo (2011); Jacky Yang (2012); Joe Banh (2006); Bill Deng (2013); Wilbert Wu (2013); Terry Fong (2014); Tim Tran (2015); Desmond Chiang (2015); Evan Han (2015)]; and finally to all the parents for supporting their sons and the whole fullbore team. We couldn't have done it without any of you!

**James Jiang Year 11**  
**Vice-Captain of Rifles 2016**



Team High – 1<sup>st</sup> and 2<sup>nd</sup> Grade GPS Premiers 2016 with Coaches and Staff



## Volleyball Results SHS vs TSC/SGS Saturday 23 July 2016 (Term 3 Week 1)

All Opens vs Scots @ Scots. All other matches at SBHS Gym;  
14A, 14B & 16A SHS vs TSC; 15A, 15B & 16B vs SGS.

1<sup>st</sup> Grade, 2<sup>nd</sup> Grade, 3<sup>rd</sup> Grade, 4<sup>th</sup> Grade, 16A's, 16B's, 15A's and 15B's all had 3 – 0 Wins;  
14A's & 14B's had 2 – 1 Wins.

1st Grade: 25-12; 25-18; 25-11. 3-0 Win. 2nd Grade: 25-14; 25-15; 25-17. 3-0 Win.  
3rd Grade: 21-10; 21-14; 21-16. 3-0 Win. 4th Grade: 21-16; 21-16; 21-12. 3-0 Win.  
16A: 21-10; 21-8; 21-5. 3-0 Win. 16B: 21-7; 21-11; 21-11. 3-0 Win.  
15A: 21-7; 21-8; 21-15. 3-0 Win. 15B: 21-19; 21-10; 21-16. 2-1 Win.  
14A: 21-18; 21-15; 14-21. 2-1 Win. 14B: 8-21; 21-15; 21-12. 2-1 Win.

Statistics for the 1<sup>st</sup> and 2<sup>nd</sup> Grade teams are shown in the table below:

23 July 2016 vs The Scots College		
Skill	First Grade	Second Grade
% Of serves kept in play	Ben Coan 100% (9), Ryan Seong 100% (9) & Calvin Xu 100% (4) Shane Chen 92% (13) Aidin Karahasan 91% (11)	Yirong Shen 100% (4) Eli Montuno 92% (13) Jonathan Zeng 89% (19)
% Of serves that were kills	Aidin Karahasan 68% (11) Shane Chen 65% (13) Ryan Seong 61% (9)	Yirong Shen 100% (4) Jonathan Zeng 79% (19) Eli Montuno 77% (13)
% Of spikes kept in play	Jerry Chang 100% (3) Wanyu Tang 88% (17) Aidin Karahasan 87% (15)	Jon Luo 100% (10) Eli Montuno 100% (4) Jonathan Zeng 100% (3)
% Of spikes that were kills	Jerry Chang 100% (3) Aidin Karahasan 83% (15) Wanyu Tang 68% (17)	Jonathan Zeng 100% (3) Eli Montuno (4) Jon Luo 80% (10)
% Of blocks that were kills	Aidin Karahasan 67% (3)	
Serve reception accuracy	Wanyu Tang 100% (8) Ryan Seong 95% (10) Ray Gu 94% (8)	Alvin Tam 100% (7) Jon Luo 100% (3) Yirong Shen 90% (5)
Passing accuracy	Wanyu Tang 100% (11) Ray Gu 100% (5) Ben Coan 100% (4)	Ben Wu 92% (6) Jon Luo 90% (5) Yirong Shen 83% (3)

Mr Coan



## High Spirit

### SBHS v's Scots Results

13A 5-22L

**13B 24-15W**

**14A 64-10W**

**15A 31-0W**

**15B 43-10W**

16A 7-27L

16B 0-38L

2nds 19-35L

1sts 0-33L

### SHS vs TSC – 23/07/16

Our first fixture in our return to the rugby season saw us play our last game away from the McKay Ovals at The Scots College. Over a long holiday break, the team was eager to front a 1<sup>st</sup> XV squad who had taken the extended break to train and returned renewed for our last three games of the GPS Rugby Season. 2<sup>nd</sup> grade players made the journey to Scots after their own fixtures to come off the bench. Special mentions to Robert Yuan, Matthew Whittaker, Ronald Luo and Jeffrey Zheng for their formidable efforts.

