

Swimming Report 2014



School Swimming Carnival 2014

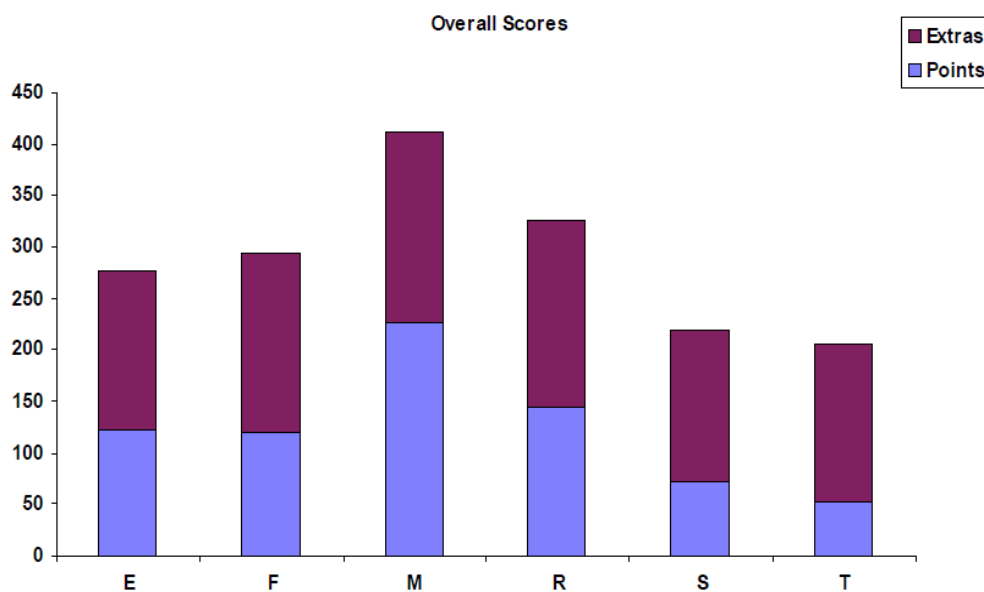
The school swimming carnival was held on Monday the 3rd February at Des Renford Pool, Maroubra. The sunny weather contributed to an excellent attendance with over 800 boys showing up. It was great to see so many boys participating in so many events. This year, we have discovered some extraordinary talent, especially in the junior and intermediate years, with many school records broken. All results/records can be viewed on the school website listed below:

<http://www.sydneyboyshigh.com/documents/carnivals/2014/swim/index.htm>

In Summary:

HOUSE POINTS

PLACE	TEAM	TOTAL	EXTRAS	GRAND TOT.
1	McKay	227	185	412
2	Rubie	144	182	326
3	Fairland	120	174	294
4	Eedy	122	155	277
5	Saxby	72	147	219
6	Torrington	53	152	205



Congratulations McKay

RECORDS

Backstroke 50-100m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12	Male	James LUO	McKay	'38.00	Mins	3/02/2014
13	Male	Allen GUO	Fairland	'36.20	Mins	3/02/2014
14	Male	Leonard MAH	Rubie	0'34.25	Mins	14/02/2011
15	Male	ELLIS LOUIE	Eedy	'32.03	Mins	4/02/2003
16	Male	Christian HADD0	Eedy	1'10.70	Mins	3/02/2014
17_O	Male	Eugene LEE	Rubie	1'15.40	Mins	3/02/2014

Breaststroke 50-100m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	'43.08	Mins	3/02/2014
13	Male	Allen GUO	Fairland	'38.34	Mins	3/02/2014
14	Male	Kevin GUO	Eedy	0'35.19	Mins	4/02/2013
15	Male	Andrew REIS	Eedy	'33.44	Mins	3/02/2004
16	Male	Andrew REIS	Eedy	1'10.00	Mins	8/02/2005
17_O	Male	Benjamin CHOW	Rubie	1'05.00	Mins	8/02/2005

Butterfly 50-100m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	'35.87	Mins	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	'32.47	Mins	14/02/2011
14	Male	Kazuo NAKAMURA	McKay	'31.72	Mins	6/02/2012
15	Male	Christian HADD0	Eedy	0'29.80	Mins	4/02/2013
16	Male	Ellis LOUIE	Eedy	1'03.90	Mins	3/02/2004
17_O	Male	Thomas MILLER	Torrington	1'02.25	Mins	3/02/2004

