



The Weekly Newsletter of Sydney Boys High School

Vol 16 No 31 9 October 2015

### From the Principal **High Talent**



Congratulations to our U15s basketball team who won the Sydney East Knockout at the end of last term. The

team was: Nirvan Chand, Benjamin Coan, Oscar Dumas, Archibald Fox, Daniel Hamilton, Josh Hua, Sam Merrick, Carter Opperman, Kobe Shannon, Norton Wu, Eli Montuno and Kore Wilson. Well done to Esmond Ye (Year 11) who has been selected to receive a Commended Award as part of the 2015 Minister's Awards for Excellence in Achievement Community Student Languages Schools.

### Staff Changes

Mr Robert Dowdell has been re-appointed as Deputy Principal effective from the beginning of Term 4. Given the possible administrative turbulence ahead with the transition to Edval timetabling and implementation of LMBR, it is comforting to have Mr Dowdell's extensive knowledge, acute insights and broad experience to help us navigate a way forward for our unique school.

### **Cleveland Street Night Work**



From Sunday 27 September until Sunday November, night work will be in progress

Cleveland Street between the hours of 10 pm and 5 am. If you have any questions, please don't hesitate to contact Leighton Boral Amey Joint Venture on 1800 677 700 or email nswenguiries@lbajv.com.au

### **NSW Bus Routes May Affect Travel For HSC Students**

The NSW Government recently announced a new bus network for Sydney's CBD to support the transformation of the Sydney CBD. Further information available İS www.mysydney.nsw.gov.au

Buses will move off George Street on 4 October 2015. This means many CBD bus routes and services will change. There will be fewer buses travelling all the way through the CBD and commuters may need to interchange to complete their journey. This is the biggest change to bus routes in decades and it is important that everyone is informed and plans ahead. To check if there are any changes that affect staff and students travelling to school they should visit the Bus Route Finder at:

http://mysydney.nsw.gov.au/bus#bustool.



HSC students in particular need to check the new bus timetable at:

www.transportnsw.info to ensure that they get to exams on time. They can also download one of the handy real-time transport apps from the same page.

### Application for Extended Leave -Travel

Parents now need to download, complete and submit the new form which is located on the parents' portal registration. Parents are again reminded that four weeks' notice is required such applications. Please submit



applications to the Principal for only 5 or more school days. Leave for shorter periods of time can be managed

notifying your Year Adviser prior to your son taking the leave for travel purposes.

### **Foundation Day Assembly**

It was great to meet the Old Boys from the Class of 1965 at our Foundation celebration this week. Justice Sackar spoke to the assembly about the significance of the alumni of High and about his concept of leadership drawing heavily on Nelson Mandela's teachings. My address to the Assembly is reprinted below:

Special guest, His Honour Justice John Sackar (SHS 1965), Old Boys of the Class of 1965, Old Boy Prefects, parents, staff, Prefect Interns and students, welcome to our annual Foundation Day Assembly. Thank you for celebrating our foundation with us. We carry on the tradition in which this celebration of the establishment of the School in October, 1883, includes honouring the student leadership traditions that have existed in parallel with the school's development over its 132 years. The investiture ceremony for Prefect Interns connects us to our past, revives the stories that bind us to it and reaffirms our vision for the future. Modelling cultural values through leadership is an integral aspect of our school culture. Continuity of purpose is also important to any institution

Sir George Reid, Minister of Public Instruction 1883-84, spoke at the official opening of the school on 8 October, 1883. He distinguished the newly established High Schools from the other two classes of public school (Primary and Superior) by their educational objective – to complete the curriculum of the public schools and to prepare students for the University. That is still our educational objective today. We have no Plan 'B'. It is very reassuring to know that our foundational purpose is retained so strongly after all these years. We also offer boys at High opportunity for excellence – in scholarship, in sportsmanship, in a wide range of co-curricular endeavours, in service and in fellowship. Participation in and organisation of these nonacademic activities were originally the responsibility of the students. Over the generations since the 1880s, staff, parents and Old Boys have offered their time and money to support our students in these activities. These actions became vitally necessary as the standard of the competition and the expectations of students and parents grew. In today's GPS environment a great deal of effort is required from everyone to deliver programs to a competitive standard.

