

The Weekly Newsletter of Sydney Boys High School

## From the Principal Valé Ms O'Brien

It is my melancholy duty to inform the school community of the passing of one of our English teachers, Ms Patricia O'Brien. She succumbed to cancer during the holidays after a protracted illness which forced her to take leave in term 2. Ms O'Brien transferred to High from Dulwich Hill at the beginning of 2005 and quickly established a reputation as a most professional, competent and dedicated practitioner. She related well to staff and students and rapidly adjusted to the culture of the school. Her stoicism was admirable as she continued to fulfil her professional obligations despite being severely ill. She felt that teaching here was the high point of her career and did not want to let anyone down. She will be missed by her students and colleagues. Patricia displayed great strength of character and courage but she was also a person who kept a low profile and valued her privacy. Our sympathies are extended to her family. Patricia will be remembered as a skilled and committed teacher and as a caring person.

#### Welcome to Term 3

Students will be as busy as usual from the start of the term with competitions, sport and The Trial HSC starts on debating. Wednesday, August 16. We have important information for parents of Year 10, 2007 on September 5 at 6 pm in the Great Hall concerning subject choices; and on September 11 in the Great Hall for Year 9. 2007 and Year 11, 2007, Year 11 examinations commence on September, 21. We are holding an important School Convocation / Retreat on September 23 at the Outterside Centre to discuss school values and future directions. We would like a wide school family representation at that event.

#### Staff Selection Panel Training

The school will need to form representative panels for at least half a dozen positions at some time in the second half of the year. We need a bigger pool of trained parent representatives. DET is offering a training course for panel members in the second week of August. We particularly need parents from language backgrounds other than English to be trained. If you would like to be involved in choosing people to teach at this school or be members of the support staff, please email Mr J. Beringer, Deputy Principal and he will supply you with the details.

High Talent



Congratulations to Sriram Srikumar who was a member of the team that won the recent world schools debating competition! Vinh Pham earned a great result at the Mathematics Olympiad and was awarded a bronze medal

- well done indeed! Congratulations also to Faraz Amin, Michael Coutts and Sriram who were all selected in the CHS debating team! In the preliminary round of the Classical Association of New South Wales Latin and Greek Reading Competition, SBHS made it to the choral teams final and three High boys were chosen for the final in Year 10 Latin: Edwin Montoya-Zorilla, Richard Hua and Alvin Leung. William Chan was highly commended. In Greek, Eugene Stadnik is a finalist. There were 17 schools represented by 135 contestants. This is a high end competition takes a lot of preparation. that Congratulations, boys and thank you to Ms Werner for her coaching and mentoring efforts. A belated congratulations to our Open Volleyball team who played tight, disciplined volleyball to retain the CHS knockout trophy. Well done to Jun Yang Sim and MIC Mr Kay for their expert and inspirational guidance of the boys.

#### Internet and Email

The school has been granted a postponement of transition to secure internet browsing and email controlled by DET until further notice. **Dr K Jaggar** 

#### Video Festival



Rose Bay Secondary College is hosting their 8th Annual "V-Fest" Student Video Festival at the Chauvel Cinema Paddington on Tuesday 18 September 2006. The festival has been designed to promote and embrace the wealth

of media talent being created in both public and private high schools in Sydney.

There are two categories for entries: The Junior Section (Years 7-10) and the Senior section (Years 11-12). There are no limitations on content as the entries are judged only under these two categories. The only **MUST** is the inclusion of the **V-FEST** letter **"V**" somewhere in the action. This letter could be found somewhere in the environment or could be an actual letter **"V**".

All students need is a camera and a passion for film! If you are submitting a video project in any subject for the HSC, this could be entered for competition (just don't forget to edit a "V" somewhere in the action on a copy tape).

Entry forms are available from the Art Department or from Ms Brewer.

Entries close at 5.00 pm on Thursday, 7 September 2006.

#### Back to Back NSW Volleyball Champions



High won the 2006 NSW CHS Volleyball Knockout and defended the title won in 2005 to become state champions for the second consecutive year.

The final 16 playoffs were held during the last week of last term at Olympic Park. The lead up was not without drama with 4 of the starting 6 not fully fit leading into the finals. Alex Le, Terry Ly, Oliver Konakoff and Warren Trac were all battling a combination of injury and sickness.