Freestyle 100m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	1'09.00	Mins	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	1'05.05	Mins	14/02/2011
14	Male	Leonard MAH	Rubie	1'02.30	Mins	14/02/2011
15	Male	Christian HADD0	Eedy	0'58.30	Mins	4/02/2013
16	Male	Christian HADD0	Eedy	1'00.40	Mins	3/02/2014
17_O	Male	Thomas MILLER	Torrington	0'55.57	Mins	3/02/2004

Freestyle 200m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	2'31.00	Mins	3/02/2014
13	Male	Brandon YOON	Eedy	2'28.00	Mins	4/02/2013

14	Male	Kalem BEST	McKay	2'17.80	Mins	4/02/2013
15	Male	Jake ROWLANDS	Rubie	2'10.00	Mins	3/02/2014
16	Male	Christian HADD0	Eedy	2'10.00	Mins	3/02/2014
17_O	Male	Thomas MILLER	Torrington	2'05.41	Mins	3/02/2004

Freestyle 400m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
15_U	Male	Jake ROWLANDS	Rubie	4'38.02	Mins	3/02/2014
16	Male	Andrew REIS	Eedy	4'26.33	Mins	8/02/2005
17_O	Male	G BREWER		4'12.00	Mins	31/01/1976

Freestyle 50m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	31.50	Secs	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	29.50	Secs	14/02/2011
14	Male	Leonard MAH	Rubie	27.94	Secs	14/02/2011
15	Male	Christian HADD0	Eedy	26.80	Secs	4/02/2013
15	Male	Leonard MAH	Rubie	26.80	Secs	6/02/2012
16	Male	Tom MILLER	Torrington	26.15	Secs	6/02/2002
17_O	Male	Thomas MILLER	Torrington	25.18	Secs	3/02/2004

Freestyle 800m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
16_U	Male	B EBEL		9'16.34	Mins	31/01/2003
17_O	Male	S CROFT		9'30.91	Mins	31/01/2003

Individual Medley 200-400m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
16_U	Male	Andrew REIS	Eedy	2'28.00	Mins	8/02/2005
17_O	Male	Barry DUBOVSKY	Torrington	6'17.83	Mins	3/02/2004

Age Champions 2014

12 Years- James Luo
 13 Years- Allen Guo
 14 Years- Brendon Yoon
 15 Years- Kalem Best
 16 Years- Christian Haddo
 17 Years- Michael Sawang
 18+ Years – Eugene Lee



RECORDS

Congratulations to all participants, especially those recording their personal best. A special mention to the following boys who broke records on the day: (As per table of Record Holders)

- James Luo
- Allen Guo
- Jake Rowlands
- Christian Haddo
- Eugene Lee



The Record breakers; Left to Right: Allen Guo, James Luo, Christian Haddo, Jake Rowlands and Eugene Lee

The GPS relay (4X100m) medley

A promising younger HIGH team was unable to overcome a strong Riverview team who went on to win the event by the narrowest of margins. Congratulations to them. However, SBHS finished a pleasing 3rd. Well done boys.



From left to right:: Max Menzel, Kevin Guo, Kazuo Nakamura and Christian Haddo.

GPS Captains dinner (St Ignatius) - Monday night 3th Feb 2014

Congratulations to Eugene Lee (Captain) and Yu Peng Man (Vice-captain) who represented our school with such pride at the captain's dinner on Monday night. They were all fine ambassadors for the school. Eugene's speech emphasised the importance of training, HIGH's improvement in swimming, commitment and never give up attitude and always performing to the best of your ability. He also focused on the benefits of the GPS competition. Well done.



Yu Peng Man (VC) and Eugene Lee (C) @ Riverview for the GPS Swimming Captains dinner Monday night on the 3rd February 2014.

Newington Carnival 1

The first GPS swimming carnival of the 2014 season was held last Friday evening at the Newington College. Following the 14 records set at the school carnival and the 3rd place finish in the GPS Opens relay, higher expectations were placed on the High swimmers to deliver at this carnival. The competition was intense at this preliminary carnival as all schools wanted to make a point for the season ahead.