Back in 1965, the last Leaving Certificate was held, marking the end of an era for a credential that had existed since 1913. Robert Menzies was still the Prime Minister and Robin Askin replaced Jack Renshaw as Premier of NSW, bringing to an end 24 years of Labor rule. The Rolling Stones toured Australia. Charles Perkins led the Freedom Ride to raise awareness of the plight of indigenous Australians. The P.W. Hallett sundial was erected in the courtyard as an expression of the School's great affection for Perce Hallett, Deputy Principal (1935-1952). It remains there today. *The Record* in 1965 was

lamenting the reduced number of boys trying out for GPS sports. The rowers were exhorted to commit to 'hard work, real effort and absolute cooperation' in order to raise their standard. The second XV were co-premiers. First grade basketball won their local CHS competition. Graham Dunn won the Australian Junior Butterfly Championship. Trevor Osborne was made captain of the Combined GPS first XI. Neville Morgan, 'the mighty atom' was captain of boats and the first XV, as well as School Captain. John Murry was vice Captain and there were 25 School Prefects. Our School Prefects have always been seen as 'keeping the music alive'. Their actions demonstrated the ethos of the school to the wider school community.

Turning to our current human emblems of High spirit and leadership, I trust that every Prefect Intern inducted today perceives himself in terms of his stewardship of the role of School Prefect. The All Blacks make a promise to: 'Leave the jersey in a better place'. Our Prefects must be great role models and demonstrate high quality leadership at High. Each one of you must endeavour to uphold and enhance the traditions of this fine school. We hope you will leave the office in a better place when you move on. We have set a high bar. You will have to maintain a high academic standard in state terms. You need to participate in two GPS sports in your final year. You need to earn 100 Student Award Scheme points and qualify for an Award in your last year at school. You need to demonstrate to all your peers that you believe in the ethos of the school. Be proud to serve in an institution that has produced with such marvellous consistency and frequency, high achieving allrounders for 132 years.

Why do we engage in this ritual of preserving the office of School Prefect and testing Inductees for three terms to prove them worthy? Everyone needs a place to stand – to belong. You will stand in a place in the history of our school. We will want you to stand up - for yourselves, for each other and for the culture of the scholar-sportsman. We will help you stand together to represent our culture. Your strength will be in mutual cooperation. You will learn when to stand back to let the voices of others be heard and to listen to other thought leaders in the school. Sometimes, you will have to stand aside and not engage in certain behaviours in order to stay true to your pledge. At all times, we will want you to stand for our values: of striving for excellence in every endeavour; of grasping every opportunity; and of becoming well-rounded, balanced people ready for the world and its diverse challenges. Congratulations to all Prefect Interns who have reached the qualifying standard, been elected and are now making their commitment to serve. Best wishes to you all.

Dr K A Jaggar Principal



### From the Canteen

Welcome back for Term 4. I hope everyone enjoyed the break.

Thank you to our volunteers the last week of Term 3 Week 10!

MON: Binita Ghosh, Wendy Yao,

TUES: Jian Ping Li, Min Hua Zhang, Sharon Wang, WED: Stephanie Fung, Min Hua Zhang, Mark Zhu,

Fumiko Cheong

THURS: Dean Nguyen, Deepali Johri,

FRI: Lien Tran, Edwina Henningham, Letty Chan

The Annual General Meeting of the Canteen Committee will be held on Friday 13 November in the boardroom at 2.45 pm. All positions will be declared vacant. We are in need of new support members for the committee so that the canteen operation continues to run smoothly.

Did you know that the canteen at Sydney Boys donates around \$80,000.00 to the school each year to be used to improve educational facilities and resources for our sons at High? This is money we make by providing an extensive menu with a wide range of healthy, low cost food options for the boys.

The above is only possible because we are one of the few parent-run canteens left in high schools in Sydney i.e. parent volunteers work in our canteen and a parent committee supervises the management of the canteen.



### PLEASE HELP

More parents – mums OR dads - are needed to sit on the management committee, as a number of parents are finishing this year. Meetings

are only for one hour -2.45~pm, 2nd Friday each month i.e. 2-3 a term. It is an interesting and fun way of contributing significantly towards your son's life at High!!

The general committee help with stocktakes, assisting with volunteers, open days etc. The positions of President and Secretary are quite straight forward and involve doing High Notes, minutes of meetings etc. These are positions that do not take a lot of time as everything is in place to keep things rolling along so to speak. We are very fortunate to have excellent canteen managers and the committee essentially are there to help keep the canteen running in the best and most

efficient way possible for the benefit of the boys and the school.

Current committee members will be looking at filling positions if and where they can. Being on the canteen committee is an indirect and easy way of helping make a significant contribution to your son's education at high school.

Please phone the Canteen on 9662 9350 if you are able to help. The school and the canteen need your help.

Thank you.