The first half was defined by our labouring defensive efforts, often stuck inside our own half without possession. Our efforts were admirable, often scrambling to make up extra numbers and holding off the Scots offense to prevent important points against us. Unfortunately, a brave and extremely impressive steal by Alec Pham directly led to a tragic foot injury, meaning the loss of valuable experience and talent in the forward pack.

The weekend's bravest efforts were seen from the wingers Alex Liang, Daniel Zhang, but especially the new addition in the fullback position, Chanum Torres. Alex's calm thinking under pressure, combined with Daniel's and Chanum's sacrificial tackling prevented the Scots team from scoring on several occasions. However, where we failed to execute with our opportunities, our opposition did not, leading to a disappointing loss.

Hopefully we can learn from our performance to take into our final two games against The Armidale School and Sydney Grammar. These games will provide a platform for us to fulfil our potential as the Sydney High 1<sup>st</sup> XV, and build a sturdy foundation for Sydney High Rugby in years to come

### Sydney High Opens Gold Coast Tour 2016

The Sydney High Opens Squad were fortunate enough to take 19 boys, supervised by MIC Matthew Cotton and Head Coach Andrew Walters, to the World Sport Rugby Gold Coast Tournament in 2016. We all were extremely

eager for the trip, which promised an enjoyable beachside residence, entry to popular Gold Coast amusement parks and a great platform for competitive games of Rugby Union.

We were privileged enough to face schools coming to the tournament from as far away as New Zealand, providing us with the opportunity to face a range of unique Hakas before each game. This was already an unforgettable experience and was only heightened by the quality of the rugby throughout the tournament. Special mentions to Eli Hall, the team Barbarian and leading try scorer, as well as David Kim for his selfless playmaking ability. Hong Ma was fearless and held admirable resilience, literally putting his body on the line to make several try saving tackles, a trait which should be held in the highest regard. Daniel Hamilton, Oliver Lethbridge and Tony Dong were similarly selfless, albeit from the sideline, filling water bottles throughout the tournament whilst being unfortunately unable to play due to injury. Their enthusiasm and energy being much appreciated from those on the field.

Aside from the on-field highlights, the trip provided an amazing opportunity to forge new friendships and add memories to existing ones. Our living arrangements were ignored in our free time, with most boys exploring the Gold Coast for new Pokémon and McDonalds, or reminiscing on the day's events in the daily 'Kangaroo Court'. The visits to Wet and Wild and Movie World were equally unforgettable, topping off a once in a lifetime trip. Thanks again to the World Sport Organisation, as well as Matthew Cotton and Andrew Walters for their supervision and organisation, culminating in an extremely enjoyable experience at Sydney High.

A specific focus on our Gold Coast trip was our work with the Batyr organisation to provoke discussion in the area of youth mental health, something very relevant to our school. We participated in their "One Sock One Goal" campaign, wearing vibrant socks to provoke discussion about the charity and the issue of mental health. Hopefully through this initiative we can lessen the stigma around mental health and its effects on young men and women in Australia.

**Mr M Cotton**  
**MIC Rugby**



Facing the Haka on the Gold Coast Tour. An incredible experience for any team.



## Weightlifting and Powerlifting Competition Results



The competitive lifters of the SBH weights room have been very busy this past month. We have had competitors in National and State Weightlifting competitions and for the first time ever we have had competitive powerlifters (powerlifting for Year 12s only). Weightlifting is the sport seen in the Olympics which consists of two lifts – Snatch as well as Clean & Jerk. Powerlifting consists of the Back Squat, Bench Press & Deadlift.

On Saturday 2 July, Jerry Gek (Year 12) and I drove down to Wollongong to compete in his first Powerlifting competition as a Sub-Junior Under 83kg Category. It was a successful and enjoyable experience with Jerry qualifying for the nationals in Melbourne which will be held next weekend (6 August). Wish him luck if you see him.