Overall, our swimmers performed credibly. Congratulations to the following 1st place finishes:

Event 2 Boys 12 Years 50		Metre Freestyle		Finals Time
Name	Age	Team		
1 Luo, James	12	Sydney Boys High		30.50

Event 6 Boys 16 Years 50		Metre Freestyle		Finals Time
Name	Age	Team		
1 Haddo, Christian	16	Sydney Boys High		26.25

Event 25 Boys 15 Years 4x50 Metre Medley Relay				Finals Time
Team				
1 Sydney Boys High				2:03.45
1) Best, Kalem 15	2) Rowlands, Jake 15	3) Guo, Kevin 15	4) Qiu, Jason 15	

Event 36 Boys 12 Years 100		Metre Freestyle		Finals Time
Name	Age	Team		
1 Luo, James	12	Sydney Boys High		1:07.43

Event 40 Boys 16 Years 100		Metre Freestyle		Finals Time
Name	Age	Team		
1 Haddo, Christian	16	Sydney Boys High		58.16

Event 43 Boys 12 Years 50		Metre Butterfly		Finals Time
Name	Age	Team		
1 Luo, James	12	Sydney Boys High		35.32

Event 53 Boys 16 Years 4x50 Metre Freestyle Relay				Finals Time
Team				
1 Sydney Boys High				1:49.27
1) Haddo, Christian 16	2) McNaughton, Andrew 16	3) Kim, Kyne 16	4) Menzel, Max 16	

SOPAC Carnival 2

Carnival 2 proved rather competitive with all GPS schools fighting for CIS spots. There were many credible performers on the night. Congratulations to the following 1st place finishes:

Event 2 Boys 12 Years 50 Metre Freestyle Championship		GPS: 28.76 R 13/03/2009 Allen Guo – Sydney Boys High		Finals Time
Name	Age	Team		
1 Luo, James	12	Sydney Boys High		30.29

Event 10 Boys 15-16 200 Metre Freestyle (Intermediate) Division		GPS: 1:56.29 R 24/02/2012 Peter Topalidis – The Kings School		Finals Time
Name	Age	Team		
1 Rowlands, Jake	15	Sydney Boys High		2:07.52

Event 28 Boys 15 Years 50 Metre Breaststroke		GPS: 31.47 R 13/03/2013 Lachlan Hile– Shore School		Finals Time
Name	Age	Team		
1 Guo, Kevin	15	Sydney Boys High		34.19

Event 35 Boys 12 Years 50 Metre Butterfly		GPS: 31.77 R 13/03/2009 Christopher Dwyer - St Ignatius' College		Finals Time
Name	Age	Team		
1 Luo, James	12	Sydney Boys High		35.19

Event 39 Boys 16 Years 50 Metre Butterfly

GPS: 26.17 R 18/03/2010 Te Haumi Maxwell - Newington College

Name	Age	Team	Finals Time
1 Nakamura, Kazuo	16	Sydney Boys High	28.76

Event 42 Boys 12-14 200 Metre Breaststroke (Junior)

GPS: 2:43.14 R 2012 Lachlan Hile - Shore School

Name	Age	Team	Finals Time
1 Guo, Allen	13	Sydney Boys High	3:06.75

Event 45 Boys 12 Years 50 Metre Backstroke Championship

GPS: 34.57 R 13/03/2009 Christopher Dwyer - St Ignatius' College

Name	Age	Team	Finals Time
1 Luo, James	12	Sydney Boys High	36.14

Event 57 Boys 15 Years 4x50 Metre Freestyle Relay

GPS: 1:45.70 R 2011 St Ignatius' College

Team	Relay	Finals Time
1 Sydney Boys High		1:51.61
1) Best, Kalem 15	2) Rowlands, Jake 15	4) Qiu, Jason 15
29.48	57.12	1:24.92
		1:51.61