Sharon Hughes (President)

## Free Graduated Licensing Scheme Workshops for Learner Driver Parents in Woollahra



Young drivers are three times more likely to be involved in casualty crashes. That's why the Roads and Maritime Services

have introduced a new licensing scheme, with more supervised driving practice for learner drivers. To help parents in supervising learner drivers, the Roads and Maritime Services has set up a FREE two hour workshop for parents offering practical advice on how to help learner drivers become safer drivers.

A FREE parent's workshop will be conducted by David Riches on Wednesday 28 October at Holdsworth Community (64 Holdsworth Street, Woollahra) from 5.45 pm – 7.45 pm.

Early bookings are essential, by phoning David on 0434 964 764 now to reserve your place, or email saferlearnerdrivers@gmail.com.

### Chess



Last term our chess team won the Annual GPS competition and reclaimed the cup

from Sydney Grammar School.

Here is the amended list of our winners: William Weber, Peter Boylan, Manil Abeysekera, Johnson Lin, James Snow, Andrew Wu, Wesley Yu, Edgar He and Sean Zhang.

Rowena Barr MIC Chess

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The 2015/16 season kicks off this week with the Joeys match. Second grade are playing at 10:00 am on SBHS Gym 1 with Firsts following at 11:15 am. A physical Joeys side is certain to test out our new players in 1st and 2nd and set a good benchmark to work from for the rest of the season for all teams. Make sure you stick around after your game or get there early to help make the tunnel for Firsts.

The Junior Basketball Camp in the second week of the holidays was an outstanding experience for all Juniors. Run by old boys, the camp was aimed at developing fundamentals in all players and refining skills in the older boys. There may be another over the summer holidays so make sure to keep an eye out for that and sign up early to secure your spot.





A reminder that Future Firsts is on for all Junior A's and B's players after school every Monday. Good luck to all teams against Joeys this week and go High!

~ Go HIGH!

~Play Hard, Play Smart and Play Together!

~ Brought to you by editor Archie Fox

### PDHPE - Fitness Assessment September 2015

The final fitness assessment of our Year 7 – 10 students was carried out during September. In 2015 personal goal times were again set to encourage each student to improve and maintain a higher level of aerobic fitness. It was very pleasing to see 227 students (29%) achieve their personal goals. Congratulations to the goal achievers listed below as well as all the students who 'had a go'.

### Year 7 (58 students)

Ozan Akarsu, Ehode Ikko Arimoto, Saragan Arvind, Ben Bao, Jeremy Baruah, Vikas Bolisetty, Eric Cao, Felix Cao, Man Ching Chan, Tejas Chaudhry, Gautama Desaraju, Vincent Dorahy, Kent Gu, Kevin Guang, Edwin Guo, Matthew He, Lachlan Ho, Charlie Huang, James Huang, Jun Huang, Alan Jessup, Sabash Kondappan Velliangir, Joshua Lam, Kevin Lam, Oscar Lam, Adrian Leong, Antonio Li, Jeffrey Lin, Dickson Mai, Kenneth Mao, Harris Memon, Braveen Murugathas, Daniel Nguyen, Mridul Pant, Aidin Quach, Kaeshikan Ravi Raj, Guo En Shao, Yishan Shen, Prathik Subbanna, Raymond Sun, Arnold Sze, Etkin Tetik, Kevin Tong, Danny Tran, Jonathan Tran, Alan Wong, Edmond Wong, Man Ho Wong, Max Xie, Oliver Yang, Matthew Ye, Nicholas Yuen, Leo Zhang, Yuchi Zhang, Joshua Zhao, Alex Zhou, Ethan Zhou and Eric Zhu

### Year 8 (37 students)

Gagan Aradhya, Ryan Borges, Peter Boylan, Matthew Chan, Ryan Chan, Andrew Chang, Rongxuan Chong, Nam Anh Dang, Lisong Ding, David Goh, Henry Ho, Nathan Ho, Eric Holmstrom, Anirudh Joshi, Zewei Liao, Timothy Lin, Nicholas Ma, Arshad Mohamed, Maadhavan Nadeswaran, Matthew Ng, Francis Nguyen, Marcus Nguyen, Andy Pan, Adrian Panas, Brian Pham, Phillip Pham, Anthony Qui, Sajid Rashed, Thomas Schanzer, Adam Simic, Christopher Ta, Leo Wang, Roy Wu, Jordan Xiao, Jinmin Xu, Leo Ye and Jason Zhang.