The value of the large 11 player team was realised as players such as Jamie Tao, David Dizon, Sam Lee, Ping Du and Danny Ng maintained the team momentum without any change to the system of play. The depth of the team was one of its strengths. High only conceded one set (to West Wyalong) during the entire knockout which commenced in February.

Sydney Boys High and Great Lakes Secondary College have been two of the dominant volleyball schools this year so it was fitting when they were drawn to meet in the final. Our players arrived at the court in full uniform and blazers. This plus the choir of Old Boys that turned up to sing the school song had the north coast opposition wondering what was going on. "High Spirit" was alive and well.

Great Lakes started confidently in the first set and moved out to an 18-12 lead. High called a time out and changed the attack strategy to hit deep cross court spikes. This won several quick points but Great Lake's tall blockers were able to respond and double block this tactic. The score was now 21-17 to Great Lakes (sets are played to 25). High countered by changing to an attack system that was developed specifically for this situation and would be orchestrated skilfully by setters Nguyen and Le. High's centre hitters would run quick balls across the middle of the net forcing the opposing blockers to hold their position, then push sets all the way to the antennae for High's outside hitters to hit down the line. This, combined with the decision that it was time to increase the pace of play saw High's athletic spikers, Ly and Konakoff too powerful for Great Lakes to handle . High regained control and took the set 25-23, going on to win the match in straight sets.

High's champion volleyball team consists of Sam Lee(captain), Victor Nguyen, Alex Le, Jamie Tao, Weiping Lu, David Dizon, Terry Ly, Oliver Konakoff, Warren Trac, Ping Du, Danny Ng.

#### Sydney High's Junior Volleyball Tournament

High will be hosting its annual invitational tournament at the end of week 5 this term. Teams competing will be Nowra, Bomaderry, Great Lakes, Baulkam Hills and High

<u>Date:</u> Saturday 19<sup>th</sup> August <u>Divisions:</u> Year 7, Year 8, Year 9



#### From the Canteen



A big thank you from the canteen ladies to Christina Chow for her efforts in making new aprons for the canteen. These aprons are very hard to buy and we were getting

desperate. Thanks again.

#### From the High Store



Purchase a SHS beanie for \$20 & you will receive a FREE pencil case. Be quick not to miss out.

#### Rugby Committee Meeting Summary

The fourth meeting of the SBHS Rugby Committee for 2006 season was held on 28/6/06.

The following is a summary of the meeting:

**Attended:** Rob Fetherston, Judy Fetherston, Kel O'Keefe, Katharine Deacon, Adrian Vertoudakis, Christina Chow, Geoff Stein.

Apologies: Serdar Bolen, Andrea Freiman.

**BBQ Voucher/Encouragement Awards** –Vouchers distributed to coaches.

**Cake and Coffee Fliers** – Went out to the 13's and was well supported. Will go out to the 14 years teams for the Shore game and the 15's for the Grammar game.

**Correspondence** – Email received from a King's School parent congratulating our

1<sup>st</sup> XV on their spirit and commitment in the recent rugby match.

**Treasurer's Mid-Season Report** was tabled showing the income and expenses for the month of June. Current account prior to meeting was \$7642.33 An invoice of \$45 for the recent junior goal kicking clinic was submitted at the meeting.

**Fairland Pavilion Supplies** – Laurie Heil said that he will purchase more cups and saucers for the kitchen.

**Rugby Canteen and BBQ** went well. Made approximately \$5K which is a reasonable amount for a King's game.

1<sup>st</sup> XV Afternoon Tea –Parents will be offered refreshments before the players arrive. Students attending the afternoon tea will be asked to refrain from eating until the 1<sup>st</sup> XV players from both sides have arrived.

Holiday Matches –High is hosting an English school (Old Swinford Hospital) during the holidays. Tuesday 11<sup>th</sup> July, 2<sup>nd</sup> XV at 12.00 pm and 1<sup>st</sup> XV at 1.30 pm on McKay 1.