Event 58 Boys 16 Years 4x50 Metre Freestyle Relay

GPS: 1:42.05 R 2012 St Ignatius' College

Team	Relay	Finals Time
1 Sydney Boys High		1:47.35
1) Haddo, Christian 16	2) McNaughton, Andrew 16	4) Menzel, Max 16
27.68	55.09	1:21.47
		1:47.35

Riverview - Carnival 3

A rather experimental night where all swimmers were given opportunities to try out other strokes. Despite this there were some notable performers. Congratulations to the following 1st place finishes:

Event 3 Boys 12 Years 50 Metre Freestyle Championship

Name	Age	Team	Finals Time
1 Luo, James	12	Sydney Boys High	30.97

Event 5 Boys 14 Years 50 Metre Freestyle Championship

Name	Age	Team	Finals Time
1 Yoon, Brendan	14	Sydney Boys High	28.70

Event 7 Boys 16 Years 50 Metre Freestyle Championship

Name	Age	Team	Finals Time
1 Haddo, Christian	16	Sydney Boys High	25.98

Event 10 Boys 12 Years 50 Metre Freestyle Division

Name	Age	Team	Finals Time
1 Xu, Jinmin	12	Sydney Boys High	32.00

Event 17 Boys 12 Years 50 Metre Breaststroke Championship

Name	Age	Team	Finals Time
1 Luo, James	12	Sydney Boys High	40.47

Event 18 Boys 13 Years 50 Metre Breaststroke Championship

Name	Age	Team	Finals Time
1 Guo, Allen	13	Sydney Boys High	37.84

Event 24 Boys 12 Years 50 Metre Breaststroke Division

Name	Age	Team	Finals Time
------	-----	------	-------------

1	Xu, Jinmin	12 Sydney Boys High	40.93
Event 26 Boys 14 Years 50 Metre Breaststroke Division			
	Name	Age Team	Finals Time
1	Yoon, Brendan	14 Sydney Boys High	38.91
Event 28 Boys 16 Years 50 Metre Breaststroke Division			
	Name	Age Team	Finals Time
1	Haddo, Christian	16 Sydney Boys High	36.39
Event 29 Boys 17 Years 50 Metre Breaststroke Division			
	Name	Age Team	Finals Time
1	Mah, Leonard	17 Sydney Boys High	33.35
Event 32 Boys 12 Years 50 Metre Backstroke Championship			
	Name	Age Team	Finals Time
1	Luo, James	12 Sydney Boys High	37.55
Event 34 Boys 14 Years 50 Metre Backstroke Championship			
	Name	Age Team	Finals Time
1	Yoon, Brendan	14 Sydney Boys High	33.49
Event 39 Boys 12 Years 50 Metre Backstroke Division			
	Name	Age Team	Finals Time
1	Xu, Jinmin	12 Sydney Boys High	36.49
Event 41 Boys 14 Years 50 Metre Backstroke Division			
	Name	Age Team	Finals Time
1	Feng, Adam	14 Sydney Boys High	34.09
Event 46 Boys 12 Years 50 Metre Butterfly Championship			
	Name	Age Team	Finals Time
1	Luo, James	12 Sydney Boys High	36.32
Event 50 Boys 16 Years 50 Metre Butterfly Championship			
	Name	Age Team	Finals Time
1	Nakamura, Kazuo	16 Sydney Boys High	28.37
Event 52 Boys 18 & Over 50 Metre Butterfly Championship			
	Name	Age Team	Finals Time
1	Lee, Eugene	18 Sydney Boys High	29.03
Event 53 Boys 12 Years 50 Metre Butterfly Division			
	Name	Age Team	Finals Time
1	Xu, Jinmin	12 Sydney Boys High	37.80
Event 61 Boys 14 Years 4x50 Metre Freestyle 4x50m Relay			
	Team	Relay	Finals Time
1	Sydney Boys High		2:00.37
14	1) Yoon, Brendan 14	2) Zeng, Jonathan 14	3) Luo, Harvey 14
			4) Feng, Adam
Event 62 Boys 15 Years 4x50 Metre Freestyle 4x50m Relay			
	Team	Relay	Finals Time
1	Sydney Boys High		1:54.83
	1) Haddo, Issac 15	2) Rowlands, Jake 15	3) Qiu, Jason 15
			4) Guo, Kevin