### Year 9 (85 students)

Harjas Ahuja, Oliver Avdi-Ohlsson, Naveen Avula, **Nikhilesh Belulkar**, **Daniel Bounitch**, Marcus Cameron, Anderson Chan, **Damian Chan**, Ebenezer Chan, Roy Chen, Henry Deng, Ryan Dow, Adam Ty Feng, **Archie Fox**, Jack Fu, **Lachlan Goff**, **Andrew Guang**, **Allen Guo**, Lenny Han, Albertus Herijanto, Alan Ho, **Ryan Ho-Shon**, Robert Hoang, Jack Horton, Leo Hsu, Richard Hu, Thomas Jiang, Jonathan Lee, Ang Li, **Kevin Li**, Luke Liang, Siyao Liang, Jacky Lin, Justin Liu, Jeremyn Ma, Jonathan Meng, Sam Merrick, Jagath Narayan, Martin Ngo, **Brandon Nguyen**, Keanne Nguyen, Brendan Nham, Matthew O'Sullivan, Edmund Pan, Jay Patel, Theodore Pericleous, Joshua Pham, **Simon Pham**, Lukas Posumah, Alex Qiu, Joshua Qiu, Reagan Qiu, Shourov Quazi, **Dimas Sanjoyo**, Vishesh Sarda, Yirong Shen, Clinton So, Arunan Srirengan, Ethen Tay, Henry Thi, Daniel Thich, Matthew To, Nathan Tran, Telly Tselonis, **Leonardo Wang**, Tim Wang, **Jason Wei**, Widhiwipati Widyatamaka, Pak Hei Woo, Royce Xiao, Sampson Xie, Tianyi Xu, **Hanqing Yi**, Jason Yip, Brandon Yoon, Chris Yuan, Jonathan Zeng, Kevin Zeng, Jason Yang Zhang, Jeremy Zhang, Ryan Zheng, Patrick Zhou, Gorden Zhuang, and Symeon Ziegler.

### Year 10 (47 students)

Sadin Safar, Hugh Bartley, Aidan Chow, Kevin Chung, Liam Elton, Jason Feng, Terrence Feng, Connor Fisher, Ray Gu, Kevin Guo, Shadman Habib, Daniel Hamilton, Jason Huo, Nicholas Katsilis, Dominic Leal Smith, Anthony Lee, Alvis Leung, Harrison Li, Andrew Li (M), Kevin Lou, Elliot Love, Ronald Luo, Conor McGrath, Tushaya Mehndiratta, Dean Nguyen-Jariv, John Pham, Rahul Prabhu, Nathan Quan, Angus Rankin, Jake Rowlands, Dharmesh Sharma, Wanyu Tang, Flidon Wang, Charlie Weng, Jia Hao Weng, Arthur Wong, Brian Wu, Rickey Wu, Stephen Young, Raiyan Yousuf, Marco Yu, Ahad-Anhiang Zafar, Kevin Zhang, Ruilin Zhang, Tim Zhang, Jeffrey Zheng and Jonathan Zheng.

Personal goals have been set since 2011. The boys highlighted in bold have achieved their personal goals on two occasions. The personal challenge will continue in 2016. Goal times for 2016 will be posted in Room 901 during Term 4. I look forward to more students taking up the 1.6k challenge and achieving their personal best times next year. The complete 1.6k run results for 2015 follows. An assessment of 90% or better required a student to run the 1.6km in a time of 6 mins 30 secs. 50% or better, required a time of between 7 and 8 minutes. 10% or less means the 1.6km run was completed in a time greater than 9 mins 30 seconds.

### 1.6km results for 2015

Percentile band	No. of st	No. of students in each percentile band						
	Year 7		Year 8		Year 9		Year 10	
	Feb	Sept	Feb	Sept	Feb	Sept	Feb	Sept
90 – 99	3	24	10	23	18	63	22	42
80 – 89	4	15	10	23	15	21	15	13
70 – 79	9	13	4	9	13	18	13	14
60 – 69	9	23	11	15	19	16	10	13
50 – 59	5	13	14	14	26	19	17	15
40 – 49	8	21	18	17	13	16	15	11
30 – 39	17	16	13	11	29	16	28	19
20 – 29	20	13	21	18	24	12	29	19
10 – 19	35	16	37	21	28	9	38	46
0 – 9	60	21	38	22	17	11	11	13
Non-starters	10	5	4	11	8	9	12	5

Mean results for each year group 2012, 2013, 2014 and 2015

	Feb 12	Sep 12	Feb 13	Sep 13	Feb 14	Sep 14	Feb 15	Sep 15
Year 10	49%	55%	46%	53%	51%	50%	50%	55%
Year 9	51%	66%	49%	69%	50%	68%	51%	70%
Year 8	42%	60%	38%	60%	47%	61%	40%	55%
Year 7	31%	56%	32%	62%	34%	53%	31%	57%