Grading of High Teams – A question was raised about the grading procedures for our trial and GPS games. In the past there have been two Unmatched fixtures meetings where the MIC's of rugby from the various school associations (GPS, CAS, ISA as well as other rugby playing schools) meet to declare the number of teams they have at each age level for the season and the relative strengths of those teams, to negotiate competitive matches. It is a process that lasts several hours. The first meeting was held in May and organised the Term 2 matches. A second meeting was held in the last week of Term 2 to organise the Term 3 matches. The second meeting allowed for a regrading of teams which proved stronger or weaker than the initial grading. In some instances schools withdrew teams at the lower levels due injuries. In some instances schools added teams due to players joining age groups as the season progressed. I always felt the second meeting was vital in avoiding too many one-sided matches.

In 2006 the CAS schools pushed for only one Unmatched fixtures meeting. This meant the entire season was organised after one trial match. I submitted the 11 High teams based on our Winter sign up numbers. I graded our A teams at the A level, our B teams at the D level with the inclusion of St Greg's at the B level and Hurlstone Agricultural College for their first year at the C level. The success of our rugby program has seen some age groups increase their numbers to the extent of being able to field an extra team. Some teams have improved so much that they would benefit from being regraded at a higher level. Unfortunately with no second meeting this season it is not possible to change our situation to any great degree. I have been in touch with the MIC's of Shore, Grammar and St Ignatius to try and resolve the grading issue but we will not be able to field any more teams than I originally submitted.

If any parents have further questions regarding this issue please don't hesitate to contact me on 93610027 during school hours or on Saturdays at the rugby. **Next meeting** Wed. 26 July 2006, 6.00 pm in Room 901. All welcome. **G. Stein MIC Rugby** 

## Extension Work for Year 9 Unit: Indigenous Representation

Year 9 students interested in producing winning work are encouraged to enter a competition held by The Human Rights and Equal Opportunity Commission. This competition links to work completed in class this term.

## **Competition Details**

The Human Rights and Equal Opportunity Commission (HREOC) is calling for young Australians between the ages of 11 and 18 to enter the Human Writes personal essay competition.

The competition was first held last year, as part of the Young People and Human Rights Dialogue project. The resulting report, 'Rights of Passage', provided a unique insight into what young Australian's think and feel about human rights.

In the competitions' second year, HREOC aims to seek out some of the most creative and talented young people in the country to voice their views on important human rights issues in Australia.

There are great prizes on offer!

HREOC will award iPods or digital cameras to the national winners and the Australian Red Cross has prizes for State and Territory winners.

Winning and short listed essays from last year's competitions can be viewed on the HREOC website at: <u>http://www.humanrights.gov.au/human\_rights/rights\_of\_passage/essay/</u>

For more information, including entry forms, hints and tips, eligibility, conditions of entry go to <u>http://www.humanrights.gov.au/competitions/index.html</u>.

## Entries close FRIDAY 11 AUGUST 2006

Whilst this is a particularly Year 9 initiative, students in other years are also encouraged to enter.

Submit your essays to Ms Boukatos in the English Staffroom.



## SBHS Debating 2006 BUMPER EDITION- READ ME CAREFULLY!

Coaching for ALL years will be held on Friday afternoons in term 3. Year 7 and 8 will be in the 500 rooms, the rest in the 400's.

## SRIRAM WINS "WORLDS" IN WALES!

Forget the Socceroos! Australia has won a WORLD CUP- the World Schools Debating Tournament, which was held in the holidays. Sriram Srikumar was a member of the 5 person team which beat Ireland in the final to take out the Premiership for the *4<sup>th</sup> year in a row.* He was ranked 7<sup>th</sup> best High School Debater in the World, and incredible achievement- Well Done!

### **GPS TEAM ANNOUNCEMENTS**

Congratulations to all of the boys who tried out, especially those who made it into teams. There are a large number of debaters in year 7 and 8 and the task of selections was very difficult. GPS Team Selections have been completed and teams have been emailed to year 7 and 8 and are posted on the noticeboard outside 603. With year 7 and 8, there will be a set A Team which will debate each week and then a number of B Teams (B1, B2, B3) which will rotate from week to week and debate each other at home debates.