SOPAC - Carnival 4

As the competition intensifies the big guns of swimming begin to perform. At this stage of the completion everyone is fighting for a GPS spot. Congratulations to the following 1st place finishes:

Event 2 Boys 12 Years 100 Metre Freestyle

2012 GPS: 1:04.01 R 27/02/2009 Christopher Dwyer - St Ignatius' College

Name	Age	Team	Finals Time
1 Luo, James	12	Sydney Boys High	1:09.35

Event 4 Boys 14 Years 100 Metre Freestyle

2012 GPS: 57.64 R 22/03/2013 Callum Lowe-Griffiths - Newington College

Name	Age	Team	Finals Time
1 Yoon, Brendan	14	Sydney Boys High	1:03.35

Event 6 Boys 16 Years 100 Metre Freestyle

2012 GPS: 52.94 R 23/03/2012 Angus Hannan - St Ignatius' College

Name	Age	Team	Finals Time
1 Haddo, Christian	16	Sydney Boys High	55.99

Event 15 Boys 12 Years 50 Metre Freestyle

2012 GPS: 28.76 R 13/03/2009 Christopher Dwyer - St Ignatius' College

Name	Age	Team	Finals Time
1 Luo, James	12	Sydney Boys High	31.21

Event 20 Boys 17 Years 50 Metre Freestyle

2012 GPS: 23.98 R 22/03/2013 Angus Hannan - St Ignatius' College

Name	Age	Team	Finals Time
1 Mah, Leonard	17	Sydney Boys High	26.00

Event 25 Boys 12 Years 50 Metre Breaststroke Championship

2012 GPS: 40.30 R 22/03/2013 Allen Guo - Sydney Boys High

Name	Age	Team	Finals Time
------	-----	------	-------------

Points

1 Luo, James	12	Sydney Boys High	41.10	20
--------------	----	------------------	-------	----

Event 33 Boys 15-16 100 Metre Butterfly (Intermediate)

Name	Age	Team	Finals Time
1 Nakamura, Kazuo	16	Sydney Boys High	1:03.01
29.58			1:03.01

Event 35 Boys 12 Years 50 Metre Backstroke Championship

2012 GPS: 34.57 R 13/03/2009 Christopher Dwyer

Name	Age	Team	Finals Time
------	-----	------	-------------

Points

1 Luo, James	12	Sydney Boys High	37.44	20
--------------	----	------------------	-------	----

Event 45 Boys 12 Years 50 Metre Butterfly

2012 GPS: 31.77 R 13/03/2009 Christopher Dwyer - St Ignatius' College

Name	Age	Team	Finals Time
1 Luo, James	12	Sydney Boys High	36.58

Event 49 Boys 16 Years 50 Metre Butterfly

2012 GPS: 26.17 R 18/03/2010 Te Haumi Maxwell - Newington College

Name	Age	Team	Finals Time
1 Nakamura, Kazuo	16	Sydney Boys High	27.98

Event 57 Boys 15 Years 4x50 Metre Medley Relay
2012 GPS: 2:00.27 R 1/01/2010 Sydney Grammar School
Team Relay

Finals Time

1	Sydney Boys High	2) Rowlands, Jake 15	3) Guo, Kevin 15	2:06.84
	1) Best, Kalem 15	1:07.90		4) Qiu, Jason 15
	34.06		1:40.08	2:06.84
	37.42	1:14.32	1:50.74	2:20.26

Event 58 Boys 16 Years 4x50 Metre Medley Relay
2012 GPS: 1:57.86 R 1/01/2012 St Ignatius
Team Relay

Finals Time

1	Sydney Boys High	2) McNaughton, Andrew 16	3) Nakamura, Kazuo 16	2:03.98
	1) Haddo, Christian 16	1:10.21		4) Menzel, Max 16
	33.67		1:38.36	2:03.98

Carnival 5 at SOPAC and Final Results

Congratulations to all swimmers for their outstanding results over the season. A special thank you to Dr Jaggar, Mr Pavone, parents, teachers and students who have supported the swimmers over the season. The 2014 final point score is as follows;

Division	Position
Juniors - 12 – 14 years	3 rd
Intermediate 15 -16	2 nd
Seniors 17 and 18 years	6 th

The following boys finished 1st at carnival 5. Congratulations .