### 1.6Km run – Best Performances and Record Holders (2003 – 2015)

Date	Year 7	Year 8	Year 9	Year 10	
2003	Danny Fu 6m 55s	Quan Nguyen 6m 04s	Andrew Reis 5m 44s	Paul Watzlaff 5m 00s	
2004	Alasdair Brown 6m 13s	Alastair Taylor 5m 39s	Richard Xu 5m 53s	Attilla Szabo 5m 11s	
2005	Keiran Taylor 5m 55s	Cameron Reeves 5m 35s	Alastair Taylor 5m 45s	Harry Walker 5m 28s	
2006	Andrew Ye 6m 15s	Stephen Yoon 5m 56s	Jeremy Ireland 5m 38s	Matthew Fsadni 5m 33s	
2007	Andreas Purcal 6m 07s	Sam Lane 5m 28s	Michael Ambrose 5m 24s	Jeremy Ireland 5m 03s	
2008	Arjun Punekar 5m 47s	Anton Brokman 5m 41s	Sam Lane 4m 53s	Michael Ambrose 5m 24s	
2009	Eugene Lee 5m 43s	Oliver Kirk 5m 37s	Lloyd Perris 5m 00s	Sam Lane 4m 54s	
2010	Luke Hoad 5m 43s	Eugene Lee 5m 12s	Jonathan Clements-	Adam Booth and	
			Lendrum 5m 10s	Lloyd Perris 5m 01s	
2011	Steven Xue 5m 50s	Wesley Beare 5m 32s	Ned Anson 5m 08s	Jonathan Clements-Lendrum 5m	
				04s	
2012	Kevin Guo 5m 54s	Nafis Rahman 5m 47s	Bailey Musulin 5m 29s	Ned Anson 5m 00s	
2013	Daniel Bounitch 5m	Elliot Love 5m 33s	Luke Schofield 5m 04s	Jonathan Chew 5m 36s	
	46s				
2014	Eric Holstrom 5m 12s Ryan Ho-Shon 5m 34s		Stephen Young 5m 07s	Luke Schofield 4m 49s	
2015	Vikas Bolisetty and Eric Holstrom 5m 17s		Jonathan Lee and Jason	Stephen Young 5m 00s	
	Jonathan Tran 5m 47s		Wang 5m 25s		

It is interesting to compare a Year group over time against themselves, as well as against previous Year groups. The highest Year mean recorded was 72% by Year 10 in 2003. Year 9 (2015) equalled the highest ever mean of 70% (Year 9, 2002), congratulations. Hopefully they can continue the good work next year.

G. Stein HT PDHPE



# VERITATE ET VIRTUTE



### Cricket Results - 2015 Term 3 Holidays

Team	Score	Result	Highlights
Trials			-
	SBHS 10 – 113 v		
1st XI	North Sydney Green Shield 8 – 212	Lost	Shashank Nampalli 39, Vivek Kashyap 3-19
	SBHS 1 – 23 v		
1st XI	Westfield Sports High 4 – 322	W/O	
1st XI	SBHS 9 – 134 v St Aloysius 2 – 156	Lost	
	SBHS 0 – 0 v		
1st XI	Otago Boys High School 0 - 0	W/O	
	SBHS 10 – 77 v	Lost	Harishaan Puvanenthiran 34
1st XI	St Andrews College, Christchurch 7 – 311	2001	Transfidant avarientiman of
1st XI	SBHS 9 – 210 v Rockhampton Grammar School 11 – 280	Lost	Sabesh Murugananthan 40, Vivek Kashyap 33, Eli Hall 32, Eli Hall 4-55, Shashank Nampalli 3- 48
1st XI	SBHS 10 – 169 v King's 10 – 141	Won	Shashank Nampalli 43, Vivek Kashyap 31, Tully Moffat 3-29,
2nd XI	SBHS 17 – 171 v King's 16 – 144	Won	Jay Patel 4-15
1st XI	SBHS 10 – 149 v Riverview 7 – 151	Lost	Eli Hall 42,
2nd XI	SBHS 17 – 106 v Riverview 7 - 216	Lost	