### DEBATING CODE OF CONDUCT- Please complete and return ASAP

ALL BOYS IN YEAR 7 and 8 WHO ARE ATTENDING COACHING IN TERM 3 MUST HAVE RETURNED THEIR CODE OF CONDUCT TO ATTEND TRAINING. The newly devised *Debating Code of Conduct* was issued to boys in Year 7 and 8 last term, in order to clearly outline the standards of behaviour in coaching and at debates that is expected at SBHS. Parents and students are asked to read, sign and return the slip to me ASAP, and keep this in mind when representing High as a debater. A copy can also be found on the website.

### DEBATING ASSEMBLY- Friday July 21st

All parents of Debaters are invited to attend the Annual Debating Assembly which will be held in the Great Hall at approximately midday on Friday July 21<sup>st</sup>. We will launch the official GPS Debating Season for 2006 and announce First and Second Grade teams, who will debate their first GPS debate against Shore that night. Ex-Student Alex Bodman will be the Guest Speaker.

## "DEBATING RECORDERS" FOR THE RECORD 2006

I am still seeking boys in each year (except year 8) to act as Recorders for the record. Please let me know this week if you are interested otherwise I will be nominating people for the job! It is pretty simple -recording and documenting the main features and highlights each debate and team and reporting the season in an interesting way.

### GPS EVENTS CALENDAR

Please diarise all the GPS Debate dates and venues. All information can be found on the website- <u>http://www.sydneyhigh.org.au/debating</u>.

## CARPOOLING and TRANSPORT TO AWAY DEBATES

In terms of car pooling and transport to the events, we have decided that the easiest and most effective way of solving this perennial issue is to **publish each team members home suburb** behind their name and any boy who needs a lift to or from debates should approach that student themselves in terms of arranging lifts. The onus is on boys who need lifts to organise this for themselves. I have arranged for Serdar Bolen to drive the large school bus out to KINGS for our debate there in week 7.

### DON'T FORGET TO CHECK YOUR EMAIL!

Email is the main form of communication for debating. Only basic notices are printed in High Notes, important team information is emailed to the relevant students or parents each week. If you are NOT getting the team information - send an email to <u>sbhsdebating@gmail.com</u>.

### THE DEBATING DINNER 2006.

This years Debating Dinner is being held on **Saturday September 2<sup>nd</sup> in the Great Hall**. Last year the dinner was a sold out event in the Outterside Centre, so we have moved to the Great Hall in order to ensure everyone is able to attend.

The cost of the dinner will be **\$30 per adult and student**. A special price for siblings under 10 years of age has been negotiated at \$20. Payment for the dinner can be made at the main office from Monday July 26<sup>th</sup> until Friday August 25<sup>th</sup>.

### DEBATING SUPPORTERS GROUP

The DSG has their own email address- sbhsdsg@gmail.com.

# The next meeting is Tuesday August 8th at 6.30pm in the Teachers Common Room.

We will be discussing and planning this year Debating Dinner so please come along and share your ideas with us! We encourage all debating parents (especially those with sons in year 7, 8 and 9) to attend and to become involved in supporting your sons debating "career"!

### **CAR PARKING- THIS SATURDAY July 22 from 5PM** Contact Craig Phillis if you can assist in the afternoon on 0418 119 443

For more information email <u>sbhsdebating@gmail.com</u>. MS JOCELYN BREWER- MIC DEBATING

# THE ONION BAG



Welcome back after the holidays. I hope you have all enjoyed and have taken inspiration, from the World Cup experience. It was a tournament that highlighted everything that is great about football. The exquisite skills of the world's best players, the physical endurance required to play for 2 hours, the mental toughness of the penalty shoot out.

Unfortunately we also witnessed some of the lowlights off the game. The most notable was Zinidine Zidane's shameful reaction to comments made by an opponent. I'll remind boys to read the AAGPS Code of Practice in regards to player behaviour. Whilst the GPS competition is not quite the World Cup, there are occasions when tempers fray and words are spoken. No matter how you may have been provoked, physical violence on the football field can never be condoned. If you feel that you have been vilified in some way, the correct course of action is to report the matter to your coach immediately.

The second half of the GPS season gets underway this weekend with most games against Shore. Please ensure that you get to your venue at least 30 minutes prior to kick off to allow enough time to fully prepare for your game.

The **Dolan Cup** is still wide open with four rounds to play. Mr Pearson's 3<sup>rd</sup> grade leads on 15 points, closely followed by the 16B, 15A, 14A and 14B all on 13 points.