On the middle Sunday of the holidays Alex Liang (Year 12) in his first competitive year of weightlifting placed 4<sup>th</sup> in the nationals in the Youth Under 69kg weight category at the State Sports Centre. Nigel Zhang was expected to place well but had to pull out days before competition due to an unfortunate rugby injury. He was present at the competition to support Alex. Nigel is back in the weights room getting ready for the next competition and next years' state and nationals.

Over the past weekend on Saturday, Rick Saha (Old Boy 2015) competed in the Junior State Weightlifting Championships, again at the State Sports Centre. Rick placed 2<sup>nd</sup> in the state in the Under 77kg category which is a promising sign as he has two more seasons in the junior age group. His overall goal is to make it to the world championships. He is also proving to be a good old boy coach in the weights room. The very next day (Sunday) Johnson Lin (Year 12) competed in a powerlifting contest in Cabramatta. He competed in the sub-junior division at Under 59kg category. He also performed well enough to qualify for nationals. Unlike Jerry, Johnson will not be going to Melbourne, but the confidence from the competition made all of the hard work well worth it.

I feel that all of the boys have gained a lot of confidence and experience from these events. It is not only a great representation of the school and its weights room, but a huge opportunity for the boys.

**Kurt Rich**

**Head Strength & Conditioning Coach**

## Regional Athletics Carnival 2016

### Wednesday 3 and Thursday 4 August

Selected athletes from the Zone Athletics carnival will be representing the School and Eastern Suburbs at the Regional Athletics Carnival. Boys can make their own way there and back or catch the bus provided.

The Regional Athletics Carnival will be held at Sylvania Waters Athletics Field, Belgrave Esplanade, Sylvania Waters on Wednesday 3 August (9:30am – 3:30pm) and Thursday 4 August (8:45am-3:30pm). The boys will be under the supervision of MIC of Athletics Kurt Rich.

The school will be providing a bus from school to the venue leaving Wednesday 8:00am and Thursday 7:30am and picking the boys up from the venue after the conclusion of competition. If your son wishes to catch the bus, please indicate on the permission slip.

Athletes are encouraged to take their own food. Theft at carnivals is a common occurrence, so please ask your son not to take valuables to this event. Please ensure your son has warm clothes as this venue is open to cold wind direct from Antarctica, or Tasmania.

If your son places first or second in his event (top three in 100, 200 & 400) he will be selected for the CHS Championships.

Please complete the permission slip given to your son (also on the SBHS Facebook Page) and return it to the MIC Athletics as soon as possible. Boys can check their event times and day(s) on the program posted outside the weights room office or on the Facebook page.