Note: W/O = Washed Out

### MIC of Cricket Report

At the end of last term we had announced 47 players to be involved in the Sydney Boys High School Cricket Academy (SBHSCA). This is a squad of players we have identified who are talented players for their year group. The squad will be involved in trial matches over the spring holidays and train together once a week to help continue to grow and develop our junior players. This will be cut down to 30 players and will be announced after the spring holiday trial matches. In spring holidays our SBHSCA played a total of nine trial matches. The camp started with a team bonding session down at Coogee beach. This was a chance for the younger students getting to know the senior players and feeling comfortable within the squad. I just want to say a huge thank you to all the boys for playing over the two weeks. It was a huge commitment and I believe it was very beneficial for the whole SBHS cricket program. Thank you to the parents for billeting as well. This Saturday our 1st and 2nd XI play in a GPS T20 Tournament that consist of three matches to be played on the same day. Although very exhausting for the boys, it is a very enjoyable day. The remaining teams will also be playing in a T20 match against St Joseph's College. Good luck to all the boys and remember to play positive cricket and run hard between wickets.

Geoff Tesoriero MIC of Cricket

### As a service to the High Family

### A FULL PAGE ADVERTISEMENT



can be placed for a fee of \$50.00 (GST incl.) for a full page ad in two week's publications

Whether it be a business service, educational course/s or something for sale.

### Contact:

Dave Te Rata - High Notes Editor

P: 9662 9300

F: 9662 9310

Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval

### SCHOOL STUDENT TRANSPORT SCHEME (SSTS)



### School Student Code of Conduct - Students travelling on buses must:-

- Dip school bus pass or pay the fare when joining the bus. This is particularly important as the data collected from the on bus fare collection system may be used for service planning purposes
- Use school specials when provided
- Vacate seats for adults when requested
- Follow the driver's instructions about safety on the bus
- Respect the needs and comfort of other passengers
- Behave appropriately at all times (e.g. no offensive language, no throwing things)
- Protect bus property (e.g. no vandalism)

### Students are reminded to:-

- Only use the school bus pass for its intended purpose i.e. for travel between home and school (does not include travel to and from sporting activities)
- Maintain possession of the school bus pass at all times.

During 2015, authorised officers will be deployed to inspect **Code of Conduct** compliance on school bus services in the Eastern Region. Students who are found to have breached their obligations may lose their travel entitlement and possibly incur an infringement.

		Canteen Price List	t				
Breakfast		Lunch and Recess Items			Hot Food		
		*So you don't miss out on what you want for lunc	ch makes	sure vou	Chicken Fingers	\$1.50	
Hot Chocolate	\$1.00	ORDER it before school	Jii, iiidko s	- you	Chicken Bites	\$2.00	
Bacon & Egg Muffin	\$3.00				Chicken & Corn Roll	\$1.50	
Cheese Toast	\$1.40				Chicken Burger	\$4.00	
Cheese & Tomato Toast	\$1.70	Sandwiches / Wraps / Rolls		Rolls			
Cheese/spinach/tomato toast	\$2.00	Buttered Roll		\$1.40	Chicken Mayo Roll (hot)	\$3.80	
Croissant - Ham & Cheese	\$2.80	Cheese & Tomato (v)	\$1.70	\$2.20	Chicken Mayo Sandwich (hot)	\$3.00	
Bacon & Egg Muffin	\$3.00	Cheese & Salad (v)	\$2.60	\$3.00	Chicken Schnitzel Roll	\$3.80	
	70100	Chicken & Coleslaw	\$3.40	\$4.00		10.00	
		Chicken & Lettuce	\$3.40	\$4.00	Garlic Bread (v)	\$1.50	
Fruit / Snacks		Chicken & Salad	\$3.60	\$4.20	Lasagne/Macaroni Cheese	\$3.40	
Fruit -		Simonon a Guida	ψ0.00		Lasagnoniadareni erreese	ψο. το	
apple/orange/banana	\$0.80	Corned Beef & Tomato	\$2.80	\$3.40	Noodles In A Cup	\$2.50	
Fruit Salad	\$3.00	Corned Beef & Pickle	\$2.80	\$3.40	Pasta - homemade	\$3.60	
Banana Bread	\$2.20	Corned Beef & Salad	\$3.00	\$3.60	Sausage Roll	\$2.50	
		Curried Egg & Lettuce (v)	\$2.60	\$3.00	Spinach Ricotta Roll (v)	\$2.60	
		Dagwood Roll		\$3.60	Pie - meat (sauce+20c)	\$3.50	
		Egg & Lettuce (v)	\$2.60	\$3.00	Pie - potato	\$4.30	
		Egg & Salad (v)	\$2.80	\$3.40	Pie - Garlo's (halal)	\$4.30	
Drinks		Ham & Tomato	\$3.00	\$3.40	Cruizer / Traveller Pies	\$3.50	
300ml Plain Milk	\$1.20	Ham & Salad	\$3.40	\$4.00	Pizza Pie	\$3.50	
300ml Flavoured Milk	\$2.00	Roast Beef & Tomato	\$3.00	\$3.60	Pizza Slab	\$2.80	
600ml Plain Milk	\$2.00	Roast Beef & Mustard & Lettuce	\$3.00	\$3.60	Rice Box - homemade	\$3.60	
600ml Flavoured Milk	\$2.60	Roast Beef & Salad	\$3.20	\$4.00			
Up & Go	\$2.00	Salad (v)	\$2.40	\$3.00			
Spring Water	\$1.50	Salmon & Salad	\$3.40	\$4.00	Sweet Chilli Chicken Sub/Wrap	\$4.20	
Pumped Water	\$3.00	Vegemite	\$1.20	\$1.50	Foccacia - chicken/mayo/cheese	\$3.00	
Tumped water	ψ3.00	vegenne	Ψ1.20	ψ1.50	- chicken/avo/cheese	\$3.00	
Cans 375ml	\$2.20	Wraps	\$3.40				
Bottled Diet Coke 600ml	\$3.50	Anari	\$3.00		Pides - spinach/cheese (v)	\$5.00	
Aroona Carbonated					- sausage,		
Water	\$2.00	Sushi	\$3.00		chicken/mushroom	\$5.00	
Powerade	\$3.50				Miscellaneous		
		Vietnamese Rolls	\$3.00		Tissues	\$0.60	
Berri Juice	\$2.50				Spoons / Forks	\$0.05	
		Salad Boxes	\$4.50		(supplied free with meal puchase)		
Special Orders	m '	Salad Box (small) \$4.00			Seasonal Foods		
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.			**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.			ne style alads, Please	