I again encourage all teams to submit a short match summary each week, to be included in The Onion Bag. It is a great way to recognise the efforts of teams and individuals alike. Reports need to be submitted by Monday afternoon. They can be forwarded on to me at the following address.

giffordr@sydneyboys-h.schools.nsw.edu.au

Wet weather numbers: SBHS - 9361 0027 Centennial Park - 9339 6670



Quote of the Week

'Although we are playing Russian Roulette we are obviously playing Catch 22 at the moment and it's a difficult scenario to get my head round' - PAUL STURROCK



#### GPS Round 4 SHORE 22/7

Team	Opponent	Venue	Time
1st	Shore	McKay1	9.45
2nd	Shore	McKay1	8.30
3rd	Shore	McKay 4	11.00
4th	Shore	McKay 4	10.00
5th	Shore	McKay 4	9.00
6th	Shore	McKay 4	8.00
16 A	Shore	MPW 16	8.00
16B	Shore	MPW 16	9.00
16C	Shore	MPW 16	10.00
16D	Shore	MPW 16	11.00
15A	Shore	MPW 18	8.00
15B	Shore	MPW 18	9.00
15C	Shore	MPW 18	10.00
15D	St Pats	SPC 3	10.30
14A	Shore	N'Bridge D	12.00
14B	Shore	N'Bridge D	11.00
14C	Shore	N'Bridge D	10.00
14D	Shore	N'Bridge D	9.00
14E	Grammar	MPW 18	11.00
13A	Shore	MPW 17	11.00
13B	Shore	MPW 17	10.00
13C	Shore	MPW 17	9.00
13D	Shore	MPW 17	8.00

# Vedic Scripture Classes

## START FRIDAY JULY 28TH

I am pleased to announce the commencement of scripture and spiritual classes based on the philosophy of Hinduism. You don't have to be a "Hindu" to join us. The classes are aimed at developing an understanding of Vedic Philosophy and science through the study of the scriptures called the Vedas (meaning knowledge).

Krsnangi Devi Dasi and Hemang Prabhu will lead the classes each Friday. They are well qualified in Vedic Philosophy and have experience teaching young people.

Hemang Prabhu was brought up in a religious family in India and came to Australia in 2000. He holds a Masters degree in Information system from Australian Catholic University and his "day job" is working with Australia Post. Hemang has been studying the Bhagavad-Gita and other Vedic scriptures for 9 years and has been teaching them for the last 4. He is actively involved in ISKCON Sydney and is the president of the IYF (ISKCON Youth Group).

The course will follow this basic format  $\rightarrow$ 

- Week 1: Introduction to course
- Week 2 : Introduction to Vedic Scriptures
- Week 3 : The Soul
- Week 4 : Karma and Reincarnation
- Week 5 : The importance of being human
- Week 6: Different yoga systems
- Week 7: God, Demigods and Incarnations
- Week 8 : Krishna- The Supreme personality of Godhead
- Week 9: Bhakti yoga- Devotional service
- Week 10: The Spiritual world

If you would like your son to participate in the Vedic scripture classes, please join us! If you would like to be on the email list to receive further communication then please email Ms Brewer at <u>missbrewer {at} gmail</u> <u>{dot} com</u>.

Namaste!



# YEAR 12 CLASS OF 2006

# **GIFT TO THE SCHOOL**

Traditionally each Year 12 cohort raises funds to give the School a parting gift by which to remember them.

Year 12 – 2006 are *"IN ACTION"* raising funds for our parting gift.

On Monday, 24<sup>th</sup> July, at the assembly, Year 12 boys will be given a letter to parents and an order/payment form to take home, complete and return to the school cashiers office by end of lunch

Tuesday, 8<sup>th</sup> August.

ALL YEAR 12 PARENTS PLEASE ASK YOUR SON FOR THE LETTER AND FORM.

With Thanks - Phillip Roser, Senior Prefect for the Class of 2006



# SYDNEY HIGH SCHOOL ROWING COMMITTEE

Invites all Rowing Parents And other Interested Parties

То

The Annual General Meeting 2006

At 7.30pm, Tuesday, 1 August In the Staff Common Room

All positions are declared vacant and are up for nomination and election.