Event 2 Boys 12 Years 50 Metre Freestyle Championship
GPS: 28.76 R 13/03/2009 Christopher Dwyer - I

Name	Age	Team	Finals Time	Points
1 Luo, James	12	Sydney Boys High	30.59	20

Event 9 Boys 16 Years 50 Metre Freestyle Championship
GPS: 23.67 R 13/03/2010 Te Haumi Maxwell - N

Name	Age	Team	Finals Time	Points
1 Haddo, Christian	16	Sydney Boys High	25.99	20

Event 28 Boys 12 Years 100 Metre Freestyle Championship
GPS: 1:04.01 R 27/02/2009 Christopher Dwyer - I

Name	Age	Team	Finals Time	Points
1 Luo, James	12	Sydney Boys High	1:10.70	20

Event 32 Boys 16 Years 100 Metre Freestyle Championship
GPS: 52.94 R 23/03/2012 Angus Hannan - I

Name	Age	Team	Finals Time	Points
1 Haddo, Christian	16	Sydney Boys High	56.96	20

Event 38 Boys 16 Years 4x50 Metre Medley Relay Championship
GPS: 1:57.86 R 1/01/2012 St Ignatius

Team	Relay	Finals Time	Points
1 Sydney Boys High	1) Haddo, Christian 16 2) McNaughton, Andrew 16 3) Nakamura, Kazuo 16 4) Menzel, Max 16	2:03.33	20

Event 42 Boys 12 Years 50 Metre Backstroke Championship
GPS: 34.57 R 13/03/2009 Christopher Dwyer - I

Name	Age	Team	Finals Time	Points
1 Luo, James	12	Sydney Boys High	36.73	20

Event 46 Boys 14 Years 50 Metre Backstroke Division
GPS: 30.33 R 22/03/2013 Callum Lowe-Griffiths - N

Name	Age	Team	Finals Time	Points
1 Feng, Adam	14	Sydney Boys High	34.83	11

Event 50 Boys 16 Years 50 Metre Backstroke Division
GPS: 28.96 R 26/02/2010 Te Haumi Maxwell - N

Name	Age	Team	Finals Time	Points
1 Menzel, Max	16	Sydney Boys High	32.78	11

Event 55 Boys 12 Years 50 Metre Butterfly Championship
GPS: 31.77 R 13/03/2009 Christopher Dwyer - I

Name	Age	Team	Finals Time	Points
1 Luo, James	12	Sydney Boys High	36.73	20

Event 62 Boys 16 Years 50 Metre Butterfly Championship
GPS: 26.17 R 18/03/2010 Te Haumi Maxwell - N

Name	Age	Team	Finals Time	Points
1 Nakamura, Kazuo	16	Sydney Boys High	27.82	20

Event 63 Boys 16 Years 50 Metre Butterfly Division
GPS: 26.17 R 18/03/2010 Te Haumi Maxwell - N

Name	Age	Team	Finals Time	Points
1 Haddo, Christian	16	Sydney Boys High	28.28	11

Event 71 Boys 16 Years 4x50 Metre Freestyle Relay Championship
GPS: 1:42.05 R 2012 St Ignatius

Team	Relay	Finals Time	Points
1 Sydney Boys High	1) Haddo, Christian 16 2) McNaughton, Andrew 16 3) Nakamura, Kazuo 16 4) Menzel, Max 16	1:46.53	20

Carnival 6 - CIS

The following boys gained selection in the GPS Team that competed in the CIS carnival. Well done.

Kalem Best	Max Menzel	Michael Sawang
Allen Guo	Andrew McNaughton	Jake Rowlands
Kevin Guo	Eugene Lee	Kazuo Nakamura

James Luo	Leonard Mah	
Christian Haddo	Yu Peng Man	

The GPS team 2014 @ SOPAC 5





The 16s GPS relay team. From left to right (Christian, Andrew, Max and Kalem).
These boys collectively smashed their PB from 1:49.98 to 1:45.78 and recording the fastest GPS time for the year.

Congratulations Team

P Loizou

MIC Swimming