### 2015 PRICE LIST

8.30 to 9.00 am \*Breakfast is available \* Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT



Week 2, Monday 12/10/15 at 6:30-7:00pm.

### A Research Proposal for SBHS Families....

#### AN INFORMATION PRESENTATION FOR POTENTIAL PARTICIPANTS

A SPECIAL PRESENTATION BY GUEST SPEAKER: DR. JENNIFER JOLLY PH.D., SENIOR LECTURER, GERRIC SENIOR RESEARCH FELLOW, SCHOOL OF GIFTED EDUCATION, UNIVERSITY OF NSW.

# The Influence of Maternal Beliefs on Academically Gifted Students' Learning Motivation and Self-Concept

There is a common perception that academically gifted students enjoy numerous school-related advantages compared to other students.

There is growing evidence, however, that academically gifted students experience a variety of external pressures that may undermine how they define and evaluate their academic abilities (i.e., self-concept) and produce barriers to learning motivation.

For example, parents of gifted children commonly report the use of externally driven, outcome focused strategies such as giving monetary rewards for acquiring good grades or applying punishment for bad grades to maximize learning motivation.

Similarly, many academically gifted students experience unrealistic achievement expectations from parents and teachers that can be difficult or impossible to attain.

Finally, many gifted students place excessive amounts of pressure on themselves in recognition of the sacrifices that parents make in providing high level educational experiences.

# The aim of this project is to explore the influence of maternal beliefs on academically gifted students' learning motivation and self-concept.

Researchers to date have relied on either parent reports or students reports. Rarely have researchers investigated parents and their children together, leaving a current gap in the knowledge base. In other words, parent socialization is assumed to impact their children's learning motivation and self-concept, but it is impossible for direct comparisons to be made without including parents and children.

In this study, mothers will be asked to fill out questionnaires related to:

- (a) their own self-concepts,
- (b) expectations for her child's success in mathematics, science, English, and sport, and
- (c) the assessment of her child's abilities in these same four content areas.

Students will be asked to fill out questionnaires related to their self-concept and interest/enjoyment for mathematics, science, English, and sport in order to make direct comparisons of the parental socialization process.

SBHS P&C welcomes SBHS parents to attend this special presentation to find out more information about the research proposal from UNSW.

This event will be held in Week 2 of Term 4. We hope to see you there!

### **Sydney Boys High School**

Time: 6:30—7:30pm (approx.)
Venue: Staff Common Room
Date: Monday 12th October, 2015

Brought to you by:
Dr. Kim Jaggar, SBHS Principal.
Rachel Powell, SBHS Deputy
Principal, Debating MIC.
SBHS P&C
and Dr. Jennifer Jolly.