With Year 12 parents 'retiring' we need lots of new faces on the Committee.

Come along, be part of the team and support our Rowers in 2007

# Year 7 Parents – Plea to Inform Your Old Primary School About SBHS

Could any Year 7 parent particularly one who still has children at your son's old Primary School please assist us to contact Year 5 parents there.

Many parents have no idea they have to apply for their children to sit the Selective School's Test. Many also have no idea of the benefits Selective School education can offer to their children. In particular they have no idea of the very special benefits our school offers to boys.

If you do not mind assisting your sons to give a prepared talk at your primary school please contact Mrs Crothers - our school librarian - on crothersv@sydneyboys-h.schools.nsw.edu.au .

(I will train your son and organise for handouts and contact your primary principal for you)

Many thanks Veronica Crothers

# FOOD FOR THOUGHT

Cold, wintry, wet days.....fancy some hot lunch....maybe a sub.... or a chicken pie....AAAGHH!!....SOLD OUT ALREADY....??????

SOLUTION......Simply order lunch early and NEVER miss out!



Why not call in for Breakfast.....

Hot Chocolate only	\$1.00
Cheese & Tomato Toasted Sandwich	\$1.20
Ham & Cheese Croissant	\$2.20

AND AT THE SAME TIME ORDER LUNCH such as Beef or Chicken Cup Noodles (by lunch order.....\$2.20

> And there's lots more besides. FROM THE CANTEEN TEAM



## MUSIC NOTES

Welcome back to the start of another new school term. We hope you had a lovely and enjoyable holiday. This term sees another busy session with our senior boys doing their HSC performances and composition recordings. Please stay in tune for any upcoming performance events.

## Music Parking

Thank you very much to all the students and parents who helped out on the music parking during the holidays. Your generous time and assistance in raising funds for the music programme is greatly appreciated.

## Jazz group

Congratulations to our Jazz Group (Yr 11: Alex Vertoudakis and Richie Xu, and Yr 10: Muhamed Mehmedbasic, Ashwin Thomas and Ivan Cerecina) who got through the auditions for the Sydney Region Music Festival. They will be performing at the Sydney Opera House on Tuesday the 5<sup>th</sup> of September in the Concert Hall (7pm). Tickets are available to the public through the box office or online from the Opera House from the 19<sup>th</sup> of July (Adults \$26 and Concession \$16). Please come along and support our Jazz Group and listen to other outstanding ensembles from schools around Sydney.

## Piano Competition

Calling all budding piano players, the Sydney Boys High Piano Competition will be held from week 3 this term. This is fantastic performance opportunity to play and be recognised for your musical skills with great prizes to be won in each category. Please fill in the form overleaf and return to the music staff (extended till end of week 2). We greatly encourage all pianists to participate particularly if you are working towards a performance exam as you will gain experience and receive constructive feedback from the adjudicators.

## Senior Stage Band

The senior stage band's performance at the Sydney Maritime Museum's Music Festival will be shown on the Sunday Arts program (4-5pm), ABC channel within the next few weeks. Stay tuned to for more information on their fantastic performance.





## The Great Sydney Boys High Piano Competition

The first ever piano competition at SBHS will be held this term from week 3. Due to time restraints the competition was postponed, please see below for further details. Students interested in entering can still submit forms to the music staff by Friday 28th of July 06 (End of week 2). There will be great prizes for the winners of the competition.

We encourage all pianists to enter as this is a great performance opportunity and a wonderful learning experience. Solo performance pieces can range from any genre (Baroque to Contemporary) with time limits for each year group listed below.

Competition to be held on at lunchtime at the beginning of term 3. Please stay in tune to the notices for details of performance schedules.

Time Limits for performance pieces:		Yr 7 and 8	– 3 mins maximum	Week 4
		Yr 9 and 10	<ul> <li>4 mins maximum</li> </ul>	Week 5
		Yr 11 and 12	<ul> <li>5 mins maximum</li> </ul>	Week 3
Entry Fee of	- \$2.00 for Yr 7 and 8			
	- \$3.00 for Yr 9 and 10			
	- \$4.00 for Yr 11 and 12			
Check Music Noticeboard for timetable in the week previous to the competition.				

Please complete the entry form attached below and return to the Music staff by Friday the 28<sup>th</sup> of July 2006 (Week 2).