**Kurt Rich**

**MIC Athletics**

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# August 2016

29-07-2016

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 C	1 *** Sports Physiotherapist, 07:00-09:00, 901 HSC Assessment: Studies of Religion, 08:00 Year/Class Photos Years 7-12, 09:00-12:30 Writing workshop, Sydney Store Factory, 9:00-11:00, selected year 9 students Male champions of Change talk, Senior Library, 11:10-11:50 Class test: 9MaS-P5	2 ICAS English Competition High Resolves - Year 8 + 10 Social Justice Program, Great Hall, 09:00-14:00 Chinese Certificate 2: 9CHI-P3 Class test: 7MaT-P3 Basketball: Year 7 House Competition Football: Committee Meeting, 901, 18:00	3 Winter Sports Photos, P1-3 French Certificate 3: 11French-P1 Athletics: Sydney East Area Championships, Sylvania Waters Athletics Field HSC Music 2: Rehearsal, The Great Hall, 12:30-15:15 German Certificate 3: 11German-P4	4 Athletics: Sydney East Area Championships, Sylvania Waters Athletics Field HSC Music 2: Rehearsal, The Great Hall, 12:30-15:15 German Certificate 3: 11German-P4	5 Morning collection: Jeans for Genes Red Cross Mufti/BBQ (Y8 community service) Volleyball: Metro all Schools Volleyball, Olympic Park, (14a, 15a, 16a, 17a) Class test: 10MaG-P5 Debating: SHS v TKS	6 Football: SHS v TSC Rugby: Bye Cross Country: SIC, GPS v CAS, Competition 8, Riverview Volleyball: SHS v TKS Cadets: AFX Conference, Holsworthy Army Barracks Parking: Sydney Swans v Port Adelaide, 13:45 HSC German Continuers Oral Examination	7
	8 Sports Physiotherapist, 07:00-09:00, 901 Music: HSC Trial HSC Practical, Great Hall, 09:00-19:00 Class tests: 7MaR-P3, 9MaC-P5 P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30	9 *** Year 12 Study Day Writing workshop, Sydney Store Factory, 9:00-11:00, selected year 9 students Basketball: Year 7 House Competition Music: HSC Trial HSC Practical, Great Hall, 09:00-19:00 Class test: 9MaU-P5 School Council Meeting, Board Room, 17:30-19:00 Basketball: Committee	10 Trial HSC Study Tour, Eiken Foundation, 09:00-15:00 Class tests: 10MaD-P3, 8MaS-P4 Year 9 High Resolves Leadership, 13:10-15:15 (30 boys) Last day of winter sport (Y10-12)	11 Sports Council Meeting, Board Room, 07:30 Trial HSC Visual Arts: MCA Excursion, Year 10 Visual Arts Students Last day of winter sport (Y7-9) Year 9 Latin Reading (reciting) Competition, 19:00	12 Trial HSC Year 10 Science Excursion to Luna Park 'Physics is Fun' Year 7 Visual Arts exam, Great Hall, 13:20-14:15 Debating: Shore v SHS	13 Football: SHS v SGS Rugby: SHS v SGS Cross Country: GPS Championships, North Ryde Common Volleyball: SGS v SHS HSC Spanish Continuers Oral Examination	14 Selected students' visit to Boggabilla Parking: Sydney Roosters v Cowboys, 16:00 (Rugby)
5 B	15 Sports Physiotherapist, 07:00-09:00, 901 Attendance and Progress Review (all Years) Selected students' visit to Boggabilla Trial HSC Cricket: Meeting for students and Coaches, Senior Library, 15:15	16 *** Selected students' visit to Boggabilla Trial HSC Basketball: Year 7 House Competition Basketball: 1st and 2nd Grade Basketball trials and training begin Basketball: NSW All Schools Basketball (selected individuals)(tbc) Fundraising Management Committee meeting,	17 *** Selected students' visit to Boggabilla Trial HSC Elevate Workshop: Year 7 Selected Students, P1 (Study Skills Kick Start I) Basketball: NSW All Schools Basketball (selected individuals)(tbc) Meet The Music, Opera House, 18:30-20:15 Change to summer	18 Trial HSC Selected students' visit to Boggabilla HSC Music: Composition recording, Room 201, all day Basketball: NSW All Schools Basketball (selected individuals)(tbc) Change to summer sport/athletics (Y7-9)	19 English Extension 2: Submit Final Major Work and Reflection Statement Trial HSC Year 7 Meeting, Selected Locations, 10:15-10:40 Music: HSC Music composition recording, Room 201, all day Basketball: NSW All Schools Basketball (selected individuals)(tbc) Debating: SHS v SIC	20 Athletics: Shore Invitation Athletics, ES Marks HSC French Continuers Oral Examination	21 Great Hall Booking: 06:00-18:00 Parking: Sydney Roosters v St. George Dragons, 16:00 (Rowing)
	22 Trial HSC Year 7 Visual Arts Excursion, Taronga Zoo AAGPS General Committee Meeting, SBHS Boardroom, 13:45 P+C Meeting-Year Group Parent Reps meeting, Staff Common Room, 18:30	23 Trial HSC Executive Development Day, Abbotsford Basketball: Year 7 House Competition	24 Trial HSC	25 Trial HSC Rugby: Dinner, Great Hall, 18:30-21:30	26 Morning collection: Daffodil Day Wear it Purple Day Trial HSC Illuminate festival Set Up (Creative Arts & Industrial Arts), Great Hall, 12.30 Debating: TSC v SHS	27 Athletics: Newington and High Invitation Athletics, ES Marks Parking: Sydney Swans v Richmond, 16:35 HSC Chinese Heritage Oral Examination HSC Japanese Heritage Oral Examination	28 Cross Country: Dinner, Great Hall, 16:00-19:30