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 B	HSC Exams commence HSC: English Paper 1 (207), 10:20-12:30 Online Selective Schools Application Forms for Year 7 2017 available P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30	13  HSC Exams  HSC: English Paper 2 (207), 09:25-11:30,  Music 1 (3), 13:55-15:00, Music 2 (16), 15:25-17:00  Prefect Training Day, Outterside Centre  Excursion: Year 9  Filmmaking, Adobe Office (Munro, JP to cover) Class tests: 10MaE-P3, 7MaR-P5, 9MaA-P5	14  HSC Exams  HSC: Latin (5), 09:25-12:30, Engineering Studies (12), 13:55-17:00  Class test: 9MaC-P1	15 HSC Exams HSC: Ancient History (7), 09:25-12:30, German (3), 14:00-17:00 CHS 15yrs Baskatball, Deniliquin	16 Loud Shirt Day early morning external collection Y10-11 HSC Exams CHS 15yrs Baskatball, Deniliquin HSC: Economics (72), 09:25-12:30, PDHPE (9), 13:55-17:00, Latin Ext (4), 14:00-16:00 Basketball: Sydney School Shoot Out Grand Final Class tests: 10MaB-P3, 8MaC-P4	17 Sport: Group 1 Twenty20 tournament, Group 2 SGS v SHS Great Hall Booking: 00:01-24:00	18 TBC Volleyball: Australian Schools Volleyball Qualifying 1 Great Hall Booking: 00:01-24:00
3 C	19 HSC Exams HSC: Biology (34), 09:25-12:30 Year 9 Yearly Exams AAGPS General Committee Meeting, 13:45 Water Polo: U/15 KO Final Rugby: Committee Annual General Meeting, Staff Common Room	20 HSC Exams HSC: English Ext 1 (28), 09:25-11:30 Year 9 Yearly Exams Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30	21 HSC Exams HSC: Maths (168), Maths Ext 2 (116), 13:55-17:00 Year 9 Yearly Exams	22 HSC Exams HSC: Legal Studies (22), 09:25-12:30, Senior Science (16), 13:55-17:00, German Ext (1), 14:00-16:00 Year 9 Yearly Exams	23 HSC Exams HSC: Chemistry (106), 09:25-12:30, Software Design (12), 13:55-17:00	24  Sport: Group 1 TSC v SHS, Group 2 TSC v SHS OBU event: Class of 1975 Reunion, Great Hall, 17:00-23:00  Parking: Sydney FC v Western Sydney, 19:30 (Football)	25
4 A	26  HSC Exams  HSC: Modern History (43), 09:25-12:30, Maths Ext 1 (165), 13:55-16:00  Year 7 Yearly Exams  HSC Visual Arts Marking Class tests: P1-9YFM, P4-9XFM		28  HSC Exams  HSC: Business Studies  (25), 09:25-12:30, Chinese (4), 14:00-17:00  Year 11 Meeting, Sir  Roden Cutler information, 11.30-12.00  Year 7 Yearly Exams	29 HSC Exams HSC: SOR I (6), 09:25-11:00, SOR II (14), 09:25-12:30 Year 7 Yearly Exams	30  HSC Exams  HSC: Chinese Ext (2), 09:30-11:30, French (2), 14:00-17:00  Cutler Foundation (external collection all Yr 11) Year 8 Meeting, Selected locations, 10:15-10:40 Year 7 Yearly Exams	31 Sport: Group 1 NC v SHS , Group 2 NC v SHS	1
5 B	Attendance and Progress Review (all Years) HSC: History Ext (11), 09:25-11:30, Design and Technology (5), 13:55-15:30 Year 8 Yearly Exams	3 HSC: Geography (15), 09:25-12:30, Drama (4), 13:55-15:30 Year 8 Yearly Exams Year 10 Peer Mediation Day, Room 203, 09:00-15:20 7ArC Yearly Assessment Quiz, P3, room 611	4 HSC: Visual Arts (8), 13:55-15:30 Year 8 Yearly Exams Basketball: CHS 15 years KO Final series, Terrigal Rowing: Committee Meeting, Staff Common Room, 18:00	5 Sports Council Meeting, Board Room, 07:30 Year 8 Yearly Exams Senior Film Festival, Senior Library, 12:30-13:10 Basketball: CHS 15 years KO Final series, Terrigal	6 Years 7 vaccinations, Years 8 and 11 catch up, Jnr Library, 09:30-13:00 Parking: Sydney FC v Brisbane Roar, 19:40 (Debating)	7 Sport: Group 1 SHS v TKS, Group 2 SHS v SIC OBU event: Class of 2000 Reunion, Great Hall, 17:00-23:00	8