· · · · ·

Name: \_\_\_\_\_ Roll Class: \_\_\_\_\_

Title of Piece and Composer:

Fee:

#### SYDNEY BOYS' HIGH SCHOOL

#### **Canteen Price List**

#### Open Hours 8:30am - 1:40pm

#### 8:30 to 9:00 a.m. \* a time to place lunch orders \* breakfast is available

It is to your advantage to pre-order lunches: it saves waiting in queues and ensures you get what you want.

#### **Sandwiches and Rolls**

Filling	Sandwiches	Rolls
Orders only:		
cheese & salad	\$ 2.20	\$ 2.80
chicken & salad	\$ 3.20	\$ 3.80
corned beef & salad	\$ 2.60	\$ 3.40
curried egg & lettuce	\$ 2.20	\$ 2.50
egg & lettuce	\$ 2.20	\$ 2.50
egg & salad	\$ 2.50	\$ 3.00
ham & tomato	\$ 2.40	\$ 2.80
ham & salad	\$ 2.60	\$ 3.40
roast beef & salad	\$ 3.00	\$ 3.50
salmon & salad	\$ 2.80	\$ 3.50
vegemite	\$ 1.20	\$ 1.50

Orders and over-counter sales:			
buttered roll	-	\$ 1.20	
cheese & tomato	\$ 1.50	\$ 2.00	
chicken & coleslaw	\$ 2.80	\$ 3.50	
chicken & lettuce	\$ 2.80	\$ 3.50	
corned beef & tomato	\$ 2.40	\$ 2.80	
dagwood		\$ 3.00	
roast beef & tomato	\$ 2.50	\$ 3.00	
roast beef, seeded	\$ 2.50	\$3.00	
mustard & lettuce			
salad	\$ 2.00	\$ 2.50	
chicken or lamb yeeros		\$ 5.00	
wrap			
Mini wrap			
- chicken & coleslaw		\$ 2.50	
- lamb & tabouleh		\$ 2.50	
Available in brown/white bread; extras 20c			
Sushi			
- beef	\$2.40		
- salmon			
- tuna			
- veg			

#### **Cakes, Muffins and Fruit**

custard tart	\$ 2.10
choc chip/anzac cookies	\$ 1.00
chelsea bun/cupcake	\$ 1.80
muffin	\$ 2.50
apple, orange, banana	\$ 0.80
fresh fruit salad	\$ 2.00
fun bun	\$ 1.30
banana bread	\$ 1.40

#### Hot Food

Orders and over-counter sales:		
cheese & spinach puff	\$ 2.30	
chicken & corn roll	\$ 1.30	
chicken puff	\$ 2.50	
chicken Halal pie	\$ 3.00	
chilli pie	\$ 3.50	
garlic bread	\$ 1.50	
lasagne/ravioli/spaghetti/macaroni &	\$ 3.00	
cheese		
meat pie (sauce + 20c extra)	\$ 2.60	
pizza pocket	\$ 1.60	
pizza rounda	\$ 1.80	
pizza slab	\$ 2.20	
potato pie	\$ 3.20	
sausage roll	\$ 1.80	
steak sandwich w/sauce	\$ 2.50	
sweet chilli chicken sub w/sauce	\$ 3.50	
hot chicken/mayo roll	\$ 3.50	
hot chicken/mayo sandwich	\$ 2.80	
hot dog and sauce	\$ 2.00	

#### **Drinks**

300ml plain milk	\$ 1.10
300ml flavoured milk	\$ 1.70
600ml plain milk	\$ 1.70
600ml flavoured milk	\$ 2.30
mineral water	\$ 1.40
Powerade <sup>TM</sup>	\$ 2.60
400ml 100% orange juice with iron	\$ 2.30
Diet 375ml Coke/Lift/Sprite Zero <sup>TM</sup>	\$ 1.80
Diet 600ml Coke/Sprite Zero <sup>TM</sup>	\$ 2.50
Aroona-carbonated spring fruits water	\$ 1.60
Berri – Long Life Juices	\$ 1.60

#### Sweets and ice creams/blocks over counter

Minor price changes will occur as a direct result of increases by suppliers

All canteen profits are returned to the school for the benefit of the boys' education and development